

RUDAKUBANA, AXEL MUGANWA

Session Note

V00006013350

DPA

CAMHS - Session Note

Information::

From: Molyneux Anthony <Anthony.Molyneux@alderhey.nhs.uk>

Sent: Monday, September 25, 2023 7:03 pm

To: Morris Kathryn <Kathryn.Morris@alderhey.nhs.uk>

Subject: AR

EMAIL TO C/M KATE MORRIS FOLLOWING HOME VISIT

Hi Kate

Just wondering if it's worth a catch-up re Axel Rudakubana?

I've just come back from a home visit now (Mon 25th Sep, approx 5:30pm) and tbh I'm struggling to see if there's any further role for psychiatry (or CAMHS as a whole)?...

I'm sure much of this will be known to you already, but am documenting also so I can cut and paste into my notes really...

- H/v prompted by fact that Axel has been refusing to attend meds reviews; i haven't seen him for over 6 months
- When I turned up I spoke with dad Alphonse - turns out Axel hasn't been taking his meds for the last 2 months or so anyway
- Axel had gone up to his bedroom prior to my arrival at the house, and remained there throughout my visit
- Alphonse as usual saying there is nothing he can do to mark Axel do anything he doesn't want to do; would seem that Axel tends to get aggressive if dad tries to suggest he should do something he doesn't want to do, so dad avoids this
- Axel apparently hasn't attended college this term, and only attended a couple of times last term; apparently he would attend if all he had to do there was have a chat with the teachers; as soon as they tried to introduce English and maths he disengaged
- Axel apparently hasn't left the house over the last few months
- Apparently Axel hasn't had a bath or a shower in the last month or so - dad thinks this is because Axel is avoidant of the limescale in the bath; he apparently does brush his teeth though
- Early Help are apparently closing the case
- Seems though that there is a social worker involved? And that plan is for Axel to be under "transition team" which apparently covers from 17-19yo?
- Alphonse says Axel is eating well and gaining weight since he stopped his sertraline; on the couch in the living room were foodstuffs, crockery, and cutlery from where Axel had evidently been eating prior to my arrival
- Alphonse says Axel seems happy just doing what he wants to do: he is apparently teaching himself the family's native African language; seems to spend all his time watching videos online, including late into the night; Alphonse can often hear him laughing at same
- Sam still apparently continues to see mum and dad for online FT; seem to recall though Alphonse saying there wasn't an appointment booked for October?

CAMHS - 04 - Session Note

Hope this makes sense? As I say, would welcome your thoughts re how to proceed. Feels to me defo like social care, but prob not for us? (Esp after all this time)

Speak soon

Ant

SUMMARY OF CURRENT CAMHS MEDS

- Nil [sertraline formally stopped as above]

PLAN:

- Meds as above
- Will d/w Kate Morris/Sam Coppard re ?future role for psych and CAMHS
- No further psych appointments booked in at this time, therefore

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Session Date: 25/09/23

Session Start Time: 17:00

Session End Time: 18:00

Session Duration (mins):: 1 hours and 0 minutes

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Event/Session Contact Medium: Face to Face

Details

Location: Home

Service: Sefton Specialist

Attending Professionals: Medical Professional

Attending Professional(s) Details: AJM, cons

Clinicians Present

Clinician Present:: Anthony Molyneux

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Young Person and Family Attendance (Tick all the apply):: Parent or Carer

Action: ***Please record details against each selected response***

Advocate in attendance: N/A

CAMHS - Session Intervent

Interventions

Type of Intervention:: Individual

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Current Risk Identified: Yes

Specify: - potential social care/Safeguarding type risk in relation to Axel not evidently engaging with any education or other similar life functioning (see notes); unclear that there is any specific mental health related risk however, and Axel continues evidently to be clear by his actions and what we know of his statements that he does not wish to engage with CAMHS

Action: Please Update Care Plan

Change to current Care Plan: No

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Action: ** Click 'Add Content' and Complete the 'Outcome Document' **