

Southport Inquiry - Exhibit SDC/10

Index

		Page(s)
1	2020-06-02 Email from Dad to Samuel Coppard (Family Therapist) re appointment (chain)	1
2	2020-05-03 – 2020-05-06 Email from Dr Vicky Killen (Clinical Psychologist) to Samuel Coppard (Family Therapist) re consultation letter (chain)	2 - 3
2.1	AR FCAMHS consultation letter 11.02.20	4 - 5
2.2	AR FCAMHS Consultation letter 09.03.20	6 - 7
3	2020-05-14 Email from Julie Royle to Samuel Coppard re request to call AR's parents	8
4	2020-05-15 Email from Samuel Coppard to AR's Dad about calling at 12_30pm	9
5	2020-05-20 Email from Samuel Coppard (Family Therapist) to Sefton ASD Queries Team re contact number (chain)	10
6	2020-05-20 Email from Samuel Coppard to AR's Dad re number to call for ASC referrals	11
7	2020-06-02 Emails between Samuel Coppard (Family Therapist) and Sefton CAMHS Admin re arranging appointments for AR	12
8	2020-06-04 Email from Samuel Coppard (Family Therapist) to Sarah Maguire (Psychiatry PCO) re case allocation (chain)	13 - 14
9	2020-06-16 Email from Sharon Kirby to Samuel Coppard (Family Therapist) and others with MDT agenda	15
9.1	MDT3.170620	16 - 17
10	2020-06-16 Email from Samuel Coppard (Family Therapist) to Sharon Kirby re MDT meeting	18
11	2020-06-17 Email from Samuel Coppard (Family Therapist) to Sefton CAHMS team with MDT minutes	19
12	2020-06-23 – 2020-06-24 Email from Sefton CAHMS admin team to Samuel Coppard (Family Therapist) re appointment attendance (chain)	20 - 21
13	2020-06-23 – 2020-06-24 Email from Dad to Samuel Coppard (Family Therapist) re appointment (chain)	22
14	2020-06-25 – 2020-07-09 Emails between Samuel Coppard (Family Therapist), Ramon Niemiec (Lancashire County Council Youth Offending Team) and others re AR care planning and treatment opportunities	23 - 26
15	2020-07-02 Email from Samuel Coppard (Family Therapist) to Dad re appointment attendance (chain)	27 - 28

16	2020-07-06 – 2020-07-09 Emails between AR's Dad and Samuel Coppard (Family Therapist) re appointment for AR	29 - 30
17	2020-07-09 Emails between Sharon Kirkby and Samuel Coppard re phone call from AR's Dad	31
18	2020-07-16 Email from Sharon Kirby to Samuel Coppard (Family Therapist) re AR appointment attendance	32
19	2020-07-23 Email from Anne-Marie Roscoe (Sefton CAMHS Receptionist) to Samuel Coppard (Family Therapist) re appointment cancellation for 23 July 2020	33
20	2020-07-23 Emails between Samuel Coppard and AR's Dad re AR's non-attendance at appointment	34
21	2020-07-29 Email from Samuel Coppard (Family Therapist) top MDT team with MDT minutes	35
22	2020-08-04 Email from Samuel Coppard to Emma Walker-Riley with one-to-one safeguarding supervision agreement	36
23	2020-08-12 Emails between Sharon Kirby and Samuel Coppard (Family Therapist) re query re closure of AR's file	37
24	2020-09-22 Emails between Samuel Coppard, Michelle Warner and others re Family Therapy Clinic	38 - 39
25	2021-02-09 Emails between Lynsey Boggan (Specialist Practitioner RNLD) and Samuel Coppard (Family Therapist) re AR follow-up appointment following ASD diagnosis	40 - 41
26	2021-03-02 – 2021-03-04 Emails between Samuel Coppard, Julie Royle and Julia Dunn re case reallocation	42 - 43
27	2021-03-09 Email from Samuel Coppard (Family Therapist) to Julie Royle and others regarding re-allocation	44
28	2021-03-09 – 2021-03-11 Email from Samuel Coppard (Family Therapist) to Samantha Steed (Case Manager) re case allocation (chain)	45 - 46
29	2021-05-25 Email from Samantha Steed (Case Manager) to Marie Disley and others with information for MDT list	47 - 48
30	2021-05-26 Emails between Marie Disley and Samuel Coppard re reviewing MDT minutes	49
30.1	MDT3.260521	50 - 57
31	2021-06-16 Email from Marie Disley to Sefton CAHMS team with MDT minutes	58
32	2021-08-18 – 2021-08-19 Emails between Samantha Steed and Michelle Warner (Samuel Coppard copied in) re organising Keywork session for AR	59 - 61
33	2021-08-23 Email from Marie Disley to Sefton CAHMS team with MDT minutes	62

34	2021-08-27 Email from Marie Disley to Sefton CAHMS team with MDT minutes	63
35	2021-09-01 – 2021-09-13 Email from Samantha Steed (Case Manager) to Katrin Russell and others re AR CAHMS appointment (chain)	64 - 67
36	2021-09-15 Email from Marie Disley to Sefton CAHMS team with MDT minutes	68
37	2022-01-12 Email from Marie Disley to Sefton CAHMS team with MDT minutes	69
38	2022-03-01 – 2022-03-02 Email from Samuel Coppard (Family Therapist) to Christine Pope re compliment to Samantha Steed from Dad (chain)	70 - 71
39	2022-03-16 – 2022-03-22 Emails between Michelle Warner, Samantha Steed and others re Keywork involvement (chain)	72 - 75
40	2022-03-23 Email from Katrin Russell (Consultant Child and Adolescent Psychiatrist) to Sefton CAHMS team with MDT minutes and DBT team congratulations	76
41	2022-05-25 Email from Samantha Steed to Samuel Coppard (Family Therapist) and others re family therapy (chain)	77 - 78
42	2022-05-25 Email from Samantha Steed to Samuel Coppard (Family Therapist) re AR physical observations (chain)	79
43	2022-05-25 Email from Marie Disley to Samuel Coppard (Family Therapist) with MDT agenda	80
43.1	MDT3.180522	81 - 88
44	2022-05-25 Email from Marie Disley to Sefton CAHMS team with MDT minutes	89
45	2022-05-26 Email from Samuel Coppard (Family Therapist) to Samantha Steed (Case Manager) and others re re-allocation request (chain)	90 - 91
46	2022-05-30 Email from Samuel Coppard (Family Therapist) to Marie Disley re Family Therapy list (chain)	92 - 93
47	2022-06-01 Email from Samuel Coppard (Family Therapist) to Sefton CAHMS admin team re family therapy appointment	94
48	2022-07-12 Email from Samuel Coppard (Family Therapist) to Dad regarding family therapy appointment (chain)	95
49	2022-07-12 Email from Marie Disley to Samuel Coppard (Family Therapist) re missing outcomes	96
50	2022-07-19 Email from Samuel Coppard (Family Therapist) to Collette Rossiter re family therapy appointment (chain)	97 - 98

51	2022-08-09 Email from Sam Steed to Jill Locke and others re Riding the Rapids Referral Form dated 9 August 2022 (has attachment but unable to open)	99
52	2022-08-16 Email from Michelle Warner (Keyworker) to Samuel Coppard (Family Therapist) with notes of session	100 - 102
53	2022-08-23 Email from Samuel Coppard (Family Therapist) to Sefton CAHMS admin team to arrange appointments	103 - 104
54	2022-09-16 Email from Sarah Maguire (Psychiatry PCO) to Samuel Coppard (Family Therapist) re appointment cancellation	105
55	2022-10-11 Email from Sarah Maguire (Psychiatry PCO) to Samuel Coppard (Family Therapist) re call to Mum	106
56	2022-11-01 Email from Samuel Coppard (Family Therapist) to Sefton CAHMS admin team to arrange appointment	107
57	2022-12-05 – 2022-12-13 Email from Kathryn Morris (Mental Health Practitioner) to Sally Williams and others re AR engagement with CAHMS (chain)	108 - 109
58	2023-01-06 – 2023-01-11 Email from Samuel Coppard (Family Therapist) to Leah Thompson (Digital Administrator) re release of documents (chain)	110 - 111
59	2023-03-28 – 2023-04-20 Email from Samuel Coppard (Family Therapist) to Dad re appointment (chain)	112 - 113
60	2023-03-28 Email from Lorraine Blake to Samuel Coppard (Family Therapist) re therapy sessions (chain)	114
61	2023-04-10 Email from Dr Anthony Molyneux (Consultant Child and Adolescent Psychiatrist) to Samuel Coppard (Family Therapist) and others re catch up to discuss AR	115
62	2023-04-25 Email from Lorraine Blake to Samuel Coppard (Family Therapist) re Family Therapy clinic (chain)	116 - 117
63	2023-05-31 Email from Marie Disley to Sefton CAHMS team with MDT minutes	118
63.1	MDT3 meeting 31.05.23	119 - 126
64	2023-06-08 Email from Kathryn Morris (Mental Health Practitioner) to Samuel Coppard (Family Therapist) re DSD rating	127
65	2023-07-07 Samuel Coppard (Family Therapist) tentative acceptance of appointment	128
66	2023-10-10 Email from Dr Anthony Molyneux (Consultant Child and Adolescent Psychiatrist) to Laura Thornton (Sefton CAHMS) and others re CAMHS discharge (chain)	129
67	2024-01-10 – 2024-02-20 Email from Samuel Coppard (Family Therapist) to Dad re appointment (chain)	130 - 133

68	2024-01-12 Email from Anne Marie Roscoe (Sefton CAHMS Support Secretary) to Samuel Coppard (Family Therapist) re AR appointment	134
69	2024-02-02 – 05-02-2024 Emails between Samuel Coppard and Sefton CAMHS Admin re adding appointments_letters to resource	135
70	2024-03-26 – 2024-04-22 Emails between Samuel Coppard (Family Therapist) and AR's parents re family therapy session on 23 April 2024	136 - 137
71	2024-05-03 Email from Laura Thornton (Sefton CAHMS receptionist) to Dr Anthony Molyneux (Consultant Child and Adolescent Psychiatrist) and others re letter	138
72	2024-07-23 – 2024-07-24 Emails between Kate Morris (Senior Mental Health Practitioner) and Samuel Coppard (Family Therapist) regarding AR joint CAMHS discharge letter	139 - 140
73	2024-07-24 Email from Samuel Coppard to Samuel Coppard with scanned document of handwritten Family Therapy Notes from session on 9 January 2024 (with attachment)	141
74	Southport FT Diary 2022	142 - 145
75	Southport Ft List 2023	146 - 149
76	Southport FT Diary 2024	150 - 152

From: Alphonse Rudakubana <[REDACTED]>
Sent: 02 June 2020 21:06
To: Coppard Sam
Subject: Re: appointment

Hi,
Yes 12 May is ok.
Thanks
Alphonse

--bd--6e3e71317967444b937a31eff5a8a0c1
On Tue, 2 Jun 2020 at 1:45 pm, Coppard Sam
wrote:

Hi,

Am I okay to call again on 12th June 1pm?

I will send some additional information to you to share with Axel. He was saying that his anxiety has reduced but that he has many different worries that pop up from time to time. I have said that I will try to keep to a set day to call – I had Mondays in mind but the next few weeks I have appointments in the afternoons, whereas Friday's seem to be clearer.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone [REDACTED]

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 22 July 2025 11:48
To: Killen Vicky
Subject: Fw: FAO - Vicky Killen - FCAMHS AR
Attachments: AR FCAMHS Consultation letter 09.03.20.doc; AR FCAMHS consultation letter 11.02.20.doc

Samuel Coppard
Clinical Lead for Liverpool Fresh CAMHS, MHST and Enhanced Support Team

Alder Hey Children's NHS Foundation Trust
Eaton Road, Liverpool L12 2AP

Tel: DPA



Book time to meet with me

From: Killen Vicky
Sent: Wednesday, May 6, 2020 19:18
To: SeftonCAMHSAdmin ; Coppard Sam
Subject: FW: FAO - Vicky Killen - FCAMHS AR

Can these be sent to scanning

For Axel Rudabedenka

Sam for you info – he is one of your cases.

Thanks

Vicky

Dr Vicky Killen
Clinical Lead / Clinical Psychologist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool

L22 0PJ

Telephone : DPA

From: CAMHS, Sefton (ALDER HEY CHILDREN'S NHS FOUNDATION TRUST) [mailto:sefton.camhs@nhs.net]
Sent: 06 May 2020 15:50
To: Killen Vicky
Subject: Fw: FAO - Vicky Killen - FCAMHS AR

Hi Vicky

FYI

Julie

From: FCAMHSNW (GREATER MANCHESTER MENTAL HEALTH NHS FOUNDATION TRUST)
Sent: 03 May 2020 20:28
To: CAMHS, Sefton (ALDER HEY CHILDREN'S NHS FOUNDATION TRUST)
Subject: FAO - Vicky Killen - FCAMHS AR

Hi Vicky

Further to your email to John Hicklin, please find attached two FCAMHS consultation letters regarding AR.

Please note the case is closed to our service.

Kind regards
FCAMHS NW

Our ref: DPA
NHS Number: DPA

Tuesday 11th February 2020

STRICTLY PRIVATE AND CONFIDENTIAL

Stephanie Hallaron
Mental Health Practitioner
Merseycare
L20 3XX

By Email:
stephanie.hallaron@merseycare.nhs.uk

Fcamhs Nw Team
Gardener Unit
Bury New Road
Prestwich
Greater Manchester
M25 3BL

Tel: DPA Fax:
Email:
Web: www.gmmh.nhs.uk
WE ARE SOCIAL


Dear Stephanie,

Re: Axel Rudakubana **D.O.B:** 07/08/2006
Address: 10 Old School Close, Banks, Southport, PR9 8SB

Thank you for your recent referral of Axel to FCAMHS and for arranging the meeting of professionals which took place on the 21st of January 2020. I agreed at this meeting to send this letter as a brief overview of the salient issues discussed and initial recommendations. We have a second meeting arranged for the 4th of March to review the case. I have now had opportunity to discuss the case with Skott Morgan from CAMHS. I have made Skott aware of the concerns of professionals. Skott will be attending the meeting on the 4th of March and will be able to give feedback as to the role of CAMHS.

At the time of referral Axel was open to PREVENT in relation to him accessing beheading and mass shooting videos. The case has now been closed to PREVENT. Axel has been arrested on a charge of possessing a bladed article in a school setting. Seemingly Axel returned to the school following him being the victim of an assault and assaulted another boy and was prevented from escalating this assault further. He demonstrated little insight into the potential consequences of his behaviour for himself or others. His computer is currently being searched by the police as part of an ongoing investigation. You reported that he is likely however to receive an out of court disposal

Axel's presentation is seen as likely to meet criteria for a diagnosis on the autistic spectrum DPA
DPA He is on a waiting list with the local paediatric team for assessment. At the meeting of the professionals the expected time before a diagnosis for ASC was confirmed as being approximately 2 years. We commented that a diagnosis will be fundamental in categorising and managing Axel's high risk behaviour, in supporting of an EHCP application and in identifying a specialist education provision. Given the level of concern that was felt by professionals, liaison with the paediatric team needs to take place to ensure that they are aware of the concerns and that the paediatric team contribute to the risk management plan. I discussed this with Skott Morgan and Skott will discuss with colleagues at CAMHS how escalation of concerns to the paediatric team can be supported by CAMHS.

I highlighted that the most important factor in managing the risk posed by Axel will be identification and integration into an appropriate educational provision. I commented that the education service will need

**The Trust is committed to safeguarding children, young people and vulnerable adults and
requires all staff and volunteers to share this commitment.**

**Greater Manchester Mental Health NHS Foundation Trust, The Curve, Bury New Road,
Prestwich, Manchester M25 3BL Tel: DPA**

to complete their own risk assessment of the suitability of any identified placement. This will need to be completed in line with the process of gaining an EHCP.

We were informed that risk management strategies such as his parents hiding knives from Axel had not worked as these strategies were in place before his offence. The pre-meditated nature of his offence was also highlighted in that Axel booked a taxi to the school and altered the handle of the hockey stick he took to use as a weapon. It was also highlighted that he boy he assaulted was someone he has previously "liked". Professionals questioned whether his being the victim of bullying was accurate or rather related to Axel's propensity to misjudge social interaction. It was reported that Axel has identified and communicated to teaching staff when he perceives himself to be at increased risk of acting out behaviour. It was concerning that he had begun to develop an "intensity" to some of his interactions with staff and pupils at the specialist provision 'Acorn School' similar to how he had behaved at his previous mainstream school. This behaviour has contributed to him being suspended from this specialist provision and being outside of access to full time education.

We discussed the need for parents to be provided with additional support in their parenting of children with autism. Skott Morgan highlighted that the family has been signposted to support agencies and that there may be additional services that could be accessed if needed. Axel is socially isolated. Clearly the routine and structure of an appropriate education placement is important but Axel will likely need additional support in accessing social activities outside of formal education. CSC highlighted that there may be no formal role for their service as parents are compliant with the plan but Axel would benefit from a mentor/support in accessing social provision.

I also highlighted that Axel would likely benefit from psychologically informed interventions to address his high risk behaviour delivered with him taking into consideration his likely diagnosis of ASC. In considering reducing the risk of Axel engaging in interpersonal violence he would benefit from such interventions being focussed on improving his ability to think consequentially; improving his capacity for an empathic response; developing a range of alternative strategies to anger and developing strategies to manage stressors in his life. These interventions should focus on emotional recognition and regulation. Skott Morgan will liaise with colleagues in CAMHS and make comment at the forthcoming meeting as to how this need may be met.

I trust this is a helpful summary. Please contact me if any clarification is needed.

Yours sincerely

Signature

John Hicklin
Clinical Nurse Specialist

**The Trust is committed to safeguarding children, young people and vulnerable adults and
requires all staff and volunteers to share this commitment.**

**Greater Manchester Mental Health NHS Foundation Trust, The Curve, Bury New Road,
Prestwich, Manchester M25 3BL Tel: DPA**

Our ref: DPA
NHS Number:

Monday, 09 March 2020

STRICTLY PRIVATE AND CONFIDENTIAL

Stephanie Hallaron
Mental Health Practitioner
Merseycare
L20 3XX

By Email:
stephanie.hallaron@merseycare.nhs.uk

Dear Stephanie

Re: Axel Rudakubana **D.O.B:** 07/08/2006
Address: 10 Old School Close, Banks, Southport, PR9 8SB

I am writing to thank you again for coordinating the second professionals meeting on the 4th March 2020 following your referral of Axel to FCAMHS. I am aware that the case has been closed to your service but I am writing this summary for your record and for you to share with local agencies if this is felt to be helpful.

Subsequent to our initial consultation on the 21st of January 2020 Axel has received a 10 month referral order. Anna Croll (YOT) is completing an AssetPlus assessment and will then be coordinating interventions to address offending behaviour. She concurred with professionals as to Axel's presentation being consistent with a likely ASC diagnosis.

CAMHS were not present at the meeting. The case has been closed to them as Axel is not felt to have additional mental health needs and a referral has been made on the ASC pathway. As previously indicated I had hoped that CAMHS would be able to advise as to access to local support provision and support escalation of priority to the paediatric team.

It was reported that CSC have signposted parents to the Information Advice Service to support them in an application for an EHCP. There was extended discussion as to the risk posed by Axel in the context of his ASC presentation and concerns were raised as to his parent's lack of insight into the complexities of his needs and presentation. Education staff made comment on the likely pathway to specialist education provision and indicated that there is scope for this to be expedited.

I made comment that risk assessment will be complicated by his likely diagnosis of ASC. The known evidence in this field concurs with the discussion we had about Axel with professionals. The following aspects of young people with an ASC diagnosis should be taken into account when considering the risk

- *Disruption in routines and lack of motivation to change to adaptive behaviour*
- *Social naivety*
- *Specialist interests associated with the condition*

The Trust is committed to safeguarding children, young people and vulnerable adults and requires all staff and volunteers to share this commitment.

**Greater Manchester Mental Health NHS Foundation Trust, The Curve, Bury New Road,
Prestwich, Manchester M25 3BL Tel: DPA**

Fcamhs Nw Team
Gardener Unit
Bury New Road
Prestwich
Greater Manchester
M25 3BL

Tel: DPA

Fax:

Email:

Web: www.gmmh.nhs.uk

WE ARE SOCIAL



- *Experiences of being bullied/rejected and desire for retribution “this may lead to assault on a perpetrator or displacement onto another often completely innocent person” (as demonstrated by Axel)*
 - *Hostility to parents*
 - *Sensory sensitivities*
 - *Following the lead of strong influencer*
 - *Lack of awareness of wrong doing*
 - *Deficits in empathy or lack of recognition of fear in others*
 - *Not seeing consequences*
 - *Comorbid mental health diagnosis (although this has been not to be the case by CAMHS in Axel's case)*
 - *Any combination of the above*
- Bailey, Chitsabesan & Tarbuck (2017)

I am of the opinion that assessment by our service is not indicated as until his diagnosis is complete we would not be able to contribute further to the understanding of risk. I made comment though that Axel being outside of access to fulltime education increases the risk and we would therefore support access to appropriate provision being expedited. He would also likely benefit from access to social support outside of the family. It was reported that the case will step down to early help and as suggested this letter can be shared with relevant professionals. The case will now be closed to FCAMHS but any professional can contact the service for clarification of this letter or if review is indicated because of a significant change in circumstances or risk behaviour.

Yours sincerely

Signature

John Hicklin
Clinical Nurse Specialist

The Trust is committed to safeguarding children, young people and vulnerable adults and requires all staff and volunteers to share this commitment.

Greater Manchester Mental Health NHS Foundation Trust, The Curve, Bury New Road,
Prestwich, Manchester M25 3BL Tel: DPA

From: Royle Julie <Julie.Royle@alderhey.nhs.uk>
Sent: 14 May 2020 10:39
To: Coppard Sam
Subject: Telephone message - Axel Rudakubana

Hi Sam

Can you please call mum, Alphonse – [DPA]

Thanks

Julie

Julie Royle
CHOICE CLINIC PCO
Sefton Specialist CAMHS

Tel: [DPA]

Fax: [DPA]

Internal: [DPA]

Email: julie.royle@alderhey.nhs.uk

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 15 May 2020 11:47
To: DPA
Subject: Telephone call today

Hi,

I agreed to call today at 12pm. I am following up some duty work which means some of my calls might run beyond 12pm.
Can I call at 12.30pm?

Thanks

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 20 May 2020 14:00
To: Sefton ASD Queries
Subject: RE: A query about the Queries

Thank you

From: Sefton ASD Queries
Sent: 20 May 2020 13:55
To: Coppard Sam
Subject: RE: A query about the Queries

Hi

The number families need to Call is DPA

Thanks

Jan

From: Coppard Sam
Sent: 20 May 2020 13:39
To: Sefton ASD Queries
Subject: A query about the Queries

Hi,

What is the contact number for families with children who have been referred to the ASC Pathway to find out about assessment dates and appointments etc?

Thank you

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 20 May 2020 14:04
To: DPA
Subject: Telephone number for ASC Pathway queries

Hi Alphonse,

I have been informed that the number families need to call in relation to queries about ASC referrals and appointments is

DPA

I hope this is correct.

Sam

From: Yoxall Cheryl <Cheryl.Yoxall@alderhey.nhs.uk>
Sent: 02 June 2020 14:49
To: Coppard Sam
Subject: RE: Axel R - DPA

These are on now.

Thanks, Cheryl

From: Coppard Sam
Sent: 02 June 2020 13:32
To: SeftonCAMHSAdmin
Subject: Axel R - DPA

Hi,

Can you add an appointment for me with Axel for yesterday 1st June 1-2pm (telephone) & 12th June 1-2pm (telephone). I will contact the family to let them know.

Thank you

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 04 June 2020 12:22
To: Maguire Sarah
Subject: RE: caseload check

Thank you Sarah.

From: Maguire Sarah
Sent: 04 June 2020 12:19
To: Coppard Sam
Subject: RE: caseload check

Hi Sam

As far as I can see none of these have not been allocated to anyone else 😊

I'll get them logged on the system.

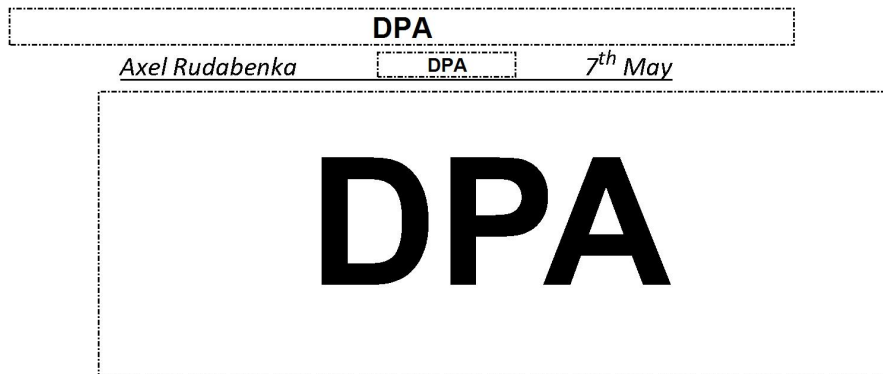
Thanks

Sarah

From: Coppard Sam
Sent: 04 June 2020 10:42
To: Maguire Sarah
Subject: caseload check

Hi Sarah,

Can you check none of these have been allocated to anyone else. These are names that Vicky has forwarded to me to pick up but given the recent confusion with lists I just wanted to check before I book appointments for them all. I have already contacted Axel and DPA



If they are all allocated to me can you put them on my MDT 3 Caseload list and ask the admin team to book them in for me and contact them to let them know. They will all be telephone contacts (1hr appointments).

Thank you

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust

Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone

DPA

From: Kirby Sharon <Sharon.Kirby@alderhey.nhs.uk>
Sent: 16 June 2020 17:00
To: Coppard Sam
Cc: Killen Vicky
Subject: MDT3.170620
Attachments: MDT3.170620.docx

Hi Both

Please find attached the agenda for MDT 3 meeting on 17/6/20. Looks like a busy one!

Thanks

Sharon

Recording of MDT Discussion/agenda

MDT 3 – Wednesday 17th June 2020

Present:

Admin:

<u>Name/AH</u>	<u>Case presentation</u> (embed)	<u>Purpose of bringing case?</u> 1. Share formulation and care plan for review 2. Risk 3. Stuck case 4. Additional therapy requested	<u>Outcome of themes</u> Specific Work – Change to Care plan Risk Plan	<u>Task to be completed</u>	<u>Need to bring back? When?</u>
DPA					
AXEL RUDAKUBANA DPA	Sam Coppard				
DPA	Sam Coppard				

DPA	Vicky Killen				
DPA	Vicky Killen				
Discharges	Name	Outcome			
Admin Issues					
A.O.B.					

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 16 June 2020 13:59
To: Kirby Sharon
Subject: RE: MDT 3 MEETING

Axel Rudakubana: DPA

DPA

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone: DPA

From: Sharon Kirkby
Sent: 16 June 2020 13:49
To: Coppard Sam; Yasin Hassan; Rowley Linda; Kirby Leanne; Hayes Sarah; Sato Stephanie; Kitson Claire; Downing Amy; Westcott Sameera; White Joanne; Killen Vicky
Subject: MDT 3 MEETING

Hi All

Just this week's little reminder to send any names and AH numbers across please for any case you wish to bring for discussion tomorrow.

DPA

I am on annual leave tomorrow so I will add any names that I receive by 4pm today to the agenda and will forward the agenda via email to Sam.

Could somebody please take the minutes in my absence and I can type them up on Thursday?

Thanks guys

Sharon ☺

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 17 June 2020 12:23
To: Yasin Hassan; Kirby Leanne; Murphy Stephanie; Rowley Linda; Brown Russell; Hayes Sarah; Kirby Sharon; Downing Amy
Subject: Minutes from today
Attachments: MDT3.170620.docx

Hi,

Here are the minutes from today's discussions. Hopefully they are accurate – thanks for your patience – first time I'd shared my screen #first_time_nerves

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone DPA

From: SeftonCAMHSAdmin <SeftonCAMHSAdmin@alderhey.nhs.uk>
Sent: 24 June 2020 13:11
To: Coppard Sam
Subject: RE: Face to Face

Great Thanks ☺

From: Coppard Sam
Sent: 24 June 2020 13:04
To: SeftonCAMHSAdmin
Subject: RE: Face to Face

Hi,

Yes, both appointments were attended. I have just outcomed one of them but will complete the other now.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: SeftonCAMHSAdmin
Sent: 24 June 2020 10:54
To: Coppard Sam
Subject: RE: Face to Face

Hi Sam

Can you confirm if the apt for the 23rd June was attended please?

Thanks

Anne-Marie Roscoe
Receptionist
Internal: DPA
Sefton Specialist CAMHS

From: Coppard Sam
Sent: 23 June 2020 16:42
To: Rossiter Colette

Cc: SeftonCAMHSAdmin

Subject: Face to Face

Hi,

It has been agreed for me to see the following young people for face to face meetings:

Axel Rudakubana [DPA] on 2 July, 3-4pm Burlington House.

DPA

Please could you add to the template on Teams and identify a room for me. Thank you.

Samuel Coppard

Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS

Alder Hey Children's NHS Trust

Second Floor

Burlington House

Crosby Road North

Liverpool

L22 0PJ

Telephone [DPA]

From: Alphonse Rudakubana DPA
Sent: 24 June 2020 14:24
To: Coppard Sam
Subject: Re: Appointment

Hi Sam,
Thank you for the appointment. We will be there

Alphonse

--bd--6e3e71317967444b937a31eff5a8a0c1
On Tue, 23 Jun 2020 at 3:42 pm, Coppard Sam
wrote:

Hi Alphonse,

I have discussed Axel with the MDT and it was agreed that we should try a face to face meeting at Burlington House on Thursday 2nd July 3pm.

When you arrive at Burlington House can you call the office to let them know you are downstairs and I will come down to meet you. There will be parking for Sefton CAMHS in Alder Park (next to Burlington). I look forward to seeing you both soon.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 09 July 2020 14:18
To: Fitzpatrick, John (YOT); ramon.niemiec@lancashirecare.nhs.uk; Jennings, Jeanette
Subject: Re: AR

Thanks John. I will contact school. AR dad has called to cancel the appointment today saying AR has been sick.

Not sure if this will have an impact in any of your appointments. I will call the family and speak with parent to offer another appointment with me.

Get [Outlook for Android](#)

From: Fitzpatrick, John (YOT)
Sent: Thursday, July 9, 2020 1:34:37 PM
To: Coppard Sam
Subject: RE: AR

Hi Sam, good to speak to you before. Here is the e mail address for school as discussed.

Maggie Allred.

m.allred@westlancspcss.lancs.sch.uk

John Fitzpatrick
Social Worker
Lancashire County Council
T: DPA
Direct Line DPA
M: DPA

Please note my email address to avoid sending emails to others in error - John.Fitzpatrick2@lancashire.gov.uk



From: Coppard Sam
Sent: 09 July 2020 09:07
To: Fitzpatrick, John (YOT)
Subject: RE: AR

Hi John

My work mobile is DPA

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust

Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Fitzpatrick, John (YOT) [<mailto:John.Fitzpatrick2@lancashire.gov.uk>]
Sent: 09 July 2020 07:43
To: Coppard Sam; Jennings, Jeanette
Subject: RE: AR

Hi Sam, do you have a mobile number we can contact you on? Ill ring you to join the call.

John Fitzpatrick
Social Worker
Lancashire County Council
T: DPA
Direct Line: DPA
M: DPA

Please note my email address to avoid sending emails to others in error - John.Fitzpatrick2@lancashire.gov.uk



From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 01 July 2020 10:35
To: Niemiec, Ramon <Ramon.Niemiec@lancashire.gov.uk>
Cc: Fitzpatrick, John (YOT) <John.Fitzpatrick2@lancashire.gov.uk>; Jennings, Jeanette <Jeanette.Jennings@lancashire.gov.uk>
Subject: RE: AR

Hi,

We don't use Skype but I can join a call if invited by email. What date(s)/time(s) do you have in mind?

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Niemiec, Ramon [<mailto:Ramon.Niemiec@lancashire.gov.uk>]
Sent: 01 July 2020 10:23
To: Coppard Sam
Cc: Fitzpatrick, John (YOT); Jennings, Jeanette
Subject: RE: AR

Hi Sam,

Sorry it's taken until now to reply. I spoke with John Fitzpatrick on Monday of this week and gave him verbal feedback regarding our conversation regarding Axel. John and Netty's emails are cc'd into this reply. John suggested maybe the three of you arranging a skype call ?

Regards

.....
Ramon Niemiec

.....
CHAT ASSESSOR – Lancashire Youth Offending Team

DPA

ramon.niemiec@lancashire.gov.uk

ramon.niemiec@lancashirecare.nhs.uk

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>

Sent: 25 June 2020 17:00

To: ramon.niemiec@lancashirecare.nhs.uk; Niemiec, Ramon <Ramon.Niemiec@lancashire.gov.uk>

Subject: AR

Hi,

Thank you for contacting me to discuss AR. It will be useful to link up with John and the West Lancs CAMHS Practitioner to think about care planning and treatment opportunities.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone DPA

This e-mail contains information intended for the addressee only.

It may be confidential and may be the subject of legal and/or professional privilege.

If you are not the addressee you are not authorised to disseminate, distribute, copy or use this e-mail or any attachment to it.

The content may be personal or contain personal opinions and unless specifically stated or followed up in writing, the content cannot be taken to form a contract or to be an expression of the County Council's position.

Lancashire County Council reserves the right to monitor all incoming and outgoing email.

Lancashire County Council has taken reasonable steps to ensure that outgoing communications do not contain malicious software and it is your responsibility to carry out any checks on this email before accepting the email and opening attachments.

This e-mail contains information intended for the addressee only.

It may be confidential and may be the subject of legal and/or professional privilege.

If you are not the addressee you are not authorised to disseminate, distribute, copy or use this e-mail or any attachment to it.

The content may be personal or contain personal opinions and unless specifically stated or followed up in writing, the content cannot be taken to form a contract or to be an expression of the County Council's position.

Lancashire County Council reserves the right to monitor all incoming and outgoing email.

Lancashire County Council has taken reasonable steps to ensure that outgoing communications do not contain malicious software and it is your responsibility to carry out any checks on this email before accepting the email and opening attachments.

This e-mail contains information intended for the addressee only.

It may be confidential and may be the subject of legal and/or professional privilege.

If you are not the addressee you are not authorised to disseminate, distribute, copy or use this e-mail or any attachment to it.

The content may be personal or contain personal opinions and unless specifically stated or followed up in writing, the content cannot be taken to form a contract or to be an expression of the County Council's position.

Lancashire County Council reserves the right to monitor all incoming and outgoing email.

Lancashire County Council has taken reasonable steps to ensure that outgoing communications do not contain malicious software and it is your responsibility to carry out any checks on this email before accepting the email and opening attachments.

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 02 July 2020 16:00
To: DPA
Subject: RE: Appointment Today

I will come and meet you

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone DPA

From: Alphonse Rudakubana DPA
Sent: 02 July 2020 15:59
To: Coppard Sam
Subject: RE: Appointment Today

We are behind North Entrance outside

[Sent from Yahoo Mail on Android](#)

On Thu, 2 Jul 2020 at 3:10 pm, Coppard Sam wrote:

Sure, I'll be here. There is parking next door at Alder Park (free)

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone DPA

From: Alphonse Rudakubana DPA
Sent: 02 July 2020 15:09
To: Coppard Sam
Subject: RE: Appointment Today

Can we reschedule 3.30pm today please?

[Sent from Yahoo Mail on Android](#)

On Thu, 2 Jul 2020 at 3:07 pm, Coppard Sam wrote:

[Hi Alphonse, that is okay. Are you sure? We can reschedule if you prefer – I can next week Thursday – same time?

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Alphonse Rudakubana DPA
Sent: 02 July 2020 15:06
To: Coppard Sam
Subject: Re: Appointment Today

Hi Sam,
I am at the centre of well-being at Sefton house in Southport.
I realise I should have come to Crosby. Can I drive to Crosby now we would arrive 3.30pm

[Sent from Yahoo Mail on Android](#)

On Thu, 2 Jul 2020 at 2:23 pm, Coppard Sam
wrote:

Hi,

Let me know when you arrive at Burlington House and I will come and meet you downstairs. See you soon.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Alphonse Rudakubana [DPA]
Sent: 09 July 2020 15:16
To: Coppard Sam
Subject: RE: Axel's Appointment

Hi Sam,

Thank you for your understanding.
See you next week.

Kind regards,
Alphonse

--bd--6e3e71317967444b937a31eff5a8a0c1

On Thu, 9 Jul 2020 at 3:03 pm, Coppard Sam wrote:

Hi Alphonse,

Thank you for letting me know. I think it is wise to reschedule our appointment to next week if Axel has been sick. I will book the appointment for Thursday next week 3-4pm at Burlington House.

See you next week. I hope Axel feels better soon.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : [DPA]

From: Alphonse Rudakubana [DPA]
Sent: 09 July 2020 15:00
To: Coppard Sam
Subject: RE: Axel's Appointment

Hi Sam,

I left a message with the reception that Axel became sick and threw up on our way to school this afternoon. Other than that he is ok and I don't think it's covid-19. As a precaution, he won't be attending the session today. Sorry for the inconvenience.

Is the same time next week ok?

Kind regards,
Alphonse

On Tue, 7 Jul 2020 at 10:24 am, Coppard Sam wrote:

Hi Alphonse,

You are correct, our next appointment will be this Thursday 9 July 3pm at Burlington House. See you in a couple of days.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Alphonse Rudakubana DPA
Sent: 06 July 2020 16:16
To: Coppard Sam
Subject: Axel's Appointment

Hi Sam,

Thank you for the meeting and it was nice to meet you.
I am checking whether the next appointment is Thursday 09/07/2020.

Regards,

Alphonse

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 09 July 2020 14:15
To: Kirby Sharon
Subject: Re: PHONE CALL

Thank you Sharon. I will call them

Get [Outlook for Android](#)

From: Sharon Kirkby
Sent: Thursday, July 9, 2020 1:13:24 PM
To: Coppard Sam
Subject: PHONE CALL

Hi Sam

I have had dad of Axel on the phone. They cannot come for the face to face appointment at 3pm today as Axel has vomited. Dad would still like for you to call him though please. His number is DPA

I haven't cancelled the appointment on meditech as yet just in case you end up having a telephone consultation instead.

Thanks

Sharon

From: Kirby Sharon <Sharon.Kirby@alderhey.nhs.uk>
Sent: 16 July 2020 15:00
To: Coppard Sam
Subject: APPT

Hi Sam

Axel is here

Thanks

Sharon

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 23 July 2020 15:21
To: Roscoe Anne Marie
Subject: RE: Axel Rudakubana 07/08/06

Hi,

Axels dad has emailed me. I will have a read now and respond. Thank you

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Roscoe Anne Marie
Sent: 23 July 2020 15:17
To: Coppard Sam
Subject: Axel Rudakubana 07/08/06

Hi

Parent/carer called to confirm to you have received the email to cancel the appointment for today? Contact Number if needed DPA

Thanks

Anne-Marie Roscoe
Receptionist
Internal: DPA
Sefton Specialist CAMHS

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 23 July 2020 15:22
To: DPA
Subject: RE: Session with Axel Rudakubana

Hi,

I will call you now

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Alphonse Rudakubana: DPA
Sent: 23 July 2020 14:47
To: Coppard Sam
Subject: Session with Axel Rudakubana

Hi Sam,

In regard to today's session, Axel decided not to attend saying that the experience is stressful for him (he doesn't not want me to say this to you). He made his mind up last Thursday but I thought he would have changed his mind by today.

He explained that he was happy with his first therapist, a lady called Claudia at Parenting 2000. At the time, Axel was in a terrible place and actually sought the counseling. He then met psychologists and officers from different agencies who asked him questions and got him to talk. In other words, it seems to me that he feels he has had enough of talking therapy from different people whilst he had had an established working and emotional relationship with Claudia. It seems to me that she is the preferred therapist that he is used to and would be comfortable with, unfortunately for us, we would have to pay £40 per session or wait for about 2 years via the NHS funded route.

We have tried to persuade him into giving it another go today to no avail.

My apologies for any inconvenience and please feel free to talk to me over the phone.

Kind regards,

Alphonse

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 29 July 2020 12:13
To: Yasin Hassan; Kitson Claire; Rowley Linda; Killen Vicky; Kirby Leanne; Williams Sally; Brown Russell; Abram Demi; Murphy Stephanie; White Joanne; Westcott Sameera
Cc: Rossiter Colette; Kirby Sharon
Subject: MDT3.290720
Attachments: MDT3.290720.docx

Hi,

Here are the minutes from today's MDT.

There is an action for ALL to staff to book onto Nasen Training in September/October – Vicky sent the email on 24/7/20.
Please do this ASAP.

Colette.....Referrals from the meeting:

DPA

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 04 August 2020 12:31
To: Walker-Riley Emma
Subject: One-to-One individual safeguarding supervision agreement
Attachments: One-to-One individual safeguarding supervision agreement.docx

Here is the signed supervision agreement.

See you Thursday.

From: Kirby Sharon <Sharon.Kirby@alderhey.nhs.uk>
Sent: 12 August 2020 16:16
To: Coppard Sam
Subject: RE: EPPF

Ok that's fine.

Thanks

Sharon

From: Coppard Sam
Sent: 12 August 2020 16:12
To: Kirby Sharon
Subject: RE: EPPF

Hi Sharon, that's correct. I will have to make a few more calls though first and then I will move to closure.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone DPA

From: Kirby Sharon
Sent: 12 August 2020 09:08
To: Coppard Sam
Subject: EPPF

Hi Sam

On the EPPF DNA's today, you have stated no further appointments with yourself for Axel. Is this to be a closure??

Thanks

Sharon

From: Warner Michelle A. <MichelleA.Warner@alderhey.nhs.uk>
Sent: 22 September 2020 15:28
To: Coppard Sam
Cc: Smith Adele
Subject: RE: FT Clinic

Hi Sam

As said previously I'm on A/I next week so would be unable to attend that date sorry.

I also need to move things around as I have stuff in on Tuesday afternoons currently and need to talk about my job plan regarding a poss transition away from the team I am currently on and families I am involved with - but not sure leadership would be ok with me offering both FT teams for a few months (feel free to persuade on my behalf)

I have spoken in length with Joan and Adele about my anxieties and fears about moving to a new team as although I am in waterloo it is all new staff to me as a family therapy team and as I have not yet led on a case I am very nervous about doing it with people I haven't worked in that capacity with before of even meet in person in your case ;p

I was also just discussing this with Step when she received your email about a different supervisor which would fit with not having that additional power difference.

I think it would be really helpful to spend time getting to know each other and discussing cases and how the clinic will run
😊

I would also prefer to just be in reflections for a while to get used to working with new people processes and context – I have worked hard with my current team to get to a place of feeling safe and supported and it's a bit of a wrench to be leaving it to be honest.

But it would be really helpful to have these discussions as a team.

Kind regards

Michelle

From: Coppard Sam
Sent: 22 September 2020 11:03
To: Sato Stephanie; Warner Michelle A.
Cc: Smith Adele
Subject: FT Clinic

I am looking to start the FT Clinic on Tuesday 6th October at Burlington House, 1-5pm. Given everything that is going on COVID-19 wise we will be offering this via MS Teams.

I am proposing x2 clinic slots each week (1.30pm-2.30pm & 3pm-4pm). This will give us opportunity to have pre and post discussion and time to tackle notes etc.

Adele has identified cases that need to be prioritised so we can make sure we start to see them.

Can we meet next Tuesday 29th September at 1-5pm to think about the cases that Adele has identified, decide who is going to lead on each (my suggestion is that we all take turns to lead on cases) and think about how we will use the RT etc. via Teams. There will be trainees starting with the service at some point so we can consider them as part of our planning. I know that you aren't available Michelle but I'm happy to hear any thoughts before we go live. Similarly, Steph I know you have had to consider your working day arrangements to accommodate – so thank you.

If you are both in agreement with starting on 6th October we can inform the families. I am assuming we do this as a clinic (tell me if it is otherwise) and that the lead clinician will contact the family and liaise with the case manager. Is there a sheet or dairy as away of tracking who we are seeing, how many sessions they have received?

Does this seem okay?

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone DPA

From: Boggan Lynsey <Lynsey.Boggan@alderhey.nhs.uk>
Sent: 09 February 2021 18:57
To: Coppard Sam
Subject: Re: CAMHS Case DPA

Brilliant thanks

From: Coppard Sam

Sent: Tuesday, February 9, 2021 2:56 PM

To: Boggan Lynsey

Subject: RE: CAMHS Case DPA

Will do. I kept it open as I anticipated this would be the case. Thank you for letting me know. I will make arrangements for Axel to be seen.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Boggan Lynsey

Sent: 09 February 2021 12:29

To: Coppard Sam

Subject: CAMHS Case DPA

Hi Sam,

I am just writing in regards to Axel, he has just received a diagnosis of ASD and Dad has requested a new CAMHS apt due to increasing anxiety levels. I have checked the system and it looks like he is still open and last contact was you in June 20, could a follow up apt please be offered for him?

Thanks in advance Lynsey

Lynsey Boggan

Specialist Practitioner RNLD / Interim Clinical Lead ASD Pathway

Alder Hey Children's NHS Foundation Trust
Eaton Road, Liverpool L12 2AP

Email: Lynsey.Boggan@alderhey.co.uk



My usual working hours are 9am to 5pm Monday – Friday. This email inbox is not monitored outside of these hours and not monitored when I am in meetings or on leave. If you are worried about a child or young person, please telephone us on

DPA

DPA

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 04 March 2021 10:09
To: Royle Julie
Subject: RE: Reallocations

DPA

Axel Rudabenka **DPA** (Sam C)

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone **DPA**

From: Royle Julie
Sent: 04 March 2021 10:04
To: Coppard Sam
Subject: RE: Reallocations

Hi Sam

Who was the original case manager for these?

Thanks

Julie

From: Coppard Sam
Sent: 02 March 2021 12:46
To: Royle Julie
Cc: Dunn Julia
Subject: Reallocations

Hi,

Please can the following cases be allocated to Sam Steed.

DPA

DPA

Axel Rudabenka

DPA

There will be another 2 red cases to be allocated from Dan (Julia to update)

DPA

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 09 March 2021 11:05
To: Royle Julie
Cc: Dunn Julia
Subject: DPA reallocation from Alex

Hi,

Please can you add this to Sam Steeds identified cases for pick up – she will be red as a priority (51 weeks). Are there any additional cases that need to be added to the list below before forwarding it to Sam to provide dates over March/April?

DPA

Axel Rudabenka DPA (Sam C)

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone DPA

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 11 March 2021 11:09
To: Steed Samantha
Subject: FW: Sam Steed Partnerships (Final Cut)

Hi,

FYI

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Coppard Sam
Sent: 09 March 2021 14:50
To: Royle Julie
Cc: Dunn Julia
Subject: Sam Steed Partnerships (Final Cut)

Hi,

Here is the final list (11) – This will take Sam to capacity. I will forward these to Sam today so she can offer dates through March and April.

DPA

Axel Rudabenka DPA Sam C)

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 25 May 2021 19:54
To: Disley Marie
Cc: Coppard Sam
Subject: MDT 26.05.21 YP for list please - sorry tried to keep it short and to pertinent points.

For MDT 3 List please 26/05 - Thank you - Sam Steed

Axel Rudakubana - Aged 14years (15 in August) British UK - African Heritage Rwanda - Black - ASC diagnosis - Badly bullied at mainstream School - tried to exact revenge - went wrong - resulted in Police involvement NFA - got permanently excluded from School and is now at Acrons in Lancs. Struggling there due to mature of needs of other pupils. Incident of Racist comment being made.

Presentation - Severe anxiety can't go into the back garden for fear of neighbours looking at him. Work completed re sleep, getting out each day and diet - Axel is heavily dependent on Dad for the later 2 issues.

EHCP review held recently - seeking Specialist ASC provision as previously stated mainstream.

Case Manager Request - Requesting consideration of medication alongside talking therapy to try and help Axel's quality of life improve by allowing him to feel less anxious.

Case Manager Query - Axel has agreed to the idea of a Mentor anyone aware of ASC support in Lancs,. Sam has left a message with one Service , but Sam is guessing opportunities of mentors are limited what with Covid.

DPA

Senior Mental Health Practitioner

Sefton Specialist CAMHS

Alder Hey Children's NHS Trust

Second Floor

Burlington House

Crosby Road North

Liverpool

L22 0PJ

Office # DPA

From: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Sent: 26 May 2021 15:47
To: Coppard Sam
Subject: RE: MDT 3 minutes
Attachments: MDT3.260521.docx

Thanks Sam

From: Coppard Sam
Sent: 26 May 2021 15:46
To: Disley Marie
Subject: RE: MDT 3 minutes

Of course, send them across to me and I will have a look.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Disley Marie
Sent: 26 May 2021 15:33
To: Coppard Sam
Subject: MDT 3 minutes
Importance: High

Hi Sam,

Appreciate you're busy but would you have a quick look over today's minutes please? Just with me being new I'm a little unsure on clinician's names and abbreviations.

Thanks

Marie

Recording of MDT Discussion/agenda

MDT 3 – Wednesday 26th May 2021

PRESENT: Tracy Hayes, Vicky Tinker, Aesha Aseri, Sam Steed, Sam Coppard, Simran Takhi, Claire Kitson, Lin Rowley

APOLOGIES: Steph Sato, Rebecca Hunter, Katrin Russell, Russell Brown, Sally Williams

ADMIN: Marie Disley

<u>Name/AH</u>	<u>Case presentation</u> (embed)	<u>Purpose of bringing case?</u> 1. Share formulation and care plan for review 2. Risk 3. Stuck case 4. Additional therapy requested	<u>Safeguarding</u>	<u>Outcome of themes</u> Specific Work – Change to Care plan Risk Plan	<u>Task to be completed</u>	<u>Need to bring back?</u> <u>When?</u>
Axel Rudakubana DPA	Sam Steed	Axel is 14 (15 in August) British UK / African Heritage Rwanda with an ASC diagnosis and history of bullying in mainstream school. As a result of an incident he is excluded from school and currently attending Acorns in Lancashire. He has severe anxiety and problems around sleep, leaving the house alone, and his diet. Work has been done around these issues and Axel's sleep has improved. However, leaving the home and diet improvements are heavily dependent on Dad's support which is sporadic at present. Axel's anxiety is centred around his past bullying experiences and how he feels about his ASC. Another aspect of his anxiety is that he dribbles if anxious in other people's presence. Axel is currently increasing his attendance at Acorns but eats lunch alone due to his anxiety. It is felt that Acorns are focused on maintenance rather than supporting change, due to concerns that he may respond aggressively. Does the school		Sam to look at GP support for Axel's dribbling. Parents to be encouraged to attend ASC post-diagnostic support sessions and to join any groups if not already done so. This will help them to respond more appropriately to situations. Key Work sessions to be set up to model exposure with lower goals.	Communication with GP re medication to help with saliva. Key Worker Referral via consultation with Michelle Warner.	

		have access to OSSME to help with a better understanding of his ASC diagnosis? An EHCP review has been held recently and the family are seeking Specialist ASC provision. Dad understands ASC but is unsure how to respond and act. There was a recent incident when Axel became frustrated at his poor diet and threw a smoothie at Dad who then threatened to call the Police. Mum works long hours so has only met with Sam once. Have the parents attended any post-diagnostic support sessions or joined any groups? NVR Space, SFP and Early Help support were considered during the meeting, but it was felt that Key Work would be more beneficial. Additionally, Sam has contacted a Mentoring service in Lancashire to access support around ASC. Medication was discussed for Axel's anxiety, but it was decided that all therapeutic options be tried first. However, he will need to be put on the routine meds list so that he has an option to access medication, if needed, in the future. This will require a consultation with Katrin Russell. Aesha Aseri will put him on the list in the meantime.		Sam to pursue mentoring opportunities for Axel. Axel to be placed on the routine medication waiting list.	To follow up with mentoring service. Aesha Aseri to add Axel to meds list. Consultation with Katrin Russell re medication.	
--	--	---	--	---	--	--

DPA

DPA

DPA

DPA

DPA

A.O.B.						
Team Time – to be held roughly every 6 weeks and for additional time to be factored in at end of MDT meeting (30 mins). Opportunity to consider key issues re relationship to working practice. Also Rebecca to do a session on Tree of Life and Simran to do sessions on Imposter Syndrome and Lived Experience during this time.						
Good News / Training Feedback / Workshops						

From: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Sent: 16 June 2021 16:02
To: Walker-Riley Emma; Aseri Aesha; Barber Lauren; Brown Russell; Coppard Sam; Tracy Hayes; HUNTER REBECCA; Killen Vicky; Kirby Leanne; Kitson Claire; Rowley Linda; Russell Katrin; Murphy Stephanie; Steed Samantha; Takhi Simran; TINKER VICTORIA; Westcott Sameera; Williams Sally
Subject: MDT 3 Team Minutes
Attachments: MDT3.160621.docx

Hi All

Please find attached minutes from today's MDT 3 meeting. Please advise of any additions / amendments required asap.

Thanks

Marie

Sarah

2 routine psychiatry referrals.
1 escalation from routine to urgent psychiatry waitlist please

Thanks

Marie

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 19 August 2021 15:52
To: Warner Michelle A.
Cc: Coppard Sam
Subject: Re: Axel Rudakubana DPA

Hi Michelle, thanks for getting back to me so quickly - I discussed him at MDT on 25/06 (see below info) and I thought he was put on the list for Key Work and your name was mentioned. Sorry I am relatively new and it may be that I was meant to contact you before. No worries re you being busy. Is there any chance he could be put on the Key Worker list?

Social Care may be offering something similar in the context of family difficulties so it may end up not being a Service CAMHS provides, but I would appreciate it if he could be on the list please as of 25/06/21 if poss. Have cc'd Sam/ACL as he has been involved in some discussions re Axel and family recently. Thanks Michelle.

Axel
Rudakubana

DPA

Sam Steed Axel is 14 (15 in August) British UK / African Heritage Rwanda with an ASC diagnosis and history of bullying in mainstream school. As a result of an incident he is excluded from school and currently attending Acorns in Lancashire. He has severe anxiety and problems around sleep, leaving the house alone, and his diet. Work has been done around these issues and Axel's sleep has improved. However, leaving the home and diet improvements are heavily dependent on Dad's support which is sporadic at present. Axel's anxiety is centred around his past bullying experiences and how he feels about his ASC. Another aspect of his anxiety is that he dribbles if anxious in other people's presence. Axel is currently increasing his attendance at Acorns but eats lunch alone due to his anxiety. It is felt that Acorns are focused on maintenance rather than supporting change, due to concerns that he may respond aggressively. Does the school Sam to look at GP support for Axel's dribbling. Parents to be encouraged to attend ASC post-diagnostic support sessions and to join any groups if not already done so. This will help them to respond more appropriately to situations. Key Work sessions to be set up to model exposure with lower goals. Communication with GP re medication to help with saliva. **Key Worker Referral via consultation with Michelle Warner.**

have access to OSSME to help with a better understanding of his ASC diagnosis? An EHCP review has been held recently and the family are seeking Specialist ASC provision. Dad understands ASC but is unsure how to respond and act. There was a recent incident when Axel became frustrated at his poor diet and threw a smoothie at Dad who then threatened to call the Police. Mum works long hours so has only met with Sam once. Have the parents attended any post-diagnostic support sessions or joined any groups? NVR Space, SFP and Early Help support were considered during the meeting, but it was felt that **Key Work would be more beneficial.**

Additionally, Sam has contacted a Mentoring service in Lancashire to access support around ASC. Medication was discussed for Axel's anxiety, but it was decided that all therapeutic options be tried first. However, he will need to be put on the routine meds list so that he has an option to access medication, if needed, in the future. This will require a consultation with Katrin Russell. Aesha Aseri will put him on the list in the meantime. Sam to pursue mentoring opportunities for Axel. Axel to be placed on the routine medication waiting list. To follow up with mentoring service. Aesha Aseri to add Axel to meds list. Consultation with Katrin Russell re medication.

BW,

Sam Steed
Senior Mental Health Practitioner/Case Manager
Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool

L22 OPJ

Office # **DPA**

From: Warner Michelle A.

Sent: 18 August 2021 18:12

To: Steed Samantha

Subject: RE: Axel Rudakubana **DPA**

Hi Sam

I have just looked on the Keywork waitlist on Meditech and Axel is not on there? When did you put him through MDT – maybe he has been missed off.

I don't have space at the moment as I have a few I need to start with and others on the waiting list but we have some other Keyworkers who have started so I am guessing he should be seen soon – I am meeting with another Keyworker next week and we can have a think about allocations etc so will get back to you when I know more.

Hope that's helpful.

Michelle Warner

Keyworker & Systemic Family Practitioner

Sefton Specialist CAMHS

2nd Floor Burlington House

Crosby Road North

Waterloo

L22 OPJ

DPA

*My regular working days are 10 am -6 pm Monday – Wednesday. This email inbox is not monitored outside of these hours and not monitored when I am in meetings or on leave. If you are worried about a child or young person, please telephone Sefton CAMHS on **DPA** Mon-Fri 9 am-5 pm or contact the CAMHS Crisis Line on freephone **DPA** **DPA** now open 24/7.*

From: Steed Samantha

Sent: 18 August 2021 17:01

To: Warner Michelle A.

Subject: Axel Rudakubana **DPA**

Hi Michelle, hope you are well. I am a Case Manager in MDT 3 and I'm just getting in touch to ask about your availability re key work. Sorry if this is not the right way round re asking - I had asked for him to be put on the list at MDT a while ago and Sam mentioned you might have availability now so was thinking I needed to get in touch.

Be grateful if you could let me know.

Bw,

Sam Steed

Senior Mental Health Practitioner/Case Manager

Sefton Specialist CAMHS

Alder Hey Children's NHS Trust

Second Floor

Burlington House

Crosby Road North

Liverpool

L22 0PJ

Office # DPA

From: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Sent: 23 August 2021 15:15
To: SeftonCAMHS
Subject: MDT 3 Minutes 18/08/21
Attachments: MDT3.180821.docx

Hi All,

Please see amended MDT 3 minutes for 18/08/21.

Thanks

Marie

Sarah,

No Psych referrals

thanks

From: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Sent: 27 August 2021 11:34
To: SeftonCAMHS
Subject: MDT 3 Minutes 25/08/21
Attachments: MDT3.250821.docx

Hi All,

Please see MDT 3 Minutes for 25/08/21. Please contact me with any amendments.

Thanks

Marie

Hi Sarah,

No psych referrals

thanks

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 13 September 2021 09:52
To: Russell Katrin; Aseri Aesha; Ramasubramanian Lakshmi; John Jesvin; Brown Richard; Molyneux Anthony; Coppard Sam
Subject: Re: Axel Rudakubana 15.9.2 pm

It's ok Katrin Aesha has now spoken with parent and the appointment will be held at the original time. Thank you for getting back to me.

Sam Steed
Senior Mental Health Practitioner/Case Manager
Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ
Office # DPA

From: Russell Katrin
Sent: 12 September 2021 12:17
To: Steed Samantha ; Aseri Aesha ; Ramasubramanian Lakshmi ; John Jesvin ; Brown Richard ; Molyneux Anthony ; Coppard Sam
Subject: RE: Axel Rudakubana 15.9.2 pm

I am really sorry Sam, but I am fully booked up that day

From: Steed Samantha
Sent: 10 September 2021 10:32
To: Aseri Aesha ; Ramasubramanian Lakshmi ; Russell Katrin ; John Jesvin ; Brown Richard ; Molyneux Anthony ; Coppard Sam
Subject: Re: Axel Rudakubana 15.9.2 pm

Dear all, apologies for not being able to follow up re Aesha's offer to see Axel with me - I was on annual leave. Unfortunately, Dad was not contacted while I was off to ask if he would be ok with the change.

I have now managed to speak with Mr Rudakubana today and he has stated that he would prefer if the appointment could be held at 2.00pm on 15th September. Is there any possibility that another Dr could join me then in Southport?

If not, I will speak to them again at 2pm today re the 9.30am offer from Aesha, and see if this could be possible - failing that we will need to arrange another joint appointment with Psychiatry.

Thanks for your help,

Sam Steed
Senior Mental Health Practitioner/Case Manager
Sefton Specialist CAMHS
Alder Hey Children's NHS Trust

Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ
Office # DPA

From: Aseri Aesha <Aesha.Aseri@alderhey.nhs.uk>

Sent: 02 September 2021 09:43

To: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>; Russell Katrin <Katrin.Russell@alderhey.nhs.uk>; John Jesvin <Jesvin.John@alderhey.nhs.uk>; Brown Richard <Richard.Brown@alderhey.nhs.uk>

Cc: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>

Subject: RE: Axel Rudakubana 15.9.2 pm

Hi Lakshmi

Thank you very much for your email.

Yes, I am aware of the background information regarding this YP as the case has been discussed few times in MDT. I will check their understanding about this and clarify the role of meds and behavioural intervention in management.

Thanks

Aesha

From: Ramasubramanian Lakshmi

Sent: 02 September 2021 09:11

To: Aseri Aesha; Russell Katrin; John Jesvin; Brown Richard

Cc: Steed Samantha

Subject: RE: Axel Rudakubana 15.9.2 pm

Thank you Aesha,

You will gather from the notes that Axel is keen on starting an anti-depressant and there is over reporting of his symptoms by his father who believes that there is a major illness in Axel.

There is no objective evidence for it and there are systemic factors.

We had agreed a trial of Sertraline with the proviso that he is unlikely to fully improve unless he engages in behavioural intervention as well.

Kind regards

Lakshmi

From: Aseri Aesha

Sent: 01 September 2021 18:23

To: Russell Katrin; John Jesvin; Brown Richard

Cc: Steed Samantha; Ramasubramanian Lakshmi

Subject: RE: Axel Rudakubana 15.9.2 pm

Hi Katrin

I can see him.

Thanks

Aesha

From: Russell Katrin

Sent: 01 September 2021 10:50

To: John Jesvin; Aseri Aesha; Brown Richard

Cc: Steed Samantha; Ramasubramanian Lakshmi

Subject: FW: Axel Rudakubana 15.9.2 pm

Dear Jesvin, Aesha, Richard

Is one of you able to see Axel with Sam Steed on 15.9.at 2 pm as a one off for Lakshmi to possibly initiate a trial of Sertraline , she is happy to take over afterwards

Please let me know ASAP

BW katrin

Dr. Katrin Russell
Consultant Child and Adolescent Psychiatrist
Psychiatry Lead
Sefton Specialist CAMHS
Alderhey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool L22 0PJ

(Please note my working days are Tuesday-Friday)

Tel: DPA Sefton Office (non urgent)
Tel: DPA (Crisis care)
Alternative email: Sefton.Camhs@nhs.net

This message is intended for named addressees only and may contain confidential, privileged or commercially sensitive information. If you are not a named addressee and this message has come to you in error you must not copy, distribute or take any action on its content. Please return the message to the sender by replying to it immediately and then delete it from your computer and destroy any copies of it.

From: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Sent: 01 September 2021 10:27
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>; Russell Katrin <Katrin.Russell@alderhey.nhs.uk>
Subject: Axel Rudakubana

Dear Katrin
Axel is a young person whom I had arranged to see in person on the

15th of September at 2 pm with Sam Steed. This is due to be at Southport Hub.
I am unlikely to return to work by this date, but Axel needs to be seen, possibly to trial Sertraline.

Could one of our trainees join Sam at this appointment please?
I will take over the care once I am back to work.

Best wishes

Lakshmi

Dr Lakshmi Ramasubramanian
Consultant Child and Adolescent Psychiatrist
Associate Director of Medical Education
Paediatric Neuropsychiatrist- Nor CESS
Alder Hey Children's NHS Foundation Trust
Burlington House-2nd Floor
Crosby Road North, Waterloo
L22 0PJ

Phone: DPA
E mail: lakshmi.ramasubramanian@alderhey.nhs.uk



My Alder Hey. My Values.

From: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Sent: 15 September 2021 16:13
To: SeftonCAMHS
Subject: MDT 3 Minutes 15/09/21
Attachments: MDT3.150921.docx

Hi All,

Please see MDT minutes for today. If there are any amendments please contact me as soon as possible.

Thanks

Marie

Hi Sarah,

One escalation from routine to urgent psych please.

Thanks

Marie

From: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Sent: 12 January 2022 16:44
To: SeftonCAMHS
Subject: MDT3.120122
Attachments: MDT3.120122.docx

Hi All,

Please see amended MDT 3 minutes from today.

Thanks

Marie

1 Urgent Psychiatry Referral please

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 02 March 2022 09:51
To: Pope Christine
Subject: FW: A Thank you Note - Info for 360

Hi Chrissy – can we add this compliment to ulysees for Samantha steed

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Steed Samantha
Sent: 02 March 2022 09:19
To: Coppard Sam
Subject: Fw: A Thank you Note - Info for 360

Hi Sam, not sure what you do with such info, but just forwarding it as you mentioned sharing feedback re 360

Sam Steed
Senior Mental Health Practitioner/Case Manager
Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ
Office # DPA

From: Alphonse Rudakubana: DPA
Sent: 01 March 2022 22:38
To: Lavelle, Gayle <Gayle.Lavelle@lancashire.gov.uk>; Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Cc: Laetitia Muzayire DPA
Subject: A Thank you Note

Dear Gayle and Sam,

On behalf of my family, I would like to thank you for loving and helping Axel from the beginning to until him receiving a place at Presfield. I was touched by how Sam took upon herself rewriting his ECHP to better represent how she knows him. As for Gayle, you were by our side since Axel was allocated to you and were patient and effective when putting my incoherent thoughts in the written form.

I am sure Axel will still need your service Sam as his CAMHS practitioner, so we will still be in touch. As for you Gayle, my family and I are so grateful for your help throughout the last two and half years. We will not hesitate to contact you for advice in the future. I hope that's ok with you.

Therefore, from the bottom of our hearts, Thank you.

Kind regards,

Alphonse Rudakubana

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 22 March 2022 14:16
To: Warner Michelle A.; Ramasubramanian Lakshmi; Coppard Sam
Subject: Re: Axel Rusdakubana DPA

Hi Michelle - thanks for your email - Yes it can be confusing re more than one role - as I said I was confused re your two roles hence cc Adele in error!

Axel has been clear that he wants sessions to end with you as you have described due to him feeling that he is ok re leaving the home as such now (as evidenced by him going missing on Friday) - I have no issue with this, as engagement needs to be on the yp's terms. I wasn't asking for social worker support - more behavioural activation type work re his expressed anxiety. I will be taking Axel to MDT but not in relation to your closure - more in relation to transition, what else could help and prep for discharge now he is starting at Presfield very soon. Many thanks for the support you offered Axel - it is much appreciated. Bw,

Sam Steed
Senior Mental Health Practitioner/Case Manager

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ
Office # DPA

From: Warner Michelle A.
Sent: 22 March 2022 13:08
To: Steed Samantha ; Ramasubramanian Lakshmi ; Coppard Sam
Subject: RE: Axel Rusdakubana DPA

Hi Sam

I was a bit confused at the people CC'd in, its understandable as I have two roles in the system and this can cause confusion.

I was sorry to hear that Axel went missing from home and am very happy that he has been found.

I took Axel to Keywork supervision, with Vicky and the others who take from the list, yesterday and the team decided that it was appropriate to close Axel.

Keywork is a specific bit of work with specific goals, it has in the past been confused as more of a social worker support role which allows for more flexibility in approach and length of time a young person might be open, I am wondering if this might have happened here.

Axel engaged well and achieved his goal of leaving the house more, he reported that he was grateful for the session but had nothing further he wanted to work on so the decision to close was made – I am sorry if you felt you were not included in this choice I will aim to discuss closures in conjunction with you on future cases.

If you disagree with a closure to a specific service within CAMHS you can always bring it to MDT, in this case if you feel the decision is wrong I am happy to join your MDT to discuss or you are welcome to mine (MDT2) as there can be a discussion about ways forward.

I will talk with Alphonse regarding the closure of this specific bit of work today and CC you into the closure letter.

Kind regards

Michelle Warner
Keyworker & Systemic Family Practitioner

Sefton Specialist CAMHS
2nd Floor Burlington House
Crosby Road North
Waterloo
L22 0PJ

DPA

My regular working days are 10 am -6 pm Monday – Wednesday. This email inbox is not monitored outside of these hours and not monitored when I am in meetings or on leave. If you are worried about a child or young person, please telephone Sefton CAMHS on Mon-Fri 9 am-5 pm or contact the CAMHS Crisis Line on freephone or now open 24/7.

DPA

DPA

DPA

From: Steed Samantha
Sent: 17 March 2022 17:05
To: Warner Michelle A. ; Ramasubramanian Lakshmi ; Coppard Sam ; Smith Adele
Subject: Re: Axel Rusdakubana DPA

Dear All, Axel was thankfully found by Police this afternoon and returned home. I have offered to meet with him and his parents to review CAMHS interventions. I believe the family are still on the wait list for family therapy. Michelle you may discuss Axel with Sam or Adele re Key work support Just realized maybe not Adele sorry if I should not have cc'd her in - got confused re your SFP role - be grateful if you could continue to keep me in the loop re what is decided. Bw

Sam Steed
Senior Mental Health Practitioner/Case Manager

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ
Office # DPA

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 17 March 2022 12:28
To: Warner Michelle A. <MichelleA.Warner@alderhey.nhs.uk>; Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>; Coppard Sam <Sam.Coppard@alderhey.nhs.uk>; Smith Adele <Adele.Smith@alderhey.nhs.uk>
Subject: Re: Axel Rusdakubana DPA

Dear Michelle, Axel has gone missing from home this morning and this has been reported to the Police. I have spoken with his Dad who was not yet aware that Axel had said he wants to end his sessions with you. I have informed them of this now. I have advised them that there will be a pause regarding this as they very much wanted to be included in decisions regarding this.

I have cc'd Sam Coppard and Adele as you speak with them re Axel. I have also cc'd Lakshmi as she is his allocated Psychiatrist.

Please let me know if you are in agreement with speaking with me before you discharge Axel in this heightened safeguarding situation as this feels appropriate to me. Many thanks,

Sam Steed
Senior Mental Health Practitioner/Case Manager
Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ
Office # DPA

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 17 March 2022 10:01
To: Warner Michelle A. <MichelleA.Warner@alderhey.nhs.uk>
Subject: Re: Axel

Hi Michelle - hope you are well. Axel starting Presfield on 19th April is the best thing for him and I trust he will make good progress. I advised him to keep going into Acorns to help him maintain a pattern of waking each morning and going off to School. He was quite frustrated with his Dad asking for Early Help services to remain involved and in some ways it's positive that he is expressing his wishes despite others thinking he needs additional support. I will review with him and his parents in terms of what else CAMHS can offer. They would like support from me re transition to Presfield but Axel's wishes need to be considered re this. Thanks for the update from your end. Bw,

Sam Steed
Senior Mental Health Practitioner/Case Manager
Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ
Office # DPA

From: Warner Michelle A. <MichelleA.Warner@alderhey.nhs.uk>
Sent: 16 March 2022 20:48
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Subject: Axel

Hi Sam

I met with Axel yesterday and he decided to stop Keywork. He stated he has found the sessions helpful as he leaves the house more but doesn't at this time what support with eating in public.

He seems to be looking forward to being in education at Presfields and enjoyed the hours he spent there recently.

I will write a closing letter and speak to his parents (they were not home when I dropped him back) when I am in next week but wanted to keep you updated.

Thanks

Michelle Warner
Keyworker & Systemic Family Practitioner

Sefton Specialist CAMHS
2nd Floor Burlington House
Crosby Road North
Waterloo
L22 0PJ

DPA

My regular working days are 10 am -6 pm Monday – Wednesday. This email inbox is not monitored outside of these hours and not monitored when I am in meetings or on leave. If you are worried about a child or young person, please telephone Sefton CAMHS on DPA Mon-Fri 9 am-5 pm or contact the CAMHS Crisis Line on freephone DPA or DPA now open 24/7.

From: Russell Katrin <Katrin.Russell@alderhey.nhs.uk>
Sent: 23 March 2022 15:27
To: SeftonCAMHS
Cc: SeftonCAMHS; Winterburn Daniel H
Subject: MDT 3 minutes and Congratulation to our DBT team
Attachments: MDT3 23222.docx

First of all I wanted to say a big Thank you to our fantastic DBT team (Tracye, Lauren, Kelly, Daniel and Vicky - apologies if I have forgotten someone !!) who have just completed the first round of the full DBT program in Sefton CAMHS with great participation and amazing feedback from the young people. This is an incredible service and I do hope we can keep it going !!
Thank you for all your hard work !! Please log the positive feedback and compliment you have received from the young people !

PS I have attached the first draft of the MDT 3 minutes from today, apologies is it going to everyone ...I don't know how to set up a MDT 3 email group only 🧑🧑🧑

Kind regards Katrin

Dr. Katrin Russell
Consultant Child and Adolescent Psychiatrist
Psychiatry Lead
Sefton Specialist CAMHS
Alderhey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool L22 0PJ

(Please note my working days are Tuesday-Friday)

Tel: DPA Sefton Office (non urgent)
Tel: DPA Crisis care)
Alternative email: Sefton.Camhs@nhs.net

This message is intended for named addressees only and may contain confidential, privileged or commercially sensitive information. If you are not a named addressee and this message has come to you in error you must not copy, distribute or take any action on its content. Please return the message to the sender by replying to it immediately and then delete it from your computer and destroy any copies of it.

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 25 May 2022 17:58
To: Coppard Sam
Cc: Ramasubramanian Lakshmi
Subject: Re: A Rudakubana DPA

Hi again Sam, not sure if it was a joint decision that FT is not for the family or whether that came from yourself. Hopefully we can find another date/time for consult as still I feel that family therapy intervention is needed alongside other support.

I am not sure if you are looking to meet with just me - Dr Ram has asked for a 3way mtg which would likely be more helpful, so if you could extend an invitation to meet to her as well I'd be grateful. I am still waiting on dates and times from school for a mtg with them and parents. Axel has a GP appointment for tomorrow at 2pm. Many thanks for your help with Axel and his family,

From: Steed Samantha

Sent: 25 May 2022 13:53

To: Coppard Sam ; Jones Suzanne

Cc: Ramasubramanian Lakshmi

Subject: Re: A Rudakubana DPA

Hi Sam,

MDT notes state **I ask for support and you agreed to join me on 15/08/21 and Referral to Family Therapy was made on 22.09.21 as noted by Marie.** The family would come under Southport Clinic.

Be grateful if you could ensure that they are on the list for support and we can think more about whether this is an appropriate intervention together based on how things are presenting for the family.

Bw

Thanks for the offer of consult Sam but I am on leave on the date and time you offered.

From: Coppard Sam

Sent: 25 May 2022 13:49

To: Steed Samantha

Cc: Ramasubramanian Lakshmi

Subject: RE: A Rudakubana DPA

Hi,

I can't see Axels name on FT list..... I have checked with Suzanne and we have reviewed all the pended appointments since last year

19/8/21 – correspondence that NVR Space, SFP and Early Help support were considered during the meeting, but it was felt that Key Work would be more beneficial – Offered keywork

22/9/21 - SFP/FT requested in MDT

12/1/22 – Sam to check with Adele where Axel is on wait list for FT

23/3/22 – Noted in MDT that Axel probably won't attend FT and he was referred to CBT (Axel is on CBT list)

18/5/22 - FT Consult needed with Sam Coppard (discussed at MDT)

I have sent an invite for a **systemic consult on Tuesday 31st March 11am via MS Teams**. It looks as though it was not referred through to SFP/FT in September last year. Even if Axel had been referred he would not have been seen yet.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: Steed Samantha
Sent: 25 May 2022 13:00
To: Coppard Sam
Cc: Ramasubramanian Lakshmi
Subject: A Rudakubana DPA
Importance: High

**Apologies for the delay in sending you this email which was drafted on Mon 23.05.22.
Sam, please can you send through possible dates/times to meet with Dr Ram and I.**

Dear Sam, I am emailing regarding Axel Rudakubana to ask for some support again by way of

1. to raising welfare concerns regarding Axel and significant weight loss, alongside concerning changed presentation. His height and weight were checked by Lakshmi as follows - **W 45.4 and H 172cm.**
2. regarding his Father's presentation towards me in a joint meeting with Lakshmi yesterday.

Dad is requesting a female Psychotherapist for Axel. and is asking for me not to be involved in the case anymore based on the advice and support I am offering him as a parent.

As you know I have now brought these concerns re Axel' wellbeing and his father's presentation to MDT so the concerns are logged and we have a plan in place. School and parent have asked for Early Help to become involved again, so we are awaiting the outcome of the referral. However, there is likely a requirement for social care to become involved.

Dad is also requesting a female Psychotherapist for Axel for CAMHS.

Bw,
Sam Steed
Senior Mental Health Practitioner/Case Manager
Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ
Office # DPA

*Currently reading: Girl, Woman, Other ~ Bernadine Evaristo ~ Womens Prize for Fiction 2020
Favourite Children's book: Danny, the Champion of the World ~ Roald Dahl ~ 1975*

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 25 May 2022 15:23
To: Coppard Sam
Cc: Ledwidge Keith
Subject: Re: Axel

Thank you Sam

From: Coppard Sam

Sent: 25 May 2022 12:09

To: Steed Samantha

Cc: Ledwidge Keith

Subject: Axel

BP, Pulse, Temp, Height, Weight

FBC, U&E's, TFT's, LFT's, Glucose, ESR, Bone Profile, magnesium and phosphate levels and Coeliac screen, Epstein Barr virus, vitamin D levels, prolactin levels and lipids) today.

Baseline ECG

Samuel Coppard

Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS

Alder Hey Children's NHS Trust

Second Floor

Burlington House

Crosby Road North

Liverpool

L22 0PJ

Telephone **DPA**

From: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Sent: 25 May 2022 09:42
To: Barber Lauren; BATZIOS Konstantinos; Brown Russell; Coppard Sam; DORGAN REBECCA; EVANS Rebecca; Tracy Hayes; Hill Michelle; HUNTER REBECCA; Jamieson Katie; Killen Vicky; Kirby Leanne; Kitson Claire; Ledwidge Keith; Rowley Linda; Russell Katrin; Steed Samantha; Westcott Sameera; Williams Sally
Subject: MDT3.180522
Attachments: MDT3.180522.docx

Hi All,

Please see today's agenda. Does anyone have anything else to add please?

Thanks

Marie

Recording of MDT Discussion/Agenda

MDT 3 – Wednesday 25th May 2022

PRESENT:

APOLOGIES:

ADMIN: Marie Disley

<u>Name/AH</u>	<u>Case presentation (embed)</u>	<u>Purpose of bringing case?</u> 1. Share formulation and care plan for review 2. Risk 3. Stuck case 4. Additional therapy requested	<u>Safeguarding</u>	<u>Social GRACES</u>	<u>Outcome of themes</u> Specific Work – Change to Care plan Risk Plan	<u>Task to be completed</u>	<u>Need to bring back? When?</u>
DPA	Linn Rowley						
	Linn Rowley						
	Tracy Hayes						
	Tracy Hayes						
	Michelle Hill						
	Michelle Hill						

DPA	Tracy Hayes						
	Konstantinos Batzios						
NEW PARTNERSHIPS	CASE MANAGER	<u>Purpose of bringing case?</u> 1. Share formulation and care plan for review 2. Risk 3. Stuck case Additional therapy requested			<u>Outcome of themes</u> Specific Work – Change to Care plan Risk Plan	<u>Task to be completed</u>	<u>Need to bring back? When?</u>
CIN / CP CASES	CASE MANAGER						
DPA	Linda Rowley						
	Linda Rowley						
	Linda Rowley						
	Linda Rowley						
	Linda Rowley						

DPA	Linda Rowley	DPA					
	Linda Rowley						
	Linda Rowley						
	Linda Rowley						
	Linda Rowley						
	Linda Rowley						
	Linda Rowley						
	Linda Rowley						
	Sam Steed						
	Sam Steed						
	Sam Steed						

DPA	Sam Steed	DPA					
	Kelly Doyle						
	Molly Rhinehart						
	Tracy Hayes						
	Sam Coppard						
	Katrin Russell						
	Katrin Russell						
	Katrin Russell						
	Katrin Russell						
	Sally Williams						
	Sameera Westcott						

DPA	Sameera Westcott	DPA					
	CASE MANAGER						
	Linn Rowley						
	Claire Kitson						
	Lauren Barber Ant Molyneux						
	Linn Rowley						
	CASE MANAGER						
	ATTENDED BY						
	Linn Rowley						
	Linn Rowley						

DPA

DPA

Linn Rowley

Linn Rowley

Linn Rowley

Linn Rowley

Linn Rowley

Michelle Hill

Sameera
Westcott

NAME

NAME

Linn Rowley
Ant Molyneux

DPA	Claire Kitson	DPA					
	Tracy Hayes						
	Vicky Killen Ant Molyneux						
	Vicky Killen Katrin Russell						
	Claire Kitson Ant Molyneux						
	Sam Steed						
ADMIN ISSUES							
A.O.B.							

Good News / Training Feedback / Workshops		
--	--	--

From: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Sent: 25 May 2022 17:04
To: SeftonCAMHS
Subject: MDT3.250522
Attachments: MDT3.250522.docx

Hi All,

Please see MDT 3 minutes for today. Any amendments to be sent to me asap.

Thanks

Marie

No Psych referrals.

Colette – 4 referrals to groups and 1 removal from group

Thanks

Marie

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 26 May 2022 11:56
To: Steed Samantha; Ramasubramanian Lakshmi
Subject: FW: Reallocation request - **DPA**

FYI

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : **DPA**

From: Donovan Katie
Sent: 26 May 2022 11:15
To: Coppard Sam
Subject: RE: Reallocation request **DPA**

Already added ☺

Thanks,
Katie

Katie Donovan
Psychiatry Support Secretary
Sefton Specialist CAMHS
2nd Floor, Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0PJ

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 26 May 2022 11:14
To: Donovan Katie <Katie.Donovan@alderhey.nhs.uk>
Subject: RE: Reallocation request **DPA**

Thanks Katie,

Can you put this on Meditech please. I will follow up.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North

Telephone : DPA

From: Donovan Katie <Katie.Donovan@alderhey.nhs.uk>

Sent: 26 May 2022 11:02

To: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>

Subject: Reallocation request - DPA

Importance: High

Hi Sam,

I have received a call from Dad of Axel Rudakubana.

He has requested reallocation of case manager. A female if possible. He is currently allocated to Sam Steed.

He described the following to me:

- The family worked vey well with Sam and were very happy – she went out of her way to get an EHCP in place and helped a lot. The family appreciated this
- He said the sessions focussed on what the parents are doing and not the child. He said they have tried to explain themselves on email and phone but there explanations are not being excepted.
- They say the parent focus questions have caused frictions at home and Axel threatens 'he will tell Sam'
- He said he is being told he isn't feeding his son and to make him proper meals, he said he has purchased numerous recipe books and cooks sometimes for 2-3 hours for Axel to then not eat the food
- He said the food is not healthy food – restaurant standard food with lots of oils etc
- Dad says the problem with Axel is that he says untruthful things
- One week he will say things and then not remember the next week
- He said there is a lack of trust between Sam and parents
- He said there are 'stand offs' happening at home
- Come to Sam as a family – previous CAMHS workers have never spoken to dad like his mother, they deal with child and then call dad in and give summaries
- He said it goes beyond the relms of professionalism, no respect no trust an undermines parents
- Find really offensive at times – asked for another therapist cant carry on like this
- They referred to get him look after, now they are shouting at each other at home which has never happened
- Everything that goes wrong Axel blamed dad
- They are doing there best
- Dad said he is 'open as a book' but Sam does not believe the parents
- Doesn't want the situation to go out of control (mentioned going to the council and school)
- Dad mentioned at the end of the call there has been a police incident that he has not yet discussed with Sam.

Dad has asked if you could call him to discuss.

Thanks,
Katie

Katie Donovan
Psychiatry Support Secretary
Sefton Specialist CAMHS
2nd Floor, Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0PJ

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 30 May 2022 09:55
To: Disley Marie
Cc: Steed Samantha
Subject: RE: Axel Rudakubana -FT Referral

No problem Marie. There's no disadvantage at this point as he wouldn't have been seen yet.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone DPA

From: Disley Marie
Sent: 30 May 2022 09:47
To: Coppard Sam
Cc: Steed Samantha
Subject: RE: Axel Rudakubana -FT Referral

Hi Sam,

I have and apologies as think this could be my fault that he wasn't added in first place.

Thanks

Marie

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 30 May 2022 09:46
To: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Cc: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Subject: Axel Rudakubana -FT Referral

Hi Marie,

Sorry I didn't respond earlier – please put Axel go on the FT list and backdate. If we do this he will be seen soon.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 01 June 2022 12:27
To: SeftonCAMHSAdmin
Subject: Family Therapy Appointments

Hi,

DPA

Also – Please send an appointment to **Axel Rudakubana**: **DPA** 11am 28th June, face to face for Family Therapy (Southport). Please can you put on system and send a letter.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : **DPA**

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 12 July 2022 09:42
To: Alphonse Rudakubana; Alder Hey; DPA
Subject: Re: Axel (Family Therapy)

Thanks Alphonse,

Having a few problems accessing online - I will call you with me colleague asap

Get [Outlook for Android](#)

From: Alphonse Rudakubana

Sent: Tuesday, July 12, 2022 9:14:32 AM

To: Coppard Sam ; Alder Hey ; DPA

Subject: Re: Axel (Family Therapy)

Hi Sam,

We will be meeting on TEAMS this morning 9.30am. Thanks.

Alphonse

--bd--6e3e71317967444b937a31eff5a8a0c1

On Tue, 28 Jun 2022 at 11:35 am, Coppard Sam wrote:

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

[Learn More](#) | [Meeting options](#)

From: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Sent: 12 July 2022 11:27
To: Coppard Sam
Subject: Missing Outcomes

Hi Sam,

Can you please complete the missing outcomes below:-

DPA				
DPA	Axel Rudakubana	Hub FT	28/06/22	11.00am
DPA				

Thanks

Marie

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 19 July 2022 17:00
To: Rossiter Colette
Cc: Jones Suzanne
Subject: RE: FT Southport Appt

Yes – done it – thanks Colette

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone DPA

From: Rossiter Colette
Sent: 19 July 2022 16:45
To: Coppard Sam
Cc: Jones Suzanne
Subject: RE: FT Southport Appt

Hi Sam

Been told you need to email the link to the family.

Thanks

Colette

From: Jones Suzanne <Suzanne.Jones@alderhey.nhs.uk>
Sent: 19 July 2022 16:26
To: SeftonCAMHSAdmin <SeftonCAMHSAdmin@alderhey.nhs.uk>; Rossiter Colette <Colette.Rossiter@alderhey.nhs.uk>
Subject: RE: FT Southport Appt

I did chase your access Colette and they said you already have it, the inbox may just need to be added. Thank you

From: Kirby Sharon <Sharon.Kirby@alderhey.nhs.uk> **On Behalf Of** SeftonCAMHSAdmin
Sent: 19 July 2022 16:24
To: Rossiter Colette <Colette.Rossiter@alderhey.nhs.uk>
Cc: Jones Suzanne <Suzanne.Jones@alderhey.nhs.uk>
Subject: FW: FT Southport Appt
Importance: High

Hi Colette

Please see below FT appt from Sam Coppard. It was sent to admin emails but realised you don't have access to that inbox yet.

Thanks

Sharon

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 19 July 2022 10:29
To: SeftonCAMHSAdmin <SeftonCAMHSAdmin@alderhey.nhs.uk>
Cc: Alder Hey <alderhey022414@gmail.com>
Subject: FT Southport Appt

Hi,

Please can you add an appointment for Axel Rudakubana [DPA] on Tuesday 16th August 12.45pm for FT Southport (Online Appt – MS Teams)

Thank you

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : [DPA]

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 09 August 2022 14:33
To: Locke Jill
Cc: Coppard Sam; Molyneux Anthony; Killen Vicky
Subject: Referral to Riding the Rapids re Rudakubana

Steed Samantha has shared a OneDrive for Business file with you. To view it, click the link below.

 [Riding the Rapids Referral Form Axel R 09.08.22.docx](#)

Jill, please see attached referral - I previously referred via Sameera earlier this year and referral was put on hold until the group was running.

FYI Ant, Vicky, Sam - just following up re previous referral for Riding the Rapids.

Bw,

Sam Steed

Senior Mental Health Practitioner/Case Manager

Sefton Specialist CAMHS

Alder Hey Children's NHS Trust

Second Floor

Burlington House

Crosby Road North

Liverpool

L22 0PJ

Office # DPA

--bd--6e3e71317967444b937a31eff5a8a0c1

Currently reading: Girl, Woman, Other ~ Bernadine Evaristo ~ Womens Prize for Fiction 2020

Favourite Children's book: Danny, the Champion of the World ~ Roald Dahl ~ 1975

From: Warner Michelle A. <MichelleA.Warner@alderhey.nhs.uk>
Sent: 16 August 2022 14:01
To: Coppard Sam
Subject: AR session notes

Hey Sam here are today's notes – not sure they make sense lol

Axel R session via phone/Teams

Lead: Sam Coppard and Joan Bolger

Reflecting: Michelle Warner

Attended: Laetitia (Mum) – was on screen but no camera and on mute so was hard to tell if she was present. Alphonse (Dad)

Session started late due to technical difficulties.

Re introduced the concept of family therapy and how the space could be used to support the family and help to understand Axel and how the family works together.

Sam: What would be useful to think about today?

Alphonse: That question is difficult to answer, I'll go with the flow, if you have prepared anything we can go from there.

Sam explained it was more about how the family has been experiencing Axel over the last few weeks, how things are.

Alphonse: Things have gone well, but the relationship I have I have lost the authority when something goes wrong for him to listen to me and he doesn't respect me as a father.

Was confusing as Laetitia was showing as being on screen but she was on mute and didn't answer questions.

He treats us differently (Mum and Dad) he is rough with me, I have to be careful what I say but I am not good at that. He gets offended by what I say and it upsets him. It's difficult to tread the line to not cross the line.

How does he respond different to his mum?

She comes across as properly nicer, mother tenderness, he has said before he doesn't like me and he hates me – I don't think he hates me he just doesn't respect me as a father.

Reflected on feeling like you are not being liked or listened to. How does that influence your interactions?

Axel will say when I come in -What you looking at me, here he comes Alphonse, he doesn't call me dad – he raises his voice when we talk to each other – Then Alphonse raises his voice and both end up shouting.

I expect him to always be like that and he expect same from me.

Bring me this etc – and I will do it.

When he talks to me he want me to look in his face and give full attention not be on the phone. If I don't go and say come here and talk it can kick off from there. I live on his terms.

Sam reflected that it sounds like a lot is on Axel's terms – Alphonse felt this fitted.

Sometimes I tell him it's not ok – but I don't think he understands.

Joan – reflecting about challenging him as a man/father gender challenge – Alphonse felt this fitted and noted he gets on well with females – has a soft side for women/mothers.

Alphonse reflected the common gender roles are reversed with Alphonse has been the main carers since Axel as a baby – he sees more of me than his mother – his mum speaks differently to him with a soft voice and with food.

Joan wondered if Alphonse gets more of the difficult behaviour as he is around more so there are more opportunities. – Alphonse felt this was true and reflected that.

Joan and Sam reflected that Alphonse also has a soft voice

Axel: I think he worries me, if he wants it, he expects me to go and get it, he will crush break things then totally forgets and talks to me about the news. I understand that he is not ok he is not well so I treat him as a person that doesn't understand and can't be blamed for his temper.

Sam – Theme of loss of authority, having to parent in different style with ASC in mind, reflected that parents are having to change allot. Reflected that Alphonse was striving to be calm and try to achieve a way of parenting a way that helps Axel. – Alphonse felt this wasn't a new parenting style and reflected he has always giving in allot.

Alphonse: If I say no he just says why, why, and I have to find something to say because if I don't I get punished and if I don't I get punished. I have to give an answer. If I say I have the right not to answer that question he says no you don't. Sam reflected on how hard Alphonse is working to try and help the situation.

Its not normal he should be going out and having friends, but we are coping well – during talking Axel came into the room – Alphonse was asked to go upstairs so he moved and went off screen/mute. He asked for Laetitia to take over but again we couldn't see or hear her.

Discussed safety with Alphonse being in the room without Axel and whether he felt ok to carry on. Alphonse agreed he felt ok.

Sam reflected that while Alphonse has said he has found a way of coping but I felt tension and stress from that interaction (when Axel came into the room)

Alphonse signal went a bit so it was hard to hear him.

Joan reflected about the themes of control and manipulating the situations – validated what Alphonse had been talking about.

Felt that the things offered such as talking therapy/psychotherapy wasn't meeting the need for understanding what is going on and felt there were other services to get to the bottom of what is going on with Axel. He doesn't trust or reason like a normal 16-year-old – he is always right, weather he is wrong or right. Facing someone not making sense. His anger - you know if you say something there would be a war. Its difficult so just adapt. He is a nice boy but he is not well.

Difficulties around school withdrawing the placement as he is not attending - added pressure.

He is really strict in his punishment. Don't know where he gets it from.

Everything is about anxiety

Fears around Axel being sectioned so want to make sure he can stay at home and stay healthy. Want him to stay at home and have him here. Worried about Axel being in trouble. Anger management problems.

Joan reflected – what about Alphonse feeling happy in the home – what would need to happen for him to feel safe and happy in his home. What else might help?

He is a good person if I change things and control the situation – so I am happy.

As session overran due to starting late there was not time for reflections.

Next appointment – thinking about whether Laetitia will be able to make it - difficult with dates and days. Booked next session just Sam as had to be a different day.

Michelle Warner
Keyworker & Systemic Family Practitioner

Sefton Specialist CAMHS
2nd Floor Burlington House
Crosby Road North
Waterloo
L22 0PJ

DPA

*My regular working days are 10 am -6 pm Monday – Wednesday. This email inbox is not monitored outside of these hours and not monitored when I am in meetings or on leave. If you are worried about a child or young person, please telephone Sefton CAMHS on **DPA** Mon-Fri 9 am-5 pm or contact the CAMHS Crisis Line on freephone **DPA** or **DPA** now open 24/7.*

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 23 August 2022 12:34
To: SeftonCAMHSAdmin
Subject: RE: FT Appointments

Thank you so much

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

From: SeftonCAMHSAdmin
Sent: 23 August 2022 12:33
To: Coppard Sam
Subject: RE: FT Appointments

All on meditech now and will get Anne Marie to print and send out the letters today.

Thanks Sam

Colette

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 23 August 2022 10:21
To: SeftonCAMHSAdmin <SeftonCAMHSAdmin@alderhey.nhs.uk>
Cc: Warner Michelle A. <MichelleA.Warner@alderhey.nhs.uk>; Alder Hey <alderhey022414@gmail.com>
Subject: FT Appointments

Sorry for my last two emails:

This is accurate –

Please can these be booked the system please for FT Southport

DPA

Joan/Sam	
Sam	
Michelle	

DPA				Sam	
22-Sep-22	12.30	Axel Rudakubana	DPA	Sam/Joan/Michelle	
DPA				Sam	
				Michelle	

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children’s NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone **DPA**

From: Maguire Sarah <Sarah.Maguire@alderhey.nhs.uk>
Sent: 16 September 2022 12:08
To: Coppard Sam
Subject: Axel Rudakubana

Hi Sam

Mum has called to cancel apt on 22nd September. She said she has emailed you to request an alternative date.

Thanks
Sarah

Sarah Maguire
Pathway Co-ordinator for Psychiatry
Alder Hey Children's NHS Foundation Trust
Sefton Specialist CAMHS
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Tel: DPA
sarah.maguire@alderhey.nhs.uk

From: Maguire Sarah <Sarah.Maguire@alderhey.nhs.uk>
Sent: 11 October 2022 12:53
To: Coppard Sam
Subject: Axel Rudakubana

Hi Sam

Mum has asked if you can give her a call before today's appointment

DPA

Thanks
Sarah

Sarah Maguire
Psychiatry PCO

Sefton Specialist CAMHS
Alder Hey Children's Hospital NHS FoundationTrust
Second Floor
Burlington House
Crosby Road North
Liverpool L22 0PJ

Tel: **DPA**

email: sarah.maguire@alderhey.nhs.uk

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 01 November 2022 14:42
To: SeftonCAMHSAdmin
Cc: Alder Hey
Subject: FT Appointment

Hi please book an appointment for:

Axel Rudakubana [DPA] on 29th November 12.45 online (MS Teams Link sent separately by me) Sam & Joan - Southport Family Therapy

Thank you

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : [DPA]



From: Morris Kathryn <Kathryn.Morris@alderhey.nhs.uk>
Sent: 13 December 2022 10:28
To: Williams Sally; Dunn Julia
Cc: Coppard Sam
Subject: RE: AXEL MUGANWA RUDAKUBANA [DPA]

Good morning Sally

Unfortunately I am struggling to engage Axel with CAMHS sessions, I have met him once to date at Southport Hub after a lot of DNA's. I am waiting to hear from Dad to see if I can arrange a home visit in the hope I can start to build engagement with Axel.
I will make contact with Dad this week and discuss CBT, however I am not hopeful that Axel will engage with this.

Kate

Kate Morris
Mental Health Practitioner
Sefton Specialist CAMHS
Burlington House, 2nd floor
Crosby Road North
Waterloo L22 0PJ

From: Williams Sally
Sent: 12 December 2022 15:41
To: Dunn Julia ; Morris Kathryn
Cc: Coppard Sam
Subject: RE: AXEL MUGANWA RUDAKUBANA [DPA]

Hi Kathryn
I haven't heard back from you regarding a CBT appointment for Axel. I am able to offer him an appointment on Monday 9th January at 11am at Southport Centre for Health and Wellbeing. I've put a note onto the waiting list to this effect, Julia.

I am happy to go ahead and offer this. However, if he does not attend then I will close him to the CBT list at this time and he will have to be re-referred.

Best wishes

Sally
Sally A Williams
Specialist Practitioner *(Please note I am in CAMHS on Mondays and Tuesdays)*

Phone Number: [DPA]

Burlington House 2nd Floor
Crosby Road North
Waterloo
L22 0PJ

This message is intended for named addressees only and may contain confidential, privileged or commercially sensitive information. If you are not a named addressee and this message has come to you in error you must not copy, distribute

or take any action on its content. Please return the message to the sender by replying to it immediately and then delete it from your computer and destroy any copies of it.

If you are concerned about a young person's mental health there is a Free phone number so you can contact the Crisis Team, which is DPA

If you need to speak to someone please contact the office on DPA or if you have concerns which are urgent regarding someone at immediate risk please call our CAMHS crisis line on DPA or 999

From: Williams Sally

Sent: 05 December 2022 14:44

To: Dunn Julia <Julia.Dunn@alderhey.nhs.uk>; Morris Kathryn <Kathryn.Morris@alderhey.nhs.uk>

Cc: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>

Subject: AXEL MUGANWA RUDAKUBANA DPA

Hi Julia and Kathryn

I am able to take another case off the CBT waiting list. Just to let you know I am waiting to hear if the top 2 cases are currently being seen. However if they are then I may be in a position to take Axel off the list and offer him CBT. I have checked back through the notes and can see that attendance is an issue for Axel. I am able to see him face to face at Southport Centre for health, which I think he is familiar with.

Please can you let me know if he is still awaiting CBT.

Many thanks

Sally

Sally A Williams

Specialist Practitioner *(Please note I am in CAMHS on Mondays and Tuesdays)*

Phone Number: DPA

Burlington House 2nd Floor
Crosby Road North
Waterloo
L22 0PJ

This message is intended for named addressees only and may contain confidential, privileged or commercially sensitive information. If you are not a named addressee and this message has come to you in error you must not copy, distribute or take any action on its content. Please return the message to the sender by replying to it immediately and then delete it from your computer and destroy any copies of it.

If you are concerned about a young person's mental health there is a Free phone number so you can contact the Crisis Team, which is DPA

If you need to speak to someone please contact the office on DPA or if you have concerns which are urgent regarding someone at immediate risk please call our CAMHS crisis line on DPA or 999

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 11 January 2023 11:32
To: Thompson Leah
Subject: RE: [DPA] Subject Access Request - Consent to Release and Redactions CAMHS - Backlog Case

Hi Leah, The documents for Skott Morgan, Samantha Steed and me are suitable for release.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone [DPA]



From: Thompson Leah
Sent: 06 January 2023 14:53
To: Morgan Joanne ; Coppard Sam ; Steed Samantha ; Ramasubramanian Lakshmi ; Morgan Skott ; Dutton Carl ; Dayus Beverley ; Dawber Kerry ; Boggan Lynsey
Cc: Pounton Jacqui ; Cooper Lisa ; Greer Rachel ; Access to Health Records Group
Subject: [DPA] Subject Access Request - Consent to Release and Redactions CAMHS - Backlog Case

Good afternoon Everyone,

Our Ref: [DPA]
[DPA]

Name - Axel RUDAKUBANA

The Trust has received a Subject Access request relating to the above patient, therefore in line with the Trust's Subject Access Request procedure you have been identified as either a lead clinician(s) or appropriate clinician(s) to be approached for consent to release the patient's clinical records.

Please could we ask if you could review the attached request along with the patient's records in the below link for you to be able to provide your consent for their release. If you require any redactions to be applied to any of the documents prior to their disclosure then if you let us know what they are and the reason i.e. '**3rd Party Information**' or '**Likely to cause serious harm to the physical or mental health of any individual**' and we will ensure that this is actioned accordingly for you before their disclosure.

To help ensure that we disclose these documents within the required timeframe can we please ask that you response to this email within the next 5 working days (**Friday 13th December 2022**).

If you feel you will be unable to meet this deadline for any reason, then please could you let us know as a matter of priority along with a date that we could expect them so that we can liaise with the requester so see if we can negotiate the disclosure date.

Thank you in advance for all your help as always with the above.

Kind regards

Leah Thompson | Digital Administrator

My pronouns are: She/Her

Alder Hey Children's NHS Foundation Trust | e: leah.thompson@alderhey.nhs.uk

Submit [Support Ticket](#) | [Give Me Feedback](#) | [Digital HUB](#)



 Please consider the Environment before printing this email

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 20 April 2023 09:16
To: [REDACTED] DPA Warner Michelle A.
Subject: RE: AR (FT Appt)

Hi Alphonse – it will be online with me on MS Teams as we arranged.

Samuel Coppard
Assistant Clinical Lead / Family & Systemic Psychotherapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : [REDACTED] DPA



From: [REDACTED] DPA
Sent: 19 April 2023 16:19
To: Coppard Sam [REDACTED] DPA Warner Michelle A.
Subject: Re: AR (FT Appt)

Hi Sam,

We received an appointment letter for Tuesday 25/04/23 at 12.45pm in person at Southport Health and Wellbeing Centre.

We wanted to say that we will both be attending online by Teams because one of us has to be home with Axel. We hope that's okay with you. Please confirm the Teams link.

Many thanks,

Laetitia and Alphonse

On Thu, 30 Mar 2023 at 13:50, [REDACTED] DPA
[REDACTED] DPA wrote:

Hi Sam,

As I mentioned in my previous email, Laetitia must attend all our family meetings for these sessions to benefit our family as a whole. I proposed any date and time in the week starting Monday 24th April.

Here is our availability for the month of May: 15th, 16th, 17th then 22nd - 26th May.

Thanks,

Alphonse

On Tue, 28 Mar 2023 at 18:12, Coppard Sam
<Sam.Coppard@alderhey.nhs.uk> wrote:

Hi Both, can you meet with me at this time on Tuesday 18th April?

I appreciate Laetitia may not have time off but I want to make sure we get some time together Alphonse. If Laetitia can join then that will be superb though.

Microsoft Teams meeting

Join on your computer, mobile app or room device

[Click here to join the meeting](#)

DPA

[Download Teams](#) | [Join on the web](#)

[Learn More](#) | [Meeting options](#)

From: Blake Lorraine <Lorraine.Blake@alderhey.nhs.uk>
Sent: 28 March 2023 09:32
To: Coppard Sam
Subject: RE: on site

Morning Sam,

Thank you 😊

From: Coppard Sam
Sent: 28 March 2023 09:27
To: Blake Lorraine
Subject: on site

Morning Lorraine,

Just arrived – have come straight to room as first session is 9.30

DPA

DPA

Axel Rudakubana 12.45 (online)

Samuel Coppard
Assistant Clinical Lead / Family & Systemic Psychotherapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA



From: Molyneux Anthony <Anthony.Molyneux@alderhey.nhs.uk>
Sent: 10 April 2023 15:11
To: Morris Kathryn; Coppard Sam
Subject: AR DPA

Hi both

Just doing a bit of housekeeping here

I wonder whether it would be good to have a bit of a joint catch-up re Axel Rudakubana?

I was supposed to see Axel again recently at the Hub on Mon 27th March, though unfortunately had to postpone the appointment to later that week, on Thu 30th Mar – which they then DNA'd

Tbh it doesn't really feel like I'm getting anywhere with this case: it feels like Axel, to the extent that he does engage, has unrealistic expectations of a magical medication solution to his predicament

Like I say, I'm not sure what the solution is...Also I have worries about the reliability of the medication monitoring and consistency of dose etc given the evident extent of parental over-accommodation as regards leaving Axel to his own devices on demand

Would be good to discuss further

Speak soon hopefully

Dr Anthony Molyneux
Consultant Child and Adolescent Psychiatrist
Neurodevelopmental Lead for Psychiatry

Sefton Specialist CAMHS
Alder Hey Children's Hospital NHS FoundationTrust
Second Floor
Burlington House
Crosby Road North
Liverpool L22 0PJ

Tel: DPA Sefton Office (non urgent)
Tel: DPA (Crisis Care)
Alternative email: Sefton.Camhs@nhs.net

From: Blake Lorraine <Lorraine.Blake@alderhey.nhs.uk>
Sent: 25 April 2023 09:40
To: Coppard Sam
Subject: RE: FT Clinic



From: Coppard Sam
Sent: 25 April 2023 09:39
To: Blake Lorraine
Subject: RE: FT Clinic

Yes – that great

Samuel Coppard
Assistant Clinical Lead / Family & Systemic Psychotherapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone DPA



From: Blake Lorraine <Lorraine.Blake@alderhey.nhs.uk>
Sent: 25 April 2023 09:36
To: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Subject: RE: FT Clinic

Good morning Sam,

Thank you. Are you ok for me to call you once young person has arrived?

Lorraine

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 25 April 2023 09:25
To: Blake Lorraine <Lorraine.Blake@alderhey.nhs.uk>
Subject: FT Clinic

Morning,

Me and Joan are on site. Michelle is due to join us for 11am

DPA

DPA

Axel R 12.45 (online)

Samuel Coppard

Assistant Clinical Lead / Family & Systemic Psychotherapist

Sefton Specialist CAMHS

Alder Hey Children's NHS Trust

Second Floor

Burlington House

Crosby Road North

Liverpool

L22 0PJ

Telephone

DPA



From: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Sent: 31 May 2023 12:58
To: SeftonCAMHS
Subject: MDT3 meeting 31.05.23
Attachments: MDT3 meeting 31.05.23.docx

Hi All,

Please see attached minutes for today's MDT 3 meeting. Let me know about any amendments as soon as possible.

Thanks

Marie

No Psych / 1 Group

MDT 3 – Wednesday 31st May 2023

PRESENT: Katrin Russell, Kate Morris, Bev Gerrard, Jai Kumar, Katie Jamieson, Tracy Hayes, Kostas Batzios

APOLOGIES: Sam Coppard, Rebecca Evans, Sameera Westcott, Lucy Gambles

ADMIN: Marie Disley

<u>Name of young person and AH number</u>	<u>Discussed by</u>	<u>Purpose of bringing case?</u> 1. Share formulation and care plan for review 2. Risk 3. Stuck case 4. Additional therapy requested	<u>Safeguarding</u>	<u>Outcome of themes</u> Specific Work – Change to Care plan Risk Plan
DPA	Kate Morris	DPA		DPA
Axel Rudakubana DPA	Kate Morris	Previously brought to MDT on 8th March 23. 16 years old and engagement with Kate is very poor. Axel has returned to Presfields school on a reduced timetable and now has a children and families wellbeing worker supporting him to get out of the home. She is working with him on his anxiety and coping skills and has made a referral to the youth team for support around confidence, independence and reintegration into the community. Axel sees Ant and is prescribed Sertraline and Melatonin. Axel and his parents are also having family therapy sessions with Sam.		Kate to discuss having a joint review with Ant to decide what her role should be. (possibly checking in on Axel periodically).

DPA

**Kate
Morris**

**Katrin
Russell**

**Bev
Gerrard**

**Bev
Gerrard**

DPA

DPA

Tracy
Hayes

Tracy
Hayes

CASE
MANAGER

Tracy
Hayes

DPA

CIN / CP CASES	CASE MANAGER		CIN / CP CASES	CASE MANAGER
DPA	Linda Rowley	DPA		
	Vicky Killen Katrin Russell			
	Vicky Killen			
	Lakshmi Ram			
	Tracy Hayes			
	Tracy Hayes			
	Kate Morris Katrin Russell			
	Kate Morris			
	Kate Morris			
	Kate Morris			
	Katie Poskitt			

DPA

Katie
Poskitt

Katie
Poskitt

Katie
Poskitt

Katie
Poskitt

Katie
Poskitt

Ivan
Boggan

Ivan
Boggan

Ivan
Boggan

Ivan
Boggan

Ivan
Boggan

Ivan
Boggan

Katie
Jamieson

Bev
Gerrard

DPA

DPA

Bev Gerrard
Sameera Westcott
Sameera Westcott
Sameera Westcott
Sameera Westcott
Sameera Westcott
Discussed by
CASE Manager
Linn Rowley
Claire Kitson
Kate Morris
Case Manager
Ivan Boggan

DPA

DPA

DPA

Ant
Molyneux

Tracy
Hayes
Ant
Molyneux

Ivan
Boggan

Vicky
Killen
Katrin
Russell

Katrin
Russell

Bev
Gerrard

Vicky
Killen

Discussed
by

Vicky
Killen

Vicky
Killen

Vicky
Killen

PROFESSIONALS
MEETINGS FOR:

ATTENDED
BY

DATE OF MEETING

Discharges	Clinician	Outcome	
YOUNG PEOPLE FOR ESCALATION	Discussed by	<u>Purpose of bringing case?</u> 4. Share formulation and care plan for review 5. Risk 6. Stuck case Additional therapy requested	Outcome
Admin Issues			
A.O.B.			
		MDT is onsite next week.	
Good news / good outcomes / training/			

From: Morris Kathryn <Kathryn.Morris@alderhey.nhs.uk>
Sent: 08 June 2023 10:31
To: Coppard Sam
Subject: AR - DSD Rating
Attachments: DSD Rating Tool 07.06.23.xlsx

Hi Sam,

In MDT yesterday we spoke of Axel and completing the DSD Rating Tool. I have done that now and attached if you can review and check I have done it right. I have only ever completed updates of DSD when requested, so its new for me to complete one from the start.

Do I need to share this with anyone now its complete?

Cheers

Kate

Kate Morris
Mental Health Practitioner
Sefton Specialist CAMHS
Burlington House, 2nd floor
Crosby Road North
Waterloo L22 0PJ

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 07 June 2023 10:25
To: Williams, Ashleigh
Subject: Tentative: Axel TAF Meeting

From: Molyneux Anthony <Anthony.Molyneux@alderhey.nhs.uk>
Sent: 10 October 2023 12:25
To: Thornton Laura
Cc: Morris Kathryn; Coppard Sam
Subject: FW: [DPA] Axel Rudakubana
Attachments: Scanned_from_a_Lexmark_Multifunction_Product10-10-2023-111513.pdf

Thanks Laura

Am just Cc'ing in Kate and Sam in my absence as there are ongoing discussions around Axel being discharged from CAMHS; this may well further inform those discussions

Bw

Ant

Dr Anthony Molyneux
Consultant Child and Adolescent Psychiatrist
Neurodevelopmental Lead for Psychiatry

Sefton Specialist CAMHS
Alder Hey Children's Hospital NHS FoundationTrust
Second Floor
Burlington House
Crosby Road North
Liverpool L22 0PJ

Tel: [DPA] Sefton Office (non urgent)
Tel: [DPA] (Crisis Care)
Alternative email: Sefton.Camhs@nhs.net

From: Thornton Laura
Sent: 10 October 2023 12:22
To: Molyneux Anthony
Subject: [DPA] Axel Rudakubana

Hi Ant,

Please see attached letter that came for you in the post r.e. Axel.

Thank you,

Laura Thornton
Receptionist
Sefton CAMHS
2nd Floor Burlington House
Crosby Road North, Waterloo
Liverpool L22 0PJ

[DPA]

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 20 February 2024 08:49
To: [REDACTED] DPA
Subject: RE: Family Therapy

Morning,

We have had a cancellation for today at 12.45. I will send you a link so we can meet on MS Teams. The appointment will be with me and Michelle.

Sorry for the short notice – I hope this works for you.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone [REDACTED] DPA



From: [REDACTED] DPA
Sent: Friday, February 2, 2024 10:58 PM
To: Coppard Sam
Subject: RE: Family Therapy

Hi Sam,

No problem. Moreover, as Axel is no longer attending school, that means we are available all day on Tuesdays 20th and 27th February 2024.

Kind regards,

Alphonse

On Fri, 2 Feb 2024 at 14:53, Coppard Sam
<Sam.Coppard@alderhey.nhs.uk> wrote:

Thanks for getting back to me so quickly. If we get a cancellation on either of those dates I will be in touch with you.

Samuel Coppard

Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS

Alder Hey Children's NHS Trust

Second Floor

Burlington House

Crosby Road North

Liverpool

L22 0PJ

Telephone:



From:

Sent: 02 February 2024 13:06

To: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>; Bolger Joan <Joan.Bolger@alderhey.nhs.uk>; Warner Michelle A. <MichelleA.Warner@alderhey.nhs.uk>

Cc: Laetitia Muzayire

Subject: RE: Family Therapy

Hi Sam,

Thank you for your email.

I really want Laetitia and I to be there together to benefit from the therapy as a family. Please let us cancel this month's session and find a suitable date for March. I will update you with our availability ASAP.

Kind regards,

Alphonse

--bd--6e3e71317967444b937a31eff5a8a0c1

On Fri, 2 Feb 2024 at 12:10, Coppard Sam

<Sam.Coppard@alderhey.nhs.uk> wrote:

Hi Alphonse,

I have looked at our calendar band we are fully booked on those dates. Can we still meet on 6th February at 12.45?
Michelle and Joan are on leave so it will be just the two of us.

Samuel Coppard

Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS

Alder Hey Children's NHS Trust

Second Floor

Burlington House

Crosby Road North

Liverpool

L22 0PJ

Telephone DPA



From: DPA

Sent: 10 January 2024 17:36

To: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>; Bolger Joan <Joan.Bolger@alderhey.nhs.uk>; Warner Michelle A. <MichelleA.Warner@alderhey.nhs.uk>

Cc: Laetitia Muzayire DPA

Subject: Family Therapy

Dear All,

Here are Tuesdays where both Laetitia and I will be available for the therapy.

Tuesday 20 and 27 February 2024.

Thanks,

Alphonse

From: Roscoe Anne Marie <AnneMarie.Roscoe@alderhey.nhs.uk>
Sent: 12 January 2024 10:16
To: Coppard Sam
Subject: Axel Rudakubana DPA

Hi Sam

I have outcome the appt for the 9th Jan could you let me know the next date please? If it is on teams please send the link to the family and I will add as a community appt

Thanks

Anne-Marie Roscoe
Support Secretary
Sefton CAMHS
2nd Floor Burlington House
Crosby Road North, Waterloo
Liverpool, L22 0PJ
DPA

From: SeftonCAMHSAdmin <SeftonCAMHSAdmin@alderhey.nhs.uk>
Sent: 05 February 2024 09:53
To: Coppard Sam; SeftonCAMHSAdmin
Subject: RE: Southport FT Appointments

Done 😊

BW

Claire

From: Coppard Sam
Sent: 02 February 2024 12:20
To: SeftonCAMHSAdmin
Subject: Southport FT Appointments

Hi,

Can these be added to my resource:

6th February 12.45pm Axel Rudakubana DPA -online

DPA

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone DPA



From: Alphonse Rudakubana [DPA]
Sent: 22 April 2024 19:12
To: Sam.Coppard@alderhey.nhs.uk [DPA] Warner Michelle A.
Subject: Re: Family Therapy

Hi,

Please send us the Teams invite link for tomorrow's session.

Thanks,

Alphonse

--bd--6e3e71317967444b937a31eff5a8a0c1

On Tue, 26 Mar 2024 at 12:12, Alphonse Rudakubana wrote:

Hi Sam,

I am sad that you are leaving. This had never crossed my mind because you have supported us for a long time. We wish you the best for the future.

Regarding our family therapy, we would like our session on 23rd April to be our last as well mainly because you are leaving but also because it was coming to its end anyway and was going to happen bimonthly with June being the final session before Axel turns 18 years old. Please bring with you tips, information and signposts in our next and final session with Family Therapy for us as Axel is becoming an adult very soon!

You leave us stronger, more self-aware, and therefore, more resilient than before the family therapy began. We would like to take this opportunity to thank you and the Family Therapy team, notably Michelle and Joan for your patience, love and support for our family but more importantly for Axel.

Many thanks.

Kindest regards,

Alphonse, Laetitia and Axel

On Tue, 26 Mar 2024 at 10:11, Coppard Sam wrote:

Hi Alphonse & Laetitia,

I wanted to let you know, I will be leaving the service at the end of March but I will still be going ahead with our meeting April 23rd. I will be able to meet with you online at 11am with Michelle and it will be our last appointment. I wanted to let you both know in advance so it wasn't a surprise when we next meet.

Samuel Coppard
Assistant Clinical Lead / Family Therapist

Sefton Specialist CAMHS

Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone :



From: Thornton Laura
Sent: 05 March 2024 11:03
To: <Molyneux Anthony
Cc: <Coppard Sam; <Morris Kathryn
Subject: **DPA** Axel Rudakubana
Attachments: Scanned_from_a_Lexmark_Multifunction_Product05-03-2024-105853.pdf

Hi Ant,

Please see attached letter that came for you in the post r.e. Axel.

I've copied Sam and Kate in just for their info.

Thank you,

Laura Thornton
Receptionist
Sefton CAMHS
2nd Floor Burlington House
Crosby Road North, Waterloo
Liverpool L22 0PJ

DPA

From: Morris Kathryn <Kathryn.Morris@alderhey.nhs.uk>
Sent: 24 July 2024 11:40
To: Coppard Sam
Subject: RE: Axel

Fab thanks Sam – I have closed him on the system. Do you want to send your bits over and I will do the letter

Kate Morris
Senior Mental Health Practitioner
Sefton Specialist CAMHS

Burlington House, 2nd floor
Crosby Road North
Waterloo
L22 0PJ

Tel: DPA Sefton Office (non urgent)
Tel: DPA (Crisis care)
Alternative email: Sefton.Camhs@nhs.net

From: Coppard Sam
Sent: Tuesday, July 23, 2024 10:39 PM
To: Morris Kathryn
Subject: RE: Axel

Hi there,

Yeah joint letter is best – I will put stuff in and it can be an end of camhs letter

Samuel Coppard
Clinical Lead for Liverpool Fresh CAMHS, MHST and Enhanced Support Team

Alder Hey Children's NHS Foundation Trust
Eaton Road, Liverpool L12 2AP

Tel: DPA

From: Morris Kathryn <Kathryn.Morris@alderhey.nhs.uk>
Sent: Tuesday, July 23, 2024 10:06 AM
To: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Subject: Axel

Morning Sam

Hope you are well

I have had a look at Axel's notes and can see you have had your final FT session and ready to discharge – do you want to do a joint discharge letter? I don't have much to put in mine haha and don't want it to come across negative to parents as there has been no engagement.

What do you think?

I will update care plan, risk and current view etc

Kate Morris

Senior Mental Health Practitioner
Sefton Specialist CAMHS

Burlington House, 2nd floor
Crosby Road North
Waterloo
L22 0PJ

Tel: [DPA] Sefton Office (non urgent)

Tel: [DPA] (Crisis care)

Alternative email: Sefton.Camhs@nhs.net

From: Sam.Coppard@alderhey.nhs.uk
Sent: 24 July 2025 15:54
To: <Sam.Coppard@alderhey.nhs.uk>
Subject: Scan from Lexmark device
Attachments: Scanned_from_a_Lexmark_Multifunction_Product24-07-2025-145342.pdf

Please find attached your scanned document

DPA

DPA

Date	Time	Family	AH	Lead therapist	RT	f2f/online	Outcome	Any additional information
				Sam	*			
				Rebecca	Sam, Michelle			
				Michelle	Sam, Rebecca			
				*	*			
				Sam	Michelle			
				Michelle	Sam, Rebecca			
				Sam	*			
				*	Sam, Michelle, Rebecca, Joan			
				Michelle	Sam, Rebecca, Joan			
				*	*			
				Sam	Michell, Rebecca, Joan			
				*	*			
				Sam	*			
				Sam	Michelle, Rebecca, Emily			
				*	*			
				Michelle	Rebecca, Joan, Emily			
				Michelle	Rebecca, Joan			
				Sam	*			
				*	*			
				*	*			
				Sam	*			
				Sam	Emily			
				Joan/Sam	Michelle, Rebecca, Joan, Emily			
				Michelle	Rebecca, Sam			
				Sam	Joan			
				Sam	Michelle, Rebecca, Joan			
				Sam	Michelle, Rebecca, Joan			
				*	*			
				Joan/Sam	Michelle			
				*	*			
				Sam	*			
				*	*			
				*	*			
				Sam	Emily, Michelle (Joan A/L)			
				Michelle	Sam, Emily (Joan A/L)			
				Sam	*			
				Michelle,Joan	Sam A/L			
				*	*			
				*	Joan A/L			
				*	Michelle A/L			
				Sam/Joan	*			
				Sam/Joan	*			
				Sam	Joan			
				Michelle,Joan	Sam A/L			

DPA

DPA

DPA

16th August 2022

DPA
12.45pm

DPA
Axel Rudakubana

DPA

Sam	Joan
Sam	Joan
Michelle	Sam and Joan
Sam	*
Sam	Joan
Sam	*
*	*
*	*
Michelle	Sam, Joan
*	*
Sam	Joan
Michelle	Sam, Joan
Sam	*
Sam/Joan	*
*	*
*	*
Sam	Joan, Michelle
*	*
Sam	Joan
Sam	Joan
Michelle	Sam, Joan
Sam/Joan	*
Sam/Joan	Michelle
*	*
Sam	*
Sam	*
*	*
Sam	*
*	*
Michelle	Joan
Joan/Sam	
Sam	Joan/Michelle
Michelle	Joan/Sam
*	*
Sam	*
Joan	Sam
Michelle	Sam/Joan
*	*
Sam	*
Joan	*
*	*
*	*
*	*
*	*
Sam	Joan
Sam	Joan/michelle
Sam	Joan/Michelle
Joan	Sam
Michelle	Joan/Sam
Michelle	Joan
*	*
*	*

Online

Attended

DPA

DPA

DPA

DPA

DPA

DPA

DPA

*	*
Sam	Sam
*	*
Sam	*
Sam	*
Sam	*
Michelle	Sam/Joan
Michelle	Sam/Joan
*	*
Sam	Joan
Sam/Joan/Michelle	Ending
Sam	*
Sam	*
Michelle	Sam
Sam	*
Joan	*
*	*
Michelle	Sam/Joan
sam	*
Sam	Joan
Sam	Michelle, Joan
Sam	Joan
Michelle	Sam, Joan
*	*
sam	*
Sam	Joan
*	*
*	*
Lindon	Sam/Joan
sam	
Sam	Joan
Michelle	Joan
T & L	Sam
Sam	Joan
Sam	Joan
Sam	Joan
Sam	*
Sam	Joan
*	*
T & L	Sam/Joan

29th November 2022

DPA
17.00pm

DPA
Axel Rudakubana

DPA

*	*
Michelle	Sam/Joan
Sam	Joan
*	*
Sam	*
Sam	Joan
Sam	Joan
Sam	Joan
Sam	*
Sam	Joan
*	*
T & L	Sam/Joan

online

DPA

[illegible]

24th

12.45

Axel Rudakubana

Sam

Joan

Date	Time	Family	AH	Lead therapist	RT	f2f/online	Outcome	Any additional information
DPA			DPA	*	*	DPA		
				Michelle	Joan			
				Joan	*			
				Sam	Michelle and			
				Michelle	Joan			
				Michelle	Joan			
				Joan	Sam			
				Sam	Michelle and Joan			
				Michelle	Sam and Joan			
				*	Sam/Joan			
				Michelle	Sam and Joan			
				Sam	Michelle and Joan			
				Sam	Joan			
				Joan	Sam			
				Michelle	Joan and Sam			
				Sam	*			
				*	*		Sam Training	
				Michelle	Joan			
				Joan	Sam		Michelle Training	
				*	*			
				Joan	Sam			
				Sam	*			
				Sam	Michelle			
				*	*			
				*	*		Joan AL	
				Sam	*			
				Joan	Sam and Joan			
				*	Sam			
				*	*			
				Sam	*		Joan AL	
				*	*			
				sam	*			
				*	*			
				Michelle	Sam		Joan AL	
				*	*			
				Sam	*			
				Sam	*			
				Michelle	Sam		Joan AL	
28th March 2023	12.45pm	DPA Axel Rudakubana	DPA	Sam	Michelle	Online	attended	
DPA		*	*	*	*	*	*	
		*	*	*	*	*	*	Sam Training
		*	*	*	*	*	*	Michelle AL
		*	*	*	*	*	*	

DPA

DPA

DPA

25th April 2023

DPA
Axel Rudakubana

12.45pm

Sam

Michelle/Joan

online

attended

Sam AL
Michelle AL

Michelle AL

DPA

Sam Training

sam leave

Sam and Michelle Training

Katie (exam)

Sam Training

18th July 2023

DPA

	12.45pm	Axel Rudakubana	DPA	Sam	Joan/Michelle	online	attended	
DPA								
								Joan A/L Sam A/L Michelle A/L
								Sam A/L
								Sam A/L
								Katie off - bday
								Sam A/L Katie off
12th September 2023	12.45pm	Axel Rudakubana	DPA	Joan	Katie	online	attended	Sam A/L Michelle A/L
DPA								
								closed to FT
								Michelle @ Uni Workshop Katie's last FT session
								closed to FT

7th November 2023	12.45pm	Axel Rudakubana	DPA	DPA	sam	michelle/joan	online	attended	
DPA									
DPA									Sam Training
26th December	9.30am 11.00am 12.45pm			BANK HOLIDAY			BANK HOLIDAY		

Date	Time	Family	AH	Lead therapist	RT	f2f/online	Outcome	Any additional information
DPA								No Clinc as all on A/L
								*
9th January	12.45pm	Axel Rudakubana	DPA	Sam	Joan/Michelle	Online	attended	
DPA								
6th Febuary	12.45pm	Axel Rudakubana	DPA	Sam	*	online	cancelled	Joan A/L Michelle University
DPA								
20th February	12.45pm	Axel Rudakubana	DPA	Sam	Michelle	f2f	attended	Joan A/L
DPA								

DPA

23rd April	11.00am	Axel Rudakubana	DPA	Sam	Michelle	Online	attended
------------	---------	-----------------	-----	-----	----------	--------	----------

DPA

Sam A/L
Michelle A/L
No clinic

closed to FT

closed to FT

Systemic consoultation

Supervision

SFP s1

SFP s1

Michelle @ Uni

SFP s2

SFP s2

No more Joan :(

SFP s3

SFP s3

SFP s4

SFP s4

Hoping Michelle Survived her MSC!!

SFP s5 - review

SFP sessions

