RUDAKUBANA,AXEL MUGANWA Male DOB: 07/08/2006 MedRec# DPA

07/01/22 14:45 - CAMHS - Session Note by Samantha Steed
Acct Num: V00003861759 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 07/01/22 15:08:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 06/01/22
Session Start Time: 16:00
Session End Time: 17:00
Session Duration (mins):: 1 hours and 0 minutes

- -
Event/Session Contact Medium: Telemedicine Web Camera
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Oth Locations not Classifications (WFH)
Additional Location Info: Other (WFH)
Service: Sefton Specialist
Attending Professionals: Social Work Professional

- Clinicians Present
Clinician Present:: Samantha Steed

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person
Action: ***** Please enter names in the field below *****
Names: Axel Rudakubana
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Core Partnership

CAMHS - Session Intervent

- Interventions

Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Assessment Engagement, Other - Need to Specify (One page view re EHCP)

- -
Clinical Notes::

Completed one page view re EHCP.

Axel talked about wanting to tell me something but said it needed to be face to face - I explained that ideally it would be helpful to have more info so I can assess risk and whether there is a need for face to face given current climate. I explained this to Axel. He said that he could not talk to me over the phone at home as he was concerned someone might hear.
Axel shared he has not been into school but would be going tomorrow. We agreed for me to call him when at school tomorrow - I agreed to email his teacher and ask if he can have a room and access to telephone for a private call. Axel agreed to this so that i could gain more information from him.

Axel said that he is struggling with his anxiety - he did not intimate any self harm suicidal ideation - he talked about having no friends and no interaction with anybody.
We talked about the plan for Michelle Warner to become involved. Axel seemed ok re this. I asked if he is still working with Carl and he said he has not seen him as he has not been at school.

I will ask admin to attach the one page view re EHCP.

Next session 7th January 11.30am to complete EHCP draft with parent and other professionals.
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Clinic
Today's Consultation Type is?: Telephone consultation

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Subsequent Activity
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist

CAMHS - Type of Appointment: Core Partnership (Follow up)

- Appointment Details
Next Appointment: Same Clinic
Future Appointment Consultation Type: Telephone consultation (Review of DRAFT ECHP)
Follow Up Time Frame: Days
Follow Up Time Frame: 1
Next Appointment Date (specific date): 07/01/22
Appointment Time:: 11:30
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Tolerance Instruction: ** 0 Tolerance means the patient must attend in the time scale recorded above **
Overbook the Clinic if necessary: Yes
Appointment Location: Other
Specify Community/Other Location: TEAMS - Review of Draft ECHP
Is the patient aware?: Yes
Does the patient need a letter?: No
Room Required: No
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Steed,Samantha on 07/01/22 15:08 **
Initialized on 07/01/22 14:45 - END OF NOTE

10/01/22 17:42 - CAMHS - Phone Contact by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 10/01/22 17:55:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 10/01/22
Time:: 10:45
Call Duration (mins):: 5

- -
Call Type:: Call Recieved
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Alphonse Rudakubana
Staff Member:: Samantha Steed
Service: Sefton Specialist

- -
Call Reason:: Discussion or Information Sharing
Contact Medium: Telephone
Discussion:

Hi Sam, Axel didn't go to school today. He said unless he sees you (in person), he will not go to school. I think you should give him an appointment to come to see you. Thanks. Alphonse.

Above text msge rec'd from Dad.

I telephone Mr Rudakubana in response to explain again that Face to Face appointment are currently being offered for high risk patients and I also explained the difficulty that Axel will not intimate what he wants to talk to me about i.e. whether it is increased risk or a safeguarding issues so as such he cannot demand to be seen or try and manipulate me, I expressed the importance of his father reiterating this and as Axel has done the same to his father stating that he will not attend school unless his father does what he wants. There is a TAF mtg tomorrow so I will address this then. Mr Rudakubana said he was not aware of the mtg tomorrow and did not have the link re TEAMS - I sent him the link. seemed to take on board what I said. I reiterated to him that there is a plan in place for Key Worker to become involved and offer face to face contact - they are due to meet tomorrow.

I reiterated to Mr Rudakubana that it is important for Axel to know that it is not right to make such demands and that he needs to attend school everyday and not refuse due to no face to face appointment with me. I have offered Axel the chance to discuss what his concerns are via phone at Acorns (I did not state to Dad that that this was because he was worried someone would overhear him at home). Axel is aware that I am looking into what I can offer him and that he has a face to face appointment arranged with Michelle for tomorrow - I have let him know that he can speak to Michelle also. It is worth noting that Mr Rudakubana has previously made demands for face to face appointments via Psychiatry and the context of the current pandemic and impact on CAMHS working has had to be reiterated several times.

I explained that I may be late to the TAF mtg due to having another mtg booked in at the same time.

** Electronically signed by Steed,Samantha on 10/01/22 17:55 **
Initialized on 10/01/22 17:42 - END OF NOTE

11/01/22 13:20 - CAMHS - Session Note by Samantha Steed
Acct Num: V00003879549 DOB: 07/08/2006 Patient Age: 15

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 11/01/22
Session Start Time: 13:10
Session End Time: 14:10
Session Duration (mins):: 1 hours and 0 minutes

- -

Event/Session Contact Medium: Telemedicine Web Camera
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Oth Locations not Classifications (TEAMS)
Additional Location Info: Other (WFH TEAMS)
Service: Sefton Specialist
Attending Professionals: Social Work Professional

- Clinicians Present
Clinician Present:: Samantha Steed

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person
Action: ***** Please enter names in the field below *****
Names: Axel Rudakubana
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Specific Work (TAF Mtg)

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Other (TAF mtg)

- Actual Intervention
Actual Intervention:: TAC Meeting

- -
Clinical Notes::
TAF mtg
Alphonse Rudakubana
Axel Rudakubana
Sam Steed CAMHS
Louise Lewis Early Help W LAncs
Sharon Barrett Early HElp Manager W LAncs.
Apologies Maggie Allred. CArl Targeted Youth Support - W Lancs

Targeted Youth Worker now involved again Carl. Sessions will be once weekly for 6 weeks.

Sam Steed raised issue of Axel saying he is hungry. Dad says Dietician prescribed shakes for Axel. Axel won't drink them doesn't like the consistency or flavour/taste.
Will eat Dad's spaghetti bolognese but not much else. Dad still going to Mcdonalds for Axel. Axel said his dad got 3 recipe books, asked him to choose what he can cook. Mongolian stir fry. Dad was meant to cook it yesterday and didn't Axel afronted by this. Dad got the ingredients today and said he was exhausted trying to find all of it.

Axel said he doesn't respect his dad because of thing she has done.
He talked of a time when Alphonse said that Axel was hitting his brother and hit him. Axel sad this was regular sibling behaviour. Axel talked of being hit with a slipper on his bottom and chest. Alphonse did not deny this and said he did this

Axel hurt by Alphonse having hit him in the past - Axel states that Alphonse is a bad person. Alphonse admits having hit Axel. Loise reiterated that Triple P does nto support physical chatisement.
Axel feels that Alphonse only wants to acknowledge Autism when it suits him.
Alphonse saying that Axel has an issue with his culture - Axel afronted and frustrated by Alphonse's comments.

Axel said again that Dion is in a wheelchair because of Alphonse. DPA DPA He questioned himself as to wheterh this was the correct terminology then repeated it again. Sharon shut Axel's comments down saying that his comments are unfounded and have been investigated by Social care. Axel insisted this to be the case saying that Alphonse made Dion use a wheel chair.

I reiterated that Axel is not feeling heard and this adds to his frustration and impacts his mental health. Early Help Manager stated that Family Therapy is required to resolve thise issues and talked about Axel having experienced trauma.

Louise asked if Axel wants a referral to the Transitions team. For children with SEN needs. high levels of anxiety - Axel agreed. Louise to speak with him further abut this.

CAMHS
Key worker Michelle Warner to become involved today offering 1:1 support to Axel - Sam has asked if Axel wants to see her away from the home - Axel agreed they could go for a walk tonight.
Family Therapy is thought to be key by Early Help - on wait list.
Offered to see Axel face to face on Monday 17th at 11.30am at Southport Hub.
Axel said he has shared with the mtg that he is feeling more tired sleeping during the day - doesn't feel medication is working. Axel added that Psychiatry will consider increase to be considered in January
Axel desparate need of a school place that can meet his needs. Early Help stated that SEN do not repsond to their calls. They would like to contribute to EHCP process.
Axel staing that he willnot attend school unless he see's me face to face as he has soemthing to tell me. He states it is not a safegaurding issues and does not realte to suicidal ideation self harm or a deterioration in his mental health I told Axel that it is not approriate for him to insist that I see him face to face and threaten non school attendance. i said that I can fit him in on monday 17th Jan at Southpirt Hib. Axel then said that he does not need to see me and could tell Michelle who he is seeing tonight and she could pass details on to me. Axel staing he is not going to school due to anxiety - increased saliva after being there for 10 mins and stomach discomfort then he wants to return home.

SCHOOL
Maggie Allred <m.allred@westlancspcss.lancs.sch.uk>
Tue 11/01/2022 12:36
Apologies I am unable to attend the TAF meeting today due to serious staff shortages with Covid so am sending an update for you.

Currently Axel has only attended one day this term on the Friday and it was great to see him. Dad has told me today via text that "He wants to see Sam until then he won't attend".

I have copied you in Sam and I will leave that with you to liaise with Dad and Axel.

Obviously, this is having a serious impact on his academic performance and he must make every effort to attend- he does not have long until he leaves school. I have spoken to Dad this morning and asked him to tell Axel he must attend the TAF meeting and talk to people to resolve issues.

His progress this year has been very slow due to poor attendance. He has done well on the Maths GCSE papers he has completed but he is still very reluctant to engage with GCSE English and needs to attend more to get back into practice. Science work is available but this has not been started due to lack of time/attendance.

His Sensory Profile assessment was very helpful and worth me feeding back that he may have hyposensitivity with vestibular sensory processing which is why movement has a calming effect and he finds pacing useful. He also mentioned touch, taste and smell and I remember in the last meeting he said he used to hold his nose when he was younger to eat food so this may be worth exploring more with Axel.

Finally Dad has informed me that the SEND team have recomended both Hope High and Prestfield School to visit. Although school cannot give any advice as it is up to Dad; Prestfield School has a 16+ provision so this would provide Axel with a provision for next year. Carmel our Careers Guidance advisor has recommended that Dad liaise with the SEND team as soon as possible to arrange a visit.

I hope the meeting goes well and do feed back any minutes,

Kindest Regards,
Maggie Allred
High Support Teacher
Acorns School
Ruff Lane
Ormskirk
L39 4QX

DPA

DPA

Notes from TAF to be shared with he SEN Team. West LAms Early Help Workers have been trying to make contact with Carole Power so they can be involved in the TAF mtg.

Next TAF mtg 10.02.22 at 11.30am

Sam Steed to discuss Axel at MDT due to complexities and check when Family Therapy might be available. Sam Steed to email Carole Power to reiterate concern re impact of no school on Axels mental health.

On 17th Jan at face to face appointment I will reiterate the plan for Axel and CAMHS treatment and advise Axel that he must not make threats in order to see Clinicians as it is not appropriate. I will ask for a colleague to join me for this appointment due to previous concerns and also to add additional opinion regarding Axel's mental health.
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Clinic
Today's Consultation Type is?: Video consultation

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services

Start Date	13/12/19
End Date	17/12/19
Status	Subsequent Activity
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Specific Work (Follow up) (TAF mtg)

- Appointment Details
Next Appointment: Same Clinic
Resource Name or Appointment type: SSTEED
Future Appointment Consultation Type: Video consultation
Follow Up Time Frame: Weeks
Follow Up Time Frame: 4
Next Appointment Date (specific date): 10/02/22
Appointment Time:: 11:00
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Tolerance Instruction: ** 0 Tolerance means the patient must attend in the time scale recorded above **
Overbook the Clinic if necessary: Yes
Appointment Location: Other
Specify Community/Other Location: TEAMS
Is the patient aware?: Yes
Does the patient need a letter?: No
Room Required: No
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Steed,Samantha on 12/01/22 17:36 **
Initialized on 11/01/22 13:20 - END OF NOTE

12/01/22 14:27 - CAMHS - Professional Disc by Marie Disley
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Disley,Marie 12/01/22 14:27:

Original Note:

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: MDT

- Attendees
** Clinician 1
Clinician Present:: Samantha Steed
Date:: 12/01/22
Time: 11:00
Duration (mins):: 10
Summary:

Previously discussed at MDT on 26th May, 16th June, 18th August, 25th August, 15th September and 22nd September 2021. 15 years old with ASD and non-attendance at school for 2 years. He is currently at Acorns but doesn't attend due to his autism and anxiety. Sam feels his mental health is being impacted by him being out of school. Sam has gone through Axel's EHCP and revised it because some parts did not identify accurately with his current needs. Sam believes Axel's concerns are not being heard and queried starting the CTR process with West Lancs Social Care. At present no one has provided any information regarding this. A TAF meeting was held but Axel shut down during it. Early Help won't consider his conversations around trauma and Social Care are due to shut the case. Sam feels there is a safeguarding concern; Axel has no respect for his Dad and has made accusations of abuse against him for both himself and his brother. Police have been called to the family home by Dad due to his concerns about Axel's behaviour. There is a query		Axel to remain on the Family Therapy waiting list. Michelle to continue keywork with Axel. To consider a psych review with Lakshmi.	Sam to call a Professionals Meeting to highlight concerns about Social Care closing Axel's case. Representatives from Education, Social Care, Psychiatry (Lakshmi) will be asked to attend. Sam to check with Adele where Axel is on Family Therapy waiting list. Sam to discuss possibility of CPA with Katrin.

around neglect at home re food and care from Dad. There is a query whether Axel's issues are contextual or mental health. Axel has requested a face to face meeting with Sam on Monday 17th January 2022 and Sally will also attend for part of it.			

Initialized on 12/01/22 14:27 - END OF NOTE

14/01/22 09:29 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 14/01/22 09:33:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
Date Received:: 22/12/21
Subject:: Email re EHCP
Additional details::

From: DPA
Sent: 22 December 2021 15:52
To: Lavelle, Gayle <Gayle.Lavelle@lancashire.gov.uk>; Steed Samantha <samantha.steed@alderhey.nhs.uk>
Subject: Axel's Amended EHCP Draft Report for Further Amendments

Hi Gayle,

Please find attached a copy of the recently amended EHCP draft report. I agree with you in having a Teams / Zoom meeting all of us three and complete the changes to right the wrongs that the original draft contains.

Please help Axel find a school that will help him recover academically and socially. Carole told me that the LA will approach Hope school first as a Lancashire school (but which does not have Sixth Form) for 15 days and if they say they can meet Axel's need, then Axel and I will visit and decide. The second choice is mine Presfield High (has six form and is near our house) but it is in Sefton Borough. My third choice is Peter House (is the same compound as Presfield and also Six form but is private). Carole did not want to know about Peter House because it is private but I hear that the LA send students there if it best meets their individual needs. In all case, Axel should attend a school that will agree to find him a German tutor and individualised curriculum, among other things.

Kind regards,

Alphonse

From: Lavelle, Gayle <Gayle.Lavelle@lancashire.gov.uk>
Sent: 22 December 2021 16:21
To: DPA Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Subject: RE: Axel's Amended EHCP Draft Report for Further Amendments

Thanks Alphonse.

Regarding your preference of Presfield, I have spoken to the SEND Area manager and she has confirmed that as this is your preferred school, they MUST consult with Presfield so she will follow this up and make sure this happens.

So there should not now be a delay in consulting them whilst waiting for Hope to respond. I did also explain that Hope doesn't have a 6th form, so she is going to have conversations about consulting schools that would provide a sensible option.

Speak soon

Gayle
Contact Medium: Email
Contact Occured: Open

** Electronically signed by Steed,Samantha on 14/01/22 09:33 **
Initialized on 14/01/22 09:29 - END OF NOTE

14/01/22 09:35 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 14/01/22 09:36:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
Date Received:: 23/01/22
Subject:: CAMHS cc'd into email re request for Ed Psych assessment
Additional details::

From: DPA
Sent: 23 December 2021 15:21
To: Beth.turner@lancashire.gov.uk <Beth.turner@lancashire.gov.uk>
Cc: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>; Gayle Lavelle <gayle.lavelle@lancashire.gov.uk>
Subject: Request for Copy of Axel Rudakubana's Educational Psychologist Report

Dear Beth,

I would like to request a copy of Axel's copy of the educational psychologist because I am unable to find it anywhere and need it for the review of his EHCP plan.

Thank you in advance.

Kind regards,

Alphonse Rudakubana (Axel's father)
Contact Medium: Email
Contact Occured: Open

** Electronically signed by Steed,Samantha on 14/01/22 09:36 **
Initialized on 14/01/22 09:35 - END OF NOTE

14/01/22 09:37 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 14/01/22 09:38:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
Date Received:: 02/01/22
Subject:: Email from Alphonse (Dad)
Additional details::

From: Alphonse Rudakubana DPA
Sent: 02 January 2022 05:11
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Cc: Laetitia Muzayire DPA
Subject: Axel wants to see you in person urgently

Dear Sam,

Yesterday morning Axel came to me and asked me for the second time if I told you that he wants to see you in person next. Please find him an urgent appointment because something he does not want to say to us is bothering him. I am worried for him. It means, he now trusts you and there is something he wants to confide to you as a matter of urgency.

Please do not delay seeing him in person. Dr Ram phoned me back after Axel's initial request to see you when you were on leave and explained that she does not need to see Axel to prescribe, change, increase or decrease his medication. She suggested to ask you to see Axel instead. She said she would write to you as well. For Axel to ask me on 24 Dec 21 and again yesterday 01 Jan 22 makes me feel unease.

I look forwad to hearing from you.

Kind regards.

Alphonse

Contact Medium: Email
Contact Occured: Open

** Electronically signed by Steed,Samantha on 14/01/22 09:38 **
Initialized on 14/01/22 09:37 - END OF NOTE

14/01/22 15:29 - CAMHS - Session Note by Michelle A Warner
Acct Num: V00003838705 DOB: 07/08/2006 Patient Age: 15

Note verified by Warner,Michelle A 14/01/22 16:03:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -

Session Date: 11/01/22
Session Start Time: 16:40
Session End Time: 17:45
Session Duration (mins):: 1 hours and 5 minutes

- -
Event/Session Contact Medium: Face to face communication
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Patient's Home
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Other Qualified Staff

- Clinicians Present
Clinician Present:: Michelle A Warner

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person, Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Axel and mum Leticia
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Specific Work

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Anxiety Management

- -
Clinical Notes::

Keyworker Session introduction session with Axel at home.

Explained role of Keyworker to Axel and his mum

Axel and Letisha (Mum) agreed that Axel would benefit from some support to manage his anxiety.

Axel described how when he become anxious his saliva increases so he has a need to swallow excessively which causes stomach upsets.

Axel recently was able to walk to the local CO-OP on his own and felt this might be due to his medication Sertraline.

Offered if Axel wanting to go for a short walk around the block so I could see how he was out of the house. - went on a walk in local area and talked about his parents background being from Rwanda and Tutsi we talked about loss in the family from the genocide and how Axel's race has affected him living in

first Cardif then Southport, explore racism he had experienced at school. Axel does not feel he experience racism at his current educational facility.

Axel talked about how he had previously enjoyed sports such as Tennis and Hockey but that he does not do this anymore as he is no longer in the school where these sports were offered. Axel expressed an interest in getting back into these sports.

Discuss education, Axel wanted to attend somewhere to support him with his education while helping with his anxiety, discussed how pinefields can support around anxiety. Axel talked a little bit about feeling that he is not autistic and doesn't understand what the label means or why he has it.

Axel agreed to weekly sessions at home to support him in leaving the house more.

Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Clinic
Today's Consultation Type is?: Face to Face

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Subsequent Activity
RTT Target	17/04/20

18wk Outcome: 1st Treatment Started Today

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Specific Work (Follow up)

- Appointment Details
Next Appointment: Same Clinic
Resource Name or Appointment type: Keywork
Future Appointment Consultation Type: Face to Face
Follow Up Time Frame: Weeks
Follow Up Time Frame: 1
Next Appointment Date (specific date): 18/01/22
Appointment Time:: 14:30
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Tolerance Instruction: ** 0 Tolerance means the patient must attend in the time scale recorded above **

Overbook the Clinic if necessary: Yes
Appointment Location: Home Visit
Is the patient aware?: Yes
Does the patient need a letter?: Yes
Room Required: No
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Warner,Michelle A on 14/01/22 16:03 **
Initialized on 14/01/22 15:29 - END OF NOTE

19/01/22 15:04 - CAMHS - Session Note by Michelle A Warner
Acct Num: V00003896510 DOB: 07/08/2006 Patient Age: 15

Note verified by Warner,Michelle A 19/01/22 15:56:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 18/01/22
Session Start Time: 14:30
Session End Time: 15:00
Session Duration (mins):: hours and 30 minutes

- -
Event/Session Contact Medium: Face to face communication
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Patient's Home
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Other Qualified Staff

- Clinicians Present
Clinician Present:: Michelle A Warner

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person, Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Axel and dad Alphonse
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No

Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Specific Work

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Anxiety Management

- -
Clinical Notes::

Keywork session with Axel.

I had been informed by Axel's Case manger that the family wanted support with Axel's anxiety going to the shops and purchasing food I had been asked to go with him and do a graded exposure around this.]

When I arrive Alphonse was unaware we had a session and Axel seemed unaware also (I had arranged this session with them during our previous session) agreed with Axel to text him on the day of our sessions in the future to help him remember.

I was under the impression the shop exposure had been requested but Alphonse seemed unsure, He gave Axel money to get a meal from the CO-OP which is a 5 minute walk from the house. Axel agreed to walk with me to the CO-OP and buy a meal.

I asked how Axel was feeling and he reported that he was ok and felt ok walking. Tried to talk about school and his week and Axel responded with short answers and felt things were a mix of ok and not ok, he didn't want to talk about either. While walking people were also in the street walking past, ask Axel how this was impacting his anxiety and he reported he was fine.

When we arrived at the shop Axel went straight in and we walked to the ready meal section, again Axel reported being ok, Axel chose a meal and walked towards the counter to pay, we waited for a while and Axel reported not finding it anxious waiting to pay or being nervous about paying. We walked back and again Axel said he was feeling ok. As Axel walks fast this only took 10mins max. Axel reported that he was not aware of any plans to go shopping and felt it was his case manager idea or dads I asked if he had wanted to come and he reported not minding - this caused me confusion and I asked Axel wether working on shopping was something he wanted to do and he wasn't sure. He reported not wanting to go shopping with his dad as he didn't want to spend time with his dad.

Axel had been given a key as his dad felt he would be out when we returned. Axel knocked on the door on our return as his dads car was there and we had been fast, no answer he then struggled to open the door. When inside Alphonse cam to the door and expressed he had not herd the knocking. Alphonse was suprised that we were back so fast. I explained to both Alphose and Axel that I was not sure what support would be helpful and fit currently. I suggested I could support in school with Axel's fears around swallowing which he agreed to.

Alphonse then said he was leaving to attend a meeting for Dion, Axel's brother. I was then left with just Axel in the house due to our safeguarding policy I aimed to then either go for a walk in the community or end the session and leave the house. We talked about Axel's anxieties around walking and he expressed that he anxieties were that he walked funny and people that drive by would look at him and

think mean things. We discussed how this might be due to the bullying he received for how he looked and walked at school. encouraged him that I did not experience him as walking funny.

Through conversation we agreed to maybe try alternate weeks of walking together and seeing him in school to support around anxity there.

Ended session and explained I would speak to his case manager and School to think through a plan.

I felt as thought todays sessions was a bit strange as Axel seemed fine going to, being in and coming back from the shops and didn't seem aware of the reason why- maybe I did not explain it as well as I could have.

Will talk things through with Case manager Sam Steed to think about the best way we can support Axel and make sure we are all on the same page. I will speak with Axel's school to arrange a session there to support him and see how he is in an educational environment. When I have spoken to both and arranged the next session I will feed this date back to the family.

Current Risk Identified: No
Change to current Care Plan: No (ty)

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Clinic
Today's Consultation Type is?: Face to Face

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Subsequent Activity
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Specific Work (Follow up)
Specify Attendees: Axel

- Appointment Details
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Warner,Michelle A on 19/01/22 15:56 **
Initialized on 19/01/22 15:04 - END OF NOTE

20/01/22 10:47 - CAMHS - PCO Communication by Sharon Kirby
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Kirby,Sharon 20/01/22 10:47:

Original Note:

CAMHS PCO Communication

- Date & Time of contact
Date: 20/01/22
Time of activity: 10:40

- Parent/Carer contact
Contact type: Call received

- Failed contact
Additional information: Hi Michelle. I have had parent of Axel on the phone. Could you please call back or email on: DPA DPA Thanks. Sharon

Initialized on 20/01/22 10:47 - END OF NOTE

20/01/22 11:12 - CAMHS - PCO Communication by Julie Royle
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Royle,Julie 20/01/22 11:14:

Original Note:

CAMHS PCO Communication

- Date & Time of contact
Date: 20/01/22
Time of activity: 10:45

- Parent/Carer contact
Contact type: Call received

- Failed contact
Additional information: Email to Michelle Warner. Hi Michelle. Can you please call mum – DPA DPA Thanks. Julie

Initialized on 20/01/22 11:12 - END OF NOTE

21/01/22 09:48 - CAMHS - Professional Disc by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 21/01/22 12:01:

Original Note:

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: Other
If 'Other' Please Specify:: Discussion with Key Worker Michelle Warner

- Attendees
** Clinician 1
Clinician Present:: Samantha Steed

** Clinician 2
Clinician Present:: Michelle A Warner
Date:: 19/01/22
Time: 12:05
Duration (mins):: 30
Summary:

Michelle described last contact with Axel in brief saying that when she arrived she spoke with Dad and Axel about going to the shops with him to support him in being able to do this and to look at buying meals and the whole process. This followed my discussions with Axel and dad about Key worker suport around this - getting out and going to the shop managing anxieties whilst improving confidence and self esteem. Michelle said that Dad and Axel presented as not aware of this plan but Axel agreed to go. Michelle described him as walking to the shop very quickly and then back again to the home. Michelle checked in with him as to whether he was feeling anxious at points and Axel said no. Michelle shared that she observed some anxiety when Axel opened the door on returning home to an empty home/ or home when dad was about to leave.

Michelle has identified another aspect of difficulty for Axel regarding anxiety he says manifests when he is at school re increased saliva which leads him to not feel able to stay at school. Michelle agreed to speak with School re her going to see Axel and observe him there, possibly for alternate sessions. Michelle stated that Axel has agreed to this.

Parents had expressed concern re Michelle speaking with Axel about Pinefields - Axel takes things on literally and hooked into Pinefields being a better provision for him despite not being able to access it due to home address and also being near to being offered a special school placement which is more of a long term option. Michelle now understands this and so does Axel following my face to face appointment with him.

I agreed to contact Dad to make him aware.

Talked about the importance of Michelle being for Axel and separating out the other issues.

Talked about how Family therapy could help in context of difficult relationships and Axel's stuckness - Family are on the list.

Safeguarding issues re Axel stating dad put brother in a wheelchair - made him be in a wheel chair are said to be resolved and current Early Help intervention reiterated there is no evidence to suggest this - this clearly impacts Axel's wellbeing. and thoughts of feeling unheard.

Current Plan

Agreed main focus of Key work is to help Axel out of the home and support him re practical strategies re managing anxiety in turn this practical support will hopefully increase his self esteem. Continuous check in with Axel and parents re this in terms of trying to ensure themes for support are accurate and agreed.

I have already spoken with Dad about Addvance Solutions, post diagnostic support and gave him the details - Dad/parents on the list for riding the rapids which was unfortunately cancelled and parents will be contacted once course details of course confirmed.

Case management role involves liaison with CAMHS Key Worker, SEN, Acorns, Parents, Early Help West Lancs, Psychiatry, and importantly check in's/reviews with Axel.

Risk remains low in terms of self harm suicidal ideation of which there are consistent nil reports.

** Electronically signed by Steed,Samantha on 21/01/22 12:01 **
Initialized on 21/01/22 09:48 - END OF NOTE

24/01/22 11:04 - CAMHS - Phone Contact by Michelle A Warner
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 15

Note verified by Warner,Michelle A 24/01/22 11:07:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 24/01/22
Time:: 11:04
Call Duration (mins):: 1

- -
Call Type:: Failed call
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Parents of Axel
Staff Member:: Michelle A Warner
Service: Sefton Specialist

- -
Call Reason:: Discussion or Information Sharing
Contact Medium: Telephone

Discussion:

Tried to return parents call after receiving emails from admin, (I do not work Thursdays or Fridays) unfortunately I could not get through and due to it being a generic answer machine message I did not feel comfortable leaving a message will identifying information. Will try again later.

** Electronically signed by Warner,Michelle A on 24/01/22 11:07 **
Initialized on 24/01/22 11:04 - END OF NOTE

25/01/22 10:41 - CAMHS - Session Note by Lakshmi Ramasubramanian
Acct Num: V00003781916 DOB: 07/08/2006 Patient Age: 15

Note verified by Ramasubramanian,Lakshmi 25/01/22 10:49:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 24/01/22
Session Start Time: 12:00
Session End Time: 12:15
Session Duration (mins):: hours and 15 minutes

- -
Event/Session Contact Medium: Telephone
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Medical Professional

- Clinicians Present
Clinician Present:: Lakshmi Ramasubramanian

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person, Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Axel and his Father
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Specific Work

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Assessment Engagement, Anxiety Management, Medication, Review & Planning

- -
Clinical Notes::

I offered a virtual vidoe appointment for Axel via MS Teams but unfortunately he misunderstood it and logged on to AA.
I sent him a link for MS Teams again, but her preferred to talk to me instead.
I spoke to his father first and then with Axel.

Axel was very positive over the phone and said that he is making good progress. He said that he experiences anxiety when he goes out but that then goes away afetr he is outside.
He denied any symptoms of low mood or thoughts of self-harm.
He is working well with Michelle and went to a nearby co-op with her and he said he enjoyed it.
Axel is happy to continue Sertraline 75 mg mane and did not report any side effects
No risks
Current Risk Identified: No
Change to current Care Plan: No

- Medication
Type of update:: Update after change Meds
Medication type: Selective Serotonin re-up
Medication Prescribed: Sertraline tablets 75 mg mane

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Clinic
Today's Consultation Type is?: Telephone consultation

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Subsequent Activity
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist

CAMHS - Type of Appointment: Psychiatry

- Appointment Details
Future Appointment Consultation Type: Video consultation
Follow Up Time Frame: Specific Date
Next Appointment Date (specific date): 07/04/22 (via MS Teams)
Appointment Time:: 14:00 (via MS Teams)
Tolerance (+/-) Consider Clinical Risk: 2 Weeks
Overbook the Clinic if necessary: No
Appointment Location: Community
Is the patient aware?: Yes
Does the patient need a letter?: No
Room Required: No
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Ramasubramanian,Lakshmi on 25/01/22 10:49 **
Initialized on 25/01/22 10:41 - END OF NOTE

25/01/22 17:34 - CAMHS - Phone Contact by Michelle A Warner
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 15

Note verified by Warner,Michelle A 25/01/22 17:44:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 25/01/22
Time:: 17:20
Call Duration (mins):: 15

- -
Call Type:: Call Made
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Spoke with Dad Alphonse and Axel
Staff Member:: Michelle A Warner
Service: Sefton Specialist

- -
Call Reason:: Arranging Appointment
Contact Medium: Telephone
Discussion:

Rang Alphonse to return his call and to share Keywork offer that had been agreed with case manager Sam Steed.

Keywork offer 5 session in community to focus on anxiety while walking and 5 session in school to focus on school anxiety with an aim to review with case manager after. The sessions will ideally being alternating weekly with one week in school the next at home.

Informed that I had contacted Acorns school to offer 5 sessions in school to focus on helping Axel manage his anxiety in school with the aim of being able to stay in school for longer periods of time.

I was going to wait until I heard back from school but as I haven't and don't want Axel to wait I have arranged to book in 5 dates for weekly sessions in the community on a Tuesday 2.30-3.30pm. Alphonse confirmed that he would give Axel a key as he would not be home - we discussed that due to our safeguarding policy I would not be able to have sessions in the home without parents present so our sessions will be in the local community due to Dad having to pick up his other son at that time.

Dad suggested we go to parks in Southport and I said I will discussed this with Axel in our next session.

spoke to Axel to check he was ok with the offer and he confirmed he was.

I will chase up the school regarding the offer of session there.

** Electronically signed by Warner,Michelle A on 25/01/22 17:44 **
Initialized on 25/01/22 17:34 - END OF NOTE

01/02/22 10:33 - CAMHS - Documents Corresp by Marie Disley
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Disley,Marie 01/02/22 10:34:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: Report
Contact Type: Administration
Referral to Safeguarding: No
Location:: Other
If other specify:: EMAIL
Date Generated:: 07/01/22
Date Received:: 07/01/22
Subject:: AMENDED DRAFT EHCP
Additional details::

Section A: Views, Interests and Aspirations
My One-Page Profile

Name	Axel Muganwa Rudakubana

My relevant history:

I live with my mum dad and older brother.
I enjoyed Primary School. I had good relationships with my peers and teachers. I enjoyed Computer Science the most. I liked gymnastics and tennis outside of school. I would occasionally go to friends houses and play.
I felt nervous transitioning Range to High School, but I managed this well as it was related to not knowing anyone, and I feel it was appropriate level of anxiety in a new situation. I was quiet when I started. I made some friends in my year group and received pisutve attention from older pupils at the school. After a while in yr 7 I settled I started speaking more. I liked PHSE and Drama. I found it hard in some lessons and would question why I was learning certain things and didn't find it easy writing lots - I found it tiring. Sometimes I would get into trouble for talking and not paying attention. I remember being bullied by one particular individual at the end of year. In Yr 8 this progressively got worse. It made me feel upset emotionally. I tried to get help by telling teachers. Other pupils would join in when this particular individual was there. I tried to address the issue myself and this caused a lot of problems for me. I was excluded form School because of this.
I have a diagnosis of Aspergers/Autism Spectrum Condition and this means that I may need additonal help and support.

What people like about me and what I like about myself:

What other people like about me:- In mainstream School I think that people liked that I would talk alot and that I was interesting. I don't talk to anyone know because I feel too anxious and I don't relate easily to the peole at Acorns.
I think that people like my humor when they get to know me.
What I like about myself :- I like myself generally - I like that I persue the things that interest me. I like that I am able to accept when I don't know things and ask for help when I need it.

What is important to me:

My mum and my brother.
Relationships are inportant to me and I would like to be able to have more realtionships with people.
I am interested World Affairs.
Learning German is imprtant to me.

How I communicate:

I communicate through spoken language. Sometimes if I am not feeling comfortable in an environment i.e. with new people it can be hard for me to communicate, so I wil be quiet.

How best to support me:
Please help me to find a School where I can feel like I fit in, and can meet people who are similar to me/who I can relate to. I might feel anxious and so would welcome to help me manage this. Support me through difficult situations that cause me anxiety. Support to get to know other young people. Please help me with my learning by showing me things practically. I learn visually. Small group settings or 1:1 can be helpful.

Aspirations: What I would like to do in the future:
I would like to own a business making websites or apps. I would like to stay on in Education. I would like to learn to drive. I would like to travel and visit Germany as I am teaching myself German. I would like to own my own home.

How these views were gathered:	Date:
Via contact with my allocated CAMHS Clinician	06.01.22

Initialized on 01/02/22 10:33 - END OF NOTE

15/02/22 17:24 - CAMHS - Session Note by Michelle A Warner
Acct Num: V00003917522 DOB: 07/08/2006 Patient Age: 15

Note verified by Warner,Michelle A 15/02/22 17:33:

Original Note:

CAMHS - Session Note

- -

Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -

Session Date: 15/02/22
Session Start Time: 14:30
Session End Time: 15:10
Session Duration (mins):: hours and 40 minutes

- -

Event/Session Contact Medium: Face to face communication

Contact Type:: Direct Contact
Contact Occurred: Open
Location: Patient's Home
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Other Qualified Staff

- Clinicians Present
Clinician Present:: Michelle A Warner

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person
Action: ***** Please enter names in the field below *****
Names: Axel
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Specific Work

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Anxiety Management

- -
Clinical Notes::

Keywork sessions with Axel

AS discussed previously we went for a walk in the local area to help work with Axel on his anxiety.

During the walk Axel reported feeling ok and felt that he is able to walk in the area as long as its not really busy.

Axel reported that he more gerts anxious before doing something but said he experienced no anxity about our session as he forgot about it.

Axel felt his anxiety levels were the same before our session - beginning of session - midway in session and end of sessions but was happy we had done the walk.

Talked about Keywork being their to support him in the best way for him and thought together about what this would look like.

Planed for next session to be at McDonalds to order food and sit down to eat to help Axel tolerate the business and noise - also to support Axel's thoughts that people stare at him while he eats and think he eats 'weirdly'

Tried to plan future sessions but Axel felt he finds it hard to come up with ideas - he was interested in support being in the cinema foyer. Following this agreed after each session we will plan the next session

based on how helpful the session way and future goals.

Returned home and Axel's parents were both home, explained the plan to them and they agreed it would be helpful.

Mum informed me that Axel has begun going to the Meals Cop Youth Club on a Tuesday and felt he was enjoying it - Axel agreed it was fun, when asked how he gets there he replied that dad drives him.
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Clinic
Today's Consultation Type is?: Face to Face

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Subsequent Activity
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Specific Work (Follow up)
Specify Attendees: Axel

- Appointment Details
Next Appointment: Same Clinic
Resource Name or Appointment type: Keywork
Future Appointment Consultation Type: Face to Face
Follow Up Time Frame: Weeks
Follow Up Time Frame: 1
Next Appointment Date (specific date): 22/02/22
Appointment Time:: 14:30
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Tolerance Instruction: ** 0 Tolerance means the patient must attend in the time scale recorded above **
Overbook the Clinic if necessary: Yes
Appointment Location: Home Visit
Specify Community/Other Location: going to McDonalds for graded exposure
Is the patient aware?: Yes
Does the patient need a letter?: Yes
Room Required: No

Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Warner,Michelle A on 15/02/22 17:33 **
Initialized on 15/02/22 17:24 - END OF NOTE

23/02/22 14:53 - CAMHS - Phone Contact by Michelle A Warner
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 15

Note verified by Warner,Michelle A 23/02/22 14:59:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 22/02/22
Time:: 14:30
Call Duration (mins):: 10

- -
Call Type:: Call Made
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Alphonese, Letisha and Axel
Staff Member:: Michelle A Warner
Service: Sefton Specialist

- -
Call Reason:: Arranging Appointment
Contact Medium: Telephone
Discussion:

I phoned Alphose first thing in the morning as I had not heard back regarding COVID risk plans around having a young person in the car and our session was to drive to McDonalds. Explained that until I heard back I would have to move this session - agreed to move to next week hoping I would have an answer by then.

I offered to ring Axel at our session time to see if he wanted to use the space to talk Alphose felt this would be a good idea and gave me Axel's mums mobile number - DPA - I rang at 2.30pm and spoke to Axel how inform me that his dad had not explain about our session being moved. I asked if he wanted to use the time to talk with me on the phone and he expressed that he didn't feel this would be helpful for him, I explained that hopefully the risk assessment would be back by next week.

** Electronically signed by Warner,Michelle A on 23/02/22 14:59 **
Initialized on 23/02/22 14:53 - END OF NOTE

01/03/22 17:40 - CAMHS - Session Note by Michelle A Warner
Acct Num: V00003962703 DOB: 07/08/2006 Patient Age: 15

Note verified by Warner,Michelle A 01/03/22 18:07:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 01/03/22
Session Start Time: 15:00
Session End Time: 16:00
Session Duration (mins):: 1 hours and 0 minutes

- -
Event/Session Contact Medium: Face to face communication
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Oth Locations not Classifications
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Other Qualified Staff

- Clinicians Present
Clinician Present:: Michelle A Warner

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person
Action: ***** Please enter names in the field below *****
Names: Axel
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Specific Work

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Anxiety Management

- -

Clinical Notes::

Keywork session with Axel

We had arranged to go to McDonads for graded exposure around people with people and eating around people. This was agreed as Axel had dont so well with buying food at the coop and walking around his local area.

When I arrived Axel stated he didn't want to go and when we talked about it it was due to feeling anxious. Did some phyco ed around how anxiety and avoidance work.

We graded from 1-10 his anxiety and Axel graded walking to the Coop and buying stuff as a 1/2 and the same grade for Walking around local area. He graded MacDonalds as a 7 and we agreed to think of something between the two as a bridging exposure, Axel felt this would be walking around the busy roundabout a short drive from the house he agreed to coming in the car with me and trying this.

When we got to the area and walked around Axel reported feeling better than he thought he would but his mind was on how he was walking feeling like he was walking 'odd' I reflected that he appeared to be walking fine to me and talked about what Axel define as walking 'normally' which included walking in a straight line, he feels he moves to the side at times, we talked about how hard it can be to walk in a dead straight line and I again reflected that my experience of of him walking seemed the same as most people.

Axel reflected that he had been surprised that he found it easier than he had fear - I offered to drive to McDonalds but not go in and Axel agreed to this.

Talked in the car about family and things Axel enjoys doing such as reading about international politics and watching youtube. He talked about sleeping allot due to being bored and reflected that this can make him more tired. Axel feels he will be less bored in Presfield due to them having more subjects and peers in his class.

When we parked at MacD's Axel noted that he felt anxious about leaving the car we agreed to walk near to MacD's but still far away enough that he couldn't see inside. Axel then graded walking around the outside of MD's as a 4 Walking inside 5/6 and to sit and eat a 7. Agreed to try our next session walking around - and if he feel ok to try going inside and then working up to next session eating inside.

On the drive back home Axel reflected that he had done well and was surprised/proud that he had managed better than he feared linked this back to the phyco ed around avoidance.

Feedback to Mum how well Axel had done and agreed to try walking around MD's next week.
Current Risk Identified: No
Change to current Care Plan: No

- -

Action: ***** Go to the Add Section to complete the Outcome Document *****

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Clinic
Today's Consultation Type is?: Face to Face

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Subsequent Activity
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Specific Work (Follow up)
Specify Attendees: Axel

- Appointment Details
Next Appointment: Same Clinic
Resource Name or Appointment type: Keywork
Future Appointment Consultation Type: Face to Face
Follow Up Time Frame: Weeks
Follow Up Time Frame: 1
Next Appointment Date (specific date): 08/03/22
Appointment Time:: 14:30
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Tolerance Instruction: ** 0 Tolerance means the patient must attend in the time scale recorded above **
Overbook the Clinic if necessary: Yes
Appointment Location: Home Visit
Specify Community/Other Location: Home/Community
Is the patient aware?: Yes
Does the patient need a letter?: Yes
Room Required: No
Interpreter required?: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Warner,Michelle A on 01/03/22 18:07 **
Initialized on 01/03/22 17:40 - END OF NOTE

16/03/22 20:11 - CAMHS - Session Note by Michelle A Warner
Acct Num: V00003988077 DOB: 07/08/2006 Patient Age: 15

Note verified by Warner,Michelle A 16/03/22 20:46:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 15/03/22
Session Start Time: 14:30
Session End Time: 15:30
Session Duration (mins):: 1 hours and 0 minutes

- -
Event/Session Contact Medium: Face to face communication
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Patient's Home
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Other Qualified Staff

- Clinicians Present
Clinician Present:: Michelle A Warner

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person
Action: ***** Please enter names in the field below *****
Names: Axel
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Specific Work

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Anxiety Management

- -
Clinical Notes::

Keywork session with Axel

As arranged previously we drove to McDonalds to attempt support Axel to practice doing things that make him feel anxious.

During the drive there discussed how things were with Axel, he spoke about attending Presfield for a few hours and that he will be starting there in a few weeks. Axel said that lunch was difficult as he feels anxious eating in front of other people as he feels they can hear him eating.Talked about the sensory sensations of hearing yourself eating and wondering if that is what others hear - explored that it was

unlikely others could hear him. Axel stated that he preferred Presfiled and was looking forward to being able to access more lessons.

Talked about the cycle of anxiety and avoidance of things that cause us anxiety. Axel felt that his anxiety around producing too much saliva and not being able to speak cause his saliva production and was able to see the link. Axel reported feeling his medication was not helpful or making a difference as he was still anxious, we talked about anxiety getting less the more we practice the things we think are scary and that we cant cope with. Explored consent and that Axel would not be forced into graded exposure but that I was happy to support him in trying to push back against his anxious thoughts.

When we arrived at MacDonalds Axel appeared anxious and stated he didn't want to go in, he began to use his key to make scratches on his finger nail and when asked what he was doing he explained he hadnt done it before but was feeling anxious and decided that he didnt want to go in and felt that McDonalds was not a goal he wanted to work on. We talked again about how Axel had found our sessions and he stated that he had found them helpful as he had begun leaving the house more but felt he did not want to do any more work towards trying to eat out in public and would prefer support from Presfield around working towards eating his lunch in the school.

Explained that if in the future if things changed and he felt ready to engage in community work to support the therapeutic sessions with his casemanger he could be rerefered to Keywork.
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Clinic
Today's Consultation Type is?: Face to Face

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Subsequent Activity
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Appointment Details
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Warner,Michelle A on 16/03/22 20:46 **
Initialized on 16/03/22 20:11 - END OF NOTE

17/03/22 12:07 - CAMHS - PCO Communication by Sharon Kirby
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Kirby,Sharon 17/03/22 12:07:

Original Note:

CAMHS PCO Communication

- Date & Time of contact
Date: 17/03/22
Time of activity: 12:02

- Parent/Carer contact
Contact type: Call received

- Failed contact
Additional information: Hi Sam. I have had dad of Axel on the phone DPA He said Axel has gone missing and police have been informed. Could you please call him on DPA Thanks. Sharon. SENT WITH HIGH IMPORTANCE

Initialized on 17/03/22 12:07 - END OF NOTE

17/03/22 14:47 - CAMHS - Phone Contact by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Addendum entered and electronically signed by Steed,Samantha 22/03/22 18:26:

Time of call should be 12.pm.

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 17/03/22
Time:: 14:45
Call Duration (mins):: 10

- -
Call Type:: Call Recieved
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Alphonse Ridakubana

Staff Member:: Samantha Steed
Service: Sefton Specialist

- -
Call Reason:: Discussion or Information Sharing
Contact Medium: Telephone
Discussion:

TCF Dad - Axel missing from home - Dad returned home at around 10.30am after leaving the home at 8am to find Axel gone - no coat and said to have a small knife on his possession. Dad very concerned and has reported him missing to Police - Police Ref LC2022033170431.

Dad agreed to keep me updated. Dad and mum out looking for Axel. Look in the woods near to home and driving around.

** Electronically signed by Steed,Samantha on 22/03/22 18:19 **
Initialized on 17/03/22 14:47 - END OF NOTE

21/03/22 12:45 - CAMHS - File Note by Aaron Wood
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Wood,Aaron 21/03/22 12:45:

Original Note:

CAMHS - File Note
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Date:: 21/03/22
Clinician:: Aaron Wood
Discussion Duration:: 5
Subject:: Prescription request
Note::

Prescription Request

Requested by: Mum
Medication: Sertraline
Dose: 75mg
Frequency: OD
Duration: 60 days
No conflicts identified in recent documentation
Pick up/post to home address: Pick up
FP10 (no. 64265311780) for the above left with secretaries

** Electronically signed by Wood,Aaron on 21/03/22 12:45 **
Initialized on 21/03/22 12:45 - END OF NOTE

22/03/22 12:04 - CAMHS - Documents Corresp by Michelle A Warner

Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 15

Note verified by Warner,Michelle A 22/03/22 12:05:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Administration
Referral to Safeguarding: No
Location:: Other
If other specify:: email
Date Generated:: 16/03/22
Date Received:: 17/03/22
Subject:: Closure to Keywork
Additional details::

Hi Michelle - hope you are well. Axel starting Presfield on 19th April is the best thing for him and I trust he will make good progress. I advised him to keep going into Acorns to help him maintain a pattern of waking each morning and going off to School. He was quite frustrated with his Dad asking for Early Help services to remain involved and in some ways it's positive that he is expressing his wishes despite others thinking he needs additional support. I will review with him and his parents in terms of what else CAMHS can offer. They would like support from me re transition to Presfield but Axel's wishes need to be considered re this. Thanks for the update from your end. Bw,

Sam Steed
Senior Mental Health Practitioner/Case Manager
Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ
Office # DPA

From: Warner Michelle A. <MichelleA.Warner@alderhey.nhs.uk>
Sent: 16 March 2022 20:48
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>

Subject: Axel

Hi Sam

I met with Axel yesterday and he decided to stop Keywork. He stated he has found the sessions helpful as he leaves the house more but doesn't at this time what support with eating in public.

He seems to be looking forward to being in education at Presfields and enjoyed the hours he spent there recently.

I will write a closing letter and speak to his parents (they were not home when I dropped him back) when I am in next week but wanted to keep you updated.

Thanks

Michelle Warner
Keyworker & Systemic Family Practitioner

Sefton Specialist CAMHS
2nd Floor Burlington House
Crosby Road North
Waterloo
L22 0PJ
DPA

My regular working days are 10 am -6 pm Monday Wednesday. This email inbox is not monitored outside of these hours and not monitored when I am in meetings or on leave. If you are worried about a child or young person, please telephone Sefton CAMHS on DPA DPA *Mon-Fri 9 am-5 pm or contact the CAMHS Crisis Line on freephone* DPA *or* DPA DPA *now open 24/7.*

Contact Medium: Email
Contact Occured: Open

** Electronically signed by Warner,Michelle A on 22/03/22 12:05 **
Initialized on 22/03/22 12:04 - END OF NOTE

22/03/22 13:15 - CAMHS - Phone Contact by Michelle A Warner
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 15

Note verified by Warner,Michelle A 22/03/22 13:42:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 22/03/22
Time:: 13:15
Call Duration (mins):: 5

- -
Call Type:: Call Made
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Alphonse - Axel's Dad
Staff Member:: Michelle A Warner
Service: Sefton Specialist

- -
Call Reason:: Discussion or Information Sharing
Contact Medium: Telephone
Discussion:

Rang Alpohose to to recap the work done with Axel and reason for closure to Keywork.

Explained that it has been a pleasure to work with Axel helping him to meet his goals of feeling more able to leave the house, however during our last session Axel had expressed that he no longer wanted to work on the goal of eating out in public so he decided to end keywork. I stated that due to Axel having completed his original Keywork goals and no longer wanting to work on a new one the decision was made to close at this time. I reassured Dad that Axel was still open to CAMHS and his case manager Sam Steed, and if things were to change in the future he could be re-referred the Keywork.

I wished both of them all the best for the future and thanks Axel for being engaging with sessions.

** Electronically signed by Warner,Michelle A on 22/03/22 13:42 **
Initialized on 22/03/22 13:15 - END OF NOTE

22/03/22 18:19 - CAMHS - Phone Contact by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 22/03/22 18:26:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 17/03/22

Time:: 15:00
Call Duration (mins):: 10

- -
Call Type:: Call Made
Contact With:: Professional
Contact Professional:: Other
Contact with (Name,Title,Org): Safegaurding Rainbow Emma Walker Riley
Staff Member:: Samantha Steed
Service: Sefton Specialist

- -
Call Reason:: Discussion or Information Sharing
Contact Medium: Telephone
Discussion:
Shared Axel reported as missing.
Checked if I should be doing anything else - Suggested get Police ref, making a School Nurse Order. Just wait to hear from parents now.

** Electronically signed by Steed,Samantha on 22/03/22 18:26 **
Initialized on 22/03/22 18:19 - END OF NOTE

23/03/22 15:37 - CAMHS - Professional Disc by Sharon Kirby
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Kirby,Sharon 23/03/22 15:38:

Original Note:

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: MDT

- Attendees
** Clinician 1
Clinician Present:: Samantha Steed
Date:: 23/03/22
Time: 11:00
Duration (mins):: 5
Summary:

15th year old , ASD, EHCP, very difficult relationship with dad, due to start at Presfield special school, recent episode of going missing , Key worker support has started (4 sessions with Michelle) but Alex doesn't want any more support sessions, closed On list for family therapy- Axel wouldn't want to attend , might be very difficult What else now ? Autism adapted CBT for anxiety then close to case management				Referral for autism adapted CBT for anxiety

Initialized on 23/03/22 15:37 - END OF NOTE

24/03/22 08:20 - CAMHS - Session Note by Samantha Steed

Acct Num: V00004022606 DOB: 07/08/2006 Patient Age: 15

CAMHS - Session Note

- -

Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -

Session Date: 18/03/22
Session Start Time: 11:30
Session End Time: 12:45
Session Duration (mins):: 1 hours and 15 minutes

- -

Event/Session Contact Medium: Face to face communication
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic (Southport Hub)
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Social Work Professional

- Clinicians Present
Clinician Present:: Samantha Steed

- -

Young Person and Family Attendance (Tick all the apply):: Child or young person, Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Axel and Mum Letitia
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -

Patient Attendance: Arrived Late
Appointment Type:: Core Partnership

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Assessment Engagement

- -
Clinical Notes::
Mum had allegic reaction and her eyes were swollen. i observed Ael to be very carin gin his own way pointing out that she needs to find out what she is allergic to - however this was dne in quite a brusk way as per Axel's characteristic but nonetheless highlighted his care fro her which she received appropriately.

Axel attended with mum today - seemed happy to be being seen.
Spoke with mum in the room first - head in lap and limited eye contact. presented as rather lethargic and questions mum's points on occasions for example when we talked about how Axel found going to Youth Club - he responded it was boring andhe does not want to return. We talked about Axel and his parents finding things that he enjoyed. Letitia listed all the things he used to enage in. I talked about a fresh start re this and pointed out how much Axel has grown and how he may like different things. Letitia went on to to talk about all the amazing things that Dion her eldest son does and this clearly was difficult for Axel who withdrew from the conversation. If the family make it off the wait list for family therapy these aspects of family life and the impact on Axel could be safely explored. Axel did not want to engage in conversation re things he might enjoy when mum was in the room - she left us for the best part of the meeting at Axel's request.

Prior to leaving mum shared Axel is fine at home - there was no indication that he was going to leave the house without them knowing where he would be yesterday. It seems Axel does not want to talk about this with his parents at present. Letitia and Alphonse were worried as were others - this was reiterated.

Axel not feeling that Autism has anything to do with his anxiety - we were able to talk this through Axel basically wanting help to stop feelings of anxiety discussed again that this won;t come form a pill alone - Axel has told Michelle Warner Key Worker that he does not want to work with her anymore hence tackling the anxiety and learning to manage it will not be addressed via key worker role as Michelle plans to discharge. Axel thgouth this through and for a moment you could see him thinking what have I done - however he stuck with not wanting to work with Michelle and said he was not ready to eat in public just yet. I explained with this graded exposure type work it would have been for Michelle to slow this down and work up to the point where he felt able to. This led Axel to talk about the difficulty that he had eating when he visited Presfield. He ha pasta and was taken to a room where others who struggled to eat in the canteen were sitting - Axel could not eat. We talked this through an broke it down - it related to the type of food he was eating. Axel feels he will be able to manage his way back to eating in the small room if he can start out in room alone. We talked through how this is potentially isolating Axel however, he said he is not ready for eating with others. We talked through how others are experiencing the same as or similar as him to try and identify some common ground with his peers at Presfield.

Axel saying he does not think the medication is working and he wants to change it to something else. I was able to ascertain thisis largely guided by Dr Google. - advised him to talk to Dr Ram as he had not reported any side affects or concerns other than this re the medication. I again reiterated that Axel needs to engage in some work regarding actioning strategies to help him cope and mange his anxiety. I pointed out how far he has come - he was able to leave the home yesterday on his own. Mum was out

of the room - he told me that he does not want his parents to know that he left the home so that he could get arrested and then the Police could get into his online accounts for which he has lost the passwords and then he could delete videos which he made of himself. I asked again about the videos which he had previously said were just silly videos he made when he was 10. We talked again about how young he was to have these online acc's i.e. tic toc and reddit and insta and he said everyone his age had them at the time. he has new acc's now but does not post just follows others. Axel is obviously preoccupied with wanting to get into these accounts. He said a Police officer had told him that he would get into the acc's for him - I am unsure how true this is or whether the PC was trying to distract Axel from his anxieties. We discussed how some acc deactivate themselves after periods of no use - Axel said he does not think this is the case with the acc's he is referring to. i have wondered if the content of videos may be inappropriate, but Axel has not alluded to anything like this and just said he was being silly/and was young. There may be a chance that someone else with an acc could search for him or he could search for his old acc. However, Axel does not seem to want to follow this up with anyone.

Axel told me that he left home walked for about 6 miles then tried to get on 2 busses - his parents know this much from the Police but he has not spoken with them - there were altercations with passengers as he had no money and would not leave the bus when asked by the drivers. It seems he got off of the first bus then got on another and refused to leave was threatened by a passenger and the Polie were called and took him home. Axel did not comment regarding having a knife on his person as his Dad had said he did.

PLAN as shared with Axel and Letitia
Discuss in MDT and request CBT adapted for ASC however, I do think Axel is capable of engaging in CBT and learning strategies to manage anxiety, following this course of therapy if all is well then we would potentially discuss discharge although I am aware that Meds are still being prescribed so we would need to consider this if this is still the case after therapeutic intervention is complete. I will also chase up the Riding the Rapids Course as I don't think Dad has been contacted after the cancelation of the Jan 2022 course. Alongside this I am happy to support transfer to Presfield - Axel as said he is happy for me to link with Presfield to offer consultation.

Sam Steed to liaise with Presfield
Next session with Axel - 10am 4th April 2022 Telephone.
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Clinic
Today's Consultation Type is?: Telephone consultation

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Subsequent Activity
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Appointment Details
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Steed,Samantha on 24/03/22 11:50 **
Initialized on 24/03/22 08:20 - END OF NOTE

04/04/22 19:30 - CAMHS - DNA Outcome by Samantha Steed
Acct Num: V00004056418 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 04/04/22 20:08:

Original Note:

CAMHS - DNA Outcome
Information:: *** The DNA document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- -
CAMHS -DNA Outcome: DNA -Send Again, Same clinician next available

- Appointment Details
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Core Partnership (Follow up)
Next Appointment Date: 07/04/22
Appointment Time:: 11:30
Future Appointment Consultation Type: Telephone consultation
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Appointment Location: Other
Is the patient aware?: Yes (Text to parent)
Does the patient need a letter?: No
Room Required: No
Interpreter required?: No
Interpreter Language: No

** Electronically signed by Steed,Samantha on 04/04/22 20:08 **
Initialized on 04/04/22 19:30 - END OF NOTE

04/04/22 20:13 - CAMHS - Phone Contact by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 04/04/22 20:17:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 04/04/22
Time:: 10:10
Call Duration (mins):: 5

- -
Call Type:: Left Message
Contact With:: Young person (and parents)
Contact with (Name,Title,Org): Axel letitia and Alphonse
Staff Member:: Samantha Steed
Service: Sefton Specialist

- -
Call Reason:: Arranging Appointment, Discussion or Information Sharing
Contact Medium: Telephone
Discussion:

TCT re appointment today - np res[pse frpm Axel, Letitia or Alphonse. Alphonse did call back but the cal ended - I returned his call - no response. Email sent offering appointment for 7/04/22 at 11.30 - then realized that this may clash with appointment being offered by Dr Ram. Sam Steed may offer to join with Dr Ram

** Electronically signed by Steed,Samantha on 04/04/22 20:17 **
Initialized on 04/04/22 20:13 - END OF NOTE

06/04/22 20:33 - CAMHS - Session Note by Samantha Steed
Acct Num: V00004021494 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 06/04/22 20:50:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 18/03/22
Session Start Time: 14:30
Session End Time: 15:30

Session Duration (mins):: 1 hours and 0 minutes

- -
Event/Session Contact Medium: Face to face communication
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Social Work Professional

- Clinicians Present
Clinician Present:: Samantha Steed

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person, Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Letitia and Axel
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Core Partnership

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Assessment Engagement

- -
Clinical Notes::

LEtitia and Axel met with me first.

Axel did not want to speak about his missing episode with mum in the room.

Axel shared that he does not want to work with Michelle Warner anymore as he does not think he needs help with eating in public - he then said that he was not ready to eat at Mcdonalds. We talked through the fact that he could have spoken to Michelle about this as the reality is that Michelle's work with him was helping. Axel thinks that he already is able to leave the home alone as per missing episode where he walk alone and got on 2 buses.

Axel thinking he will bneed to be able to eat alone at Presfield.

Axel not wanting to go to Youth Club anymore. I spoke with him and Letitia about finding things that he could enjoy - Axel eventually cane up with trying curling and said he had found somewhere in the North west. He was reluctant to tell his mum. Mum talked about Dion his older brother who is actively involved in lots of things musical wise and involved at school, very committed to learning and studying. When mum spoke of Dion it was apparent that Axel felt sidelined. I was mindful to draw conversations back to Axel and to try and help mum to focus on the now rather than talking about things that he used to be

interested in when at the Range school.

Axel said he went missing so that the Police could pick him up or search his social media acc's. he said he wants to get arrested so they check the social media acc's that he has lost his passwords to. Axel said that he did this because I had previously mentioned that the Police can access social media acc's if there has been a crime or if it will help their investigations. Axel said he walked for miles before trying to get on 2 buses. On the second bus he said that a passenger threatened to hit him or remove him from the bus because he

Talked about Axel accessing CBT agreed that I would refer him - this CBT would need to be adapted re his Autism but it is felt that a course of CBT could help him to look at what happens when hse feels anxious and to try and learn strategies to cope that are adapted to his characteristics and can help him through the discomfort.
Axel asking fro different meds advised him to speak to Dr Ram at next appointment.

It is apparent that Axel craves contact with people. He is ayt home alone for a lot of the day starting at Presfield is hopefully going to be very positive for him.

Next session planned for 4th April at 10 am telephone.
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Clinic
Today's Consultation Type is?: Telephone consultation

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Subsequent Activity
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Core Partnership (Follow up)

- Appointment Details
Next Appointment: Same Clinic
Resource Name or Appointment type: SSTEED
Future Appointment Consultation Type: Telephone consultation
Follow Up Time Frame: Weeks
Follow Up Time Frame: 2

Next Appointment Date (specific date): 04/04/22 (NB this appoitnamnt has already been DNA'd)
Appointment Time:: 10:00
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Tolerance Instruction: ** 0 Tolerance means the patient must attend in the time scale recorded above **
Overbook the Clinic if necessary: No
Appointment Location: Other
Specify Community/Other Location: Telephone
Is the patient aware?: Yes (Parent is aware)
Does the patient need a letter?: No
Room Required: No
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Steed,Samantha on 06/04/22 20:50 **
Initialized on 06/04/22 20:33 - END OF NOTE

07/04/22 11:33 - CAMHS - Phone Contact by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 07/04/22 11:46:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 07/04/22
Time:: 11:35
Call Duration (mins):: 10

- -
Call Type:: Call Made
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Alphonse - Dad
Staff Member:: Samantha Steed
Service: Sefton Specialist

- -
Call Reason:: Arranging Appointment
Contact Medium: Telephone
Discussion:

Axel was a no show re Attend Anywhere - I had actually got the time wrong. The session was due for

11.30am today however Alphonse shared Axel is still in bed. He asked if I could fit him in for a later time today - I explained I have other appointments. I asked if Axel will be woken up to speak to DR Ram later. Alphonse said that was for 2pm. I am aware that Axel has said that he wants to discuss new medication however it seems Alphonse is not aware of Axel's thougths re this and does not sit in on appointments with him.

Alphonse started asking again fro Axel to have face to face appointments. I stated that Axel is on the wait list fro CBT adapted fro ASC to offer a structured approach to addressing his thoughts and feelings and offer strategies for coping with them. Still no suicidal ideation or self harm for Axel which is extremely positive. Axel was having face to face contact with Key Worker Michelle Warner to help him practically with the anxiety he says he experiences re eating as he seems to have overcome fear of leaving the home. Paranoia remains a concern re thinking that others are looking at him etc. Michelle has discharged him from Key work at his request. Axel has been going into Presfield for a couple of hours a morning but has missed some dad says due to anxiety. Communication with dad still poor as is their relationship. They are on the wait list fro Family Therapy and I enquired about Riding the rapids again for Dad re parent support. Still waiting to hear if the course is running.

I will offer to see Axel after the Easter break once he has started at Presfield.

I advised Alphonse that I am available until 12.30pm today if Axel wakes or he decides to wake him for the appointment. I will wait til after 12.30pm to DNA or otherwise session note. They can telephone me before 12.30pm Dr Ram is contacting them at 2pm today.

** Electronically signed by Steed,Samantha on 07/04/22 11:45 **
Initialized on 07/04/22 11:33 - END OF NOTE

07/04/22 14:45 - CAMHS - Session Note by Lakshmi Ramasubramanian
Acct Num: V00003914658 DOB: 07/08/2006 Patient Age: 15

Note verified by Ramasubramanian,Lakshmi 07/04/22 14:52:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 07/04/22
Session Start Time: 14:00
Session End Time: 14:45
Session Duration (mins):: hours and 45 minutes

- -
Event/Session Contact Medium: Telemedicine Web Camera
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist

Attending Professionals: Medical Professional

- Clinicians Present
Clinician Present:: Lakshmi Ramasubramanian

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person
Action: ***** Please enter names in the field below *****
Names: Axel
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Specific Work

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Advice, Medication

- -
Clinical Notes::

During the last few months, it has become clearer that Axel does not need specific help to go out. We offered specific work from a Keyworker from Sefton CAMHS with whom Axel engaged well initially, but during the last few weeks, he has stated that he no longer wishes to work with her as he does not need any help to go out.
Axel's school attendance has also been patchy, this does not appear to be due to anxiety of leaving home.
During the latest appointment with Axel on the 7th of April, Axel informed me that he is able to go out if he chooses to and that he does not experience any anxiety symptoms. I explored about low mood symptoms and he denied having any. Axel has always reported that he does not experience any symptoms of low mood or thoughts of self-harm.
So, I wondered about the role of medication- SSRI medications with Axel. He agreed that he does not need them, but he has anxiety about talking to people. I informed him that the more he exposes himself to people and situations, he will be able to talk to people and that since there is no evidence of Social anxiety or Generalised Anxiety Disorder, SSRI medications would not be indicated for him.
Axel wanted to try a different SSRI medication and I have strictly advised him against it for the above reasons.
We agreed that a slightly higher dose of Sertraline 100 mg will be tried for 2 months and should Axel not benefit from it, we will be able to conclude that medication is not the right approach for Axel and it will be

stopped. I will then be discharging Axel from my care as Axel does not present with any evidence of a mental health disorder.
Current Risk Identified: No
Change to current Care Plan: No

- Medication
Type of update:: Update after change Meds
Medication type: Selective Serotonin re-up
Medication Prescribed: Trial of Sertraline 100 mg mane for 2 months, if no improvement in school attendance or behaviour, Sertraline to be stopped after review by me

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Clinic
Today's Consultation Type is?: Video consultation

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Subsequent Activity
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Psychiatry

- Appointment Details
Future Appointment Consultation Type: Telephone consultation
Follow Up Time Frame: Specific Date
Next Appointment Date (specific date): 09/06/22
Appointment Time:: 13:00
Tolerance (+/-) Consider Clinical Risk: 1 Week
Overbook the Clinic if necessary: No
Appointment Location: Community
Is the patient aware?: Yes
Does the patient need a letter?: No
Room Required: No
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension

DPA or by emailing a member of the transition team.

** Electronically signed by Ramasubramanian,Lakshmi on 07/04/22 14:52 **
Initialized on 07/04/22 14:45 - END OF NOTE

07/04/22 14:47 - CAMHS - DNA Outcome by Samantha Steed
Acct Num: V00004058226 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 07/04/22 14:50:

Original Note:

CAMHS - DNA Outcome
Information:: *** The DNA document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- -
CAMHS -DNA Outcome: DNA -Send Again, Same clinician next available

- Appointment Details
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Core Partnership (Follow up)
Resource Name or Appointment type: SSTEED
Next Appointment Date: 20/04/22
Appointment Time:: 17:00
Future Appointment Consultation Type: Telephone consultation
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Appointment Location: Other
Is the patient aware?: Yes (Via text to Parent)
Does the patient need a letter?: No
Room Required: No
Interpreter required?: No
Interpreter Language: No

** Electronically signed by Steed,Samantha on 07/04/22 14:50 **
Initialized on 07/04/22 14:47 - END OF NOTE

22/04/22 12:04 - CAMHS - Professional Disc by Lakshmi Ramasubramanian
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Ramasubramanian,Lakshmi 22/04/22 12:07:

Original Note:

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

Type of Discussion:: Other
If 'Other' Please Specify:: Discussion re Axel's compliance with medication

- Attendees
** Clinician 1
Clinician Present:: Lakshmi Ramasubramanian

** Clinician 2
Clinician Present:: Samantha Steed
Date:: 21/04/22
Time: 14:00
Duration (mins):: 10
Summary:

Ok re MDT that's fine with me. I wasn't sure whether to tell him to start taking it again as it's been about 3 days.

Dad said that he would tell him to eat something. Axel manages the meds himself as Dad says he does not want help from him or mum. It is concerning but Dad just says he cannot tell Axel anything as he will tear up the house... Early Help no longer involved now.

Next weds is fine for me re MDT 2 and I am happy to come to yours for a change.

Bw,

From: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Sent: 21 April 2022 11:21
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Subject: Re: Axel Rudakubana

Hi Sam
It looks like he is creating a case for stopping Sertraline, heart burn is not a common side effect of Sertraline.

Also, I am concerned that he is going to use the stopping of medication as a reason to not engage with school.
He is likely to demand a different medication as we both know and as he has already raised it is.
Shall we set up a joint AA appointment or a face to face appointment?
I would like dad to participate in it as he normally does not engage in discussions about treatment which I find quite unhelpful and worrying.
We also need to discuss jointly in MDT , may be next Wednesday in MDT 2 meeting?

Best wishes
Lakshmi

Get Outlook for Android

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: Wednesday, April 20, 2022 6:09:00 PM
To: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Subject: Re: Axel Rudakubana

Dad said he thinks the increase is too much - will talk to you next week. Last took meds on last Saturday. I have asked parent to remove meds if he is not taking it. Unsure whether to advise he starts taking it again. BW

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 20 April 2022 18:03
To: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Subject: Re: Axel Rudakubana

ps he had not eaten before taken the tablet. bw,

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 20 April 2022 17:48
To: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Subject: Re: Axel Rudakubana

Hi again, Lakshmi Axel shared that he actually stopped taking the Sertraline last week. I explained that he should not have just stopped taking this medication as this is not advised. He said his heart/chest was hurting him badly and he nearly vomited. This young boy is bringing himself up - no involvement from parents.

From: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Sent: 20 April 2022 16:27
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Subject: Re: Axel Rudakubana

Thank you!

Get Outlook for Android

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: Wednesday, April 20, 2022 4:26:24 PM
To: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Subject: Re: Axel Rudakubana

You are a star - oh yes just realised you are actually not in til 25th - enjoy your leave Bw,

From: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>

Sent: 20 April 2022 16:25
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Subject: Re: Axel Rudakubana

Yes, I agree
I will pick this up on my return from leave next week.

Best wishes
Lakshmi

Get Outlook for Android

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: Wednesday, April 20, 2022 4:24:25 PM
To: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Subject: Re: Axel Rudakubana

Thanks Lakshmi - I felt this was another attempt from Axel to get a different medication - I will talk to him about this today - are you going to advice reduction in Sertraline via letter?Bw,

From: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Sent: 20 April 2022 16:22
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Subject: Re: Axel Rudakubana

Hi Sam
Thank you for getting in touch.
As discussed with you and as stated in my recent clinic letter, I do not see current indication for an anti anxiety or antidepressant medication for Axel.
The slight increase in the dose of Sertraline was agreed as the last pharmacological measure for Axel.
I will advice Axel to stop Sertraline gradually.
I am happy for you to share this with Mr Rudakubana.

I agree school will be a good step for Axel and will show us more about his functioning in a different setting.

Best wishes
Lakshmi

Get Outlook for Android

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: Wednesday, April 20, 2022 4:18:25 PM

To: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Subject: Axel Rudakubana

Hi Lakshmi, hope you are well - Axel R messaged me whilst I was on leave and said that the Sertraline is causing heartburn... and asked if there is another medication he cantry?

I suggested he speak with his GP about this as it may not realte to the Sertrline and asked if he has told his Dad. I am due to speak with Axel this afternoon so will get some more info. He started school this week so will be good to know how this is going. Do you have any advice? Bw,

Sam Steed
Senior Mental Health Practitioner/Case Manager
Sefton Specialist CAMHS
Alder Hey Children's NHS Trust

** Electronically signed by Ramasubramanian,Lakshmi on 22/04/22 12:07 **
Initialized on 22/04/22 12:04 - END OF NOTE

26/04/22 10:35 - CAMHS - Phone Contact by Lakshmi Ramasubramanian
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Ramasubramanian,Lakshmi 26/04/22 10:39:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 26/04/22
Time:: 09:45
Call Duration (mins):: 10

- -
Call Type:: Call Made
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Alphonse Rudakubana, Father
Staff Member:: Lakshmi Ramasubramanian
Service: Sefton Specialist

- -

Call Reason:: Consultation/Advice or Liaison
Contact Medium: Telephone
Discussion:

I contacted Mr Rudakubana to discuss about Sertraline. I had been informed by Sam Steed that Axel has stopped taking Sertraline 100 mg mane for over a week now . He experienced heart burn as he took the tablets without food.
I had made him aware that Sertraline should be taken after breakfast.
It also came to light that Axel has been managing his own medication and had access to all the tablets. Sam had advised Alphonse, Father to take all medications off Axel.

I confirmed that Mr Rudakbana now has taken all medications off Axel and he confirmed that.
I advised that as Axel has not taken Sertraline for over a week, this can now be stopped. I also clarified as per my last clinic letter that I do not see a clinical indication for an SSRI medication for Axel.
I have an appointment in June and will review.

** Electronically signed by Ramasubramanian,Lakshmi on 26/04/22 10:39 **
Initialized on 26/04/22 10:35 - END OF NOTE

04/05/22 14:19 - CAMHS - PCO Communication by Marie Disley
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Disley,Marie 04/05/22 14:20:

Original Note:

CAMHS PCO Communication

- Date & Time of contact
Date: 04/05/22
Time of activity: 14:00

- Parent/Carer contact
Contact type: Call received

- Failed contact
Additional information: Hi Lakshmi,. Mum has rung and is asking for an urgent call back on DPA please. Thanks. Marie. Email sent to Lakshmi Ramasubramanian and cc'd to Sam Steed

Initialized on 04/05/22 14:19 - END OF NOTE

04/05/22 16:57 - CAMHS - PCO Communication by Marie Disley
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Disley,Marie 04/05/22 16:58:

Original Note:

CAMHS PCO Communication

- Date & Time of contact
Date: 05/04/22
Time of activity: 15:30

- Parent/Carer contact
Contact type: Made call

- Failed contact
Additional information: Hi Sam. I have spoken with Axel and his father. The call was made by him not his mum. Alphonse said that Axel is refusing to come down to meet school staff and has been refusing to go to school. He has been showing some anger and temper. I have suggested as follows. Restart Sertraline at 50 mg for a week then 75 mg mane after breakfast. My next appointment is on the 9th of June at 1 pm. They were happy to keep this and Axel preferred it to be a telephone appointment. So let's wait and watch before we set up a face to face appointment. Best wishes. Lakshmi. Get Outlook for Android. _____. From: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>. Sent: Wednesday, 4 May 2022, 15:06. To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>; Disley Marie <Marie.Disley@alderhey.nhs.uk>. Subject: Re: DPA Axel Rudakubana. Hi Sam, Marie. Thank you for the message. The number shared is a wrong number with an extra digit so I am unable to call mum. I will link in with you and set up a race to face appointment before June, could you let the parents know? Best wishes. Lakshmi. Get Outlook for Android. _____. From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>. Sent: Wednesday, May 4, 2022 2:27:48 PM. To: Disley Marie <Marie.Disley@alderhey.nhs.uk>; Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>. Subject: Re: DPA Axel Rudakubana. . Just to let you know Lakshmi I think this is in relation to request from ore medication. Dad texted me asking for meds for increased saliva and I signposted him to GP. This is being stated for non attendance at school. I think they would like the Review to be held earlier due to this. Maybe we could offer to see them face to face? _____. Copy of email discussion and calls made to Axel's Mum by Lakshmi Ramasubramanian and Sam Steed

Initialized on 04/05/22 16:57 - END OF NOTE

05/05/22 14:21 - CAMHS - Session Note by Lakshmi Ramasubramanian
Acct Num: V00004116764 DOB: 07/08/2006 Patient Age: 15

Note verified by Ramasubramanian,Lakshmi 05/05/22 14:25:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 04/05/22
Session Start Time: 15:00
Session End Time: 16:00
Session Duration (mins):: 1 hours and 0 minutes

- -
Event/Session Contact Medium: Telephone
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Medical Professional

- Clinicians Present
Clinician Present:: Lakshmi Ramasubramanian

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person, Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Alphonse, Father. Axel
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Specific Work

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Advice, Medication

- -
Clinical Notes::

see letter
Current Risk Identified: No
Change to current Care Plan: No

- Medication
Type of update:: Update after change Meds
Medication type: Selective Serotonin re-up
Medication Prescribed: see letter

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

** Electronically signed by Ramasubramanian,Lakshmi on 05/05/22 14:25 **
Initialized on 05/05/22 14:21 - END OF NOTE

05/05/22 15:46 - CAMHS - Outcome (EPPF) by Lakshmi Ramasubramanian
Acct Num: V00004116764 DOB: 07/08/2006 Patient Age: 15

Note verified by Ramasubramanian,Lakshmi 05/05/22 15:47:

Original Note:

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Appointment
Session Date: 04/05/22
Session Start Time: 15:00
Session End Time: 16:00
Session Duration (mins):: 1 hours and 0 minutes
Today's Consultation Type is?: Telephone consultation

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Subsequent Activity
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Psychiatry

- Appointment Details
Future Appointment Consultation Type: Telephone consultation
Follow Up Time Frame: Specific Date
Next Appointment Date (specific date): 09/06/22
Appointment Time:(specific time): 13:00
Tolerance (+/-) Consider Clinical Risk: 2 Weeks
Overbook the Clinic if necessary: No
Appointment Location: Community
Is the patient aware?: Yes
Does the patient need a letter?: No
Room Required: No
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Ramasubramanian,Lakshmi on 05/05/22 15:47 **
Initialized on 05/05/22 15:46 - END OF NOTE

06/05/22 13:33 - CAMHS - DNA Outcome by Samantha Steed

Acct Num: V00004114570 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 06/05/22 15:28:

Original Note:

CAMHS - DNA Outcome

Information:: *** The DNA document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- -

CAMHS -DNA Outcome: DNA -Send Again, Same clinician next available

- Appointment Details

Which Service: Sefton Specialist
CAMHS - Type of Appointment: Core Partnership (Follow up)
Resource Name or Appointment type: SSTEED
Next Appointment Date: 13/05/22
Appointment Time:: 13:30
Future Appointment Consultation Type: Video consultation
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Appointment Location: Burlington House
Is the patient aware?: Yes
Does the patient need a letter?: No
Room Required: No
Interpreter required?: No
Interpreter Language: No

** Electronically signed by Steed,Samantha on 06/05/22 15:28 **
Initialized on 06/05/22 13:33 - END OF NOTE

13/05/22 12:31 - CAMHS - PCO Communication by Trish Day

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Day,Trish 13/05/22 12:32:

Original Note:

CAMHS PCO Communication

- Date & Time of contact

Date: 13/05/22
Time of activity: 12:20

- Parent/Carer contact

Contact type: Call received

- Failed contact

Additional information: HI Lakshmi. Dad has called and asked if you could call him on DPA

he said he has a few concerns about Axel and said it is urgent. Thanks Trish

Initialized on 13/05/22 12:31 - END OF NOTE

13/05/22 19:12 - CAMHS - DNA Outcome by Samantha Steed
Acct Num: V00004121662 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 13/05/22 19:16:

Original Note:

CAMHS - DNA Outcome
Information:: *** The DNA document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- -
CAMHS -DNA Outcome: DNA -Send Again, Same clinician next available

- Appointment Details
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Core Partnership (Follow up)
Resource Name or Appointment type: SSTEED
Next Appointment Date: 23/05/22 (Joint Appointment to be booked in by Psychiatry)
Appointment Time:: 12:00 (Joint Appointment to be booked in by Psychiatry)
Future Appointment Consultation Type: Face to Face
Tolerance (+/-) Consider Clinical Risk: 2 Weeks
Appointment Location: Burlington House
Is the patient aware?: Yes (Via Psychiatry - Room already booked in.)
Does the patient need a letter?: No
Room Required: No
Interpreter required?: No
Interpreter Language: No

** Electronically signed by Steed,Samantha on 13/05/22 19:16 **
Initialized on 13/05/22 19:12 - END OF NOTE

13/05/22 19:17 - CAMHS - Phone Contact by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 13/05/22 19:26:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 13/05/22
Time:: 11:00
Call Duration (mins):: 5

- -
Call Type:: Call Recieved
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Alphonse Rudakubana
Staff Member:: Samantha Steed
Service: Sefton Specialist

- -
Call Reason:: Arranging Appointment, Discussion or Information Sharing
Contact Medium: Telephone
Discussion:

Alphonse T/C and texted to ask if he could bring Axel at 12.30 instead of 1.30 as he would not be able to get Dion Axel's brother from school. I agreed.

I asked Alphonse is Axel is awake and up and he said no. I asked if he has told Axel about todays appointment and it seemed he has not for fear Axel may become unsettled.

1149 am Text from Alphonse saying Axel told me that he is not coming (to the appointment with me today). Alphonse said Axel is becoming isolated and going to his room when school visit - he is refusing to go to school or enage in home learning.
Axel started taking the sertraline again but has now stopped. I checked that dad has the medication - he shared that Aexl is not interested in the medication and he has experienced heart burn again after taking it. Alphonse also said that Axel would not harm himself with the medication and is not suicidal - I reiterated that Axel should not be in possession of the medication. Dad also said he has spoken to the GP who advised CAMHS need to manage the increased saliva as it is linked to anxiety. Alphonse said that he will call DR Ram as he feels Axel needs to be seen urgently. Axel is refusing to come into CAMHS though at present and refusing to go to school. I discussed with dad again whether he will be contacting early help to ask for their support again as it seems he is unable to affect any change with Axel at present and parenting support is required.

I will liaise with Dr Ram.

** Electronically signed by Steed,Samantha on 13/05/22 19:26 **
Initialized on 13/05/22 19:17 - END OF NOTE

13/05/22 19:27 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 13/05/22 19:30:

Original Note:

CAMHS - Documents Corresponden

- .

Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
Date Generated:: 13/05/22
Subject:: Emails to/from Dr Ram and Sam Steed
Additional details::

Ramasubramanian Lakshmi
Fri 13/05/2022 13:08
Hi Sam

I called Alphonse as I thought it was urgent

Unfortunately it was not

Axel had an appointment with his GP who suggested a dental check for his salivation. Axel does not have a dentist so dad called emergency dental services who felt it was not an emergency.

Dad was told by the GP that Axel could be anxious as he only salivates in places when he is uncomfortable such as class room.

I feel that it is behavioural. I have shared this with Alphonse.

Also Axel refused to take Sertraline from Monday saying that he has heart burn.

He has not been talking to his parents and is on his room.

I have reiterated that I am not happy that Axel stops medication by himself without discussing with me and the risks associated with it.

I have suggested that we see him face to face at Burlington House jointly.

Thanks

Lakshmi

Day Trish
Fri 13/05/2022 13:24
Sorry Lakshmi, dad told me it was urgent.
Thanks Trish

Steed Samantha
Fri 13/05/2022 14:03
Lakshmi Axel was offered the chance to see me today face to face but dad said he refused. Dad said he has stopped taking his meds again - he is isolating himself - he is not going to school. Dad spoke to GP re increased saliva and says GP said that CAMHS need to sort this...

I am waiting for school to contact me.

Ramasubramanian Lakshmi
Fri 13/05/2022 14:09
Thank you Sam

This is exactly what dad told me.

Axel is displaying a lot of control seeking behaviours which can be understood in the context of his ASC but I also note a significant behaviour component to it .

The hypersalivation cannot be explained by anxiety, it is a form of behaviour.

I have explained this to dad.

I am afraid there is nothing much that can be achieved from CAMHS input which Axel has essentially declined - both keyworker and medication

He has refused to come and see you.

Axel is not risky so we need to consider if he needs to be open to us as it gives the system a false impression that we are doing something

I can offer 23rd May at 11:30 at Burlington House .

Are you able to do this time and date?
Regards

Lakshmi

Ramasubramanian Lakshmi
Fri 13/05/2022 14:20
Great, thanks Sam.

Dear Katie, please could Axel be sent a face to face appointment to see me and Sam on

23rd May at 12.00 pm at Burlington House please?

Thank you
Lakshmi

NB Sam Steed agreed to attend joint appointment.
Contact Medium: Email
Contact Occured: Open

** Electronically signed by Steed,Samantha on 13/05/22 19:30 **
Initialized on 13/05/22 19:27 - END OF NOTE

13/05/22 19:31 - CAMHS - Phone Contact by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 13/05/22 19:36:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 13/05/22
Time:: 14:10
Call Duration (mins):: 16

- -
Call Type:: Call Made
Contact With:: Professional
Contact Professional:: Teacher
Contact with (Name,Title,Org): Haley Dawson
Staff Member:: Samantha Steed
Service: Sefton Specialist

- -
Call Reason:: Discussion or Information Sharing
Contact Medium: Telephone
Discussion:

Axel not attending school. He was refusing to meet with them at home and would go to his room. He agreed to meet with the Safegaurding Officer and there are covnersations re how to support him. School not meeting his needs at present. They need to report to LA re how he is doing. When he cane for transition days he did really well but has since withdrawn and is refusing to attend. Meeting with parents and Axel on monday 16th May.

I agreed to meet/liaise with school. Haley to pass my details onto SENCO. School trying their best to support Axel.
School may aware of joint case manager and psychiatry appointment planned for May 23rd at 12pm.

** Electronically signed by Steed,Samantha on 13/05/22 19:36 **
Initialized on 13/05/22 19:31 - END OF NOTE

18/05/22 17:18 - CAMHS - Professional Disc by Marie Disley
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Disley,Marie 18/05/22 17:18:

Original Note:

CAMHS - Professional Discuss

- .

Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

Type of Discussion:: MDT

- Attendees

** Clinician 1

Clinician Present:: Samantha Steed

Date:: 18/05/22

Time: 11:00

Duration (mins):: 10

Summary:

Previously discussed at MDT on 26th May, 16th June, 18th August, 25th August, 15th September, 22nd September 21 and 23rd March 22. 15 years old with ASD and non-attendance at school for 2 years. Axel is on the waiting list for Family Therapy, but things have escalated. He has stopped taking his medication and a review has been done by Lakshmi. Axel currently has a placement at Prestfield School but doesn't attend. There was an incident with his Dad at the weekend where police were called. There is no parental control over Axel.			Family Therapy consultation needed with Sam Coppard.	Sam to set up as joint review meeting with Lakshmi

Initialized on 18/05/22 17:18 - END OF NOTE

23/05/22 15:39 - CAMHS - Session Note by Lakshmi Ramasubramanian

Acct Num: V00004135600 DOB: 07/08/2006 Patient Age: 15

Note verified by Ramasubramanian,Lakshmi 23/05/22 15:42:

Original Note:

CAMHS - Session Note

- -

Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -

Session Date: 23/05/22
Session Start Time: 12:00
Session End Time: 13:15
Session Duration (mins):: 1 hours and 15 minutes

- -

Event/Session Contact Medium: Face to face communication
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Medical Professional

- Clinicians Present
Clinician Present:: Lakshmi Ramasubramanian

- Additional Clinicians
** Clinician 2
Additional Clinicians Present:: Samantha Steed

- -

Young Person and Family Attendance (Tick all the apply):: Child or young person, Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Alphonse, Father. Axel
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -

Patient Attendance: On time
Appointment Type:: Specific Work

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Assessment Engagement, Anxiety Management, Case Joint Work, Medication, Mental State Examination

- -

Clinical Notes::

I met with Axel and his father Mr Alphonse at Burlington House on the 23rd of May 2022. We were joined by Samantha Steed, Case Manager.

Since my last clinic letter to you, Axel has stopped taking Sertraline yet

again. He felt that Sertraline was causing his heartburn. We explored this in detail.
Axel does not have regular eating habits. Due to his poor sleep pattern and as he does not go out or to school, he often misses breakfast. We were informed that he has cereal or toast made by his mother on some days. Axel does not have a fixed meal time and eats McDonalds at least on 3 days a week and does not eat cooked dinner made by his mother as he says he does not like it.
In addition, on the day he experienced heart burn, he took sertraline in empty stomach and in a lying posture in bed. We discussed how all these could cause acid reflux and contribute to heart burn.

We also discussed about Axel's main concern- salivating excessively and tummy rumbling. Axel and his father Alphonse told us that Axel has never drooled but perceives that he has to swallow saliva in his mouth whenever he feels anxious. This does not happen at home. It only happens in situations when he has to speak to people such as school. Axel says that sometimes he does not have any saliva to swallow but he does the swallowing movements. Following this, he says that his tummy makes rumbling noises. Axel is very conscious of people noticing this. I explained how swallowing can stimulate reflex movements in the tummy and acid production and reassured him that none of us have heard any rumbling noises.

Axel denied any low mood or risks to self or others.

Axel was also interested in how alcohol can help- we offered psychoeducation on how self-medicating with alcohol could be dangerous and explained the adverse effects of misuse of alcohol.
Axel has not taken Sertraline for a while. He agreed to restart Sertraline. I suggested that he starts 50 mg and after 1 week this could be increased to 75 mg.
There were significant concerns around an adult monitoring his medication. Unfortunately, Axel wants to take it himself and there is no consistent adult monitoring it due to work related commitments. So for Axel's safety, we suggested that Alphonse only gives Axel 1 strip of Sertraline at a time and locks away the rest. This was agreed.

Physical Health
This appears to be an area of significant concern. Axel appears to have lost weight. His weight today was 45.4 kgs and his height was 172 cms. Axel has nutritional deficiencies and has been referred to the dietician who has prescribed shakes and enriched drinks, but he has not been drinking it. He has Vitamin D deficiency.
Mr Alphonse was unclear about the follow up arrangements with the dietician and we urged him to follow this up.

Plan

Axel to restart Sertraline at 50 mg dosage for a week and then increase to 75 mg mane
Mr Alphonse and Axel have consented to a professionals meeting with School to discuss next steps for Axel re facilitating school attendance.
Axel happy to attend school tomorrow and this has been facilitated with school.
Axel is awaiting CBT and Family Therapy from CAMHS.
Current Risk Identified: Yes
Specify: Non attendace at school. physical health
Action: ***** Please Update Care Plan *****
Change to current Care Plan: No
Plan::

see notes

- Medication
Type of update:: Update after change Meds
Medication type: Selective Serotonin re-up
Medication Prescribed: see notes

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

** Electronically signed by Ramasubramanian,Lakshmi on 23/05/22 15:42 **
Initialized on 23/05/22 15:39 - END OF NOTE

25/05/22 16:49 - CAMHS - Professional Disc by Marie Disley
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Disley,Marie 25/05/22 16:50:

Original Note:

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: MDT

- Attendees
** Clinician 1
Clinician Present:: Samantha Steed
Date:: 25/05/22
Time: 11:00
Duration (mins):: 10
Summary:

Previously discussed at MDT on 26th May, 16th June, 18th August, 25th August, 15th September and 22nd September 21 and 23rd March and 18th May 22. 15 years old with ASD and non-attendance at school for 2 years. Axel currently has a placement at Presfield School but doesn't attend. He came in to see Lakshmi and Sam on Monday and has lost a lot of weight and looks poorly. His current measurements are weight 45.4kg height 172cm, so is significantly underweight. No pulse or BP was taken during the session. Sam is very concerned. A dietician prescribed him shakes / juices, but he didn't like the taste / sensation. Axel is also complaining of chest pain and indigestion so has stopped taking his Sertraline. Sam feels that the family have a poor understanding of Axel's autism and don't provide home cooked meals. Dad continues to request more medication for Axel. Sam has advised the family to make a referral to Early Help. The school have also done a referral. Axel has attended Presfield today and Sam is to ring them for an update later Dad asked for another Case Manager again.			Safeguarding issue Sam Coppard to join Sam Steed in conversation with parents regarding current concerns for Axel.	Sam to discuss Axel with Emma Walker-Riley today. Sam to request as urgent that the GP do bloods / physical assessment and ECG as Axel is now high risk due to weight loss. (ask GP to assess if Axel needs to attend AED). If Axel doesn't attend GP appointment, then Sam will contact Social Care. MASH referral to be done by Sam.

Initialized on 25/05/22 16:49 - END OF NOTE

26/05/22 11:04 - CAMHS - PCO Communication by Katie Donovan
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Donovan,Katie 26/05/22 11:05:

Original Note:

CAMHS PCO Communication

- Date & Time of contact
Date: 26/05/22
Time of activity: 10:00

- Parent/Carer contact
Contact type: Call received

- Failed contact
Additional information: Had a call with patients dad, in response to call i have sent email to Sam Coppard - see below: Hi Sam,. I have received a call from Dad of Axel Rudakubana. He has requested reallocation of case manager. A female if possible. He is currently allocated to Sam Steed. He described the following to me: -The family worked vey well with Sam and were very happy – she went out of her way to get an EHCP in place and helped a lot. The family appreciated this. -He said the sessions focussed on what the parents are doing and not the child. He said they have tried to explain themselves on email and phone but there explanations are not being excepted. -They say the parent focus questions have caused frictions at home and Axel threatens 'he will tell Sam'. -He said he is being told he isn't feeding his son and to make him proper meals, he said he has purchased numerous recipe books and cooks sometimes for 2-3 hours for Axel to then not eat the food. -He said the food is not healthy food – restaurant standard food with lots of oils etc. -Dad says the problem with Axel is that he says untruthful things. -One week he will say things and then not remember the next week. -He said there is a lack of trust between Sam and parents. -He said there are 'stand offs' happening at home. -Come to Sam as a family – previous CAMHS workers have never spoken to dad like his mother, they deal with child and then call dad in and give summaries. -He said it goes beyond the relms of professionalism, no respect no trust an undermines parents. -Find really offensive at times – asked for another therapist cant carry on like this. -They referred to get him look after, now they are shouting at each other at home which has never happened. -Everything that goes wrong Axel blamed dad. -They are doing there best. -Dad said he is 'open as a book' but Sam does not believe the parents. -Doesn't want the situation to go out of control (mentioned going to the council and school). -Dad mentioned at the end of the call there has been a police incident that he has not yet discussed with Sam. Dad has asked if you could call him to discuss. Thanks,. Katie

Initialized on 26/05/22 11:04 - END OF NOTE

01/06/22 11:32 - CAMHS - Professional Disc by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 01/06/22 12:37:

Original Note:

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: Other
If 'Other' Please Specify:: Safegaurding Supervision MDT 3
Other Attendees::

Emma Walker Safeguarding Supervisor Group 3
Date:: 25/05/22
Time: 14:00
Duration (mins):: 20
Summary:

Discussed recent events re Case Management and response from Dad as to what he feels CAMHS should be doing/offering. Discussed Incident raised and nature of concerns. Grave safeguarding concerns for Axel's re his emotional and physical health wellbeing. Axel is no attending school and is not leaving the home.

School and parents have made referral fro Early Help intervention via West Lancs. Likely another referral needs to be made from CAMHS - Dad has stated via email that he wants a change of worker before things get out of control and social care are involved.

Sam Steed agreed to take Axel to MDT next week 01/06.22 to discuss what needs to happen next. Would be helpful to meet with SLT and Dr Ram to talk things through and put a plan together.

Sam Steed to meet with Vicky Killen. Vicky Killen is due to contact parents in relation to incident raised.

Sam Steed feeling unable to continue as Case Manager due to Dad's response to her practice/ work with Axel.

** Electronically signed by Steed,Samantha on 01/06/22 12:37 **
Initialized on 01/06/22 11:32 - END OF NOTE

01/06/22 12:38 - CAMHS - Phone Contact by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 23/05/22
Time:: 14:00
Call Duration (mins):: 10

- -
Call Type:: Call Made
Contact With:: Professional
Contact Professional:: Other Education
Contact with (Name,Title,Org): Haley Dawson
Staff Member:: Samantha Steed
Service: Sefton Specialist

- -
Call Reason:: Discussion or Information Sharing
Contact Medium: Telephone
Discussion:
TCT Safeguarding Lead.
Made school aware that myself and Dr Ram Psychiatry met with Axel today face to face. Expressed concern for his emotional and physical wellbeing. Axel agreed to go into school on 24.05 for an hour or so. School happy to make arrangements for Axel to have 1:1 support eat some lunch and then leave. School agreed to manage this and plan with dad.

** Electronically signed by Steed,Samantha on 01/06/22 12:46 **
Initialized on 01/06/22 12:38 - END OF NOTE

01/06/22 12:51 - CAMHS - Phone Contact by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 01/06/22 14:33:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 25/05/22
Time:: 14:00
Call Duration (mins):: 10

- -
Call Type:: Call Made
Contact With:: Professional
Contact Professional:: Other Education
Contact with (Name,Title,Org): Ms Dawson - Teacher
Staff Member:: Samantha Steed
Service: Sefton Specialist

- -
Call Reason:: Discussion or Information Sharing
Contact Medium: Telephone
Discussion:

Axel did not attend school yesterday, but attended today for around an hour. Ms Dawson shared that Axel would not eat lunch and sat with his head on the desk for most of the time. I explained that we are concerned about Axel and will be making a request fro GP to run some tests. i asked them to consider Axels presentation in the context of him being emotionally and physically unwell rather than refusing to engage/do things.

I asked aging for School to offer dates and times that they would be happy to meet with myself and Dr Ram and Axel's parents.

At one point school were telling me to refer these concerns on to social care. They were able to confirm that they have already made a referral regards concerns about Axel's non attendance at school and presentation generally.

I will wait to receive dates and times from School re potential TAF mtg.

** Electronically signed by Steed,Samantha on 01/06/22 14:33 **
Initialized on 01/06/22 12:51 - END OF NOTE

01/06/22 14:34 - CAMHS - Phone Contact by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 01/06/22 14:41:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 14/06/22
Time:: 15:00
Call Duration (mins):: 10

- -
Call Type:: Call Made
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Mum and Dad
Staff Member:: Samantha Steed
Service: Sefton Specialist

- -
Call Reason:: Discussion or Information Sharing
Contact Medium: Telephone
Discussion:
TCT Parents

Explained the concern re Axel's weight and advised that at MDT this morning it was agreed for me to refer Axel for urgent tests at his GP Surgery. Dad questioned whether this is part of my role - talked

about his thoughts that I am accusing him and his wife of being a bad parents - then swung back to being grateful for me making the request fro urgent tests for Axel and for noticing.

Mum asked if I think Axel has Liver failure to which I agreed that I think he is very underweight and the tests are needed to check what is going on for Axel. Mum talked a similar talk to dad in saying that she feels I am accusing them of being bad parents who are unable to feed their child.

I advised dad that I have called school for an update and shared that they mentioned Axel had not eaten at school.

Dad made it clear he wants a new CAMHS worker now. I advised him that SLT are aware of his request and when a new worker is allocated he will be advised. NB Mr Rudakubana has previously requested a change of worker but then agreed to keep with me. I do not feel able to work with parents due to their attempts to dictate what is offered/what I talk about with Axel - especially dad. I will discuss this at MDT.

** Electronically signed by Steed,Samantha on 01/06/22 14:41 **
Initialized on 01/06/22 14:34 - END OF NOTE

01/06/22 16:03 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 01/06/22 16:06:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Location:: Other
Date Generated:: 25/05/22
Date Received:: 25/05/22
Subject:: Email to GP Surgery
Additional details::

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 25 May 2022 15:14
To: HARTLEY, Christiana (NHS SOUTH SEFTON CCG) <christiana.hartley@nhs.net>
Subject: Axel Rudakubana NHS DPA
Importance: High

This message originated from outside of NHSmail. Please do not click links or open attachments unless you recognise the sender and know the content is safe.

Dear All, please can I request urgent appointment I met Axel jointly with Dr Ramasubramanian. You will have received a letter from her dated 25.05.22. As you know we met jointly - during this meeting I was struck by dramatic weight loss in Axel and his general presentation.

Weight 45.5kg 172cm - Weight for Height approx 77. BMI 15. Axel is complaining of chest pain. Not eating regularly. His diet has been an ongoing concern Parents buy take out for Axel each day which is of little nutritional value. Axel has not left the home for some time but has attended school today for a short period. Axel's presentation will mean that he will find it hard to engage in learning at present and this will explain his presentation at school. School noted that he did not eat with them today. Axel has been sleeping during the day and awake at night and his routines are out.

Please can the following checks be carried out URGENTLY. Dad is aware of this request.

BP, Pulse, Temp, Height, Weight

FBC, U&E's, TFT's, LFT's, Glucose, ESR, Bone Profile, magnesium and phosphate levels and Coeliac screen, Epstein Barr virus, vitamin D levels, prolactin levels and lipids) today.

Baseline ECG

We would be grateful if you could advise of outcomes.

Please do not hesitate to get in touch if you require more information.

Many thanks,
Sam Steed
Senior Mental Health Practitioner/Case Manager
Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ
Office # DPA

From: HARTLEY, Christiana (NHS SOUTH SEFTON CCG) <christiana.hartley@nhs.net>
Sent: 25 May 2022 15:58
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Subject: RE: Axel Rudakubana NHS DPA

Hi Sam,

We have arranged to see Axel tomorrow afternoon as requested.

Many thanks

Claire

Kind Regards

Claire Pearce

Quality Improvement Lead

Christiana Hartley Medical Practice

5 Curzon Road

Southport

PR8 6PL

Tel: DPA

Web: christianahartleymedicalpractice.co.uk

Email: christiana.hartley@nhs.net

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 25 May 2022 17:37
To: HARTLEY, Christiana (NHS SOUTH SEFTON CCG) <christiana.hartley@nhs.net>
Subject: Re: Axel Rudakubana NHS DPA

Many thanks much appreciated. Please can a note be made that Parents are concerned he may not co - operate regarding blood test possibly due to anxiety or ASC related or both so please can this be considered. Mum asked if I think he has a Liver problem.
Bw,

Contact Medium: Email
Contact Occured: Open

** Electronically signed by Steed,Samantha on 01/06/22 16:06 **
Initialized on 01/06/22 16:03 - END OF NOTE

01/06/22 16:10 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 01/06/22 16:18:

Original Note:

CAMHS - Documents Corresponden

- .

Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
Date Generated:: 25/05/22
Date Received:: 25/05/22
Subject:: Emails to and from Case Manager and ACL et al
Additional details::

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 25 May 2022 13:00
To: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Cc: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Subject: A Rudakubana DPA
Importance: High

Apologies for the delay in sending you this email which was drafted on Mon 23.05.22.

Sam, please can you send through possible dates/times to meet with Dr Ram and I.

Dear Sam, I am emailing regarding Axel Rudakubana to ask for some support again by way of

- raising welfare concerns regarding Axel and significant weight loss, alongside concerning changed presentation. His height and weight were checked by Lakshmi as follows - W 45.4 and H 172cm. and
- regarding his Father's presentation towards me in a joint meeting with Lakshmi yesterday.

Dad is requesting a 'female Psychotherapist' for Axel. and is asking for me not to be involved in the case.

As you know, I have now bought these concerns re Axels wellbeing and his father's presentation to MDT previously so that the concerns are logged and we have a plan in place. School and parent have asked for Early Help to become involved again, so we are awaiting the outcome of the referral. However, there is likely a requirement for social care to become involved.

Bw,
Sam Steed
Senior Mental Health Practitioner/Case Manager
Sefton Specialist CAMHS

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 25 May 2022 13:49
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Cc: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Subject: RE: A Rudakubana DPA

Hi,

I can't see Axels name on FT list..... I have checked with Suzanne and we have reviewed all the pended

appointments since last year

19/8/21 – correspondence that NVR Space, SFP and Early Help support were considered during the meeting, but it was felt that Key Work would be more beneficial – Offered keywork

22/9/21 - SFP/FT requested in MDT

12/1/22 – Sam to check with Adele where Axel is on wait list for FT

23/3/22 – Noted in MDT that Axel probably won't attend FT and he was referred to CBT (Axel is on CBT list)

18/5/22 - FT Consult needed with Sam Coppard (discussed at MDT)

I have sent an invite for a systemic consult on Tuesday 31st March 11am via MS Teams. It looks as though it was not referred through to SFP/FT in September last year. Even if Axel had been referred he would not have been seen yet.

Samuel Coppard
Assistant Clinical Lead / Family Therapist
Sefton Specialist CAMHS

To: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>; Jones Suzanne <Suzanne.Jones@alderhey.nhs.uk>
Cc: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Subject: Re: A Rudakubana DPA

Hi Sam,
MDT notes state I ask for support and you agreed to join me on 15/08/21 and Referral to Family Therapy was made on 22.09.21 as noted by Marie. The family would come under Southport Clinic.

Be grateful if you could ensure that they are on the list for support and we can think more about whether this is an appropriate intervention together, based on how things are presenting for the family.

Bw

Thanks for the offer of consult Sam but I am on leave on the date and time you offered.

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 25 May 2022 17:57
To: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Cc: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Subject: Re: A Rudakubana DPA

Hi again Sam, not sure if it was a joint decision that FT is not for the family or whether that came from yourself. Hopefully we can find another date/time for consult as still I feel that family therapy intervention is needed alongside other support.

I am not sure if you are looking to meet with just me - Dr Ram has asked for a 3way mtg which would likely be more helpful, so if you could extend an invitation to meet to her as well I'd be grateful. I am still waiting on dates and times form school for a mtg with them and parents. Axel has a GP

appointment for tomorrow at 2pm. Many thanks for your help with Axel and his family.
Contact Medium: Email
Contact Occured: Open

** Electronically signed by Steed,Samantha on 01/06/22 16:18 **
Initialized on 01/06/22 16:10 - END OF NOTE

01/06/22 16:26 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 01/06/22 16:28:

Original Note:

CAMHS - Documents Corresponden

-
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
Date Generated:: 30/05/22
Subject:: Email from ACL asking for Axel to be out on F/T wait list backdated.
Additional details::
From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 30 May 2022 09:46
To: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Cc: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Subject: Axel Rudakubana -FT Referral

Hi Marie,

Sorry I didn't respond earlier – please put Axel go on the FT list and backdate. If we do this he will be seen soon.

Samuel Coppard
Assistant Clinical Lead / Family Therapist
Sefton Specialist CAMHS

From: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Sent: 30 May 2022 09:47
To: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Cc: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Subject: RE: Axel Rudakubana -FT Referral

Hi Sam,
I have and apologies as think this could be my fault that he wasn't added in first place.
Thanks
Marie

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 30 May 2022 09:54
To: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Cc: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Subject: RE: Axel Rudakubana -FT Referral

No problem Marie. There's no disadvantage at this point as he wouldn't have been seen yet.

Samuel Coppard
Assistant Clinical Lead / Family Therapist
Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ
Telephone : DPA

Contact Medium: Email
Contact Occured: Open

** Electronically signed by Steed,Samantha on 01/06/22 16:28 **
Initialized on 01/06/22 16:26 - END OF NOTE

01/06/22 16:29 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 01/06/22 16:54:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
Date Generated:: 01/06/22
Date Received:: 31/05/22
Subject:: EMail from parent and forwarded on to CAMHS Psychiatry
Additional details::

From: Alphonse Rudakubana DPA
Sent: 31 May 2022 17:41
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Cc: Laetitia Muzayire DPA

Subject: Axel Rudakubana

Dear Sam and Dr Ram,

It was good for Axel and I to meet you on Monday 23/05/2022.

I am writing to you because I received your letter/report about the meeting. I was astonished by some of the content of the letter.

The following are some corrections to the statements made in your letter.

1. Axel eats breakfast. He makes himself cereals with milk and juice or smoothie. In addition, mum makes him egg toasts when Axel is awake, which is most mornings. Axel makes himself a butter toast when he wants.

2. I don't know what you mean by "Axel does not have a fixed meal time..." As far as I know, Axel eats breakfast if he wants to, lunch, dinner, tea, cookies and sweets, and our fridge always has lots of ready made foods and sandwiches that Axel eats when he wants to.

3. When Axel took Sertraline the second time, I made sure that he ate his breakfast before I gave him the tablet. He didn't take it "in empty stomach." On the third day, he complained again of the heartburn. I said this in our meeting.

4. I was not there when Axel discussed alcohol with you but this is what he told his parents of what he meant. He told us that he asked you that if Axel reduces anxiety/fear in people who take it, how come there is no medication which is as effective. May I advise that when Axel makes an unusual statement, you should ask him to explain or what he means?

5. We (the parents) don't agree with "There were significant concerns around an adult monitoring his medication. Unfortunately Axel wants to take it himself and there is no consistent adult monitoring it due to work related commitments." If this what Axel said when I was away from the meeting, you should at least have given me the opportunity to explain or to respond. You should also mention the source of such incorrect statement.

I would like to confirm that we, as responsible parents, did not have any concerns or difficulty managing Axel's medication. Especially when both of you explained to him that a parent will keep and give him the required daily dose of Sertraline. I took over that responsibility when Axel was advised to resume his medication and have it after food intake. Since the beginning of the prescription of the anti anxiety medication, Axel had insisted that he wanted to manage the medication himself that he was not a baby. He was careful enough for us to accept his decision and so far there haven't been any problem that we weren't aware of.

6. The following statement is false: "...there is no consistent adult monitoring it due to work commitments." How do you possibly know? Since I came from doing a school run a few months ago and found Axel was missing, I have alway been available and I am with Axel at all times. I only go to work when Axel's mum is at home. That's the truth.

Having said that, it is safe for Axel to manage 1 strip of Sertraline at a time as instructed. We also make sure that he takes his daily dose.

7. On physical health, I don't know if you heard me. I explained that the dietician has issued shakes and (enriched) juices as well as tips for Axel, such as trying various ready-made foods, taking supplements. Axel doesn't take the drinks but can change from time to time, therefore, we keep them in the house just in case. There is nothing else the dietician can do and we understand this, so there is no follow up to do. We have vitamin supplements as well. I told you that Axel is not regarded as having eating

disorder for his GP to refer him to the eating disorder clinic. I said that Axel has a small frame just like I was, and is not as unhealthy as you perceive him to be. However, he is likely to be low on vitamin D for staying inside the house and we are thankful to you that you ordered his bloods to be tested.

I hope this helps and I wish that a new letter reflecting our corrections be resent to all parties that the original was sent to. Also, I would like to have the email of Dr Ram.

I look forward to hearing from you.
Many thanks,
Alphonse Rudakubana
PS: Sam please forward this email to Dr Ram. Thanks

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: Wednesday, 1 June 2022, 08:52
To: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Cc: Killen Vicky <Vicky.Killen@alderhey.nhs.uk>
Subject: Fw: Axel Rudakubana

Dear Lakshmi please see email below for info - not sure which other member of SLT to cc in at this stage - please can you forward on to Sam Coppard if relevant. I am going to take Axel to MDT again today so will ask for/discuss clarity re my role now. BW,

---

From: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Sent: 01 June 2022 09:04
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Cc: Killen Vicky <Vicky.Killen@alderhey.nhs.uk>; Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Subject: Re: Axel Rudakubana

Hi Sam

Thank you for forwarding this to me.

We can acknowledge the receipt of this email and it's contents, but my letter is based on the clinical impression at the face to face meeting and at previous interactions with the family.

Although I appreciate that Mr Rudakubana wants the letter to be amended, I am afraid I cannot amend a clinic letter based on what the parent wants to be on it unless there is clear evidence for it.

I am afraid my concerns about Axel's medication compliance and monitoring predates the face to face meeting and Mr Rudakubana himself contradicts what he says in his email.

Could you or Sam C/ Vicky share my response with Mr Rudakubana please?

I am not happy for my email address to be shared with Mr Rudakubana.

I am more than happy to attend a meeting with Mr Rudakubana and a senior manager if he wishes to pursue this and any of his other concerns about CAMHS.

I also wonder if Axel's GP and address which is in Banks makes him a patient of West Lancashire CAMHS? In the past I have transferred a patient with a GP from Banks to Skelmersdale CAMHS.

Vicky, do you know if this is correct?

Best wishes
Lakshmi

From: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Sent: 01 June 2022 09:47
To: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>; Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Cc: Killen Vicky <Vicky.Killen@alderhey.nhs.uk>
Subject: RE: Axel Rudakubana

Hi all,

Axel is on the FT wait list. I have discussed with Joan and we are going to offer Axel an appointment in either June or July as we have had a discharge yesterday morning – which means Axel is next.

I will approach the family and discuss with them. I will need to speak with Vicky as regarding my role as I won't be able to provide family therapy and managerial input. Family Therapy would be the most appropriate but it might mean that another ACL or Vicky will need to cover the managerial side of things.

Samuel Coppard
Assistant Clinical Lead / Family Therapist
Sefton Specialist CAMHS

Sent: 01 June 2022 09:54
To: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>; Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Cc: Killen Vicky <Vicky.Killen@alderhey.nhs.uk>
Subject: Re: Axel Rudakubana

Hi again All, Can I just highlight that Mr Rudakubana may now be reluctant again to engage in Family Therapy as he feels that Axel requires treatment not him. He was reluctant when I first offered it but then came round. He was also referred to Riding the Rapids but the group did not take place. It might be worth someone else having this conversation with him before the offer is made to establish what his thinking is re care planning and risk management for Axel. Bw,

---

Email to Admn following on from discussion at MDT

From: Steed Samantha
Sent: 01 June 2022 16:40
To: SeftonCAMHSAdmin <SeftonCAMHSAdmin@alderhey.nhs.uk>
Cc: Disley Marie <Marie.Disley@alderhey.nhs.uk>
Subject: Axel Rudakubana DPA - Email from parent
Dear All, Sorry to ask but please can acknowledgment receipt on my behalf of the email below sent on 31.05.22 at 17:41 - be sent from Sefton CAMHS email address to the following parents email addresses
Alphonse Rudakubana DPA
Laetitia Muzayire DPA reference Axel Rudakubana DPA
Please can you advise that the Clinical Lead will be in contact to discuss. Please do not cc me into the return email. Please give me a call if this makes no sense.
Many thanks,
From: Alphonse Rudakubana DPA

Sent: 31 May 2022 17:41
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Cc: Laetitia Muzayire [redacted]
Subject: Axel Rudakubana

Dear Sam and Dr Ram,

It was good for Axel and I to meet you on Monday 23/05/2022.

I am writing to you because I received your letter/report about the meeting. I was astonished by some of the content of the letter.

The following are some corrections to the statements made in your letter.

1. Axel eats breakfast. He makes himself cereals with milk and juice or smoothie. In addition, mum makes him egg toasts when Axel is awake, which is most mornings. Axel makes himself a butter toast when he wants.

2. I don't know what you mean by "Axel does not have a fixed meal time..." As far as I know, Axel eats breakfast if he wants to, lunch, dinner, tea, cookies and sweets, and our fridge always has lots of ready made foods and sandwiches that Axel eats when he wants to.

3. When Axel took Sertraline the second time, I made sure that he ate his breakfast before I gave him the tablet. He didn't take it "in empty stomach." On the third day, he complained again of the heartburn. I said this in our meeting.

4. I was not there when Axel discussed alcohol with you but this is what he told his parents of what he meant. He told us that he asked you that if Axel reduces anxiety/fear in people who take it, how come there is no medication which is as effective. May I advise that when Axel makes an unusual statement, you should ask him to explain or what he means?

5. We (the parents) don't agree with "There were significant concerns around an adult monitoring his medication. Unfortunately Axel wants to take it himself and there is no consistent adult monitoring it due to work related commitments." If this what Axel said when I was away from the meeting, you should at least have given me the opportunity to explain or to respond. You should also mention the source of such incorrect statement.
I would like to confirm that we, as responsible parents, did not have any concerns or difficulty managing Axel's medication. Especially when both of you explained to him that a parent will keep and give him the required daily dose of Sertraline. I took over that responsibility when Axel was advised to resume his medication and have it after food intake. Since the beginning of the prescription of the anti anxiety medication, Axel had insisted that he wanted to manage the medication himself that he was not a baby. He was careful enough for us to accept his decision and so far there haven't been any problem that we weren't aware of.

6. The following statement is false: "...there is no consistent adult monitoring it due to work commitments." How do you possibly know? Since I came from doing a school run a few months ago and found Axel was missing, I have alway been available and I am with Axel at all times. I only go to work when Axel's mum is at home. That's the truth.

Having said that, it is safe for Axel to manage 1 strip of Sertraline at a time as instructed. We also make sure that he takes his daily dose.

7. On physical health, I don't know if you heard me. I explained that the dietician has issued shakes and (enriched) juices as well as tips for Axel, such as trying various ready-made foods, taking supplements. Axel doesn't take the drinks but can change from time to time, therefore, we keep them in the house

just in case. There is nothing else the dietician can do and we understand this, so there is no follow up to do. We have vitamin supplements as well. I told you that Axel is not regarded as having eating disorder for his GP to refer him to the eating disorder clinic. I said that Axel has a small frame just like I was, and is not as unhealthy as you perceive him to be. However, he is likely to be low on vitamin D for staying inside the house and we are thankful to you that you ordered his bloods to be tested.

I hope this helps and I wish that a new letter reflecting our corrections be resent to all parties that the original was sent to. Also, I would like to have the email of Dr Ram.

I look forward to hearing from you.

Many thanks,

Alphonse Rudakubana

PS: Sam please forward this email to Dr Ram. Thanks

Contact Medium: Email
Contact Occured: Open

** Electronically signed by Steed,Samantha on 01/06/22 16:53 **
Initialized on 01/06/22 16:29 - END OF NOTE

01/06/22 16:44 - CAMHS - Professional Disc by Marie Disley
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Disley,Marie 01/06/22 16:44:

Original Note:

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: MDT

- Attendees
** Clinician 1
Clinician Present:: Samantha Steed
Date:: 01/06/22
Time: 11:00
Duration (mins):: 10
Summary:

Previously discussed at MDT on 26th May, 16th June, 18th		Lakshmi to cancel her next	Sam to put in a new MASH

August, 25th August, 15th September and 22nd September 21 and 23rd March, 18th May and 25th May 22. 15 years old with ASD and non-attendance at school for 2 years. Axel currently has a placement at Presfield School but doesn't attend. They have made an Early Help referral. Concerns were raised on 25th May regarding Axel's weight loss and presentation. He has had bloods done with GP and they have come back low Vitamin D. His blood pressure was quite low. After the families last appointment with Lakshmi, she wrote a letter to the GP but Dad has emailed to complain and is acting very paranoid and defensive. He has requested that the letter be changed, and that Axel also has a new case manager. He wants another female. Both Sam and Lakshmi have found Dad to be aggressive and rude in his manner towards them. An incident form has been put in by Lakshmi. Axel has also stopped working with Michelle Warner. Sam queried whether any case manager would be able to work with Axel's Dad in present situation. Lakshmi and Sam said that Axel was hypervigilant during the last meeting and looked unwell. Axel is currently top of the Family Therapy waiting list, but Sam has safeguarding concerns and feels that Dad won't engage as he doesn't see the issues as related to parenting.		appointment on 9th June and have a meeting with Sam and Vicky Killen. Lakshmi has concerns for Dad's behaviour or reaction to her letter as she is not prepared to remove comments as per Dad's requests. Lauren has offered to attend meetings and spend the session with Dad whilst Sam works with Axel. (meet with Vicky first to discuss)	referral Sam to ring GP to discuss results of bloods and ECG. Sam to request a consultation with EDYs Lakshmi to request that GP do weight / blood pressure monitor bi-weekly.

Lakshmi reported that the family issues are significant and relationship with Dad is the problem. She also expressed concern re Dad's attitude and tone when speaking to her and feels he wants to exert control over everything. The opinion is that Axel is exerting his own control by refusing to attend school or eat. Axel says that Mum cooks food he doesn't like so he doesn't eat it. He also has difficulties in his relationship with his brother, who he perceives as the 'good' child. There are also safeguarding concerns around Dad's lack of encouragement in getting Axel to take his medication regularly. He also allows Axel access to 3 months supply of Sertraline.				

Initialized on 01/06/22 16:44 - END OF NOTE

01/06/22 17:13 - CAMHS - Phone Contact by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 01/06/22 17:19:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 01/06/22
Time:: 15:00
Call Duration (mins):: 5

- -
Call Type:: Call Made
Contact With:: Professional
Contact Professional:: Other
Contact with (Name,Title,Org): GP Surgery
Staff Member:: Samantha Steed
Service: Sefton Specialist

- -
Call Reason:: Discussion or Information Sharing
Contact Medium: Telephone
Discussion:

Re ECG baseline recorded as Normal. Advised member of surgery staff that Psychiatry will write to GP re Axel. Bloods normal - low Vitamin D. At MDT Dr Russell noted that Axel is concerning. and that bloods can take a while to highlight any difficulties as a result of poor diet eating routines. Sam to request consultation from GP.

** Electronically signed by Steed,Samantha on 01/06/22 17:19 **
Initialized on 01/06/22 17:13 - END OF NOTE

01/06/22 17:22 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 01/06/22 17:22:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
If other specify:: Email to EDYS
Date Generated:: 01/06/22
Subject:: Email to EDYS to reques Consultation
Additional details::

From: Steed Samantha
Sent: 01 June 2022 17:21
To: EDYS <EDYS@alderhey.nhs.uk>
Subject: Axel Rudakubana DPA

Dear All, Please can I request consultation for Axel Rudakubana DPA regarding concerns about weight loss diet and possible restricted eating. Axel has a diagnosis of ASC. My mobile number is DPA - Many thanks,

Sam Steed

Senior Mental Health Practitioner/Case Manager

Sefton Specialist CAMHS
Contact Medium: Email
Contact Occured: Open

** Electronically signed by Steed,Samantha on 01/06/22 17:22 **
Initialized on 01/06/22 17:22 - END OF NOTE

06/06/22 11:12 - CAMHS - PCO Communication by Julie Royle
Acct Num: V00004066545 DOB: 07/08/2006 Patient Age: 15

Note verified by Royle,Julie 06/06/22 11:13:

Original Note:

CAMHS PCO Communication

- Date & Time of contact
Date: 06/06/22
Time of activity: 11:12

- Parent/Carer contact
Contact type: Made call

- Failed contact
Additional information: Spoken to dad to cancel appointment with Dr Ram on 9 June - advised dad a further appointment will be sent out soon.

Initialized on 06/06/22 11:12 - END OF NOTE

08/06/22 13:09 - CAMHS - Professional Disc by Rob Woodhouse
Acct Num: V00004183657 DOB: 07/08/2006 Patient Age: 15

Note verified by Woodhouse,Rob 08/06/22 13:15:

Original Note:

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please

ensure you are documenting on the right account number
Type of Discussion:: Consultation

- Attendees
** Clinician 1
Clinician Present:: Rob Woodhouse

** Clinician 2
Clinician Present:: Samantha Steed

** Clinician 3
Clinician Present:: Liberty Braben
Date:: 07/06/22
Time: 15:00
Duration (mins):: 45
Summary:
Background
Axel lives at home with parents and his brother. Axel was referred to CAMHS for anxiety and has a diagnosis of ASD. Axel appears to have a difficult relationship with parents and seems to not feel heard. Axel struggles in school and has not been attending recently. Axel has been doing less things he used to do such as going to the shops.

Concerns
Sam is concerned due to the weight loss and appearing physically unwell. This appears to coincide with Axel stopping taking his sertraline, which did appear to help Axel's anxiety, however he stopped this due to concerns about this causing chest pains/heart burn. Axel has been advised to start these again, with parents having more active role in medication management. Axel has also stopped attending school (he was at PRU in Lancs however never felt like he fit in).

Sam noticed visible weight loss when she recently saw Axel, from when she had seen him 5-6 weeks earlier. On 25.05.2022 had mBMI of 77.7% - Moderate High Risk on Junior MARSIPAN (Weight: 45.5kg, Height: 172cm). Clear concerns about physical health particularly if weight loss continues.
Axel has reduced intake, reports this is that he doesn't like what mum/dad cooks for him however this appears to be longer standing than current episode of weight loss. Axel will eat takeaways from Mcdonalds or Nandos. Also poor routine/sleep.

Axel does struggle to eat in front of others and has concerns about excess salivation.
Axel has not voiced any eating disorder cognitions or a drive for thinness, he has reported that he is hungry and wants to eat. Limited intake appears to be in context of anxiety/low mood.

Has been under community dietetics, unsure if still open refuses to take shakes.

Dad has also requested change of clinician for Axel within Sefton CAMHS.

Plan
The following plan was discussed and agreed with Samantha:
- Sam to contact GP re. regular monitoring of Axel's weight and clarify that GP currently holds physical responsibility.
- Sam to contact GP to obtain any previous heights/weights on record to clarify trend of weight loss.
- Rob to ask EDYS Paeds If appropriate for CAMHS/GP to make referral to Gen Paeds
- Rob to check with EDYS dieticians if re-referral to community dietetics would be appropriate if closed.
- Advised that CAMHS focus may need to be on intervention addressing barriers to eating as this is placing Axel at increased physical risk and he should be prioritised for intervention. Also discussed

benifit of linking with community dietetics and other professionals involved.
- Advised that Axel will be at increased risk if on wait list for reallocation without case manager/ intervention and would be useful for this to be taken into consideration.

**Update:
- Rob discussed with EDYS paeds who advised that CAMHS make referal to GenPaeds due to low weight
- Rob discussed with EDYS dietician advised CAMHS contact community dietetics to check if Axel is open - if he is update them, would be benificial for CAMHS to re-refer to community dietetics.

** Electronically signed by Woodhouse,Rob on 08/06/22 13:15 **
Initialized on 08/06/22 13:09 - END OF NOTE

08/06/22 15:30 - CAMHS - PCO Communication by Marie Disley
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Disley,Marie 08/06/22 15:31:

Original Note:

CAMHS PCO Communication

- Date & Time of contact
Date: 08/06/22
Time of activity: 15:20

- Parent/Carer contact
Contact type: Call received

- Failed contact
Additional information: Hi All,. Dad has rung about upcoming appointments and said that he doesn't think they should go ahead until someone has rung him back to discuss a new case manager. His number is DPA Thanks. Marie. Email sent to Sam Coppard and cc'd to Sam Steed and Vicky Killen

Initialized on 08/06/22 15:30 - END OF NOTE

08/06/22 16:56 - CAMHS - PCO Communication by Julie Royle
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Royle,Julie 08/06/22 16:57:

Original Note:

CAMHS PCO Communication

- Date & Time of contact
Date: 08/06/22
Time of activity: 16:56

- Parent/Carer contact
Contact type: Call received

- Failed contact
Additional information: Email to Sam Coppard, Sam Steed and Vicky Killen. Hi All. Just following up from this morning's call – mum has called again requesting a call back. Thanks. Julie

Initialized on 08/06/22 16:56 - END OF NOTE

08/06/22 18:58 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 08/06/22 19:02:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
Date Generated:: 08/06/22
Subject:: Wmails to/from EDYS following on from Consultation.
Additional details::
From: Steed Samantha
Sent: 08 June 2022 12:46
To: Woodhouse Rob <Rob.Woodhouse@alderhey.nhs.uk>
Cc: crisiscareandedysadmin <crisiscareandedysadmin@alderhey.nhs.uk>
Subject: Axel Rudakubana DPA

Hi Rob,
Thanks so much for your time yesterday - it was really helpful to talk things through re Axel and his family. I have further info re Axel -
As per GP attendance/records.
- 26/05/22 BP 93/64 - Weight 46KG
Dec 2021 Weight 45.8KG
Nov 21 Weight 45KG
Oct 21 Weight 45KG

Although weight has been consistently low Axel's physical presentation has deteriorated as per our discussions.

Hope this is helpful - will wait to hear back from you.
Bw,
Sam Steed

Senior Mental Health Practitioner/Case Manager
From: Woodhouse Rob <Rob.Woodhouse@alderhey.nhs.uk>
Sent: 08 June 2022 13:17
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Cc: crisiscareandedysadmin <crisiscareandedysadmin@alderhey.nhs.uk>
Subject: RE: Axel Rudakubana DPA
Hi Sam,

I have spoken with our Paediatrician who advised that CAMHS make referral to General Paediatrics given his low weight.

I also discussed Axel with our dietician who advised CAMHS contact community dietetics to check if Axel is open - if he is update them, if he had been closed it would be benificial for CAMHS to re-refer to community dietetics.

Thanks
Rob

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 08 June 2022 14:53
To: Woodhouse Rob <Rob.Woodhouse@alderhey.nhs.uk>
Cc: crisiscareandedysadmin <crisiscareandedysadmin@alderhey.nhs.uk>
Subject: Re: Axel Rudakubana DPA
Thanks for the feedback. Bw,

From: Woodhouse Rob <Rob.Woodhouse@alderhey.nhs.uk>
Sent: 08 June 2022 15:08
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Cc: crisiscareandedysadmin <crisiscareandedysadmin@alderhey.nhs.uk>
Subject: RE: Axel Rudakubana DPA

No worries, thanks for your other email, it looks like his weight has been stable since 2021, however his mBMI will be dropping as some weight gain would usually be expected.
I'm glad you found it helpful.
Thanks,

Rob

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 08 June 2022 15:11
To: Woodhouse Rob <Rob.Woodhouse@alderhey.nhs.uk>
Subject: Re: Axel Rudakubana DPA

Yes, I thought the same re stable weight - still a worrying picture for him - Have asked Dr Ram to follow up re General Paeds referral and I will look for contact re Dietician. Will make sure this is all recorded on Meditech too. Bw,
Contact Medium: Telephone

Contact Occured: Open

** Electronically signed by Steed,Samantha on 08/06/22 19:02 **
Initialized on 08/06/22 18:58 - END OF NOTE

08/06/22 19:02 - CAMHS - Professional Disc by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 08/06/22 19:16:

Original Note:

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: Consultation
If 'Other' Please Specify:: EDYS
Other Attendees::

Dr Rob Woodhouse
Date:: 07/06/22
Time: 15:00
Duration (mins):: 45
Summary:
Shared, Age, GEnder, Ethnicity with Dr Woodhouse.

Shared background information regarding Axel, his presentation concerns re weight provided details of weight and height. Discussed it would be helpful to compare past weight and have knowledge of blood pressure.

Discussed safeguarding concerns if Axel is not bought to appointments and Dad requests different to what CAMHS are willing to offer. Referral to Early Help has been made by school and self referral by parents to West Lancs.

Discussed that GP is responsible for Axel's physical health which is likely becoming compromised due to low weight. Shared GP record of bloods being fine. Agreed to get BP and past weights from GP.

I agreed to ask if Dr Ram can liaise with/cc Dietician into letter written to GP to ask them to monitor Axel's weight BP Heart etc (whatever Dr Ram requests) Also likely that a general paediatrician referral could be helpful. I explained situation re parent request for new worker and how I am compromised in terms of not being able to ask for parental consent to make referrals.

Concern discussed that Axel is not drinking the shakes and juices prescribed from the Dietician. No weight gain likely to see decline in BMI, which is thought to be at 15 currently. Rob expressed that Axel could get into real trouble in terms of his physical health if this pattern continues. There is no evidence of Bulimia or anorexia - there seems to be a narrative of potentially lacking nutrition set alongside his heritage and dad stating he was like Axel (thin and tall) when he was his age, and from what we are being told Axel is eating although he declined food at school on 27.05 when he attended.

Noted that Axel will not be able to concentrate do well at school because of his physical health context

which obviously impacts his emotional wellbeing. I pointed out that Axel was hypervigilant in session with CAMHS Psychiatry on 25/05/22.

Rob agreed to discuss Axel with EDYS dietician and Paediatrician for advice once I shared info requested re BP and past weight.

Consultation end for today with Sam Steed to contact Rob Woodhouse with past weight and BP.

** Electronically signed by Steed,Samantha on 08/06/22 19:16 **
Initialized on 08/06/22 19:02 - END OF NOTE

10/06/22 10:06 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 10/06/22 10:12:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
Date Generated:: 10/06/22
Additional details::
ASC POST DIAGNOSITIC SUPPORT

From: asdqueries <asdqueries@alderhey.nhs.uk>
Sent: 10 June 2022 09:39
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Subject: RE: Referral for ASD and You Workshop. Axel Rudakubana **DPA**

Thanks Sam,

Axel will be invited to the next workshop

Kind regards
Pam Usher
ASD Admin
Alder Hey Children's NHS Foundation Trust
Contact Medium: Email
Contact Occured: Open

** Electronically signed by Steed,Samantha on 10/06/22 10:12 **
Initialized on 10/06/22 10:06 - END OF NOTE

10/06/22 10:24 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 10/06/22 10:32:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
Date Generated:: 08/06/22
Date Received:: 08/06/22
Additional details::

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 08 June 2022 18:52
To: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Cc: Killen Vicky <Vicky.Killen@alderhey.nhs.uk>; Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Subject: Re: Axel Rudakubana

Hi All, Sorry I must have missed something or maybe wasn't copied in as wasn't aware mum had called this morning. Vicky is due to call Dad. I forwarded this to Laksmi and Marie's email re mum calling so she is in the loop. I thought her appointment was cancelled by us anyway.

PLAN for Axel
AXEL'S COMPROMISED PHYSICAL HEALTH
I have now had consultation with EDYS - Recommendations as follows -
Referral to General Paediatrician
Make contact with Dietician to see is he is still open.

I have asked if Dr Ram can lead regarding these referrals, as Parents are explicit in not wanting me involved further. Consent will ideally need to be gained.

MEDICATION
We need to be sure if he is taking the Sertraline. Lakshmi due to offer review once we have professionals meeting

FAMILY SUPPORT
School and dad referred for Early Help in Lancs and School have been advised to visit Mr Rudakubana at home so that they can 'find out what he wants'. Via Safeguarding supervision the advice was to refer to social care however I am not in a position to do this as parents do not want me involved particularly in relation to me sharing info with other agencies. I am unable to gain consent so this will need to be led by someone else as it does not feel that this should be a case of what does dad want - me thinking is where is Axel's voice in all of this?

Sam Coppard has now offered an appointment for Family Therapy, but my worry is dad will not be happy for this offer to go ahead due to him not wishing to work on himself. Just to warn you he previously became quite threatening to me in relation to the suggestion that parents attend sessions and F/T referral be made. He may think differently now, but that was his initial message to me before agreeing for me to put him on the F/T list so that the best support can be in place for Axel in relation to the formulation.

RISK
I spoke with Adele re DSD, but there is some uncertainty for me re there Lancs address - Adele was going to check this out but I have not completed that tool; due to not being able to ask mum/dad for consent.

ASC
Dad was supposed to be attending Riding the Rapids but the referral I made may have been lost. They are Lancs residents but GP is Sefton so it may be that they could attend via Venus. If they access social care/early help it will be

Axel has been referred for ASC Post Diagnostic support.

EDUCATION
Re Education I learnt today if young people are accessing Venus they can attend Pinefield. I am wondering if this is Axel's best hoe to try and help him back to Presfield. GP in Sefton may allow him to access Venus although home address might be the issues. I explored this previously and was advised that home address precludes him for Pinefield. The ALP in Lancs Acorns is wholly inappropriate and did not work for him last time he was there.

School staff have visited home but Axel takes himself off to his room and refuses to speak with them. he went to school once after the joint mtg with DR RAm on 25/05. He has not returned ad did not present well whem there - head on table and not engage - declining food.

THERAPEUTIC SUPPORT FOR AXEL
He is on the waiting list for CBT adapted for ASC. I am unsure how affective this will be. Maybe the support specialist ASC support Camille is offering could be extended to this family. Perhaps Jill Locke (who is already known to the family) could oversee Camille in her offering support, as parents have limited understanding of Axel's needs and how best to manage them, and Axel as limited tolerance for his father.

I know the constraints regarding reallocation, but please cam I ask that I am removed from the case now as Case Manager as their response is having a negative impact on me and I am not able to practice in a safe way i.e. make the referral out to safeguarding due to not being able to gain consent etc. I know we are due to meet but I feel that my involvement will compromise Axel. If Axel is bought to Clinic and wishes to speak with me I will see him (would prefer to do this jointly with someone) but his father needs to be made aware that his behaviour is inappropriate, and he cannot continue to state what Clinicians allow Axel to talk about etc if he wants a Service form CAMHS.

NB Dad has asked for a female for Axel but someone needs to ask Axel directly if wants a female.

Sorry for the long email, but I am feeling quite passionate about something different needing to happen. Hope we can meet soon.

Thanks and Bw,

From: Killen Vicky <Vicky.Killen@alderhey.nhs.uk>
Sent: 08 June 2022 20:42
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>; Coppard Sam <Sam.Coppard@alderhey.nhs.uk>
Cc: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>
Subject: RE: Axel Rudakubana

Hi all
I am on this – sorry for delay - will update tomorrow.
I didn't get chance to call dad before my leave and wanted to touch base before calling in case there was an update.

In hand now.
Thanks
Vicky
Dr Vicky Killen
Clinical Lead / Clinical Psychologist

From: Killen Vicky <Vicky.Killen@alderhey.nhs.uk>
Sent: 09 June 2022 13:51
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Subject: (AR)

Spoke to Mr. R – he said how you had really helped them – he did not want to change that.

He feels quickly criticised and this eating things really taps into that and that was the main issue – I said we would reallocate as better for everyone and I told him we would not accept further behaviour I like in the meeting.

Hoping Lakshmi and I can meet him about the eating….

Vicky
Dr Vicky Killen
Clinical Lead / Clinical Psychologist
Sefton Specialist CAMHS
Contact Medium: Email
Contact Occured: Open

** Electronically signed by Steed,Samantha on 10/06/22 10:32 **
Initialized on 10/06/22 10:24 - END OF NOTE

14/06/22 11:10 - CAMHS - Professional Disc by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

Type of Discussion:: Other
Date:: 14/06/22
Time: 11:00
Duration (mins):: 60
Summary:
Mtg with School and CAMHS Dr Ram and Sam Steed

Explained background re CAMHS involvement and concerns for Axel.

Difficulties with dad asking for new worker for Axel. Wanting clinic letter to be changed. Dr Ram refusing to change letter.

School have not seen Axel much. It's become hard to see him on home visits - he won't come to the door and school are not being welcomed into the house. Met with dad who appears to be desperate fro him to stay on school roll saying that Axel will start again in September.

Dad asked for Axel to have his own room to work in. Axel does not carry any funding for 1:1 workers allocated a set place in classroom. Axel didn't engage last time did some maths work then stopped. dad emailed saying Axel was promised another room. This was not the case. School said they would provide consistent member of staff - sent through dates and times.

When he came into school for transition he did engage in basket ball played on the switch and was chatty. However, when it came to attending school full time he has not engaged in a similar way. Safeguarding from school were going around to see him yesterday but Mr Rudakubana shared that the whole family are poorly. School have big concerns re not seeing him.

Sore throats. Family support worker/parent support worker called yesterday family unwell with sore throats arranged to visit next. Unable to finish paper work for early help referral.

Discussed dad asking for a female worker. Has dad requested female workers? both females and males have visited the home.

Concerns re excessive saliva and noises in stomach/rumbling. Axel says that this stops him from attending school. Dad challenging what CAMHS are sharing with Axel re how to manage fears of excessive saliva.

Dad wants fluoxetine.

ACTIONS

Referral to General Paediatrician - flag for Dr who is part of EDYS. Lakshmi needs to talk to mum and dad. Due to meet with dad and Clinical Lead. Date to be arranged.

Physical Health falls to GP Request to be made for GOP to check Axels weight height BP possibly fortnightly.

Real concern that Axel may not take his medication - this should be monitored - parents need to inform CAMHS if he stops.

Referral to Social Care from school to be discussed with Safegaurding Lead re non attendance and difficulty getting to see Axel. Early Help referral in already but school due to get more info from Dad. and .

Family Therapy appointment offered for 28.06.22

Psychiatry to remain involved whilst waiting for new Case Manager - however it is felt that a new Psychiatrist may be needed - LAkhsmi to discuss with Clinical Lead etc.

MA mtg needed ASAP to establish Axel's need and to safeguard him.

** Electronically signed by Steed,Samantha on 28/06/22 14:39 **
Initialized on 14/06/22 11:10 - END OF NOTE

19/06/22 15:51 - CAMHS - Professional Disc by Adele Smith
Acct Num: V00002594987 DOB: 07/08/2006 Patient Age: 15

Note verified by Smith,Adele 19/06/22 16:01:

Original Note:

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: Other
If 'Other' Please Specify:: DSD review

- Attendees

** Clinician 1
Clinician Present:: Adele Smith
Date:: 15/06/22
Time: 09:00
Duration (mins):: 15
Summary:
DSD tracker meeting with Peter Wong Children young people and maternity Commissioning Manger and Jo Herndlhofer Children and Young People Programme Manager
NHS South Sefton CCG and NHS Southport and Formby CCG

DSD rating tool for Axel Mudakubana discussed
- Axel received a diagnosis of ASC in February 2021 he is 15 years.
- West Lancs yp by address but Sefton by GP.
- Current CAMHS case manager Sam Steed - new case manager has been requested - Vicky Killen and Consultant to meet with family
- Sam has not complete physical and mental health sections but suggested yes taking score to 12.
- Dr Ram and Sam met with School yesterday, attempts to process early help referral has been delayed due to dad saying the household is ill so unable to see Axel. Sam has advised them to make a referral to social care
- Axel is low weight low BMI with low blood pressure. Dr Ram making a referral to General Paeds - there needs to be a joined up approach to support Axel and his family

CETR indicated
- consent ?
- discussion regarding leading authority -Jo to follow up with chief nurse West Lanc

- Jo H to liaise with Sam Steed

** Electronically signed by Smith,Adele on 19/06/22 16:01 **
Initialized on 19/06/22 15:51 - END OF NOTE

23/06/22 08:46 - CAMHS - Session Note by Lakshmi Ramasubramanian
Acct Num: V00004213184 DOB: 07/08/2006 Patient Age: 15

Note verified by Ramasubramanian,Lakshmi 23/06/22 08:55:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 23/06/22
Session Start Time: 11:30
Session End Time: 12:45
Session Duration (mins):: 1 hours and 15 minutes

- -
Event/Session Contact Medium: Telemedicine Web Camera
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Medical Professional, Psychology Professional

- Clinicians Present
Clinician Present:: Lakshmi Ramasubramanian

- Additional Clinicians
** Clinician 2
Additional Clinicians Present:: Vicky Killen

- -
Young Person and Family Attendance (Tick all the apply):: Caregiver, Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Alphonse, Letitia
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -

Patient Attendance: On time
Appointment Type:: Professional Consultation

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Parent

- -
If Other Specify::

Meeting with Parents and Clinical Lead
Clinical Notes::

Dr Vicky Killen took notes and will kindly summarise.
Re medication; we were informed by Axel's parents that as Axel wakes up at different times and sometimes refuses medication, he has only been taking Sertraline on an average 50% of the time. I have discussed the importance of taking it regularly for therapeutic effect.
Parents have only been giving Axel 50 mg instead of 75 mg that has been adviced.
Advice offered that 50 mg is a small dose and Axel did quite well at Acorns when he took 75 mg regularly. Parents agreed.
Current Risk Identified: Yes
Specify: Risk of non compliance and decline in presentation. Risk to physical health due to avoidant eating behaviours
Action: ***** Please Update Care Plan *****
Change to current Care Plan: Yes
Action: ***** Please Update Care Plan *****
Plan::

Refer to Dr Francine Verhoeff

- Medication
Type of update:: Update after change Meds
Medication type: Selective Serotonin re-up
Medication Prescribed: Sertraline tablets 75 mg mane- poor compliance and wrong dose given by parents despite advice

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Clinic
Today's Consultation Type is?: Video consultation

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Act Not Applicable to RTT

RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Psychiatry

- Appointment Details
Future Appointment Consultation Type: Face to Face
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Ramasubramanian,Lakshmi on 23/06/22 08:55 **
Initialized on 23/06/22 08:46 - END OF NOTE

24/06/22 09:22 - CAMHS - Outcome (EPPF) by Vicky Killen
Acct Num: V00004212934 DOB: 07/08/2006 Patient Age: 15

Note verified by Killen,Vicky 24/06/22 09:23:

Original Note:

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Appointment
Session Date: 22/06/22
Session Start Time: 11:30
Session End Time: 12:45
Session Duration (mins):: 1 hours and 15 minutes
Today's Consultation Type is?: Video consultation

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Activity Post Treatment
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist

- Appointment Details
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Killen,Vicky on 24/06/22 09:23 **
Initialized on 24/06/22 09:22 - END OF NOTE

24/06/22 09:24 - CAMHS - Session Note by Vicky Killen
Acct Num: V00004212934 DOB: 07/08/2006 Patient Age: 15

Note verified by Killen,Vicky 24/06/22 09:26:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 22/06/22
Session Start Time: 11:30
Session End Time: 12:45
Session Duration (mins):: 1 hours and 15 minutes

- -
Event/Session Contact Medium: Telemedicine Web Camera
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Service: Sefton Specialist
Attending Professionals: Medical Professional, Psychology Professional

- Clinicians Present
Clinician Present:: Vicky Killen

- Additional Clinicians
** Clinician 2
Additional Clinicians Present:: Lakshmi Ramasubramanian

- -
Young Person and Family Attendance (Tick all the apply):: Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Alphonse and Letitia

Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Core Partnership

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Parent

- Actual Intervention
Actual Intervention:: Review & Planning

- -
Clinical Notes::

Meeting re Axel R

History Axel has had difficulty settling in to secondary school and been anxious and upset which has impacted on attending education.

Theme of blame
Education can't or wont' and settings were Axel has been sent naughty - an over policing of

Dr. Ram shared information: long time not work with Axel and parents to be better. Feel better with anxiety and to attend school
Speaking to Axel.
Physical Health low vitamin D, reduction in weight.
Met Axel no idea baseline weight and what he had lost weight. He looked unwell.
Blood test and blood pressure from G.P.
Vitamin D is quite low.
Blood tests were normal.
Blood pressure 90/60 low for a boy of his age usual range
Talked with his Eating Disorder Team (re physical health component). Blood pressure is main concern.
Eating Disorder Team were concerned about low blood pressure.
Health components all in one go….Francine may see him once for reassurance.
Axel to be better.
Happy do the letter at some point his week.

Restricting his food intake refuses to eat what is made. Fussy eating.
McDonalds and Nandos to get
Not reducing food intake to lose weight. On that note to get that fully assessed.

Axel had changed his mind and was now not going to school paused meeting for a few mins.

Blood pressure moderate risk to physical wellbeing based on junior marzipan.
Not only us concerned about physical wellbeing.

We want him to be better as his mum and dad.

Child strong personality can't make him change.
Care plan:

Eating parents do not feel that they are happy to include eating behaviour
Genetic component
Anxiety and Avoidant Behaviour:

Hair not washing

ADHD and ASD: Dad worried
MASH social worker need help two children with additional needs Early Help. Not achieved threshold for social services.
Medication

1 tablet of Sertraline and vitamin D

Sertraline - 1 tablet depends on

Vit D
Multi vitamins
Shakes and ensure shakes

Medication
Trying to get him to take 1 tablet 50 mg a day but often he doesn't take the medication.
Offering 50 mgs each day if not taking it consistently ad hoc is not going to work.
Leave it to the next psychiatrist to
Give it to him as much as possible do your best to get him to take it every day. Could see benefit of it.
Well behaved child but won't be made it

Axel does not understand need to be taken every day for 5-6 weeks to make a difference to how he is feeling.
What is the medication for?
Dr. Ram explained impact of serotonin less of an uptake of Serotonin.
Medication keep Serotonin in the brain the happy chemical

AGREED

Care plan to include anxiety
Eating focus not agreed parents do not agree significant issue pend until after Dr. Verhoff assessment.
Reallocation of clinicians
Family Therapy to continue.
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

** Electronically signed by Killen,Vicky on 24/06/22 09:26 **
Initialized on 24/06/22 09:24 - END OF NOTE

27/06/22 12:07 - CAMHS - PCO Communication by Julie Royle
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Royle,Julie 27/06/22 12:09:

Original Note:

CAMHS PCO Communication

- Date & Time of contact
Date: 27/06/22
Time of activity: 12:07

- Parent/Carer contact
Contact type: Call received

- Failed contact
Additional information: Email to Sam Coppard. Hi Sam. Mum has called to say that they cannot attend the face to face appointment tomorrow. She asked if you could do this on Teams? DPA DPA Thanks. Julie

Initialized on 27/06/22 12:07 - END OF NOTE

19/07/22 09:08 - CAMHS - PCO Communication by Colette Rossiter
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Rossiter,Colette 19/07/22 09:11:

Original Note:

CAMHS PCO Communication

- Date & Time of contact
-: Now
Date: 19/07/22
Time of activity: 09:08

- Failed contact
Additional information: MUM CALLED TO CANCELL APP WITH DR ANT. SAID AXEL IS REFUSING TO ATTEND. DOESN'T SEE WHAT DR ANT CAN OFFER THAT DR RAM CAN'T. EMAILED TO CASE MANAGER AND VICKY KILLEN, WHO KNOWS ABOUT THE FAMILY.

Initialized on 19/07/22 09:08 - END OF NOTE

28/07/22 09:42 - CAMHS - File Note by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

CAMHS - File Note
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Date:: 28/07/22
Clinician:: Samantha Steed
Discussion Duration:: 30
Subject:: Clinical Supervision with Julia Dunn
Note::

Discussion re Axel in Clinical Supervision - Sam Steed previous Case Manager bought Axel to Supervision today due to unresolved issues and her withdrawal as Case Manager at request of parents.

Sam Steed talked about EDI and the need for consideration throughout this particular piece of CAMHS work during and following her involvement. Sam Steed reflected on this with Julia. Julia mentioned possibility of case discussion to aid future learning. Also discussed possibility of offer of consultation to facilitate thinking re EDI.

Sam Steed accessed notes on Meditech. A request was made by parents fro change of CAMHS Worker as parents no longer wanted Sam Steed involved.

Last contact with Axel 23.05.22 Face to Face.
Last mtg re Axel 14.06.22 since then no involvement. Sam Steed unsure of what involvement she should be having in the case.

If Axel is not seen today - concern should increase.

We need to know if Sam Steed's request for Axel to be seen by GP fortnightly is being followed up.

Sam Steed talked about difficulties regarding Axel's case has not been clear as to whether she should follow up re Axel, and has not acted as her involvement was ended at parents request. Sam has tried to discuss Axel and his needs at MDT and was advised by ACL Sam Coppard that 'all is fine' - parents came to Family Therapy session appointment and 'it went really well' - When Sam asked if Axel came she was told no. There was no further conversation other than Sam Steed commenting on the need for Axel to 'have a voice' and there being outstanding safeguarding issues.

Sam has managed to speak with Dr Molyneaux as she checked in as to whether Axel attended the appointment he offered. Axel was not bought. Sam asked Dr Molyneaux to make a home visit and

advised of the seriousness of Axel's presentation and safeguarding need.

Julia agreed to follow up with SLT. To raise importance of safeguarding need and for new Case Manager. Agreed for Julia to ask Ant to try and establish Axel's wishes if he is able to see and speak with him at the home visit.

Unclear as to whether Early Help are involved i.e. did school follow up prior to half term.

Julia to check on actions of MA mtg on 14.06.22.

NB Althgouh still noted as Case Manager on meditech - Sam Steed no longer involvement with Axel and family - Final involvement 14.06.22

** Electronically signed by Steed,Samantha on 28/07/22 10:23 **
Initialized on 28/07/22 09:42 - END OF NOTE

28/07/22 10:24 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 28/07/22 10:28:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No (Referral needed)
Location:: Other
Date Generated:: 19/07/22
Subject:: Email in response to missed Psychiatry appointment following Reallocation
Additional details::

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 19 July 2022 09:36
To: Rossiter Colette <Colette.Rossiter@alderhey.nhs.uk>; Molyneux Anthony <Anthony.Molyneux@alderhey.nhs.uk>; Killen Vicky <Vicky.Killen@alderhey.nhs.uk>
Subject: Re: AXEL RUDAKUBAN

Axel **Rudakubana** - Before and after being taken off as Case Manager at parents request I tried to escalate this with School - we were supposed to have a MA mtg but School did not come back - not sure if Lakshmi managed to arrange anything. This is a serious safeguarding issue and a new referral needs to be made - I could not make contact with parents at their request to gain their consent or explain that a referral out is needed. Referral was made to Early Help and school were following up to see 'what parents want' (not sure where Axel even features in all of this). It's not a matter for Early Help. Bw

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Sent: 19 July 2022 09:45
To: Rossiter Colette <Colette.Rossiter@alderhey.nhs.uk>; Molyneux Anthony <Anthony.Molyneux@alderhey.nhs.uk>; Killen Vicky <Vicky.Killen@alderhey.nhs.uk>
Subject: Re: AXEL RUDAKUBAN

Sorry, just to add might be one for a home visit if possible

From: Molyneux Anthony <Anthony.Molyneux@alderhey.nhs.uk>
Sent: 19 July 2022 10:36
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>; Rossiter Colette <Colette.Rossiter@alderhey.nhs.uk>; Killen Vicky <Vicky.Killen@alderhey.nhs.uk>
Cc: Donovan Katie <Katie.Donovan@alderhey.nhs.uk>; Maguire Sarah <Sarah.Maguire@alderhey.nhs.uk>
Subject: RE: AXEL RUDAKUBAN

Thanks Sam

Katie, Sarah – would you be able to book in a home visit for me to see Axel Rudakubana? Afternoon of Thursday 28th July probably best

Many thanks

Dr Anthony Molyneux
Consultant Child and Adolescent Psychiatrist
Neurodevelopmental Lead for Psychiatry
Sefton Specialist CAMHS
Alder Hey Children's Hospital NHS FoundationTrust
Second Floor
Burlington House
Crosby Road North
Liverpool L22 0PJ
Tel DPA Sefton Office (non urgent)
Tel: DPA (Crisis Care)
Alternative email: Sefton.Camhs@nhs.net

From: Maguire Sarah <Sarah.Maguire@alderhey.nhs.uk>
Sent: Tuesday, July 19, 2022 12:55:19 PM
To: Molyneux Anthony <Anthony.Molyneux@alderhey.nhs.uk>; Steed Samantha <Samantha.Steed@alderhey.nhs.uk>; Rossiter Colette <Colette.Rossiter@alderhey.nhs.uk>; Killen Vicky <Vicky.Killen@alderhey.nhs.uk>
Cc: Donovan Katie <Katie.Donovan@alderhey.nhs.uk>
Subject: RE: AXEL RUDAKUBAN

Hi

I have booked this on Meditech and sent letter.

Thanks

Sarah

From: Molyneux Anthony <Anthony.Molyneux@alderhey.nhs.uk>
Sent: 19 July 2022 14:16
To: Maguire Sarah <Sarah.Maguire@alderhey.nhs.uk>; Steed Samantha <Samantha.Steed@alderhey.nhs.uk>; Rossiter Colette <Colette.Rossiter@alderhey.nhs.uk>; Killen Vicky <Vicky.Killen@alderhey.nhs.uk>
Cc: Donovan Katie <Katie.Donovan@alderhey.nhs.uk>
Subject: Re: AXEL RUDAKUBAN

Great - thanks Sarah

Get Outlook for iOS

** Electronically signed by Steed,Samantha on 28/07/22 10:28 **
Initialized on 28/07/22 10:24 - END OF NOTE

29/07/22 11:22 - CAMHS - Professional Disc by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 29/07/22 11:27:

Original Note:

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: Other
Other Attendees::

Dr Molyneux
Date:: 29/07/22
Time: 11:00
Duration (mins):: 15
Summary:

Conversation with Dr Molyneux about historic involvement with Axel and family. Shared info re involvement and Axel's perspective as was previously shared. Discussed potential safeguarding concerns. Agreed it could be helpful for myself Dr M and Dr Ram and possibly Jill Locke DPA DPA and parents to come together to talk through CAMHS approach to thinking about what could help Axel.

Of concern Dr M did not see Axel - parents said he refused. Dr M offered Clinic appointment on 1st Aug at 4.30 - if no show Dr M will visit the home.
Was not clear if Axel was attending GP surgery for weight and blood pressure to be taken fortnightly. This will need following up and has been shared with SLT.

** Electronically signed by Steed,Samantha on 29/07/22 11:27 **
Initialized on 29/07/22 11:22 - END OF NOTE

09/08/22 14:28 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 16

Note verified by Steed,Samantha 09/08/22 14:30:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
Date Generated:: 09/08/22
Subject:: FOLLOW UP REFERRAL TO RIDING THE RAPIDS
Additional details::
Previous referral to Riding the Rapids was on hold as course was not run - This is a follow up referral.

Riding the Rapids Referral Form

Child / Young person's name: Axel Rudakubana
Age:16 years
AH number: DPA
Parent / Carer name/s: Alphonse Letitia
Telephone number: DPA Mum DPA Dad
Does the young person have a learning disability? N/K

Does the young person have autism? Yes
Are the parents aware that it is a 10 week course? Yes
Have parents/ carers given their consent to the referral? **Parents previously consented to referral but course did not run so this is a follow up referral.**
Name of referrer / case manager: Previous Case Manager Sam Steed due to reallocated a Case Manager Psychiatry Dr Molyneux

Once completed please email over to Jill Locke.

Thanks
Contact Medium: Email
Contact Occured: Open

** Electronically signed by Steed,Samantha on 09/08/22 14:30 **
Initialized on 09/08/22 14:28 - END OF NOTE

09/08/22 14:34 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 16

Note verified by Steed,Samantha 09/08/22 14:35:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
Date Generated:: 09/08/22
Subject:: Follow up Referral to Riding the Rapids
Additional details::
Referral attached
From: Steed Samantha
Sent: 09 August 2022 14:33
To: Locke Jill <Jill.Locke@alderhey.nhs.uk>
Cc: Coppard Sam <Sam.Coppard@alderhey.nhs.uk>; Molyneux Anthony <Anthony.Molyneux@alderhey.nhs.uk>; Killen Vicky <Vicky.Killen@alderhey.nhs.uk>
Subject: Referral to Riding the Rapis re Rudakubana

Jill, please see attached referral - I previously referred via Sameera earlier this year and referral was put on hold until the group was running.

FYI Ant, Vicky, Sam - just following up re previous referral for Riding the Rapids.

Bw,

Sam Steed

Senior Mental Health Practitioner/Case Manager

Sefton Specialist CAMHS
Contact Medium: Email
Contact Occured: Open

** Electronically signed by Steed,Samantha on 09/08/22 14:35 **
Initialized on 09/08/22 14:34 - END OF NOTE

09/08/22 14:43 - CAMHS - Documents Corresp by Samantha Steed
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 16

Note verified by Steed,Samantha 09/08/22 14:44:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
Date Generated:: 09/08/22
Subject:: Email receipt re riding the rapids referral
Additional details::

From: Locke Jill <Jill.Locke@alderhey.nhs.uk>
Sent: 09 August 2022 14:38
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>
Subject: RE: Referral to Riding the Rapis re Rudakubana

Thanks Sam

Jill Locke

Mental Health Practitioner

Sefton CAMHS

Burlington House

Crosby Road North

L22 0PJ

Tel: DPA
Contact Medium: Email
Contact Occured: Open

** Electronically signed by Steed,Samantha on 09/08/22 14:44 **
Initialized on 09/08/22 14:43 - END OF NOTE

05/09/22 15:14 - CAMHS - Phone Contact by Kathryn Morris
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 05/09/22 15:15:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 05/09/22
Time:: 15:14
Call Duration (mins):: 2

- -
Call Type:: Call Made
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Mrs Rudakabana - mum
Staff Member:: Kathryn Morris
Service: Sefton Specialist

- -
Call Reason:: Arranging Appointment
Contact Medium: Telephone
Discussion:

Call to arrange appointment for Axel - no answer, voicemail left on mums phone

** Electronically signed by Morris,Kathryn on 05/09/22 15:15 **
Initialized on 05/09/22 15:14 - END OF NOTE

07/09/22 15:42 - CAMHS - Phone Contact by Kathryn Morris
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 07/09/22 15:45:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 07/09/22
Time:: 15:42
Call Duration (mins):: 3

- -
Call Type:: Call Made
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Both parents called on their mobile phone
Staff Member:: Kathryn Morris
Service: Sefton Specialist

- -
Call Reason:: Arranging Appointment
Contact Medium: Telephone
Discussion:

Call to both parents to arrange appointment for Axel. Dads phone switched off, unable to leave a voicemail. Mums phone no answer, voicemail left. Request to be made to Admin to send appointment via post for 19.09.22 at Southport Hub at 9.45am

** Electronically signed by Morris,Kathryn on 07/09/22 15:45 **
Initialized on 07/09/22 15:42 - END OF NOTE

12/09/22 15:36 - CAMHS - File Note by Keith Ledwidge
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 16

Note verified by Ledwidge,Keith 12/09/22 15:38:

Original Note:

CAMHS - File Note

Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Date:: 12/09/22
Clinician:: Keith Ledwidge
Discussion Duration:: 5
Subject:: PRESCRIPTION REQUEST
Note::

Mum requested 3 months of fluoxetine liquid. I have reviewed last Medisec letter from Dr Molyneux (CAMHS Consultant) reporting him to be on Fluoxetine 4mg OD liquid prep. I have therefore prescribed Fluoxetine 4mg OD liquid (prep 20mg/5ml which makes dose 1ml once daily) and supplied 90 days on green script. I have left with secretaries to process.

Initialized on 12/09/22 15:36 - END OF NOTE

26/09/22 12:30 - CAMHS - Phone Contact by Kathryn Morris
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 26/09/22 12:35:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 26/09/22
Time:: 12:20
Call Duration (mins):: 10

- -
Call Type:: Call Made
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Dad
Staff Member:: Kathryn Morris
Service: Sefton Specialist

- -
Call Reason:: Arranging Appointment
Contact Medium: Telephone
Discussion:

Telephone contact with Dad who was aware of the appointment today but did not attend as Axel was asleep in bed. Unclear at first what the barriers related to the missed appointment. Dad stated that Axel does not like meeting anyone face to face in an unknown environemnt and has asked for session to be held at home to meet with Axel first and arrange future apointment there on.

No current SW involved but Axel does have a Case Manager at the Inclusion Team Catherine Martin - details provided by dad and i advised i would make contact and arrange a joint visit to see Axel, if not

CAMHS colleague will attend with me as per Lone Worker.

** Electronically signed by Morris,Kathryn on 26/09/22 12:35 **
Initialized on 26/09/22 12:30 - END OF NOTE

18/10/22 13:32 - CAMHS - Phone Contact by Kathryn Morris
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 18/10/22 13:46:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 18/10/22
Time:: 13:32
Call Duration (mins):: 15

- -
Call Type:: Call Made
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Dad
Staff Member:: Kathryn Morris
Service: Sefton Specialist

- -
Call Reason:: Arranging Appointment
Contact Medium: Telephone
Discussion:

Telephone call to dad to engage Axel with appointment with CAMHS

Axel not currently attending school due to anxiety and panic - Prestfield offered but not attending and Dad informs place now removed

Dad reluctant for Axel to have telephone conversation and is asking for home visit to meet with Axel. Sleeping at the time of my call today due to being awake till early hours this morning - asked dad to try and wake up but dad refused saying ' i wouldn't dare'.

Agreed for video session on Thursday 20th at 4.30 via Attend Anywhere

Due to bad line and language barrier it was difficult to understand the information that Dad was giving me today, hoping that video call will be able to idnetifity the current needs for Axel and a plan can be put in lace to best meet his needs.

** Electronically signed by Morris,Kathryn on 18/10/22 13:46 **
Initialized on 18/10/22 13:32 - END OF NOTE

18/10/22 13:59 - CAMHS - Phone Contact by Kathryn Morris
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 18/10/22 14:06:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 18/10/22
Time:: 13:45
Call Duration (mins):: 15

- -
Call Type:: Call Made
Contact With:: Professional
Contact Professional:: Social Worker
Contact with (Name,Title,Org): Lancashire Children Social Care
Staff Member:: Kathryn Morris
Service: Sefton Specialist

- -
Call Reason:: Discussion or Information Sharing
Contact Medium: Telephone
Discussion:

Call to establish Social Worker due to calling details on Meditech system to no avail.

Advised case is closed to Lancashire Social Care - no information could be shared via telephone and a request for information needs to be requested via a form that will be sent via email to me to fill in and return.

** Electronically signed by Morris,Kathryn on 18/10/22 14:06 **
Initialized on 18/10/22 13:59 - END OF NOTE

18/10/22 14:15 - CAMHS - File Note by Kathryn Morris
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 18/10/22 14:16:

Original Note:

CAMHS - File Note
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Date:: 18/10/22
Clinician:: Kathryn Morris
Discussion Duration:: 5
Subject:: Email to Catherine Martin
Note::

Hi Catherine

I hope this email finds you well. I am the case manager for Axel Rudakubana and I am trying to establish who is involved with him and what support is being given etc. I have been passed your details by Dad.

Would you be so kind to give me a time and day that is best for you to have a case discussion please?

Many thanks
Kate

** Electronically signed by Morris,Kathryn on 18/10/22 14:16 **
Initialized on 18/10/22 14:15 - END OF NOTE

20/10/22 17:31 - CAMHS - Session Note by Kathryn Morris
Acct Num: V00004439343 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 20/10/22 17:41:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 20/10/22
Session Start Time: 16:30
Session End Time: 17:00
Session Duration (mins):: hours and 30 minutes

- -
Event/Session Contact Medium: Telemedicine Web Camera
Contact Type:: Direct Contact
Contact Occurred: Open

Location: Patient's Home
Service: Sefton Specialist
Attending Professionals: Social Work Professional

- Clinicians Present
Clinician Present:: Kathryn Morris

- -
Young Person and Family Attendance (Tick all the apply):: Caregiver
Action: ***** Please enter names in the field below *****
Names: Dad
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: Appointment without patient
Appointment Type:: First Core Partnership

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Parent

- -
Clinical Notes::

Dad dialled into the call via Attend Anywhere, Axel was in the room however when Dad handed the phone to him, Axel refused to join the call as he thought the camera was switched on. Dad did try to reassure Axel that the camera was switched off however Axel would then not engage and left the living room back to his bedroom. Dad apologised which i sai was not needed as i understood.

I asked Dad if he would prefer if i called out to the home to visit Axel however Dad refused stating that Axel would prefer to come to clinic. I did go over barriers to last DNA and the reason why a video call has been made today (As per dads request). Dad asked for a phone call next week to Axel and a clinic visit the following week which we arranged.

Dad reported Axel is taking his medication and is presenting better in the home, he is eating better and appears happy however Dad said Axel continues to struggle to leave the home - i did refelct back on clinic apt in comparison to home visit however dad declined.

No self harm reported

Main issues of concern
Education
Anxiety leaving the home
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

** Electronically signed by Morris,Kathryn on 20/10/22 17:41 **
Initialized on 20/10/22 17:31 - END OF NOTE

20/10/22 17:44 - CAMHS - Outcome (EPPF) by Kathryn Morris
Acct Num: V00004439343 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 20/10/22 17:46:

Original Note:

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Appointment
Session Date: 20/10/22
Session Start Time: 16:30
Session End Time: 17:00
Session Duration (mins):: hours and 30 minutes
Today's Consultation Type is?: Video consultation

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Activity Post Treatment
RTT Target	17/04/20

18wk Outcome: 1st Treatment Started Today

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: First Core Partnership (Routine)

- Appointment Details
Future Appointment Consultation Type: Face to Face
Follow Up Time Frame: Specific Date
Next Appointment Date (specific date): 07/11/22
Appointment Time:(specific time): 16:00
Tolerance (+/-) Consider Clinical Risk: 1 Week
Overbook the Clinic if necessary: No
Appointment Location: Southport Hub
Is the patient aware?: Yes
Does the patient need a letter?: Yes
Room Required: Yes
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Morris,Kathryn on 20/10/22 17:46 **
Initialized on 20/10/22 17:44 - END OF NOTE

25/10/22 17:04 - CAMHS - Phone Contact by Kathryn Morris
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 25/10/22 17:06:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 25/10/22
Time:: 16:30
Call Duration (mins):: 15

- -
Call Type:: Call Made
Contact With:: Young person
Contact with (Name,Title,Org): Dad and Axel
Staff Member:: Kathryn Morris
Service: Sefton Specialist

- -
Call Reason:: Discussion or Information Sharing
Contact Medium: Telephone
Discussion:

Telephone call to Axel as discussed last week with Dad

Call was to engage Axel with CAMHS following a dislike for video calls last week.

Axel spoke to me on the phone and agreed that he would like a face to face appointment (alrady arranged with DAd for 07.11.22 at 4pm THe Hub).

Axel stated he was feeling ok at the minute and would prefer to talk to me face to face now he has heard my voice on the telephone.

** Electronically signed by Morris,Kathryn on 25/10/22 17:06 **
Initialized on 25/10/22 17:04 - END OF NOTE

07/11/22 16:43 - CAMHS - Outcome (EPPF) by Kathryn Morris
Acct Num: V00004442563 DOB: 07/08/2006 Patient Age: 16

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Appointment
Session Date: 07/11/22
Session Start Time: 16:05
Session End Time: 16:35
Session Duration (mins):: hours and 30 minutes
Today's Consultation Type is?: Face to Face

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Activity Post Treatment
RTT Target	17/04/20

18wk Outcome: 1st Treatment Started Today

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: First Core Partnership (Routine)

- Appointment Details
Next Appointment: Same Clinic
Future Appointment Consultation Type: Face to Face
Follow Up Time Frame: Specific Date
Next Appointment Date (specific date): 28/11/22
Appointment Time:(specific time): 16:00
Tolerance (+/-) Consider Clinical Risk: 1 Week
Overbook the Clinic if necessary: No
Appointment Location: Southport Hub
Is the patient aware?: Yes
Does the patient need a letter?: Yes
Room Required: Yes
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Morris,Kathryn on 14/12/22 14:31 **
Initialized on 07/11/22 16:43 - END OF NOTE

28/11/22 16:49 - CAMHS - DNA Outcome by Kathryn Morris
Acct Num: V00004473689 DOB: 07/08/2006 Patient Age: 16

CAMHS - DNA Outcome
Information:: *** The DNA document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- -
CAMHS -DNA Outcome: Send Again

- Appointment Details
Which Service: Sefton Specialist
Next Appointment Date: 16/01/23
Appointment Time:: 13:00
Future Appointment Consultation Type: Face to Face
Tolerance (+/-) Consider Clinical Risk: 1 Week
Appointment Location: Southport Hub
Is the patient aware?: Yes
Does the patient need a letter?: Yes
Room Required: Yes
Interpreter required?: No
Interpreter Language: No

** Electronically signed by Morris,Kathryn on 14/12/22 14:31 **
Initialized on 28/11/22 16:49 - END OF NOTE

12/12/22 11:25 - CAMHS - Outcome (EPPF) by Anthony Molyneux
Acct Num: V00004428561 DOB: 07/08/2006 Patient Age: 16

Note verified by Molyneux,Anthony 12/12/22 11:28:

Original Note:

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Appointment
Session Date: 01/12/22
Session Start Time: 11:30
Session End Time: 12:00
Session Duration (mins):: hours and 30 minutes
Today's Consultation Type is?: Telephone consultation

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Activity Post Treatment
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Psychiatry

- Appointment Details
Future Appointment Consultation Type: Face to Face
Follow Up Time Frame: Weeks
Follow Up Time Frame: 4
Next Appointment Date (specific date): 29/12/22
Appointment Time:(specific time): 16:00
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Tolerance Instruction: ** 0 Tolerance means the patient must attend in the time scale recorded above **
Overbook the Clinic if necessary: Yes
Appointment Location: Southport Hub
Is the patient aware?: Yes
Does the patient need a letter?: Yes
Room Required: Yes
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

Initialized on 12/12/22 11:25 - END OF NOTE

12/12/22 11:28 - CAMHS - Session Note by Anthony Molyneux
Acct Num: V00004428561 DOB: 07/08/2006 Patient Age: 16

Note verified by Molyneux,Anthony 12/12/22 11:38:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 01/12/22
Session Start Time: 11:30
Session End Time: 12:00
Session Duration (mins):: hours and 30 minutes

- -
Event/Session Contact Medium: Telephone

Contact Type:: Direct Contact
Contact Occurred: Open
Location: Patient's Home
Additional Location Info: Home
Service: Sefton Specialist
Attending Professionals: Medical Professional

- Clinicians Present
Clinician Present:: Anthony Molyneux

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person, Parent or Relative
Action: ***** Please enter names in the field below *****
Names: - me. - dad Alphonse. - finally Axel himself, separately
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Specific Work

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Consultation, Medication, Mental State Examination

- -
Clinical Notes::
- Called 1st Dec as scheduled, to r/v Alex's progress on fluoxetine 4mg od dose
- Spoke initially to dad Alphonse, who said Axel's weight had continued to improve - good
- Alphonse also said Axel had appeared to become somewhat more talkative on the medication, though there was perhaps somewhat of a sense of Axel having become a bit too overtalkative on it; in any case, Axel had evidently himself elected to stop the medication some weeks ago as he didn't think it was doing anything
- Spoke to Axel himself, who confirmed that he had indeed stopped taking the fluoxetine
- Asked Axel whether he felt better on or off the medication - Axel not sure
- Sees main problem as feeling anxious
- Asked Axel whether he has ever been on sertraline before; he said not and indicated that he would like to give this a try
- On obtaining informed consent for same, agreed to issue initial pxn for sertraline; Axel thanked me abruptly and ended call - no opportunity to speak subsequently with Alphonse
- On subsequent r/v of case today 12th Dec, have confirmed my suspicion that Axel had in fact been tried on sertraline previously when under care of Dr Ram
- Called Alphonse to discuss this: poor connection and so extremely difficult to get a full sense of what Alphonse was saying
- Agreed in the end to a ftf appt with Axel at Southport Hub on 29th Dec at 4pm to discuss meds options properly; if Axel does not turn up for this, i will carry out home visit
Current Risk Identified: No
Change to current Care Plan: No

- -

Action: ***** Go to the Add Section to complete the Outcome Document *****

Initialized on 12/12/22 11:28 - END OF NOTE

10/01/23 12:39 - CAMHS - File Note by Keith Ledwidge
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 16

Note verified by Ledwidge,Keith 10/01/23 12:43:

Original Note:

CAMHS - File Note
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Date:: 10/01/23
Clinician:: Keith Ledwidge
Discussion Duration:: 5
Subject:: Prescription request
Note::

Dr Molyneux, consultant for case emailed to ask secretaries to check if Axel's parents had recieved script in the post after a recent review with Dr Molyneux on 29/12/22 which he has not managed to document yet by the looks of it. Email from Dr Molyneux noted:

"I saw Axel Rudakubana at the Hub on 29th December

He was interested in starting back on sertraline; he had been on 75mg od up until about June time though compliance was patchy

Since them I have tried him on fluoxetine but it didn't suit him

Now he wants to go back on the sertraline and give it a good go with taking it consistently; so I agreed a re-titration for him"

The secretaries have contacted dad and he reported not having recieved a script and therefore wished for a new one to be posted out first class.

I have prescribed 30 days on an FP10 of the proposed titration of:

Sertraline liquid (50mg/5ml prep) for 25mg OD for 7 days, then 50mg OD for further 7 days, then 75mg OD thereafter.

I will leave with admin to post out.

Initialized on 10/01/23 12:39 - END OF NOTE

11/01/23 10:21 - CAMHS - Documents Corresp by Sarah Maguire
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 16

Note verified by Maguire,Sarah 11/01/23 10:21:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Date Generated:: 11/01/23
Date Received:: 11/01/23
Subject:: CBT
Additional details::

FYI

From: Dunn Julia <Julia.Dunn@alderhey.nhs.uk>
Sent: 09 January 2023 13:13
To: SeftonCAMHSAdmin <SeftonCAMHSAdmin@alderhey.nhs.uk>
Cc: Jones Suzanne <Suzanne.Jones@alderhey.nhs.uk>
Subject: FW: Axel Rudakubana DPA

Hi ladies,

Please could Axel be removed from the CBT waiting list.

Best wishes

Julia

From: Dunn Julia
Sent: 09 January 2023 13:13
To: Williams Sally <Sally.Williams@alderhey.nhs.uk>; Morris Kathryn <Kathryn.Morris@alderhey.nhs.uk>
Subject: RE: Axel Rudakubana DPA

Thanks for your message Sally. I did thank you. I hope you did too!

Kate from your update a few weeks week ago, I take it that you do not recommend Axel for weekly CBT, due to him not attending clinic or engaging with your sessions. We also had no consent direct form Axel when you the recent contact was made.

I will ask admin to take him off the list.

Best wishes

Julia

From: Williams Sally <Sally.Williams@alderhey.nhs.uk>
Sent: 09 January 2023 12:43
To: Morris Kathryn <Kathryn.Morris@alderhey.nhs.uk>
Cc: Dunn Julia <Julia.Dunn@alderhey.nhs.uk>
Subject: Axel Rudakubana DPA

Hi Kate

Hope you had a lovely Christmas and new Year!
I have not had any messages to say that Axel and his dad have opted in to CBT. Therefore I will not be offering an appointment to them. Do they need to be removed from the CBT waiting list? Please let me know.

I wish you every blessing for 2023! May all your clients be healed!!

Warmest wishes

Sally
Sally A Williams
Specialist Practitioner *(Please note I am in CAMHS on Mondays and Tuesdays)*

Phone Number: DPA or DPA

Burlington House 2nd Floor
Crosby Road North
Waterloo
L22 0PJ

This message is intended for named addressees only and may contain confidential, privileged or commercially sensitive information. If you are not a named addressee and this message has come to you in error you must not copy, distribute or take any action on its content. Please return the message to the sender by replying to it immediately and then delete it from your computer and destroy any copies of it.

If you are concerned about a young person's mental health there is a Free phone number so you can contact the Crisis Team, which is DPA

If you need to speak to someone please contact the office on DPA or if you have concerns which are urgent regarding someone at immediate risk please call our **CAMHS crisis line on DPA or 999**

Initialized on 11/01/23 10:21 - END OF NOTE

16/01/23 13:40 - CAMHS - Session Note by Kathryn Morris
Acct Num: V00004555155 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 16/01/23 13:45:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 16/01/23
Session Start Time: 13:10
Session End Time: 13:40
Session Duration (mins):: hours and 30 minutes

- -
Event/Session Contact Medium: Face to face communication
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Social Work Professional

- Clinicians Present
Clinician Present:: Kathryn Morris

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person, Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Dad and Axel
Advocate in attendance: N/A
About Questionnaires: Did a parent/carer refuse to complete a questionaire at least 1, Did the practitioner give out at least one questionaire
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: Arrived Late
Appointment Type:: Core Partnership

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- -
Clinical Notes::

Axel was late for session today and did apologise when he arrived.

For the duration of the time i spoke with Axel he kefpt his head down and played with his hands, Axel repeatedly stated that he only wants to be open to CAMHS for medication and does not want any further involvement. Attempted to engage Axel with general conversation, to no avail.

Sleep - getting 8 hours per night - often falling asleep around 12-1am and waking around 12-1pm.
Appetite - no change continues to eat fast food
Mood - No change, feels unmotivated some days and hoping Sertraline medication will support
Self harm - no reported self harm, no thoughts or intent to harm

RCADS completed with Axel - Dad had left the Hub and when returned complained that the RCADS would take too long asked if any barriers to completing the form in and if i could support him in anyway, Dad left with the RCAD to fill in at home.

Case to be discussed in MDT 18.01.23
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

** Electronically signed by Morris,Kathryn on 16/01/23 13:45 **
Initialized on 16/01/23 13:40 - END OF NOTE

06/02/23 18:26 - CAMHS - Outcome (EPPF) by Anthony Molyneux
Acct Num: V00004595098 DOB: 07/08/2006 Patient Age: 16

Note verified by Molyneux,Anthony 06/02/23 18:29:

Original Note:

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Appointment
Session Date: 06/02/23
Session Start Time: 16:00
Session End Time: 16:30
Session Duration (mins):: hours and 30 minutes
Today's Consultation Type is?: Telephone consultation

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services

Start Date	13/12/19
End Date	17/12/19
Status	Activity Post Treatment
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Psychiatry

- Appointment Details
Future Appointment Consultation Type: Face to Face
Follow Up Time Frame: Weeks
Follow Up Time Frame: 3
Next Appointment Date (specific date): 27/02/23
Appointment Time:(specific time): 17:00
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Tolerance Instruction: ** 0 Tolerance means the patient must attend in the time scale recorded above **
Overbook the Clinic if necessary: Yes
Appointment Location: Southport Hub
Is the patient aware?: Yes
Does the patient need a letter?: Yes
Room Required: Yes
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

Initialized on 06/02/23 18:26 - END OF NOTE

16/02/23 14:12 - CAMHS - Phone Contact by Kathryn Morris
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 16/02/23 14:22:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 16/02/23
Time:: 14:12
Call Duration (mins):: 25

- -
Call Type:: Call Made
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Dad
Staff Member:: Kathryn Morris
Service: Sefton Specialist

- 1
Call Reason:: Arranging Appointment, Discussion or Information Sharing
Contact Medium: Telephone
Discussion:

Dad called to request support to complete EHCP with Axel

Medication discussion with Dr Ant as dad concerned of side affects for Axel - lost appetite, negative mindset, strong dislike towards Dad. Reduction started but not taking regular - appetite coming back and started to talking to dad

Discussed with Dad that Axel has refused intervention from CAMHS and on each time we have met has not wanted to engage. Offered a further appointment for Axel to support with EHCP YP information sheet that has been provided to Axel and advised Dad that is no engagement i would discuss in MDT. Dad happy with this.

** Electronically signed by Morris,Kathryn on 16/02/23 14:22 **
Initialized on 16/02/23 14:12 - END OF NOTE

28/02/23 12:43 - CAMHS - Outcome (EPPF) by Anthony Molyneux
Acct Num: V00004671366 DOB: 07/08/2006 Patient Age: 16

Note verified by Molyneux,Anthony 28/02/23 12:44:

Original Note:

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Appointment
Session Date: 27/02/23
Session Start Time: 17:00
Session End Time: 18:00
Session Duration (mins):: 1 hours and 0 minutes
Today's Consultation Type is?: Face to Face

- 18 Week Outcome
18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Psychiatry

- Appointment Details
Future Appointment Consultation Type: Face to Face
Follow Up Time Frame: Weeks
Follow Up Time Frame: 4
Next Appointment Date (specific date): 27/03/23
Appointment Time:(specific time): 17:30
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Tolerance Instruction: ** 0 Tolerance means the patient must attend in the time scale recorded above **
Overbook the Clinic if necessary: Yes
Appointment Location: Southport Hub
Is the patient aware?: Yes
Does the patient need a letter?: Yes
Room Required: Yes
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

Initialized on 28/02/23 12:43 - END OF NOTE

28/02/23 12:45 - CAMHS - Session Note by Anthony Molyneux
Acct Num: V00004671366 DOB: 07/08/2006 Patient Age: 16

Note verified by Molyneux,Anthony 28/02/23 12:57:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 27/02/23
Session Start Time: 17:00
Session End Time: 18:00
Session Duration (mins):: 1 hours and 0 minutes

- -
Event/Session Contact Medium: Face to face communication
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Medical Professional

- Clinicians Present

Clinician Present:: Anthony Molyneux

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person, Parent or Relative
Action: ***** Please enter names in the field below *****
Names: - me. - Axel. - dad Alphonse
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: Yes

- -
Patient Attendance: On time
Appointment Type:: Specific Work

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Medication, Mental State Examination

- -
Clinical Notes::

- Mental state stable; risks contained according to current care plan
- Axel seen with dad Alphonse in clinic
- Axel verbally oppositional (though not aggressive) to Alphonse throughout, although possibly some passive-aggressiveness from Alphonse too?
- Axel adamant that he wants to go back on sertraline as he felt it was helpful when he was on it previously; strong sense though that Axel motivated primarily by fact that Alphonse thinks it was not helpful - so just to be contrary
- I felt though (see letter) that as Axel 16 we ought to take Axel at his own word and give him the benefit of the doubt; also tried to make use her of Axel's very oppositionality and "throw down the gauntlet" so to speak for him to prove his dad wrong by doing well on the sertraline and re-engage with education etc; i gather plans are afoot to facilitate this in terms of meetings with education etc
- One potential issue that came up here was in regard to actual administration of medication: i made reference to the fact that "of course" parents would need to adminster the meds; at this point Alphonse indicated that this would be out of the question as Axel insists on administering his own meds and has done so throughout
- Although i would rather parents adminstered the meds, i felt that on balance as Axel is 16, is not demonstrating sigificant risk of suicide/DSH, and as he has evidently already demonstrated active ability to manage his own meds, we could then proceed with him doing this, though with appropriate safety-netting in terms of timely re-review with myself in a few weeks' time etc
- Axel and Alphonse both ultimately happy with plan
- PLAN:
- Re-titrate sertraline as above (see letter also)
- Re-review 4/52
- C/m Kate Morris is seeing Axel over coming days

Current Risk Identified: No
Change to current Care Plan: No

- Medication
Medication type: Selective Serotonin re-up
Medication Prescribed: - sertraline

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

Initialized on 28/02/23 12:45 - END OF NOTE

01/03/23 15:53 - CAMHS - DNA Outcome by Kathryn Morris
Acct Num: V00004672042 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 01/03/23 15:53:

Original Note:

CAMHS - DNA Outcome
Information:: *** The DNA document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- -
CAMHS -DNA Outcome: DNA -No further appointments with me for this patient
-: If the patient is Discharged, Complete Closure Document or Inform the Case Manager

- Appointment Details
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Core Partnership (Follow up)
Interpreter required?: No
Interpreter Language: No

** Electronically signed by Morris,Kathryn on 01/03/23 15:53 **
Initialized on 01/03/23 15:53 - END OF NOTE

08/03/23 10:44 - CAMHS - Professional Disc by Kathryn Morris
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 08/03/23 10:48:

Original Note:

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: Other
If 'Other' Please Specify:: Professional Review Meeting
Date:: 02/03/23
Time: 15:30
Duration (mins):: 90
Summary:

Axel Review Meeting

Attendees:
Liz Walker Inclusion Services
Sharon Rowland Lancashire Inclusion Case Manager for Axel
Alphonse Father
CAMHS Kate Morris
Laetitia Mum
Prestfield Hayley Dawson and Cheryl Smith

Liz Walker Inclusion Services
Spoke with Prestfield to move things forward for Axel looking at package to re-engage Axel with well-being and how Axel can feel better coming into school
Asked parents if Axel would engage with online education, dad declined as Axel does not like to be seen online. Dad requested 1-2-1 support for Axel having sessions at home and build trust
Sharon Rowland Lancashire Inclusion Case Manager for Axel
EHCP suggests small groups, relationships built and Axel to feel safe and comfortable with staff working with him. Sharon feels that there has been a breakdown in communication and contact from school. Lancashire school, Southport address difficult to get services Jill brown Careers Connect suggested The Key
Mental Health Worker is allocated to school and requested that this support is given to Axel and family to reintergrate back to school
Suggested referral to Early Help for TAF

Alphonse Father
Disagrees with option to deliver support at home nothing had been offered only visited for Safeguarding reasons and to attempt to engage with getting Axel to school
Dad wants CAMHS to remain as a bridging gap
Axel needs to build rapport with a professional first before he returns back to school
Wants school to engage not a teacher or TA but a therapist

CAMHS Kate Morris
Updated no engagement from Axel, several DNA sessions, struggling to engage. Axel is expressing wish that he does not want CAMHS involvement other than medication. Axel refusing to engage with service. Struggle to engage parents with sessions, dad cancelling sessions on dad or not attending and calls being made to check if attending.
Recommended basic well being is required before plan is put in place for school return. Axel has dysregulated sleep pattern awake all night and sleep all day, unsure if what boundaries/structure in the home looks like.
Queried support for parents, referral to Early Help? Parents rejecting of

this.

Laetitia Mum
Disagrees with school in their offer of education at home
Mum did not agree with Kate saying that Axel discussed not wanting to go to school and didn't feel this should be shared with school as they can use it against school

Prestfield Hayley Dawson and Cheryl Smith
Don't feel meeting needs of Axel school exhausted all options for Axel out to home, online learning, session sat home, OT and SALT looking at different placement Peter House
Told Axel could attack staff by Dad, different staff attended not able to physically see Axel in school
Struggling to interact and engage with Axel which is impacting on what support can be achieved
Support package mental health worker conflict when open to CAMHS with Axel suggested if this is a barrier to plan for Axel to build rapport with school CAMHS can take step back this was refused continue with home visits but require the support from home to allow access

** Electronically signed by Morris,Kathryn on 08/03/23 10:48 **
Initialized on 08/03/23 10:44 - END OF NOTE

09/03/23 16:12 - CAMHS - Professional Disc by AnnMarie Roscoe
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 16

Note verified by Roscoe,AnnMarie 09/03/23 16:13:

Original Note:

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: MDT

- Attendees
** Clinician 3
Clinician Present:: Kathryn Morris
Date:: 08/03/23
Time: 11:00
Duration (mins):: 10
Summary:

Axel Rudakubana DPA	**Kate Morris**	Kate Bringing as a stuck case. Axel has been open to CAMHS for a few years now came through as an urgent partnership for Kate. Axel presents with aggressive behaviour at school and at home and struggles to engage in sessions. The family dynamic is very strained with his parents struggling to set boundaries. No self-harm. Axel struggles to sleep and is currently under psychiatry being prescribed Sertraline. There are a lot of professionals involved. Parents have been offered several interventions but struggle to engage and will cancel the appointments offered. There is a general feel that Axel needs are not being met, Kate will liaise with the school to see what other support can be put in place. Kate will bring back to MDT if needed.		Kate will liaise with the school to see what other support can be put in place. Kate will bring back to MDT if needed

Initialized on 09/03/23 16:12 - END OF NOTE

29/03/23 12:13 - CAMHS - Outcome (EPPF) by Samuel Coppard
Acct Num: V00004718399 DOB: 07/08/2006 Patient Age: 16

Note verified by Coppard,Samuel 29/03/23 12:16:

Original Note:

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Appointment
Session Date: 28/03/23
Session Start Time: 12:45
Session End Time: 14:10
Session Duration (mins):: 1 hours and 25 minutes
Today's Consultation Type is?: Video consultation

- 18 Week Outcome

Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Activity Post Treatment
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Specific Work (Follow up)

- Appointment Details
Resource Name or Appointment type: FT Southport
Future Appointment Consultation Type: Video consultation
Follow Up Time Frame: Weeks
Follow Up Time Frame: 4
Next Appointment Date (specific date): 25/04/23
Appointment Time:(specific time): 12:45
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Tolerance Instruction: ** 0 Tolerance means the patient must attend in the time scale recorded above **
Overbook the Clinic if necessary: No
Appointment Location: Southport Hub
Specify Community/Other Location: MS Teams Link Sent
Is the patient aware?: Yes
Does the patient need a letter?: Yes
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

** Electronically signed by Coppard,Samuel on 29/03/23 12:16 **
Initialized on 29/03/23 12:13 - END OF NOTE

29/03/23 12:16 - CAMHS - Session Note by Samuel Coppard
Acct Num: V00004718399 DOB: 07/08/2006 Patient Age: 16

Note verified by Coppard,Samuel 29/03/23 12:58:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types

***. Please ensure you are documenting on the right account number

- -
Session Date: 28/03/23
Session Start Time: 12:45
Session End Time: 14:10
Session Duration (mins):: 1 hours and 25 minutes

- -
Event/Session Contact Medium: Telemedicine Web Camera
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Family Therapy Prof

- Clinicians Present
Clinician Present:: Samuel Coppard

- Additional Clinicians
** Clinician 2
Additional Clinicians Present:: Michelle A Warner

- -
Young Person and Family Attendance (Tick all the apply):: Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Alphonse (father) & Laetitia (mother)
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Specific Work

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Family

- Actual Intervention
Actual Intervention:: Family System Therapy

- -
Clinical Notes::

Family Therapy Appointment (online - MS Teams)

Parents (Alphonse and Laetitia) attended online. There were some challenges to the connection for Laetitia and Alphonse was driving which meant there was a delay in the meeting starting.

Laetitia expressed that she felt the family therapy was pointless and that she did not trust camhs. Laetitia and Alphonse stated their experience of what had been written about them by the ASC Pathway and CAMHS had led to them feel that reports were prejudiced against them and that camhs was very

powerful, having the power to remove children. Laetitia spoke about being offended and wounded by comments made to them about 'not feeding their child' in the context of concerns about weight loss and dietary intake. Alphonse and Laetitia said that these comments were not in family therapy but prior to coming to family therapy.

Laetitia spoke about being referred to family therapy and not being in agreement with this. I shared that we had spoken at length during our first meeting (after being referred) about family therapy and that it was started through agreement and consent. Laetitia and Alphonse queried why we would need to talk about aspects of their history or relationships within the family. I shared my thoughts about the nature of family therapy exploring the connection and understanding between people in different contexts across time. Alphonse said that he anticipated meeting each month to share what had happened over the month and we would offer practical suggestions about what to do. I shared my concern about trying to offer family therapy when family members were saying they did not trust camhs and didn't want to talk. I suggested we establish how trust can be established and maybe that would be through talking despite their hesitation. However, if they felt so strongly that it wasn't possible to talk and meet due to feeling so mistrustful then maybe we reconsider whether family therapy is the right intervention at this time and we undertake a review with the case manager about different options that felt more possible and more useful to them. Alphonse and Laetitia spoke about observing the frustration of professionals working with them and how they felt that in a recent meeting the camhs case manager had 'thrown Axel under the bus' when speaking about Axel's

Alphonse expressed his concern that because we had focused a lot on the above issues he hadn't been able to talk about what he wanted to talk about over the month. I acknowledged that what Alphonse wanted to contribute was also important but difficult to attend to when we had started late and Laetitia had expressed such strong views on family therapy being pointless and that she didn't think it would be useful. Alphonse did have other ideas about how family therapy could be useful to him and that he would have a conversation with Laetitia outside of this meeting.

The theme of the meeting focused on engagement (establishing trust) and contracting. I agreed to send a date and time to meet again in the future as we didn't have time to arrange this during the meeting. I subsequently sent an appointment offer for 18th April 4pm Online but Alphonse responded and requested an appointment week commencing 24th April. I therefore offered an appointment on 25th April 12.45 MS Teams.
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

** Electronically signed by Coppard,Samuel on 29/03/23 12:58 **
Initialized on 29/03/23 12:16 - END OF NOTE

10/04/23 14:57 - CAMHS - DNA Outcome by Anthony Molyneux
Acct Num: V00004700885 DOB: 07/08/2006 Patient Age: 16

Note verified by Molyneux,Anthony 10/04/23 14:59:

Original Note:

CAMHS - DNA Outcome
Information:: *** The DNA document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- -
CAMHS -DNA Outcome: DNA -Send Again, Same clinician next available

- Appointment Details
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Specific Work (Follow up)
Future Appointment Consultation Type: Face to Face
Appointment Location: Southport Hub
Is the patient aware?: No
Does the patient need a letter?: Yes
Room Required: Yes
Interpreter required?: No
Interpreter Language: No

Initialized on 10/04/23 14:57 - END OF NOTE

16/05/23 12:06 - CAMHS - CYP Current View by Kathryn Morris
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 16/05/23 12:08:

Original Note:

CAMHS - CYP Current View

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- -
Date:: 16/05/23
Time:: 12:06
Case Manager: Kathryn Morris
Reason for completing: Changed Situation

- Q1 - Q5
Anxious away from caregivers: Moderate
Anxious in social situations: Moderate
Anxious generally: Moderate
Compelled to do or think things: Moderate
Panics: Moderate

- Q6 - Q10
Avoids going out: Severe
Avoids specific things: Severe
Repetitive problematic behaviours: Severe
Depression/Low mood: Severe
Self harm: None

- Q11 - Q15
Extremes of mood: Moderate

Delusional beliefs & hallucinations: Not known
Drug & alcohol difficulties: Not known
Difficulties sitting still or concentrating: Moderate
Behavioural difficulties: Moderate

- Q16 - Q20
Poses risk to others: Not known
Carer management of CYP behaviour: None
Doesn't get to toilet in time: None
Disturbed by traumatic event: Not known
Eating issues: Moderate

- Q21- Q25
Family relationship difficulties: Moderate
Problems in attachment to parent carer: Moderate
Peer relationship difficulties: Moderate
Persistent difficulties managing relationships with others: Moderate
Does not speak: Mild

- Q26 -Q30
Gender discomfort issues: Not known
Unexplained physical symptoms: Not known
Unexplained developmental diff: Not known
Self-care issues: Not known
Adjustment to health issues: Not known

- Selected Complexity Factors
Looked after child: No
Young carer status: No
Learning disabilities: Not known
Serious physical health: No
Pervasive develop -mental disorders: Not known
Neurological issues: Not known
Child protection plan: Has previously been subje
Deemed child in need of social service input: Not known
Refugee or asylum seeker: No
Experience of war, torture or trafficking: No
Experience of abuse or neglect: Not known
Parental health issues: Not known
Youth Justice Order: No
Living in financial difficulties: Not known

- Contextual Problems
Home: Moderate
School,Work,Training: Moderate
Community: Moderate
Service Engagement: Moderate

- Education/Employment/Training
Attendance Difficulties: Sever
Attainment Difficulties: Sever

- Needs-based Grouping
Close Current Cluster?: No
Getting Advice: Neurodevelopmental Assessment: Yes

Response: Getting Help: Autism Spectrum

** Electronically signed by Morris,Kathryn on 16/05/23 12:08 **
Initialized on 16/05/23 12:06 - END OF NOTE

21/05/23 19:16 - CAMHS - Outcome (EPPF) by Anthony Molyneux
Acct Num: V00004780936 DOB: 07/08/2006 Patient Age: 16

Note verified by Molyneux,Anthony 21/05/23 19:18:

Original Note:

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Appointment
Session Date: 15/05/23
Session Start Time: 15:30
Session End Time: 15:35
Session Duration (mins):: hours and 5 minutes
Today's Consultation Type is?: Telephone consultation

- Outcome
Outcome Code: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Psychiatry

- Appointment Details
Future Appointment Consultation Type: Face to Face
Follow Up Time Frame: Weeks
Follow Up Time Frame: 7
Next Appointment Date (specific date): 03/07/23
Appointment Time:(specific time): 15:30
Clinical Priority: Medium
Overbook the Clinic if necessary: No
Appointment Location: Southport Hub
Is the patient aware?: Yes (dad aware)
Does the patient need a letter?: Yes
Room Required: Yes
Interpreter required?: No
Interpreter Language: No
Transition to Adult services: If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension DPA or by emailing a member of the transition team.

Initialized on 21/05/23 19:16 - END OF NOTE

21/05/23 19:18 - CAMHS - Session Note by Anthony Molyneux
Acct Num: V00004780936 DOB: 07/08/2006 Patient Age: 16

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 15/05/23
Session Start Time: 15:30
Session End Time: 15:35
Session Duration (mins):: hours and 5 minutes

- -
Event/Session Contact Medium: Telephone
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Patient's Home
Additional Location Info: Home
Service: Sefton Specialist
Attending Professionals: Medical Professional

- Clinicians Present
Clinician Present:: Anthony Molyneux

- -
Young Person and Family Attendance (Tick all the apply):: Parent or Relative
Action: ***** Please enter names in the field below *****
Names: - me. - dad Alphonse
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: Yes

- -
Patient Attendance: On time
Appointment Type:: Specific Work

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Consultation, Medication

- -
Clinical Notes::

- Appointment had in fact been scheduled as ftf appointment; Axel DNA'd this (not unusual for him...), though dad Alphonse then immediately emailed me to explain Axel's non-attendance; i replied requesting update on medication situation; Alphonse replied that Axel continuing to take sertraline 75mg od and

assured me of consistency of Axel taking this, as reportedly verified by mum; Alphonse also said that he feels Axel benefiting from medication as he has become more willing to talk to dad whilst on the medication; Alphonse also mentioned that Axel in bed asleep all day and up all night researching topics of interest and wanting to talk to mum and dad about this; i wondered over email therefore whether Axel might benefit from melatonin medication to help reset this disordered sleep/wake cycle; Alphonse at once very enthusiastic indeed about offer of melatonin; i offered to speak to Axel about this the following morning, Tuesday 16th May, and Alphonse accepted
- Called via Axel's mum's telephone number 10am following morning, Tuesday 16th May: Alphonse answered phone (i recall this is familiar pattern); i requested to speak to Axel himself, and Alphonse evidently then went to Axel's room to see if he would speak to me; evidently Axel refused to speak to me directly (again this is standard pattern); i said to Alphonse that i would be ok with issuing further prescription for Axel for sertraline and now melatonin (newly commenced) also, although my next r/v appointment would need to be ftf as i am feeling increasingly uncomfortable as regards whether i have valid consent from Axel himself as he has evidently refused to attend appointment and has now also refused to speak with me over the phone - again this is a familiar pattern
- I have therefore offered next appointment as another ftf appt at Southport Hub clinic in 7/52; however if Axel again refused to attend this then i have said that i will have to do home visit immediately afterwards; previously this has been only way of actually getting Axel to attend to see me for clinic appointments - when this is presented to him as the only alternative to avoid me having to carry out a home visit; Alphonse happy with this
- I thus completed pxn for sertraline and melatonin for Alphonse to collect from Burlington House, which evidently he did subsequently
- Have since realised though that the sertraline was pxd for liquid preparation which i seem to recall Axel rejected in the past, evidently saying (via Alphonse) that he would prefer tablet form; have not heard this week from Alphonse as regards this, and so have just now (Sun 21st May) emailed Alphonse asking whether he would like me to issue pxn for sertraline in tablet form instead; no reply from Alphonse at time of writing
- CURRENT MEDS REGIMEN, AS THINGS STAND:
- Sertraline 75mg od (awaiting clarification from Alphonse re whether Axel would prefer tablet form or is ok with liquid form, as above)
- Melatonin (Circadin) 2mg nocte prn (newly commenced, as above)
- PLAN:
- Await reply from Alphonse, as above
- Next ftf r/v Mon 3rd July, 3:30pm, Southport Hub; will need to carry out h/v if Axel DNA's
- Upcoming r/v mtg, Thu 25th May
Current Risk Identified: Yes
Specify: - potential risk relating to unclear consent for meds (see session note)
Action: ***** Please Update Care Plan *****
Change to current Care Plan: No

- Medication
Medication type: Selective Serotonin re-up, Other
Medication Prescribed: - sertraline. - melatonin

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

Initialized on 21/05/23 19:18 - END OF NOTE

25/05/23 21:08 - CAMHS - Session Note by Kathryn Morris
Acct Num: V00004871542 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 25/05/23 22:13:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 25/05/23
Session Start Time: 16:00
Session End Time: 17:00
Session Duration (mins):: 1 hours and 0 minutes

- -
Event/Session Contact Medium: Telemedicine Web Camera
Contact Type:: Professional Consultation
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Social Work Professional

- Clinicians Present
Clinician Present:: Kathryn Morris

- -
Young Person and Family Attendance (Tick all the apply):: Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Parents
Advocate in attendance: N/A
Other Attendees (Name, Designation, Organisation): CAMHS - Kate Morris - Anthony Molyeneux. Hayley Dawson - Prestfield School. CFWB - Ashleigh Williams (Family Support Worker)
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Professional Consultation

CAMHS - Session Intervent

- Interventions
Type of Intervention:: System

- Actual Intervention
Actual Intervention:: Professional Meeting

- -
Clinical Notes::

Review meeting held for Axel via Teams meeting

Parents update:
Axel doing well - has attended been attending school - Axel made the decision himself to return
Hasn't attended this week - unknown reasons other than refusal
Axel taking Sertraline and Melatonin of a night - no issues
Dad reported Axel talking a lot more, more so of a night time
Parents requested earlier appointment with Dr Molyeneux - review date 03.07.23 - Dad requested call today after meeting

Prestfield Update:
Following last meeting in March family contacted school with Axel's wishes that he shared with them and family corresponded by email to school.
Attendance has been sporadic
At most Axel has attended 2-3 times in one week
School have offered bespoke timetable which at present consists of Axel attending 1 hour per day at 2pm till 3pm which is constantly reviewed
Based on Axel wishes to complete German as a language a specialist teacher has been brought in to school to complete this work with Axel
Variety of staff are offered as per Axel's wish
Core subjects to be introduced to Axel - school made parents aware of the guided learning hours and how this is not achievable with Axel's current timetable.
Timetable to be increased as and when Axel is ready
Axel has access to Occupational Therapist one afternoon per week, however has not yet accessed
Speech and Language available and appointments have been made this week, however Axel has not attended school to access this support
Dad attending Coffee mornings at school to access support

Ashleigh (CFWB) Update:
Ashleigh has now finalised her assessment and spoke of how this was heavily led by Axel
Identified work for Axel around Anxiety and coping skills and wanting to get out in the community
Axel has been out with Axel in the community for a walk which was brief but positive that Axel left the home
Ashleigh noted how Axel maintained a lot of eye contact with her during sessions
Some appointments have been missed due to Axel having other appointments and reporting he is tired
Ashleigh noted that she is allocated worker for Axel and direct work will continue with him focusing on anxiety. Axel has requested short and work specific sessions that Ashleigh is in agreement with
Ashleigh has made a referral to Youth Team to support Axel to re-integrate into the community, include group work and build on confidence and independence

Anthony (Psychiatry) Update:
Engagement has been patchy over the last few months and Axel has not been seen in clinic which is a concern for Dr Molyeneux as Axel has not expressed his wishes around medication - this information is being relayed by parents
Prescribed Sertraline medication of 75mg
Sleep reversal therefore Melatonin prescribed
Anthony suggested to parents that based on info shared of Axel taking Sertraline of a night and becoming more active and talking more that it would be suggested that medication is taken of a morning
Anthony happy to arrange earlier appointment at parents request but noted barrier to Axel engaging and will often DNA on the day
Anthony unable to call Axel today after meeting due to diary commitments and clinic arrangements, therefore offered an earlier appointment and would request admin send out an earlier appointment

CAMHS Update (Kate)
It is great to hear that Axel has re-engaged with education and whilst his attendance is sporadic, it is a massive step forward for Axel to reach out to school, share his wishes and then to attend school albeit

attendance is sporadic at present.
It appears that since last meeting with school that a lot of support has been offered to Axel which is positive
Axel appears to be reacting well to medication prescribed but would be more beneficial if Axel takes medication of a morning as per Dr Molyeneux advice
Parents continue to engage with Family Therapy which is positive
Axel is receiving support from Ashleigh around anxiety and re-integration into the community. Plus a referral has been made to Youth Team for further intervention on 1-2-1 and group work.
Axel not engaged with Case Manager sessions at CAMHS and previously stated that he does not want any intervention, however as Axel is presenting as more engaging with services, it would be beneficial to arrange appointment for Axel to attend Southport Clinic and support him to share what support he would like from CAMHS (if any). Mindful that Ashleigh is supporting with Anxiety and re-engagement into community therefore Case Manager to assess what support can be offered to Axel.

Actions:
Kate to offer clinic appointment to Axel to ascertain wishes for CAMHS involvement - Kate to review original referral/presenting problems with Axel in clinic
Following clinic with Axel, Kate to take to MDT to update on review and current agency intervention with Axel - assess role of case manager
Kate to liaise with Sharon Rowland on none attendance at today's meeting and update on discussion held
Anthony to offer earlier appointment for Axel to discuss Sertraline medication and taking of a morning
Prestfield to continue to review timetable with Axel and family
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

** Electronically signed by Morris,Kathryn on 25/05/23 22:13 **
Initialized on 25/05/23 21:08 - END OF NOTE

31/05/23 11:53 - CAMHS - Professional Disc by Marie Disley
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 16

Note verified by Disley,Marie 31/05/23 11:54:

Original Note:

CAMHS - Professional Discuss

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: MDT

- Attendees
** Clinician 1
Clinician Present:: Kathryn Morris
Date:: 31/05/23
Time: 11:00

Duration (mins):: 10
Summary:

Previously brought to MDT on 8th March 23. 16 years old and engagement with Kate is very poor. Axel has returned to Presfields school on a reduced timetable and now has a children and families wellbeing worker supporting him to get out of the home. She is working with him on his anxiety and coping skills and has made a referral to the youth team for support around confidence, independence and reintegration into the community. Axel sees Ant and is prescribed Sertraline and Melatonin. Axel and his parents are also having family therapy sessions with Sam.		Kate to discuss having a joint review with Ant to decide what her role should be. (possibly checking in on Axel periodically).

Initialized on 31/05/23 11:53 - END OF NOTE

05/06/23 21:04 - CAMHS: Care Plan by Kathryn Morris
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 05/06/23 21:10:

Original Note:

CAMHS Care Plan

- -
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- -
Type of plan: Standard Plan
Date of Initial Plan:: 05/06/23
Date of this Plan: 05/06/23
Case Manager: Kathryn Morris

- -
History/Presenting Problems:

Referred to CAMHS due to low mood, radicalisation, bringing knife to school, attacks on peers police involvement
Current understanding of the problem:: Several DNA Appointments to CAMHS Sessions. At this time

unable to formulate a plan of support for Axel. Axel has recently returned to education on a bespoke reduced timetable and is accessing support from Children and Families Well-Being Worker via CSC. This involvement will support Axel with anxiety and reintergration back into the community.
Summary of Involvement:

Case Manager allocated in September 2022 following reallocation.
Throughout CAMHS involvement there has been poor engagement from Axel and family.
No clear formulation has been attained due to poor engagement. Axel has expressed a wish that he does not want case manager involvement with CAMHS and would like to remain open to Psychiatry.

Currently prescribed Sertraline and Circadin - open to Dr Molyeneux

Family are open to Sam Coppard fro Family Therapy
Summary of Medicines we have prescribed:: Sertraline and Circadin
Does the patient need a crisis plan?: No
What to do in an emergency, or if things worsen: Family will engage with professionals when support is needed
Plan: Continue

- Agreements/ Consent Care Plan
Consent Information: The risks and benefits of this plan have been discussed with the young person and those involoved in their care as appropriate.
Agree with community plan: Yes
Young person agrees with community plan: Yes

** Electronically signed by Morris,Kathryn on 05/06/23 21:10 **
Initialized on 05/06/23 21:04 - END OF NOTE

13/06/23 14:23 - CAMHS - DNA Outcome by Kathryn Morris
Acct Num: V00004608623 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 13/06/23 14:24:

Original Note:

CAMHS - DNA Outcome
Information:: *** The DNA document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- -
CAMHS -DNA Outcome: DNA -No further appointments with me for this patient
-: If the patient is Discharged, Complete Closure Document or Inform the Case Manager

- Appointment Details
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Core Partnership (Follow up)
Interpreter required?: No
Interpreter Language: No

** Electronically signed by Morris,Kathryn on 13/06/23 14:24 **
Initialized on 13/06/23 14:23 - END OF NOTE

13/06/23 14:24 - CAMHS - Phone Contact by Kathryn Morris
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 13/06/23 14:25:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 13/06/23
Time:: 13:55
Call Duration (mins):: 5

- -
Call Type:: Call Recieved
Contact With:: Parent or Carer
Contact with (Name,Title,Org): Dad
Staff Member:: Kathryn Morris
Service: Sefton Specialist

- -
Call Reason:: Discussion or Information Sharing
Contact Medium: Email
Discussion:

Email and text received from Dad informing Axel was not attending schedule appointment today

- For Crisis Care only (KPIs)
Clinical Respone Details: Emergency = within 1 hour, Very urgent = within 4 hours, Urgent = within 24hrs

** Electronically signed by Morris,Kathryn on 13/06/23 14:25 **
Initialized on 13/06/23 14:24 - END OF NOTE

22/06/23 09:52 - CAMHS - Key CAMHS Data by Kathryn Morris
Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 16

Note verified by Morris,Kathryn 22/06/23 09:53:

Original Note:

CAMHS - Key CAMHS Data
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

Date of entry:: 22/06/23
Case Manager: Kathryn Morris
Service: Sefton Specialist
Consent obtained for secondary uses (Info)?: Yes
Interpreter required?: No

- -
Legal status: Support to families

- -
Ethnic category: White/Black African
UK status: Resident since birth
Language: English

- -
Ability to speak English: Yes
Disability: Behaviour & Emotional
Does the patient think that their disbility limits day to day activities: Yes - Limited a little
Does their disability mean they require constant supervision?: No
Household composition: Both biological parents
Accommodation status: Owner occupier
Sexuality: Not stated
Gender: Male
Education Type: Alternative Education

- -
Audit Group: 16-18
Joint working: Social care, Key Workers
Copy letters: Yes

- -
Local Authority Involvement: Yes
Plans in Place: EHAT
Child protection category: None

- -
Looked after child: No

- -
Youth Justice Order: No

** Electronically signed by Morris,Kathryn on 22/06/23 09:53 **
Initialized on 22/06/23 09:52 - END OF NOTE

03/07/23 15:43 - CAMHS - DNA Outcome by Anthony Molyneux
Acct Num: V00004864308 DOB: 07/08/2006 Patient Age: 16

Note verified by Molyneux,Anthony 03/07/23 15:45:

Original Note:

CAMHS - DNA Outcome

Information:: *** The DNA document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- -
CAMHS -DNA Outcome: DNA -Send Again, Same clinician next available

- Appointment Details
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Specific Work (Follow up)
Future Appointment Consultation Type: Face to Face
Clinical Priority: Medium
Appointment Location: Home Visit
Is the patient aware?: Yes (Dad aware. Please arrange for me ideally late on a Monday afternoon)
Does the patient need a letter?: Yes
Room Required: No
Interpreter required?: No
Interpreter Language: No

Initialized on 03/07/23 15:43 - END OF NOTE

29/08/23 14:33 - CAMHS - DNA Outcome by Kathryn Morris
Acct Num: V00005054633 DOB: 07/08/2006 Patient Age: 17

Note verified by Morris,Kathryn 29/08/23 14:33:

Original Note:

CAMHS - DNA Outcome
Information:: *** The DNA document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- -
CAMHS -DNA Outcome: DNA -No further appointments with me for this patient
-: If the patient is Discharged, Complete Closure Document or Inform the Case Manager

- Appointment Details
Which Service: Sefton Specialist
CAMHS - Type of Appointment: NO FURTHER Appointment
Interpreter required?: No
Interpreter Language: No

** Electronically signed by Morris,Kathryn on 29/08/23 14:33 **
Initialized on 29/08/23 14:33 - END OF NOTE

28/09/23 12:16 - CAMHS OPD Validation by Kate Kiernan
Acct Num: V00006013350 DOB: 07/08/2006 Patient Age: 17

CAMHS OPD Validation

- -
Future Plan Actioned: No
Reason Future Plan not Actioned: No ePPF Complete
Email sent to the Clinician: Yes
Date: 28/09/23
Time: 12:16

** Electronically signed by Kiernan,Kate on 28/09/23 12:16 **
Initialized on 28/09/23 12:16 - END OF NOTE

11/10/23 17:05 - CAMHS OPD Validation by Kate Kiernan
Acct Num: V00006013350 DOB: 07/08/2006 Patient Age: 17

CAMHS OPD Validation

- -
Future Plan Actioned: Yes
Email sent to the Clinician: Yes

** Electronically signed by Kiernan,Kate on 11/10/23 17:05 **
Initialized on 11/10/23 17:05 - END OF NOTE

09/11/23 11:22 - CAMHS OPD Validation by AnnMarie Roscoe
Acct Num: V00006126508 DOB: 07/08/2006 Patient Age: 17

CAMHS OPD Validation

- -
Future Plan Actioned: Yes

** Electronically signed by Roscoe,AnnMarie on 09/11/23 11:22 **
Initialized on 09/11/23 11:22 - END OF NOTE

12/01/24 10:25 - CAMHS OPD Validation by AnnMarie Roscoe
Acct Num: V00006131483 DOB: 07/08/2006 Patient Age: 17

CAMHS OPD Validation

- -
Future Plan Actioned: Yes

** Electronically signed by Roscoe,AnnMarie on 12/01/24 10:25 **
Initialized on 12/01/24 10:25 - END OF NOTE

26/02/24 10:14 - CAMHS OPD Validation by Marie Disley

Acct Num: V00006326113 DOB: 07/08/2006 Patient Age: 17

CAMHS OPD Validation

- -
Future Plan Actioned: Yes

** Electronically signed by Disley,Marie on 26/02/24 10:14 **
Initialized on 26/02/24 10:14 - END OF NOTE

30/04/24 10:26 - CAMHS OPD Validation by Marie Disley
Acct Num: V00006372237 DOB: 07/08/2006 Patient Age: 17

CAMHS OPD Validation

- -
Future Plan Actioned: No
Reason Future Plan not Actioned: No ePPF Complete
Email sent to the Clinician: Yes
Date: 29/04/24
Time: 10:26

** Electronically signed by Disley,Marie on 30/04/24 10:26 **
Initialized on 30/04/24 10:26 - END OF NOTE

03/06/24 15:43 - CAMHS OPD Validation by Sarah Maguire
Acct Num: V00006372237 DOB: 07/08/2006 Patient Age: 17

CAMHS OPD Validation

- -
Future Plan Actioned: Yes

** Electronically signed by Maguire,Sarah on 03/06/24 15:43 **
Initialized on 03/06/24 15:43 - END OF NOTE