

**\*LIVE-NEW\* Alder Hey Children's**

**RUDAKUBANA,AXEL MUGANWA** Male DOB: 07/08/2006 MedRec# DPA

**09/02/21 12:36 - CAMHS - Documents Corresp by Lynsey Boggan**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 14

Note verified by Boggan,Lynsey 09/02/21 12:37:

Original Note:

**CAMHS - Documents Corresponden**

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Document::** E-mail

**Contact Type:** Direct Contact

**Referral to Safeguarding:** No

**Date Generated::** 09/02/21

**Subject::** CAMHS and ADHD ref

**Additional details::**

Hi Alphonse,

My apologies for the delayed reply. Thank you for all the detailed information.

I can confirm that the final report is in the process of being sent so should be with you soon, in the report we have recommended that school complete a referral for ADHD as the process has recently changed and requires school to input into the referral, so its much easier if they complete it.

I have also been in contact with CAMHS and requested that an apt be sent out for Axel. If you need anything else please don't hesitate to ask.

Kind Regards Lynsey Boggan

Lynsey Boggan

Specialist Practitioner RNLD / Interim Clinical Lead ASD Pathway

Alder Hey Children's NHS Foundation Trust  
Eaton Road, Liverpool L12 2AP

Email: Lynsey.Boggan@alderhey.co.uk

My usual working hours are 9am to 5pm Monday – Friday. This email inbox is not monitored outside of these hours and not monitored when I am in meetings or on leave. If you are worried about a child or young person, please telephone us on: DPA

From: Alphonse Rudakubana [mailto: { } DPA ]  
Sent: 03 February 2021 18:30  
To: Boggan Lynsey; Laetitia Muzayire  
Subject: CAMHS and ADHD Referrals for Axel Rudakubana

Dear Lynsey,

Thank you for the video call and the ASD diagnosis for Axel. I think he sees it as a label that people have given him without knowing him well to make that conclusion. I think he has autism even though he disagrees.

At the moment because Axel is having a one hour lesson in school, he is happy with the arrangement and is less anxious but there were times when he said the only solution was medication. This happens when school or relationships at school are challenging.

Almost all the time before Covid restrictions, Axel was preferring staying at home rather than going out with us stating anxiety and feeling nervous.

He has short attention/concentration when it comes to school work/homework/structured programme that he has to do, in that case he gives up work or becomes frustrated and complains about anxieties.

He rushes his work to get rid of it really as if it is painful.. Things like rubbing his hands uncontrollably, low concentration caused me to include ADHD to his referral form in the past.

Please refer Axel to CAMHS to assess his mental health and whether medication can be part of the solution. He has tried talking therapy with Section CAMHS but he abandoned it because he felt it was not helping.

Also, please refer Axel to ADHD Pathway so that we can rule it out or in on whether he has the condition.

I look forward to hearing from you.

Many thanks

Alphonse Rudakubana (Axel's father)

**Contact Medium:** Email

\*\* Electronically signed by Boggan,Lynsey on 09/02/21 12:37 \*\*  
Initialized on 09/02/21 12:36 - END OF NOTE

**01/04/21 19:21 - CAMHS - Outcome (EPPF) by Samantha Steed**

Acct Num: V00003298119 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 01/04/21 19:23:

Original Note:

## **CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*.  
Please ensure you are documenting on the right account number

### **- Today's Appointment**

**Session Date:** 01/04/21

**Session Start Time:** 11:30

**Session End Time:** 12:30

**Session Duration (mins)::** 1 hours and 0 minutes

**Today's Consultation Type is?:** Video consultation

### **- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Treatment Ongoing/has started
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

### **- Next Appointment Information**

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Core Partnership (Follow up)

### **- Appointment Details**

**Next Appointment:** Same Clinic

**Future Appointment Consultation Type:** Video consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 1

**Next Appointment Date (specific date):** 08/04/21

**Appointment Time:(specific time):** 14:30

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above  
\*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other (WFH)

**Specify Community/Other Location:** WFH

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension

**DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 01/04/21 19:24 \*\*

Initialized on 01/04/21 19:21 - END OF NOTE

**07/04/21 13:36 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00003298119 DOB: 07/08/2006 Patient Age: 14

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 01/04/21  
**Session Start Time:** 11:30  
**Session End Time:** 12:30  
**Session Duration (mins)::** 1 hours and 0 minutes

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**Event/Session Contact Medium:** Telemedicine Web Camera  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Oth Locations not Classifications (WFH)  
**Additional Location Info:** Other (WFH)  
**Service:** Sefton Specialist  
**Attending Professionals:** Social Work Professional

**- Clinicians Present**

**Clinician Present::** Samantha Steed

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**Young Person and Family Attendance (Tick all the apply)::** Parent or Relative  
**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*  
**Names:** Mr Rudakubana - Dad  
**Advocate in attendance:** N/A  
**Has consent to share data been withdrawn?:** No  
**Key crisis or issue to consider?:** No

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**Patient Attendance:** On time  
**Appointment Type::** Core Partnership

**CAMHS - Session Intervent**

**- Interventions**

**Type of Intervention::** Parent

**- Actual Intervention**

**Actual Intervention::** Assessment Engagement

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**Clinical Notes::**

**Initial Core Partnership following reallocation.**

I introduced myself to Mr Rudakubana (Dad) and explained that I am taking over from Sam Coppard as Case Manager.

Axel was in bed and Dad explained that he finds it hard to meet new people.

Axel woke up towards the end of today's initial session with dad following reallocation. Dad asked him to join us and Axel refused. At one point he threw something at his dad. His dad did not reprimand him and I sensed his embarrassment at what happened. I stated that he could let Axel know that he could look at me while I spoke to him and he could switch the video off from his end. Axel would not join us.

### Concerns

Axel is experiencing Anxiety. His dad describes him as being very anxious - he is afraid to go out into the back garden. Axel buried his pet Hamster out there and has laid flowers. He will not go out to check on the burial site in the daytime - he only goes out in the night time with a torch to check everything is ok. Dad described Axel as heart broken at the death of his Hamster. I asked how the Hamster died and he said of natural causes. Dad shared that Axel does not cope well with stress. Axel can [resent as fidgety and rubbing or ringing his hands together.

Axel has a diagnosis of ASC given on December 2020. This diagnosis is currently rejected by Axel.

Axel anxiety re going outside got worse during Corona Virus pandemic. At the beginning of the first lock down he would go for a walk now he won't leave the home, unless for school. He finds social interaction scary. His anxiety manifests in fight or flight type behaviours.

It has been more than a year since he has mixed with peers.

Dad shared that he thinks that Axel turned angry aged 12 years old and tells him that he hates him. Axel can be confrontational towards Dad. Dad says he calls him stupid and can be physically violent towards him. Dad states that he knows that he should not say certain things to Axel as it will make him angry and will cross the line with him. There are certain words that he should not say. He is not confrontational towards his mum - they get on well. Dad thinks that Axel gets on better with females.

### Family Context

Axel lives with his mum, dad and older brother. Mum works full time and dad is carer for their two sons. Axel's family are originally from Rwanda. Before moving to Lancs they lived in Cardiff. Axel has an older brother Dion aged 17 years who uses a wheelchair.

[DPA] [DPA] [DPA] [DPA]

Dad described Axel as shy and respectful. He added that he does not like to do things on his own, he hates learning and avoids this. He does the things which are easy and finds it hard to complete homework.

### Other information

Dad blames himself [DPA] saying that they inherited it from somewhere.

Dad has also referred Axel for an ADHD Assessment due to him having some traits and he is on a waiting list.

Dad is thinking that Axel needs medication however Sam Coppard ACL explained that talking therapy needs to be tried first off.

He went on to talk about the condition Fragile X Syndrome which involves flat feet big forehead and narrow face.

[DPA] [DPA] He has called his GP to ask for an assessment to check if [DPA] [DPA] Axel will have the assessment [DPA]

### Education

Axel attends the Referral Unit for an hour a day from around 2pm - 3pm. He has a 1:1 support worker. Axel would like to return to mainstream school but this is said not to be possible due to the incidents of Axel trying to get revenge following being bullied and hurting an innocent child by mistake. The Police were involved and there was NFA. Dad would like Axel to go to Presfied.

Axel has an EHCP in place.

### **Eating**

Dad shared that Axel is extremely under weight but naturally has a slim build. He eats very little food and Dad said he has to buy him take away. He has tried home cooking but Axel will say it's not nice. Axel will show him a recipe dad will but the ingredients and make it only for Axel to say it is not the same and not nice. Dad described this as a stressful experience and said that Axel said his food does not smell nice. He described Axel as a food critic.

Axel eats a small variety of food - pizza - only papa johns or dominos. Burger from Mcdonalds, Chicken Tikka Masala and some ready meals from Tesco, Nandos and burger and rice.

Dad states that he has to buy take out twice a day and this is very expensive. He has applied for Disability Allowance for Axel.

Dad added that Axel worries about Cancer... but this does not prompt him to improve his diet.

### **Sleep**

Dad shared that Axel can go to bed late after watching tv and being on the computer he then wakes late in the day. Dad states that Axel is aware of the need to get enough sleep but does not go to bed early.

### **Protective Factors**

Axel is attending the referral Unit for an hour a day and works well with his support worker. Axel states that he wants to return to Education. Parents are help seeking.

### **Current/Past Involvement**

Referral Unit.

Dad reports that he previously had family support (7 sessions which helped) from Early Help but they closed the Case.

Dad says he previously paid for private counselling sessions for Axel and he did open up to the therapist. This was when Axel was finding it difficult to eat in school unless certain friends were there. .

### **Formulation/Plan**

Axel is a 14 year old boy with a diagnosis of Autism Spectrum Condition.

Axel experienced bullying at secondary school which resulted in his attempting to exact revenge - however, this went badly wrong when he hurt a pupil who was said not to have been involved in bullying him. There was NFA re Police involvement.

Dad has explained that he is currently unable to encourage or persuade Axel to do anything. Dad thinks Axel would benefit from a specialist school - Axel is against this. Axel has an EHCP in place. This may need review. SEN Case Worker Kelly Hayes [DPA] kelly@lancashire.gov.uk

Dad thinks that Axel may have ADHD and Fragile X Syndrome and has asked for referral to the Community Paediatrician Service. He is on the waiting list for ADHD assessment.

Axel does not want to engage with talking therapy - he does not feel he needs help to improve his mental health wellbeing.

I will liaise with the Referral Unit and SEN.

I will see Mr Rudakubana again next week. Hopefully Axel may join the video call - Dad said that Mum will be present so he may be more willing to speak with me if she is present. I will attempt to gain Axel's views re what CAMHS could do to help.

**Next appointment 8.4.21 3.30pm via Attend Anywhere.**

**Current Risk Identified: No**

**Change to current Care Plan:** No

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**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

\*\* Electronically signed by Steed,Samantha on 07/04/21 20:59 \*\*  
Initialized on 07/04/21 13:36 - END OF NOTE

**09/04/21 11:21 - CAMHS - Outcome (EPPF) by Samantha Steed**

Acct Num: V00003332095 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 09/04/21 11:26:

Original Note:

**CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*.  
Please ensure you are documenting on the right account number

**- Today's Appointment**

**Session Date:** 08/04/21

**Session Start Time:** 14:30

**Session End Time:** 15:30

**Session Duration (mins)::** 1 hours and 0 minutes

**Today's Consultation Type is?:** Video consultation

**- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Treatment Ongoing/has started
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

**- Next Appointment Information**

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Core Partnership (Follow up)

**- Appointment Details**

**Next Appointment:** Same Clinic

**Future Appointment Consultation Type:** Video consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 1

**Next Appointment Date (specific date):** 16/04/21

**Appointment Time:(specific time):** 11:30

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above

\*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other

**Specify Community/Other Location:** WFH

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension

**DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 09/04/21 11:26 \*\*

Initialized on 09/04/21 11:21 - END OF NOTE

**10/04/21 09:13 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00003332095 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 10/04/21 10:28:

Original Note:

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 08/04/21

**Session Start Time:** 14:30

**Session End Time:** 15:30

**Session Duration (mins)::** 1 hours and 0 minutes

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**Event/Session Contact Medium:** Telemedicine Web Camera

**Contact Type::** Direct Contact

**Contact Occurred:** Open

**Location:** Oth Locations not Classifications (WFH)

**Additional Location Info:** Other (WFH)

**Service:** Sefton Specialist

**Attending Professionals:** Social Work Professional

**- Clinicians Present**

**Clinician Present::** Samantha Steed

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**Young Person and Family Attendance (Tick all the apply)::** Child or young person, Parent or Relative

**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*

**Names:** Axel Rudakubana and Mr Rudakubana for part of the session at the end in terms of goal setting.

**Advocate in attendance:** N/A

**Has consent to share data been withdrawn?:** No

**Key crisis or issue to consider?:** No

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**Patient Attendance:** On time

**Appointment Type::** Core Partnership

### **CAMHS - Session Intervent**

#### **- Interventions**

**Type of Intervention::** Individual

#### **- Actual Intervention**

**Actual Intervention::** Assessment Engagement, CBT-ED

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#### **Clinical Notes::**

Mr Rudakubana came onto the video call first - he told me that things have been ok and that there have been no problems.

Axel was in the room but not on camera. Mr Rudakubana tried to encourage him to have the video on but he wasn't ready to which I said was fine.

Axel said that he remembered speaking with Sam Coppard previous CAMHS Clinician involved.

Axel told me that he is not struggling initially.

I then asked him about any anxiety he might be feeling and he shared that he wants to be able to go out.

At present he is able to go to the Referral Unit for an hour a day. He told me that it is easy to do because he just goes in a taxi - then he is one to one for teaching then he gets in a taxi and goes back home. Axel said that he thinks he will stay at the Referral Unit for the rest of his education. He says he can sometimes feel anxious when he goes in if there are lots of people around. and it is noisy and busy.

#### **Autism Diagnosis**

Axel says he thinks they have got this wrong and that some of his symptoms and ways are because of the anxiety he feels.

I asked Axel to share how his anxiety presents. He said sometimes he can produce more saliva. When he was younger his eyes watered. His heart beats faster and he had a hard time at school. He talked about experiencing anxiety when he was at primary school.

When I asked Axel what he thinks could help he said medication.

He had private therapy CBT session previously but said this did not help. This was in relation to him feeling self conscious about eating at school - he would not eat if his friends were not with him.

#### **Eating**

Eating remains an issue. Axel says sometimes he doesn't eat - he described his father cooking as terrible - I asked him if he has ever cooked anything for himself and he said no. He usually has takeaway or ready meals. He worries about the health risk related to this and would like it to be different.

Axel told me that he has no concerns regarding weight loss and that he has always been of slim build. Axel described never feeling excited about eating. He said his parents don't cook what he enjoys. He referenced when people look forward to a meal and said he never has that feeling. Axel said that the only food that he can truly say he dislikes is nuts. He said that he has never had the opportunity to try different foods and so that is why his food intake is so limited not because he is restricting it. He told me

that he likes spaghetti bolognese, pizza although he has this a lot. He finds the whole eating thing stressful. He has previously done cooking at school.

### **Sleep**

Axel often goes to sleep at around 2.30am he is on his computer or phone watching you tube - it appears there are no boundaries in place regarding bedtime routine. Axel told me that his parents are very noisy way into the night and this stops him from feeling that he can go to sleep. He often wakes at around 12.30pm and so regularly misse half of the day - School attendance is set for 2-3pm. Mr Rudakubana said that Axel sleeps well and Axel told him that this is not the case and it's not ok to go to sleep at 2.30am until 12.30pm. Axel said that his parents go to bed and sleep in later than him and his mum only gets up early for work.

### **Anxiety**

Axel said that his anxiety has involved fight or flight behaviours. He said this is not the case at the moment as he is safe at home He does get angry with his situation. he says that his parents/dad is to blame as he would not let him go out alone when he asked to aged 10 years old. Axel thinks that they have now waited too long and he is afraid to go out alone now. I askd if Axel would leave home with his parents and he said yes. The last time he went out away from going to school was to go to Mcdonalds with his dad in December 2020.

### **Family**

Axel said he gets on ok with his brother but they don't talk much - his brother stays upstairs most of the time in his room. Axel described his dad as lazy. He said that his mum works as a blood scientist and his dad stays home. I asked if this was to take care of him and his brother and he said no it's because he is lazy.

Axel says he gets on better with his mum. He described his dad as a terrible person and said that he argues with his dad a lot - this was evident when Mr Rudakunbana joined the session. Axel called his dad stupid.

### **Current/ previous support**

Early Help Axel said this was to help the family.

CBT Axel said that this didn't help. We talked about the principles of CBT and how we might apply them to Axel's situation this time around.

No current support in place other than CAMHS.

Query additional support - Aiming High for a Mentor. Axel said he would consider having a Mentor.

**Medication** I agreed to ask if Axel can speak to a Dr as he did not accept that talking therapies should be tried again re his anxiety.

### **Goals**

Leaving home - agreed to walk with dad each day. Dad agreed to do this with Axel.

Sleep agreed to turn off devices at 11 pm initially. Dad agreed to speak with mum about the need for the home to be conducive to getting a good night sleep.

Sam Steed to contact school.

Next session - 16.04.21 at 11.30am Axel commented that this was a good time as his dad was trying to say it was too early.

**Current Risk Identified:** No

**Change to current Care Plan:** No

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**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

\*\* Electronically signed by Steed,Samantha on 10/04/21 10:28 \*\*

Initialized on 10/04/21 09:13 - END OF NOTE

**16/04/21 20:27 - CAMHS - Outcome (EPPF) by Samantha Steed**

Acct Num: V00003340638 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 16/04/21 20:29:

Original Note:

**CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

**- Today's Appointment**

**Session Date:** 16/04/21

**Session Start Time:** 11:30

**Session End Time:** 12:40

**Session Duration (mins)::** 1 hours and 10 minutes

**Today's Consultation Type is?:** Video consultation

**- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Activity Post Treatment
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

**- Next Appointment Information**

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Core Partnership (Follow up)

**- Appointment Details**

**Next Appointment:** Same Clinic

**Future Appointment Consultation Type:** Video consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 1

**Next Appointment Date (specific date):** 22/04/21

**Appointment Time:(specific time):** 11:30

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above \*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other (WFH)

**Specify Community/Other Location:** WFH

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension **DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 16/04/21 20:29 \*\*  
Initialized on 16/04/21 20:27 - END OF NOTE

**16/04/21 20:29 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00003340638 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 16/04/21 20:44:

Original Note:

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 16/04/21  
**Session Start Time:** 11:30  
**Session End Time:** 12:40  
**Session Duration (mins)::** 1 hours and 10 minutes

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**Event/Session Contact Medium:** Telemedicine Web Camera (Axel's camera was off)  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Oth Locations not Classifications (WFH)  
**Additional Location Info:** Other (WFH)  
**Service:** Sefton Specialist  
**Attending Professionals:** Social Work Professional

**- Clinicians Present**

**Clinician Present::** Samantha Steed

--  
**Young Person and Family Attendance (Tick all the apply)::** Child or young person, Parent or Relative  
**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*  
**Names:** Mr Rudkubana initially and then Axel for the main session  
**Advocate in attendance:** N/A  
**Has consent to share data been withdrawn?:** No  
**Key crisis or issue to consider?:** No

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**Patient Attendance:** On time  
**Appointment Type::** Core Partnership

## CAMHS - Session Intervent

### - Interventions

**Type of Intervention::** Individual

### - Actual Intervention

**Actual Intervention::** Advice, Assessment Engagement, CBT

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### **Clinical Notes::**

Mr Rudakubana said that Axel has had a good week - 'he has been good'.

They have been out - went to the shops. Mr Rudakubana enjoyed this a lot. They plan to go to town today.

Checked in with Axel - he said he has been ok.

### **Sleep**

Axel pleased that he has managed to get off of his phone at around 12.0pm. HE is mainly watching catch up Coronation Street :) on his phone. He is pleased that he has made this progress but id keen to meet his target of 11.00am for devices being put down. He sleeps an hour earlier at 1pm and wakes at around 11 am. I advised to try and put his device down a half an hour earlier. Hi parents are quieter of an evening/night now so this helps Axel to get ready for sleep a littel earlier.

### **Goal of getting out and about**

Axel has been for a walk. He is really please with this and also was pleased to have gone to the shops with his dad. Axel due to go to town to get his hair cut. He talked about how it hurts getting his hair cut but he faces that fear anyway.

Axel reported that once he went out the first time he realized that it was more straight forward than he was thinking - the next tile was easier.

**Food** - we discussed some recipes and I shared them with Axel - he is keen to try and make some food that he would like to try and replica's of the take out food that he has been having - pizza and chicken wrap. Axel is going to make these recipes over the next week and will ask dad to take him to get the ingredients.

### **Education**

Axel said he does want to think about attending education more - he is happy for me to contact his education provision Acorns in Lancs to discuss what plans are for him and what his options are.

### **Family life**

Axel reports that his relationship with his dad is the same - they have still argues but not about the same things - this week they argued about dad wanting Axel to go to school more. Axel needs to be in control of this - he does not like to be told what to do. I will talk to dad about this and the need for Axel to lead on the change. Axel does look to his dad for support of a practical mature. He told met hat his mum is not really involved as she goes to work early. This was his response when I asked how his mum is feeling about the fact that he went out.

### **Next session 22.04.21 11.30pm**

Axel to keep up the sleep routine and to bring it half an hour earlier over the next fortnight if possible.  
Axel to keep venturing out.

Axel to try cooking some recipes we talked about.

Sam Steed to contact Acorns.  
**Current Risk Identified:** No  
**Change to current Care Plan:** No

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**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

\*\* Electronically signed by Steed,Samantha on 16/04/21 20:44 \*\*  
Initialized on 16/04/21 20:29 - END OF NOTE

**22/04/21 20:45 - CAMHS - Outcome (EPPF) by Samantha Steed**

Acct Num: V00003353777 DOB: 07/08/2006 Patient Age: 14

Addendum entered and electronically signed by Steed,Samantha 27/04/21 16:28:

**Additional information**

**Additional information:** EPPF should read next appointment requested for 29.04.21 at 10.30pm - as agreed with patient. 28/04/21 was written in error.

Addendum entered and electronically signed by Steed,Samantha 24/04/21 21:43:

**Additional information**

**Additional information:** Error should read for next appointment 29/04/21 at 10.30am.

Original Note:  
Note verified by Steed,Samantha 22/04/21 20:49:

Original Note:

**CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*.  
Please ensure you are documenting on the right account number

**- Today's Appointment**

**Session Date:** 22/04/21  
**Session Start Time:** 11:30  
**Session End Time:** 12:30  
**Session Duration (mins)::** 1 hours and 0 minutes  
**Today's Consultation Type is?:** Video consultation

**- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Activity Post Treatment
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

**- Next Appointment Information**

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Core Partnership (Follow up)

**- Appointment Details**

**Future Appointment Consultation Type:** Video consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 1

**Next Appointment Date (specific date):** 28/04/21

**Appointment Time:(specific time):** 10:30

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above  
\*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other

**Specify Community/Other Location:** WFH

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension

**DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 22/04/21 20:49 \*\*

Initialized on 22/04/21 20:45 - END OF NOTE

**24/04/21 21:44 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00003353777 DOB: 07/08/2006 Patient Age: 14

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types  
\*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 22/04/21

**Session Start Time:** 11:30

**Session End Time:** 12:30

**Session Duration (mins)::** 1 hours and 0 minutes

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**Event/Session Contact Medium:** Telemedicine Web Camera

**Contact Type::** Direct Contact

**Contact Occurred:** Open

**Location:** Oth Locations not Classifications (WFH)  
**Additional Location Info:** Other (WFH)  
**Service:** Sefton Specialist  
**Attending Professionals:** Social Work Professional

**- Clinicians Present**

**Clinician Present::** Samantha Steed

--

**Young Person and Family Attendance (Tick all the apply)::** Child or young person, Parent or Relative

**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*

**Names:** Axel Rudakubana and Mr Rudakubana (Dad)

**Advocate in attendance:** N/A

**Has consent to share data been withdrawn?:** No

**Key crisis or issue to consider?:** No

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**Patient Attendance:** On time

**Appointment Type::** Core Partnership

**CAMHS - Session Intervent**

**- Interventions**

**Type of Intervention::** Individual

**- Actual Intervention**

**Actual Intervention::** Assessment Engagement, CBT

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**Clinical Notes::**

**Session 5 - Core Partnership Foloow up**

Mr Rudakubana came on to the call first - shared that 'Axel has been good'.

They have been getting out for a walk and enjoying this. Mr Rudakubana seemed pleased. Axel has been implementing our plan to support him to get out more and improve his sleep.

Axel has also spoken to Dad about cooking meals that he will enjoy and trying new things.

Axel came onto the call - chose not to be seen although I got glimpses. At times he was cross with his dad again during our session.

Axel has previously set goals to leave the home more often and take exercise - to eat better and to try and manage his sleep better.

**Diet**

He told me that Dad had cooked chow mein as they had found a recipe online and thought they would try it. Dad forgot the sauce due to Axel's dismay - they ended up using tomato sauce. He was not impressed by this.

Axel exampled this as another of dad's cooking disasters! He scored it 4/10. We agreed that with practice comes improvement. Axel agreed to try and help. Dad to look to reduce take out's by introducing 2 home cooking days pw.

We talked about the recipes shared last session - Axel said he is dependant on his dad shopping for ingredients. Simple Recipe ideas liked by Axel shared with Mr Rudakubana today.

## **Leaving the home**

Axel shared his anxiety is less and he is able to leave home for more things that just go to school for an hour. Axel shared that the feelings that he previously had regarding anxiety are a lot less and that leaving the home is becoming the norm and something that he wants to do more of. I asked Axel what has changed and he said that he has overcome the fear that something will happen if he goes outside for walks - to the shop and by doing it more and more he is noticing that he actually likes it. We talked about the fact that he isn't at the point where he can leave the home alone but he has made good progress. We discussed again that his back garden could be used in order to practice venturing out alone and if he were to try and entice birds into the garden as he has previously tried this could act as an interest to encourage him outside.

## **Sleep**

Axel is making good progress with his sleep. He is going to bed at a much earlier time and trying his phone off at around 12am. We talked again about moving that back half an hour over the next few weeks which Axel agreed to do.

Dad shared that he is really happy with Axel's progress across the goals set.

Axel was keen to set a goal re School and I talked with him about what increasing his time would look like. Focussed on Axel's thoughts feelings and behaviours Axel talked about Autism and his rejection of diagnosis. I talked Autism through with Axel explaining again the spectrum and the basic truth that no two Autism are the same. We talked about the fact that Autism can lead people to think differently. Axel came round to this idea and seemed willing to consider looking at Presfield.

## **School**

Axel is thinking that he might be able to attend for a longer period. Dad and Axel have conflicting ideas about school and Axel stated that he does not want a special school as he is not disabled. Axel is worried that there will be too much of a mix of disabilities at a special school. He is cross with his dad for wanting this.

Dad wants Presfield High but there is no space in Axel's year group. Dad has booked a visit for Axel on 4th May 2021.

It is my understanding that an emergency/review needs to be called to change Axel's EHCP from mainstream with a support unit to specialist.

Axel was able to engage in a conversation about special school and how this could offer many opportunities to him. He is clear that he cannot stay at Acorns which is a PRU and has said that he would like to return to mainstream however, after our conversation today he seemed more willing to consider a specialist provision which could help him to get back on track and ahead. Axel will need to focus on himself and not on others as the latter will hinder his own progress. However, Axel prefers to feel in control of choices and I spoke with his dad about this and trying to reduce confrontation.

Axel is currently attending Acorns DPA Mrs Hodson and Mrs Eccleston - I agreed to contact them to talk as Dad said that there is an EHCP mtg being held tomorrow morning and he has to take Axel there.

**Next session - 29th April at 10.30am.**

**Current Risk Identified:** No

**Change to current Care Plan:** No

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**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

\*\* Electronically signed by Steed,Samantha on 25/04/21 17:05 \*\*  
Initialized on 24/04/21 21:44 - END OF NOTE

**29/04/21 13:37 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00003365666 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 29/04/21 16:54:

Original Note:

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 29/04/21  
**Session Start Time:** 10:30  
**Session End Time:** 11:30  
**Session Duration (mins)::** 1 hours and 0 minutes

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**Event/Session Contact Medium:** Telephone  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Oth Locations not Classifications (WFH)  
**Additional Location Info:** Other (WFH)  
**Service:** Sefton Specialist  
**Attending Professionals:** Social Work Professional

**- Clinicians Present**

**Clinician Present::** Samantha Steed

--

**Young Person and Family Attendance (Tick all the apply)::** Child or young person, Parent or Relative, Others

**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*

**Names:** Axel Rudakubana and Mr Rudakubana

**Advocate in attendance:** N/A

**Has consent to share data been withdrawn?:** No

**Key crisis or issue to consider?:** No

--

**Patient Attendance:** On time  
**Appointment Type::** Core Partnership

**CAMHS - Session Intervent**

**- Interventions**

**Type of Intervention::** Individual

## - Actual Intervention

**Actual Intervention::** Assessment Engagement

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### **Clinical Notes::**

Mr Rudakubana said he could not get Attend Anywhere to work for today's session.

He immediately referred to the copy of an email trail he had forwarded to me this morning re himself and Acorns. Within it were several allegations against Acorns in relation to their care of Axel when attending the provision. He said he wrote the email because he cares about Axel.

Mr Rudakubana went on to explain about the email and where he is coming from in terms of his thoughts. He basically is unhappy with the way that they deal with things and wants Axel to move on.

Mr Rudakubana shared that Axel has been referred to PREVENT due to looking at something online - he claims that Axel was reading the news about London Bridge bombings on a computer at school and then got into conversation with a teacher about Israel and Palestine. Mr Rudakubana is upset that the referral has been made and states that the school do not take into consideration the context of how Axel knows this information - saying that he is interested in the news.

I tried to explain to Mr Rudakubana that I cannot get involved in conversations about Acorns and advised him to follow the complaints procedure that they have.

I did ask if Axel is aware of the content of his email and he said no. I asked him what he thought Axel would think and expressed that I think he would be upset. I acknowledged Mr Rudakubana's concerns but also advised that there are ways of communicating those concerns without wording things in a way that might be perceived as threatening or confrontational in terms of the allegations made resulting in the impact that his email has had,

### **15 min Session with Axel**

Axel told me he has been ok. He has been going to bed early - he woke up on time today for our 10.30am session and has woken up earlier on other occasions. He sounded proud of himself.

Axel told me that he has been having Greggs - he said again that this is something he wants to address but Dad has not cooked at home.

Axel has been going out and walking etc which he is pleased about.

Axel said he had not heard all of mine and his Dad's conversation and that he is not sure what his Dad is annoyed about. Axel does not seem to be aware that he has been referred to PREVENT by Acorns due to concerns about what he had been looking at online at school.

Axel did not share any incidents that had happened at school. I am unsure of what he is and isn't aware of.

Axel said that he is happy to increase his time at school. I explained that I have spoken with Acorns Mrs Hodson and she was positive about him saying that she would be happy to offer extra time at the provision. Previously she said that he had been too anxious but she was very happy to try again and mentioned science and cooking as options - Cooking may be able to occur on a 1:1 which seemed to appeal to Axel. Axel agreed to both but when I called his dad to book another date and time and shared this with him he said that Axel does not want to do cooking. I explained that he had told me that he is little anxious but would try. We called Axel back on the call and he did say that he had told dad's he did not want to do cooking - Axel said that he would try. We talked about it being in the context of helping him to address his wish to change his diet.

Axel is due to visit Presfield Special School on 4th May just to look around. Dad talked about thinking that special schools were for disabled children and so previously he was not happy to look at thme for Axel and he requested mainstream school. However he know wants the EHCP changes to name a special school for Axel.

**Next session 6th May 2021 at 11.00am.**

**Current Risk Identified:** No

**Change to current Care Plan:** No

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**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

### **CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

### **- Today's Clinic**

**Today's Consultation Type is?:** Telephone consultation

### **- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Activity Post Treatment
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

### **- Next Appointment Information**

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Core Partnership (Follow up)

### **- Appointment Details**

**Next Appointment:** Same Clinic

**Future Appointment Consultation Type:** Video consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 1

**Next Appointment Date (specific date):** 06/05/21

**Appointment Time::** 11:00

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above \*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other (WFH)

**Specify Community/Other Location:** WFH

**Is the patient aware?:** Yes

**Does the patient need a letter?:** Yes

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go

to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension **DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 29/04/21 16:54 \*\*  
Initialized on 29/04/21 13:37 - END OF NOTE

**06/05/21 11:09 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00003380835 DOB: 07/08/2006 Patient Age: 14

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 06/05/21  
**Session Start Time:** 11:00  
**Session End Time:** 12:00  
**Session Duration (mins)::** 1 hours and 0 minutes

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**Event/Session Contact Medium:** Telemedicine Web Camera  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Oth Locations not Classifications (WFH)  
**Additional Location Info:** Other (WFH)  
**Service:** Sefton Specialist  
**Attending Professionals:** Social Work Professional

**- Clinicians Present**

**Clinician Present::** Samantha Steed

--

**Young Person and Family Attendance (Tick all the apply)::** Child or young person, Parent or Relative  
**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*  
**Names:** Axel Rudakubana - Mr & Mrs Rudakubana  
**Advocate in attendance:** N/A  
**Has consent to share data been withdrawn?:** No  
**Key crisis or issue to consider?:** No

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**Patient Attendance:** On time  
**Appointment Type::** Core Partnership

**CAMHS - Session Intervent**

**- Interventions**

**Type of Intervention::** Individual

**- Actual Intervention**

**Actual Intervention::** Assessment Engagement, CBT

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**Clinical Notes::**

Getting out with Dad walking and going to the shops. Dad see's a noticeable difference in him. Don't like walking - it's fine but I wouldn't to walk in Lord Street if it's busy. Still feel quite anxious about going out in busy - I think other people are looking at me. Discussed this with Axel - he does not think deeply into what they are thinking. When nervous Axel produce more saliva which makes the situation worse.

**Acorns additional time - Biology - Talked with Axel about this and looked at his thgouths and feelings which are impacting his behaviours.**

Axel shared that there were 5 other students in the class - he sat in the front/middle of the class - other pupils were talking a lot. Distracted him from the teaching. Didn't think that he learnt anything. Returned to trying to help Axel think of the bigger picture re moving on to another school. Axel had lost sight of this. Talked through each issue - Problem being in the middle of the class - felt like people were looking at me. Felt too uncomfortable.

Described it as being really bad at one point saying it was a small room and there were 8 people in the room inc adults.

Axel told his 1:1 that he can't go back.

Explained we need to look into and think about how we can help Axel to have additional hours at Acorn alongside his anxiety. He wants to learn.

Cooking still a possibility once yr 11's have left. Axel would consider 1:1 cooking lessons.

**Visit to Presfield Special School**

Axel said that you could tell that there were people with Autism. Axel talked about a 6th form class and a pupil speaking to him. Axel didn't feel comfortable speaking back and said he did not say much throughout the visit.

I asked Axel to think about the positives - to which he replied there are small class sizes - support for social and emotional issues. Also there is a German Language Teacher.

Met with Headteacher - meeting him went fine. Talked aout the school but Axel said he has forgotten what was said.

Axel would consider going to Presfield if there was a place.

Currently no place unsure as to whether he could go on a waiting list.

Dad getting SEN support too help find another Special School.

EHCP paper work completed. Dad had help from SEN support. Dad commented that he is aware that his email to School was not worded well although he stands by what he wrote and his thoughts about Acorns. Dad happy with the support he was given to write the EHCP parent view. Dad won't let him see the EHCP form - Dad says he is protecting him.

Mum came on to the call.

Introduced myself.

Axel expressed that he is frustrated that Dad is not following through on things agreed i.e. shopping for ingredients for recipes and cooking fresh food as promised/agreed. I have suggested that Axel cook with his dad - Axel feels that his dad should learn to cook these things himself stating that children do not learn to drive at the same time as their parents. Dad agreed to go shopping for ingredients. Eventually Axel agreed to help dad to make pizza.

Axel very disparaging of dad - calling him a liar. Asking to see IEP and EHCP docs but says Dad is keeping him from seeing docs to 'safeguard' him. Axel wanting to see information that has been written about him. Eventually Dad agreed to share the EHCP feedback Parent/Carer view.

Axel looked at the screen and I saw his face - I invited him to sit with his parents for our conversation - he declined saying he does not feel comfortable. Axel then got angry because the camera went on him when he was stood up. The camera and call then ended and it seemed that the phone was thrown or pushed.

I texted Dad to ask if they were all ok and to apologise as I have another session. I acknowledged that Axel was upset at being on video. Dad texted back asking if I can return to the call - I explained again that I have another session and so I am unable to join the call again. I will contact Dad to shared date for next session.

Axel's confrontation towards Dad was concerning today as was Axel's reaction to being on camera.

#### **ACTION**

Sam Steed to contact Acorns to ask how Axel can be supported to increase his hours at Acorns again as he is stating that he struggled with the Biology lesson again.

I will speak to parents about this matter and ask if they require additional support re family relationships.

**Next session 11th May 2021 at 11.30.**

**Current Risk Identified:** No

**Change to current Care Plan:** No

--

**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

#### **CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

#### **- Today's Clinic**

**Today's Consultation Type is?:** Video consultation

#### **- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Activity Post Treatment
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

**- Next Appointment Information**

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Core Partnership (Follow up)

**- Appointment Details**

**Next Appointment:** Same Clinic

**Resource Name or Appointment type:** SSTEED

**Future Appointment Consultation Type:** Video consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 1

**Next Appointment Date (specific date):** 11/05/21

**Appointment Time::** 11:30

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above  
\*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other (WFH)

**Specify Community/Other Location:** WFH

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension **DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 06/05/21 14:08 \*\*  
 Initialized on 06/05/21 11:09 - END OF NOTE

**11/05/21 11:42 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00003392284 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 11/05/21 12:52:

Original Note:

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types  
 \*\*\*. Please ensure you are documenting on the right account number

--

**Session Date:** 11/05/21  
**Session Start Time:** 11:30  
**Session End Time:** 12:45  
**Session Duration (mins)::** 1 hours and 15 minutes

--

**Event/Session Contact Medium:** Telemedicine Web Camera  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Oth Locations not Classifications (WFH)  
**Additional Location Info:** Other (WFH)  
**Service:** Sefton Specialist  
**Attending Professionals:** Social Work Professional

### - Clinicians Present

**Clinician Present::** Samantha Steed

--

**Young Person and Family Attendance (Tick all the apply)::** Child or young person, Parent or Relative  
**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*  
**Names:** Axel Rudakubana and Mr Rudakubana  
**Advocate in attendance:** N/A  
**Has consent to share data been withdrawn?:** No  
**Key crisis or issue to consider?:** No

--

**Patient Attendance:** On time  
**Appointment Type::** Core Partnership

### CAMHS - Session Intervent

#### - Interventions

**Type of Intervention::** Individual

#### - Actual Intervention

**Actual Intervention::** Advice, Assessment Engagement

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**Clinical Notes::**  
**Core P FU Session**

#### **Conversation with Dad -**

Things have been ok. We talked about the meeting having ended abruptly due to Axel being upset that the camera showed him. Dad said he calmed quickly.

Dad said that School have asked for an urgent meeting last week - asking dad to come in to the school. Dad is suggesting meeting via zoom video conference. He wanted to know what the agenda/reason is for the meeting. School have not returned his call.

Axel is spending more time in school, but this is extended one to one.

**EHCP -**

Axel read through the information - he disagreed with some of the info in parental views. Dad said that Axel thinks that what has been written makes Axel sound like he has dementia. Dad said he noted that Axel has asked for help in the past year re remembering things,

Axel eating ok. Dad has managed to make spaghetti bolognaise Dad said he looks healthy. Sleep is much improved. Axel feeling different/better in himself.

### **Axel**

Haven't been out this last week. Usually dad asks.  
Mon, weds, fri - two hours - tues thurs - on hour

Disagreed with a lot of what dad wrote.

Dad wrote Bad stuff about me and has made things up so that he has to go to a Special School i.e. stuff about my memory saying that I have problems with long and short term memory. Axel said when he was talking to his dad about short term memory dad.

Axel is concerned that no one will hear his voice. I explained that he should have input in to the EHCP Review. Axel need some

Diet - Axel still wants to address his poor diet and insists he needs his parents (mainly dad's help as mum works. He has been eating Mcdonalds and Greggs sausage rolls. Axel says that his dad is lazy and does not want to cook fresh food.

Going for walks Axel says that his dad does not ask him to go walking. I asked if they have not been walking around the block each day and he said no. Axel said that he would be willing to do this. I explained again the plan which I had shared with Dad. It seems dad has walked around the block with Axel twice since we out the plan in place. He has driven to places for walks. I spoke with dad about the need to build Axel's confidence locally. Dad said that they have less time to go for walks. I reiterated that a walk around the block each day would take less than 5 mins. Dad said he did not understand that this was what was expected. He agreed to put this plan in place form today.

### **ACTIONS**

Sam Steed to speak with Mrs Allred.

Sam to write to Axel, mum and dad to summarise involvement to date.

**Next meeting - EHCP Meeting booked in for 20/05/21 at 10.30am**

**Current Risk Identified:** No

**Change to current Care Plan:** No

--

**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

### **CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

### **- Today's Clinic**

**Today's Consultation Type is?:** Video consultation

### **- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Activity Post Treatment
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

**- Next Appointment Information**

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Core Partnership (Follow up)

**- Appointment Details**

**Next Appointment:** Same Clinic

**Future Appointment Consultation Type:** Video consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 1

**Next Appointment Date (specific date):** 20/05/21

**Appointment Time::** 10:30

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above \*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other (WFH)

**Specify Community/Other Location:** WFH Teams Call

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension

**DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 11/05/21 12:52 \*\*

Initialized on 11/05/21 11:42 - END OF NOTE

**21/05/21 18:03 - CAMHS - Outcome (EPPF) by Samantha Steed**

Acct Num: V00003406809 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 21/05/21 18:06:

Original Note:

**CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

### - Today's Appointment

**Session Date:** 20/05/21

**Session Start Time:** 10:30

**Session End Time:** 12:10

**Session Duration (mins)::** 1 hours and 40 minutes

**Today's Consultation Type is?:** Video consultation

### - 18 Week Outcome

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Activity Post Treatment
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

### - Next Appointment Information

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Professional Consultation

**External Attendees:** Other

**Specify Attendees:** Acorns ALP Education Centre, Lancashire LEA, SENDIAS

### - Appointment Details

**Next Appointment:** Same Clinic

**Resource Name or Appointment type:** SSTEED

**Future Appointment Consultation Type:** Video consultation

**Follow Up Time Frame:** Days

**Follow Up Time Frame:** 5

**Next Appointment Date (specific date):** 25/05/21

**Appointment Time:(specific time):** 12:00

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above \*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other

**Specify Community/Other Location:** WFH

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension

**DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 21/05/21 18:06 \*\*

Initialized on 21/05/21 18:03 - END OF NOTE

**25/05/21 11:13 - CAMHS - Session Note by Samantha Steed**

## CAMHS - Session Note

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

--  
**Session Date:** 25/05/21  
**Session Start Time:** 11:00  
**Session End Time:** 12:00  
**Session Duration (mins)::** 1 hours and 0 minutes

--  
**Event/Session Contact Medium:** Telemedicine Web Camera  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Oth Locations not Classifications  
**Additional Location Info:** Other (WFH)  
**Service:** Sefton Specialist  
**Attending Professionals:** Social Work Professional

- **Clinicians Present**  
**Clinician Present::** Samantha Steed

--  
**Young Person and Family Attendance (Tick all the apply)::** Child or young person, Parent or Relative  
**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*  
**Names:** Axel and Mr Rudakubana  
**Advocate in attendance:** N/A  
**Has consent to share data been withdrawn?:** No  
**Key crisis or issue to consider?:** No

--  
**Patient Attendance:** On time  
**Appointment Type::** Core Partnership

## CAMHS - Session Intervent

- **Interventions**  
**Type of Intervention::** Individual

- **Actual Intervention**  
**Actual Intervention::** Assessment Engagement

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**Clinical Notes::**  
Review with Axel.

Mr Rudakubana shared that things have been OK. I referred to our last contact after the EHCP meeting and asked how things have been in response to Axel saying that he had threatened to call the Police after they had disagreed and Axel had thrown smoothie over him. Mr Rudakubana said there has been a few days of silence in relation to the incident wehre Axel shared that he threw smoothie over his dad and

his dad threatened to contact the Police. He said that he and Axel are communicating now.

We talked about the importance of

Mr Rudakubana said that 'these things happen with children with Neuro development issues'.

He added that they haven't been walking this week - due to him having a a bad foot which he said was really painful.

He also said he has cooked a meal and it went well - Axel was positive about it.

Axel criticized his Dad calling him a liar and saying that there is nothing wrong with his foot and he has not cooked. Axel sounded frustrated. He shared that she is annoyed with his Dad because he does not follow through on anything. Axel is really frustrated regarding cooking and meals and states that his dad makes no effort and the food that he and mum cook/eat is awful. Axel did say that dad made on meal - chow mein which tasted ok.

We reviewed our goals re School, addressing Axel's anxiety and working on leaving the home and sleep.

### **Sleep**

Axel shared that sleep is OK. He shared that he is not implementing going to sleep any earlier than 12pm at the moment, but feels much better than when he went to bed at 2am. Axel is still waking earlier.

No self harm/Suicidal Ideation reported. Feelings of Anxiety present - Axel does not feel able to engage in

### **School**

We talked about spending more time at Acorns and Axel said that he would be up for going in for lunch if he is able to eat alone. He told me that he was given 2 custard creams but did not feel able to eat them as support workers were in the same room. Axel could see that going in for lunch could enable him to try new foods and also allows for one less meal to be had at home. Axel could also see the long term benefits of this in terms of getting used to being at school for longer.

Leaving the home for walks and otherwise.

Axel said that his Dad does not consistently take him out. This frustrates him as he wants to walk everyday but is dependant upon him. Axel does not feel able to do this alone. I talked to Axel about whether if Mentor support was available he would consider engaging - Axel said that he would now as his Dad is not reliable. I agreed to look into mentor type support. Axel said he would not mind support from someone who knows about Autism - he also said he has no preference regarding the Mentor's Gender, race or age.

Axel sounded down today and when I remarked on this he told me that he feels that he needs medication to help him improve the quality of his life.

I told Axel that I was considering asking for an opinion from Psychiatry and so was glad that he mentioned it. I stated that he has been engaging really well with me and that it may be that Psychiatry consultation might be able to offer advice as to whether anything else could be helpful in addressing his feelings of anxiety.

### **ACTION**

Sam Steed to email school re Axel staying for lunch and his request to eat alone.

Sam Steed to look into Mentoring support in Axel's area - if possible in connection with Autism support

service.

Sam Steed to take Axel to MDT on 25/05/21 to request Psychiatry regarding consideration of medication in relation to longstanding issues re anxiety and quality impact on Axel's day to day life. May be possible for CAMHS SFP or Keyworker.

**Next Session 11.06.21 at 11.00am via Attend Anywhere**

**Current Risk Identified:** No

**Change to current Care Plan:** No

--

**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

\*\* Electronically signed by Steed,Samantha on 26/05/21 21:18 \*\*

Initialized on 25/05/21 11:13 - END OF NOTE

**26/05/21 21:18 - CAMHS - Outcome (EPPF) by Samantha Steed**

Acct Num: V00003427852 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 26/05/21 21:20:

Original Note:

### **CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

### **- Today's Appointment**

**Session Date:** 25/05/21

**Session Start Time:** 11:00

**Session End Time:** 12:00

**Session Duration (mins)::** 1 hours and 0 minutes

**Today's Consultation Type is?:** Video consultation

### **- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Activity Post Treatment
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

### **- Next Appointment Information**

**Which Service:** Sefton Specialist

### **- Appointment Details**

**Next Appointment:** Same Clinic

**Resource Name or Appointment type:** SSTEED

**Future Appointment Consultation Type:** Video consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 2

**Next Appointment Date (specific date):** 11/06/21

**Appointment Time:(specific time):** 11:00

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above \*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other

**Specify Community/Other Location:** WFH

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension

**DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 26/05/21 21:20 \*\*

Initialized on 26/05/21 21:18 - END OF NOTE

**14/06/21 14:30 - CAMHS - Professional Disc by Marie Disley**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 14

Note verified by Disley,Marie 14/06/21 14:32:

Original Note:

**CAMHS - Professional Discuss**

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Discussion::** MDT

**- Attendees**

\*\* Clinician 1

**Clinician Present::** Samantha Steed

**Date::** 26/05/21

**Time:** 11:00

**Duration (mins)::** 10

**Summary:**

Axel is 14 (15 in August) British UK / African Heritage Rwanda with an ASC diagnosis and history of bullying in mainstream school. As a result of an incident he is	Sam to look at GP support for Axel's dribbling.	Communication with GP re medication to help with saliva.
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<p>excluded from school and currently attending Acorns in Lancashire. He has severe anxiety and problems around sleep, leaving the house alone, and his diet. Work has been done around these issues and Axel's sleep has improved. However, leaving the home and diet improvements are heavily dependent on Dad's support which is sporadic at present. Axel's anxiety is centred around his past bullying experiences and how he feels about his ASC. Another aspect of his anxiety is that he dribbles if anxious in other people's presence.</p> <p>Axel is currently increasing his attendance at Acorns but eats lunch alone due to his anxiety. It is felt that Acorns are focused on maintenance rather than supporting change, due to concerns that he may respond aggressively. Does the school have access to OSSME to help with a better understanding of his ASC diagnosis? An EHCP review has been held recently and the family are seeking Specialist ASC provision.</p> <p>Dad understands ASC but is unsure how to respond and act. There was a recent incident when Axel became frustrated at his poor diet and threw a smoothie at Dad who then threatened to call the Police. Mum works long hours so has only met with Sam once. Have the parents attended any post-diagnostic support sessions or joined any groups?</p> <p>NVR Space, SFP and Early Help support were considered during the meeting, but it was felt that Key Work would be more beneficial.</p>	<p>Parents to be encouraged to attend ASC post-diagnostic support sessions and to join any groups if not already done so. This will help them to respond more appropriately to situations.</p> <p>Key Work sessions to be set up to model exposure with lower goals.</p> <p>Sam to pursue mentoring opportunities for Axel.</p> <p>Axel to be placed on the routine medication waiting list.</p>	<p>Key Worker Referral via consultation with Michelle Warner.</p> <p>To follow up with mentoring service.</p> <p>Aesha Aseri to add Axel to meds list. Consultation with Katrin Russell re medication.</p>
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Additionally, Sam has contacted a Mentoring service in Lancashire to access support around ASC.

Medication was discussed for Axel's anxiety, but it was decided that all therapeutic options be tried first. However, he will need to be put on the routine meds list so that he has an option to access medication, if needed, in the future. This will require a consultation with Katrin Russell. Aesha Aseri will put him on the list in the meantime.

Initialized on 14/06/21 14:30 - END OF NOTE

**15/06/21 19:45 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00003435547 DOB: 07/08/2006 Patient Age: 14

Addendum entered and electronically signed by Steed,Samantha 15/06/21 20:25:

Addition to note. dad thinks that Axel may be finding it hard to transition after the school break as his time at Acorns has increased.

Original Note:

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 11/06/21

**Session Start Time:** 11:00

**Session End Time:** 12:00

**Session Duration (mins)::** 1 hours and 0 minutes

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**Event/Session Contact Medium:** Telephone  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Oth Locations not Classifications (WFH)  
**Additional Location Info:** Other (WFH)  
**Service:** Sefton Specialist  
**Attending Professionals:** Social Work Professional

**- Clinicians Present**

**Clinician Present::** Samantha Steed

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**Young Person and Family Attendance (Tick all the apply)::** Parent or Relative

**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*

**Names:** Mum Letitia

**Advocate in attendance:** N/A

**Has consent to share data been withdrawn?:** No

**Key crisis or issue to consider?:** No

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**Patient Attendance:** Appointment without patient

**Appointment Type::** Core Partnership

**CAMHS - Session Intervent**

**- Interventions**

**Type of Intervention::** Parent

**- Actual Intervention**

**Actual Intervention::** Assessment Engagement

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**Clinical Notes::**

Axel was not awake. Mum came onto the call at first and did not have anything to say - she went to get Axel but he was a sleep in bed and he told her that he would not be taking the call.

I asked if he was ok and advised her not to keep on calling him as he had clearly just woken up.

Mum said that he now normally is up early sometimes 8.30am .

Mum tried to get the camera on her phone to work and asked dad. The camera was pointed away from her so I could see aspects of their home. At one point she went to find Mr Rudakubana who was in Dion;s bedroom - Dion was sat up in bed and tried to help with sorting the camera but it didn't work.

We talked about possible options for Autism support services

Mum said things have been fine for Axel - he has been going to school for an additional hour and has started doing ICT lessons. He spends 2 hours at school.

Mum said that he has not been out walking with dad recently and said this is due to Axel feeling tired. He has also been getting up later due to tiredness.

Eating it can be very hard cooking for Axel as he may eat something one day but then doesn't want it again. Mum talked about trying to make sure he has a balanced diet.

Reference the ASC diagnosis given to Axel Mum says she does not think that a follow up review has been offered.

Axel has spoken to her about his anxiety related to leaving home. She offered to walk wit him to

Sainsburys and then Hesketh Park but he said he did not want to due to feeling anxious. He recently went to Mcdonalds, but could not leaving the car. Mum thinks that Axel is struggling to push himself anymore as he is finding it too hard to build on the steps he has already taken to try and improve things.

it seems Axel has slowed down and is struggling to put into action the strategies and steps we have talked about.

Axel is experiencing increased paranoia believing everyone is looking at him when he is out.

Axel feels that talking is not helping and that medication is needed. His mum shared that she is not happy about Axel's wish for medication and she considers the potential side affects. However, she is keen to speak with the CAMHS Dr. Axel is described as counting the days until he can see a Psychiatrist. Axel has been able to talk of wanting to go to the Cinema but can't muster the confidence. We talked about how things would be calmer at present in relation to restrictions on numbers and it being term time. Mum said she would try and support him to go with her/Dad.

Dad has spoken with Acorns and there is now an agreement for them to collate information regarding Axel's week and shared with home. A text will be sent to dad everyday re how Axel's time there has been.

Dad was happy with the content of the CAMHS submission for EHCP review.

Dad said that he feels that Axel listens to me. He was pleased to hear that Axel has said that he would try a mentor however I explained that I have been trying to contact support agencies in Lancs regarding Autism but this has proven difficult as no one has responded. Mum talked about previous help they had. She talked about Axel's difficulties with his dad (he is not currently speaking to him) and the problems this can cause with arguments in the home. Mum said when they previously had Early Help involved Axel would say things about them as parents to get them into trouble - Mum said tha the worker did not like this and eventually ended involvement. However they said that mum could call if further help is needed. I suggested that she call them and ask if they are aware of any help available regarding Autism support and perhaps a mentoring service in the local area. I also agreed to ask Mrs Allred at Acorns as she is a HLTA with Autism as a specialism.

**Next session - 18/06/21 at 11.30am Attend Anywhere.**

**Current Risk Identified:** No

**Change to current Care Plan:** No

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**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

### **CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

### **- Today's Clinic**

**Today's Consultation Type is?:** Video consultation

### **- 18 Week Outcome**

**Previous 18 Week Outcome:**

Pathway	Child & Adol Services
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<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Activity Post Treatment
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

**- Next Appointment Information**

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Core Partnership (Follow up)

**- Appointment Details**

**Next Appointment:** Same Clinic

**Resource Name or Appointment type:** SSTEED

**Future Appointment Consultation Type:** Video consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 1

**Next Appointment Date (specific date):** 18/06/21

**Appointment Time::** 11:30

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above \*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other (WFH)

**Specify Community/Other Location:** WFH

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension

**DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 15/06/21 20:24 \*\*

Initialized on 15/06/21 19:45 - END OF NOTE

**18/06/21 20:08 - CAMHS - Outcome (EPPF) by Samantha Steed**

Acct Num: V00003473876 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 18/06/21 20:11:

Original Note:

**CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*, Please ensure you are documenting on the right account number

**- Today's Appointment**

**Session Date:** 18/06/21

**Session Start Time:** 11:30  
**Session End Time:** 12:30  
**Session Duration (mins)::** 1 hours and 0 minutes  
**Today's Consultation Type is?:** Video consultation

**- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Activity Post Treatment
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

**- Next Appointment Information**

**Which Service:** Sefton Specialist  
**CAMHS - Type of Appointment:** Core Partnership (Follow up)

**- Appointment Details**

**Resource Name or Appointment type:** SSTEED  
**Future Appointment Consultation Type:** Video consultation  
**Follow Up Time Frame:** Weeks  
**Follow Up Time Frame:** 2  
**Next Appointment Date (specific date):** 02/07/21  
**Appointment Time:(specific time):** 11:00  
**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance  
**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above  
\*\*

**Overbook the Clinic if necessary:** Yes  
**Appointment Location:** Other (WFH)  
**Specify Community/Other Location:** WFH  
**Is the patient aware?:** Yes  
**Does the patient need a letter?:** No  
**Room Required:** No  
**Interpreter required?:** No  
**Interpreter Language:** No  
**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension **DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 18/06/21 20:11 \*\*  
Initialized on 18/06/21 20:08 - END OF NOTE

**18/06/21 20:12 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00003473876 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 18/06/21 20:40:

Original Note:

## CAMHS - Session Note

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 18/06/21  
**Session Start Time:** 11:30  
**Session End Time:** 12:30  
**Session Duration (mins)::** 1 hours and 0 minutes

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**Event/Session Contact Medium:** Telemedicine Web Camera  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Oth Locations not Classifications (WFH)  
**Additional Location Info:** Other (WFh)  
**Service:** Sefton Specialist  
**Attending Professionals:** Social Work Professional

### - Clinicians Present

**Clinician Present::** Samantha Steed

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**Young Person and Family Attendance (Tick all the apply)::** Others  
**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*  
**Names:** Axel Rudakubana (Mum and dad briefly)  
**Advocate in attendance:** N/A  
**Has consent to share data been withdrawn?:** No  
**Key crisis or issue to consider?:** No

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**Patient Attendance:** On time  
**Appointment Type::** Core Partnership

## CAMHS - Session Intervent

### - Interventions

**Type of Intervention::** Individual

### - Actual Intervention

**Actual Intervention::** Assessment Engagement

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### Clinical Notes::

I spoke with Axel's Dad initially - he explained that Axel has been off school this week and that Axel thinks that he has Covid. Dad said that he has allergies not Covid. Dad said that Axel doesn't need medication for allergies as things are improving. He described runny nose and eyes. Axel became angry at this saying that he has taken tests - 2 of which he didn't do correctly - 1 which showed positive. Parents offered to take Axel to a test centre but Axel says he doesn't;t see why he has to and is too

anxious to go as he thinks there will be lots of people there.

Dad commented that they want Axel to return to school 'when he is ready'. Axel is very disappointed because he was hoping to have a German teacher/tutor but this has not been set up as yet.

Axel is convinced he has had Covid and says he will stay off school as advised.

Axel was really cross with his Dad for stating that he does not have Covid. Axel is currently not speaking to his dad as he does not trust him.

He does not want to go for walks anymore - he won't go with his dad and is losing sight of why we had agreed that he should go for walks

Axel feels that medication will allow him to do the things that he wants. We talked about the positives that he actually wants to do things but then thoughts about what stops him from doing them now. Axel found it hard to think through the things that worry him when he is out and about. He worries that people look at him. This worry then causes him to salivate and drool which causes him embarrassment. Axel is not feeling able to get out of the car anymore when going out with his parents.

When I spoke to Axel about re starting the graded exposure approach he shared that she does not see the point.

We talked about Axel's motivation in regards to changing his thought processes re anxiety and the possibility to change the way that he is thinking by looking at his rational. Axel states that he doesn't want to go outside anymore and feels that walks do not help him to feel less anxious. I asked him to think about the benefits of walking both physical and mental. Axel focussed on there being other people out and talked about how things are becoming busy again, He told me that she wants to go to the cinema but doesn't feel he will be able to do this without medication.

Sleep is Ok but he has not managed to bring his sleep any further forward - he usually puts his phone down between 12am and 1am. Axel noted he has been waking a little later. He is not sure if he wants to put his phone down any earlier but will think about this.

Axel seems quite upset with his parents as neither of them think he has Covid. I asked if he would walk with his mum when she is home - his mum said that she would but Axel stated that he does not want to go out with either of his parents. It is apparent that there is deterioration in their relationship. Mum has previously stated that difficulties arise out of Axel's Autism as he thinks rigidly. dad states that he does not respect his parents.

Axel talked about wanting to see the Psychiatrist at CAMHS and is aware now that he is on the waiting list for an urgent appointment which could take around a month to come through. Axel felt that this was long and asked why

I left it with Axel to consider trying to address his anxiety via psychological means for example putting his shoes on as if to go out of the home. then moving that to walking down the stairs - then going to the front door. I asked him to notice his thoughts and feelings when he does these things. I talked about how taking small steps can help him to experience what it feels like to try and leave the home and help us to have a better understanding of how he is feeling when he attempts to leave the home. Axel felt that this would not be helpful

Axel needs help to improve the quality of his life but is at a point where he feels that medication is the only thing that will help him to be able to take steps. He states that he is not fearful of anything happening to him if he goes out he just feels anxious at being around people. Axel talked again about his desire to leave the home and do things.

We talked about whether he wants to have dinner at school and he said that he would be too anxious.

School had agreed that he could eat alone. Eventually Axel said he would try.

No reported thoughts or actual self harm. No suicidal Ideation.

Next session 2nd July at 11.30 via Attend Anywhere.

**Current Risk Identified:** No

**Change to current Care Plan:** No

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**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

\*\* Electronically signed by Steed,Samantha on 18/06/21 20:40 \*\*  
Initialized on 18/06/21 20:12 - END OF NOTE

**24/06/21 13:02 - CAMHS - Professional Disc by Marie Disley**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 14

Note verified by Disley,Marie 24/06/21 13:02:

Original Note:

**CAMHS - Professional Discuss**

- .

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Discussion::** MDT

**- Attendees**

\*\* Clinician 1

**Clinician Present::** Samantha Steed

**Date::** 16/06/21

**Time:** 11:00

**Duration (mins)::** 10

**Summary:**

14 years old, was making progress and had a successful EHCP, but is now stepping backwards with increased paranoia. His relationship with Dad has deteriorated and he is not speaking to him at all. He is beginning to consider medication as his only option.		Referral to Psychiatry escalated from routine to urgent waiting list
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Initialized on 24/06/21 13:02 - END OF NOTE

**02/07/21 08:42 - CAMHS - Session Note by Lakshmi Ramasubramanian**

Acct Num: V00003493061 DOB: 07/08/2006 Patient Age: 14

Note verified by Ramasubramanian,Lakshmi 02/07/21 08:46:

Original Note:

### CAMHS - Session Note

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 01/07/21  
**Session Start Time:** 13:00  
**Session End Time:** 14:00  
**Session Duration (mins)::** 1 hours and 0 minutes

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**Event/Session Contact Medium:** Telephone  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Out-Patient Clinic  
**Additional Location Info:** CAMHS Community Clinic  
**Service:** Sefton Specialist  
**Attending Professionals:** Medical Professional

#### **- Clinicians Present**

**Clinician Present::** Lakshmi Ramasubramanian

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**Young Person and Family Attendance (Tick all the apply)::** Child or young person, Parent or Relative  
**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*  
**Names:** Axel, Latisha  
**Advocate in attendance:** N/A  
**Has consent to share data been withdrawn?:** No  
**Key crisis or issue to consider?:** No

--

**Patient Attendance:** On time  
**Appointment Type::** Specific Work

### CAMHS - Session Intervent

#### **- Interventions**

**Type of Intervention::** Individual

#### **- Actual Intervention**

**Actual Intervention::** Assessment Engagement, Anxiety Management, Medication, Review & Planning

--

**Clinical Notes::**

Diagnoses

**Autism Spectrum Condition- recently diagnosed by the ASD Pathway  
Anxiety Disorder with avoidance behaviours**

I offered a telephone consultation for Axel in my new patient clinic on the 1<sup>st</sup> of July.

I initially spoke with Axel's mother Latisha and then with Axel.

I was informed that Axel has been struggling with chronic anxiety, since primary school and that this has now become quite entrenched. Axel's anxiety is impacting on his daily living and is also affecting his overall functioning.

Axel was able to eloquently describe physiological symptoms of anxiety when social demands were placed on him such as dizziness, palpitations, sweating and he resorts to avoidance of activities as a result.

Axel does not have symptoms of depression.

Axel described to me that he spends most of his time at home in his bedroom where he finds himself to be safe. He said that he does not have any friends.

Axel appeared keen to consider medication to treat his anxiety and that this will also enable him to make use of therapeutic work from CAMHS.

I have discussed the benefits of a Beta blocker- Propranolol on the Flight Fright reaction that one experiences from anxiety and that Propranolol will help reduce the physiological effects of anxiety and thereby help him to deal with anxiety better.

I spoke with Axel's mother again and explained the rationale for treatment with Propranolol- Axels' mother wondered about addictive and dependence on medication- I explained that Propranolol is not a psychotropic agent and can be discontinued gradually at any time without major withdrawal effects. She consented.

I have sent a prescription for

Propranolol tablets 10 mg bd for 60 days

I have also sent a leaflet on Propranolol.

I will review Axel's response to Propranolol and his progress in a few week' time.

**Current Risk Identified: No**

**Change to current Care Plan: No**

**- Medication**

**Type of update::** Initial entry

**Medication Prescribed:** Propranolol tablets 10 mg bd

--

**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

### CAMHS - Session Outcome

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

### - Today's Clinic

**Today's Consultation Type is?:** Telephone consultation

### - 18 Week Outcome

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Activity Post Treatment
<b>RTT Target</b>	17/04/20

**18wk Outcome:** 1st Treatment Started Today

### - Next Appointment Information

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Psychiatry

### - Appointment Details

**Future Appointment Consultation Type:** Telephone consultation

**Follow Up Time Frame:** Specific Date

**Next Appointment Date (specific date):** 11/08/21

**Appointment Time::** 14:00

**Tolerance (+/-) Consider Clinical Risk:** 2 Weeks

**Overbook the Clinic if necessary:** No

**Appointment Location:** Community

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension

**DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Ramasubramanian,Lakshmi on 02/07/21 08:46 \*\*  
Initialized on 02/07/21 08:42 - END OF NOTE

### **02/07/21 14:18 - CAMHS - Outcome (EPPF) by Samantha Steed**

Acct Num: V00003485389 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 02/07/21 16:18:

Original Note:

## CAMHS - Session Outcome

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

### - Today's Appointment

**Session Date:** 02/07/21

**Session Start Time:** 11:00

**Session End Time:** 12:00

**Session Duration (mins)::** 1 hours and 0 minutes

**Today's Consultation Type is?:** Video consultation

### - 18 Week Outcome

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Activity Post Treatment
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

### - Next Appointment Information

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Core Partnership (Follow up)

### - Appointment Details

**Next Appointment:** Same Clinic

**Resource Name or Appointment type:** SSTEED

**Future Appointment Consultation Type:** Video consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 4

**Next Appointment Date (specific date):** 30/07/21

**Appointment Time:(specific time):** 11:00

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above \*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other (WFH)

**Specify Community/Other Location:** WFH

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension

**DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 02/07/21 16:18 \*\*  
Initialized on 02/07/21 14:18 - END OF NOTE

**07/07/21 10:27 - CAMHS - Phone Contact by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 07/07/21 10:29:

Original Note:

**CAMHS - Phone Contact**

- .

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Call Information**

**Date of call::** 03/07/21

**Time::** 12:30

**Call Duration (mins)::** 0

--

**Call Type::** Call Made

**Contact With::** Parent or Carer

**Contact with (Name,Title,Org):** Mr Rudakubana

**Staff Member::** Samantha Steed

**Service:** Sefton Specialist

--

**Call Reason::** Discussion or Information Sharing

**Contact Medium:** SMS or Text

**Discussion:**

**Text Message from Parent**

Sat 12.40

Hi Sam,The medication that the psychiatrist gave Axel doesn't do what he wants it to do. He wants it to fix his mental symptoms of anxiety, but apparently it only fixes physical symptoms like sweating and shaking. Can he get a different medication?

He took the dose for yesterday but today's after extensive research he is convinced he was given the wrong medication. He won't take this medication until the doctor speak to him again.Thanks.

\*\* Electronically signed by Steed,Samantha on 07/07/21 10:29 \*\*  
Initialized on 07/07/21 10:27 - END OF NOTE

**07/07/21 10:30 - CAMHS - Phone Contact by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 07/07/21 10:38:

Original Note:

### CAMHS - Phone Contact

- .  
**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

#### **- Call Information**

**Date of call::** 05/07/21

**Time::** 09:05

**Call Duration (mins)::** 5

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**Call Type::** Call Made

**Contact With::** Parent or Carer

**Contact with (Name,Title,Org):** Mr Rudakubnana

**Staff Member::** Samantha Steed

**Service:** Sefton Specialist

--

**Call Reason::** Discussion or Information Sharing

**Contact Medium:** SMS or Text

**Discussion:**

Text to Mr Rudakubana

Monday 9.04

Gd morning, I will ask the Dr about this on weds Mr R. I have tried to speak with Axel about the medication in that it alone will not 'fix' the anxiety. We can talk more about this.

#### **Text from Mr Rudakubana**

10.30

Thanks. Axel explained it well in the text above. He wants medication that calms down the nerves/the fright he gets when he is in the crowd.

\*\* Electronically signed by Steed,Samantha on 07/07/21 10:38 \*\*  
Initialized on 07/07/21 10:30 - END OF NOTE

#### **07/07/21 10:43 - CAMHS - Documents Corresp by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 07/07/21 11:24:

Original Note:

### CAMHS - Documents Corresponden

- .  
**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please

ensure you are documenting on the right account number

**Type of Document::** E-mail

**Contact Type:** Direct Contact

**Referral to Safeguarding:** No

**Location::** Other

**Date Generated::** 07/07/21

**Additional details::**

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>

Sent: 07 July 2021 11:03

To: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>

Subject: Re: Axel Rudakubana Muganwa DPA

Hi Lakshmi, hope all is well. Just wondering if it would be possible to speak with you about Axel Rudakubana Muganwa and his request for a medication that stops the mental aspect of his anxiety not the symptoms. His parents texted me on Saturday to say that 'he has researched the medication prescribed and it do not do what he wants it to do'.

I am not sure if I should be talking to you or taking him to MDT - If it's the later sorry will put him on for discussion next week. Bw,

Sam Steed  
Senior Mental Health Practitioner/Case Manager  
Sefton Specialist CAMHS

**Contact Medium:** Email

**Contact Occured:** Open

\*\* Electronically signed by Steed,Samantha on 07/07/21 11:24 \*\*  
Initialized on 07/07/21 10:43 - END OF NOTE

**07/07/21 10:55 - CAMHS - Phone Contact by Claire Sergeant**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 14

Note verified by Sergeant,Claire 07/07/21 11:01:

Original Note:

**CAMHS - Phone Contact**

- .

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Call Information**

**Date of call::** 07/07/21

**Time::** 10:56

**Call Duration (mins)::** 10

--

**Call Type::** Call Recieved

**Contact With::** Parent or Carer

**Contact Professional::** Other  
**Contact with (Name,Title,Org):** Mum  
**Staff Member::** Claire Sergeant  
**Service:** Crisis Care

--

**Call Reason::** Crisis Care  
**Contact Medium:** Telephone  
**Discussion:**

Call from mum to advise that Axel want to re-start medication for anxiety, on reviewing the note I reiterated to mum that Samantha Steed case manager has emailed Dr Lakshmi this morning so advised we need to allow time for Lakshmi to respond, mum requested for me to explain this to Axel which I did.

**- For Crisis Care only (KPIs)**

**Reason for call:** Information  
**Wider themes:** Other  
**COVID-19:** Not Mentioned  
**Outcome of call:** Telephone Advice Given  
**Has crisis been resolved?:** No  
**Did this call prevent an attendance at ED:** No

\*\* Electronically signed by Sergeant,Claire on 07/07/21 11:01 \*\*  
Initialized on 07/07/21 10:55 - END OF NOTE

**07/07/21 15:01 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00003485389 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 07/07/21 15:29:

Original Note:

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 02/07/21  
**Session Start Time:** 11:00  
**Session End Time:** 12:00  
**Session Duration (mins)::** 1 hours and 0 minutes

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**Event/Session Contact Medium:** Telemedicine Web Camera  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Oth Locations not Classifications (WFH)  
**Additional Location Info:** Other (WFH)  
**Service:** Sefton Specialist  
**Attending Professionals:** Social Work Professional

## - Clinicians Present

**Clinician Present::** Samantha Steed

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**Young Person and Family Attendance (Tick all the apply)::** Child or young person, Parent or Relative

**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*

**Names:** Axel Rudakubana and Mum

**Advocate in attendance:** N/A

**About Questionnaires:** Did the practitioner give out at least one questionnaire

**Has consent to share data been withdrawn?:** No

**Key crisis or issue to consider?:** No

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**Patient Attendance:** On time

**Appointment Type::** Core Partnership

## CAMHS - Session Intervent

### - Interventions

**Type of Intervention::** Individual

### - Actual Intervention

**Actual Intervention::** Assessment Engagement

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### **Clinical Notes::**

Axel told me that he has been ok. He returned back to Acorns but now has to isolate again as there was another case of Covid. Axel talked about maybe it being him that gave others Covid on his return. He felt some kind of responsibility regarding this. However he was able to acknowledge that there is no real way of knowing. Axel stated that he is finding the work set too easy. We talked about this online schooling situation and the fact that it is temporary. Axel was then able to see that whilst it is not ideal he will soon return to school.

Axel shared that she spoke with the Psychiatrist and they have prescribed Propanolol. Axel seemed ok with this. He shared that he had told the Dr his symptoms and talked about not wanting to feel anxious anymore.

Axel is hoping that medication will stop his fear of leaving the home and allow him to go out with ease. I talked with Axel about the fact that medication alone is unlikely to achieve this and there ideally would need to be some sort of behavioral activation type work accompanying this - Axel was not too sure if he wanted to talk or learn strategies for managing his anxiety - he is more thinking that the medication alone will be enough.

Axel feels that the talking has not helped and he added that if he could leave the home he would.

Axel is not currently interested in engaging in any Graded Exposure type work.

Axel is still not happy with his dad, although they are talking/communicating.

**Sleep** - Axel said that his sleep has worsened in the sense that he is going to bed later. From what Axel is saying this appears to be a choice as he is choosing to stay downstairs later and this has a knock on effect re going to sleep later. Axel told me that he knows what to do to adjust his sleep. Axel's parents will pick up his prescription today.

**Appetite** - I asked Axel about his appetite - Axel shared that his appetite is fine - he thinks that his parents get confused. He wants to eat but because his dad's cooking is awful he doesn't eat as much as he should or as healthily as he should.

Axel and his parents are aware that I will be on leave from 15th July 2021 returning on 26th July 2021. They are aware that they can contact Sefton CAMHS should they require support and in an emergency they can contact The Crisis Care Team.

**Next session 30th July at 11.00am**

**Current Risk Identified:** No

**Change to current Care Plan:** No

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**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

\*\* Electronically signed by Steed,Samantha on 07/07/21 15:29 \*\*

Initialized on 07/07/21 15:01 - END OF NOTE

**09/07/21 12:18 - CAMHS - Professional Disc by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 09/07/21 13:07:

Original Note:

### **CAMHS - Professional Discuss**

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**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Discussion::** Other

**If 'Other' Please Specify::** Professional Discussion

**Other Attendees::**

Dr Lakshmi Ramasubramanian

**Date::** 07/07/21

**Time:** 12:30

**Duration (mins)::** 10

**Summary:**

Conversation with Dr Lakshmi re Axel wanting to speak about the medication that has been prescribed him.

Discussed offering Axel an earlier appointment to review but also consider the fact that ideally Axel should try the medication. I shared re Axel's rigidity of thinking. I agreed to call Axel to speak with him about his concerns re the medication and reiterate Dr Ram's thoughts that he should try the medication. Dr Lakshmi agreed to consider seeing Axel earlier - I could potentially join her at Southport.

Raised need to establish more information re symptoms of anxiety and how these are impacting Axel. Sam Steed also raised issues re family dynamics and potential for further support. Conversations are being had with the family re further support i.e postdiagnostic Autism support - Parents state they do

not need/want Early Help support or social care support. We also thought briefly about Dion Axle's brother DPA

Dr Lakshmi shared that she has offered a Psychiatry appointment for Axel on 11.08.21 but could look at bringing it forward. She will confirm either way.

I will connect with Jill Locke to ensure opportunities for professional discussion re how best we can support the family. N>B Professional discussion should also consider cultural context for the family as should Services provided.

\*\* Electronically signed by Steed,Samantha on 09/07/21 13:07 \*\*  
Initialized on 09/07/21 12:18 - END OF NOTE

**09/07/21 13:08 - CAMHS - Phone Contact by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 09/07/21 13:16:

Original Note:

**CAMHS - Phone Contact**

- .

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Call Information**

**Date of call::** 07/07/21

**Time::** 11:25

**Call Duration (mins)::** 5

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**Call Type::** Call Recieved

**Contact With::** Parent or Carer

**Contact with (Name,Title,Org):** Mr Rudakubana

**Staff Member::** Samantha Steed

**Service:** Sefton Specialist

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**Call Reason::** Discussion or Information Sharing

**Contact Medium:** SMS or Text

**Discussion:**

**11.06**

**Text message from Mr Rudakubana:** asking me 'can you call for a few minutes please.

**Text sent to Mr Rudakubana:** Sorry I am in a mtg how can I help.

**11.29 Text received from Mr Rudakubana:**

We were not on the social services radar so to speak and it would have been difficult to suddenly appear for DPA away from the borough. That is how I called children services. They called back and asked if we are concerned/struggling or not. My answer was no concern and the lady answered that they cannot be involved then. I asked her to change my answer to there is a concern. Then their

algorithm allowed further discussions that led to the next week's visit and future meetings with professionals including yourself. I hope I explained the situation well. Thanks

\*\* Electronically signed by Steed,Samantha on 09/07/21 13:16 \*\*  
Initialized on 09/07/21 13:08 - END OF NOTE

**09/07/21 13:16 - CAMHS - Phone Contact by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 09/07/21 13:39:

Original Note:

**CAMHS - Phone Contact**

- .  
**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Call Information**

**Date of call::** 07/07/21

**Time::** 12:45

**Call Duration (mins)::** 25

--  
**Call Type::** Call Made

**Contact With::** Parent or Carer

**Contact with (Name,Title,Org):** Mr Rudakubana, Mum and Axel

**Staff Member::** Samantha Steed

**Service:** Sefton Specialist

--  
**Call Reason::** Discussion or Information Sharing

**Contact Medium:** Telephone

**Discussion:**

I shared that I did not quite understand the text message that was sent re Social Care/Schildrens Services earlier to day.

Mr Rudakubana explained that Dion [redacted] and they want to see what support can be offered for him [redacted]

He shared that he had initially told them that he does not need any help and they then stated that they would not become involved - he then asked if he could change his mind and they are coming to visit the home next week to speak with him and Letitia. Mr Rudakubana said he wanted to let me know in case they contact me. He said that they (as a family) are coping but want help for Dion. Mr Rudakubana for the first time told me that [redacted] - this has never been mentioned before and was not made clear to me on allocation of Axel.

[redacted]  
**DPA**

I spoke with Axel again he reiterated that the medication does not do what he wants. he does not want

help re stopping the symptoms of his anxiety - he wants to be able to go out. I explained to Axel that a tablet alone will not address the issue at hand and we need to keep talking about the difficulties he is experiencing. I know Axel finds it hard to keep explaining how he feels and I acknowledged this to him and tried to talk in terms of working to manage his thoughts feelings and actions and to keep up with the graded exposure. Axel was not really keen to do this saying that he wants the tablet to help with the 'mental symptoms' i.e. the fear of stepping outside of his home. He has spoken of wanting to go to the supermarket, cinema etc and his worries about people looking at him. We talked about the fact that the symptoms of anxiety he describes not bothering him. I explained that it will be important to further unpick his thoughts to try and help him with his difficulties.

Axel said that he will try the medication again. I explained that we cannot force him it has to be his decision but the Psychiatrist he spoke with is recommending this. I also said that Dr Ramasubramanina will look at when she can see him - if she can see him prior to 11/08/21 it would be after 26th July when I return from leave. Both Axel and his dad felt that this was a long time to wait. I spoke with them in terms of having to consider risk. Axel states he is not feeling suicidal and he is not self harming or having thoughts of self harming. The situation requires him to try the medication and then review. Axel and his parents are aware that they can contact CAMHS should they become concerned about his mental health or any side effects from the medication.

### **ACTION**

Axel to consider resuming medication in order to review with Psychiatrist at next appointment.

I agreed to let them know if the Psychiatry appointment will be bought forward.

**Our next appointment is for 30th July at 11.00am**

\*\* Electronically signed by Steed,Samantha on 09/07/21 13:39 \*\*  
Initialized on 09/07/21 13:16 - END OF NOTE

**09/07/21 20:36 - CAMHS - Documents Corresp by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 09/07/21 20:40:

Original Note:

### **CAMHS - Documents Corresponden**

- .  
**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Document::** E-mail

**Contact Type:** Other

**Referral to Safeguarding:** No

**Date Generated::** 08/07/21

**Subject::** Email to Jill Locke re DPA

**Additional details::**

Steed Samantha

Thu 08/07/2021 13:23

Hi Jill, I am just linking with you DPA - Axel and Dion Rudakubana Muganwa - just

wanted to reach out and also share that Dad contacted me yesterday to say he has asked for help from Childrens Services - [DPA]

Happy to keep in touch if/when helpful.

Bw,  
Sam Steed  
Senior Mental Health Practitioner/Case Manager  
Sefton Specialist CAMHS

Hi

I am on leave and will be back in the office on Monday 12 July , if you would like to speak with a duty clinician please call [DPA]

If you need to speak with somebody urgently please ring the crises number on [DPA]

Thanks  
Jill

\*\* Electronically signed by Steed,Samantha on 09/07/21 20:40 \*\*  
Initialized on 09/07/21 20:36 - END OF NOTE

**09/07/21 20:42 - CAMHS - Documents Corresp by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 09/07/21 20:44:

Original Note:

**CAMHS - Documents Corresponden**

- .  
**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Document::** E-mail

**Contact Type:** Other

**Date Generated::** 09/07/21

**Subject::** Email from/to CAMHS Psychiatry

**Additional details::**

From: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>

Sent: 09 July 2021 10:18

To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>

Subject: RE: Axel Rudakubana Muganwa [DPA]

Hi Sam

I have given this further thought.

It looks like Axel has quite rigid views of his anxiety and what medications will help.

Unfortunately he will have to try the medication prescribed first and give it enough time.

I will keep my already arranged appointment and discuss any issues he has with the medication then with him and his mother.

As this is not a clinical emergency, I am unable to bring the appointment forward.

Trust this is okay,  
Best wishes  
Lakshmi

From: Steed Samantha  
Sent: 09 July 2021 10:27  
To: Ramasubramanian Lakshmi  
Subject: Re: Axel Rudakubana Muganwa DPA

Hi Lakshmi, that's absolutely fine and I understand. The risk seems low in terms of no reported suicidal ideation or self harming behaviours. When I spoke with him last I reiterated that your advice as CAMHS Psychiatrist is to try the medication and contact us if there are any problems. It is worrying that he is withdrawing from my input re CBT/Behavioral Activation type approach possibly due to his rigidity. I will check when his follow up appointment is with you and let them know the plan. If he refuses to try the meds and engage with me he can let you know at your next appointment.

Bw and thanks,  
Sam Steed  
Senior Mental Health Practitioner/Case Manager  
Sefton Specialist CAMHS

From: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>  
Sent: 09 July 2021 10:44  
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>  
Subject: RE: Axel Rudakubana Muganwa DPA

That sounds like a good plan, Thank you Sam.

Best wishes  
Lakshmi

**Contact Medium:** Email  
**Contact Occured:** Open

\*\* Electronically signed by Steed,Samantha on 09/07/21 20:44 \*\*  
Initialized on 09/07/21 20:42 - END OF NOTE

**09/07/21 20:44 - CAMHS - Phone Contact by Samantha Steed**  
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 14

Note verified by Steed,Samantha 09/07/21 21:17:

Original Note:

## CAMHS - Phone Contact

- .  
**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

### - Call Information

**Date of call::** 09/07/21

**Time::** 10:40

**Call Duration (mins)::** 146

- -

**Call Type::** Call Made

**Contact With::** Parent or Carer

**Contact with (Name,Title,Org):** Letitia and Alphone - mum and dad

**Staff Member::** Samantha Steed

**Service:** Sefton Specialist

- -

**Call Reason::** Discussion or Information Sharing

**Contact Medium:** Telephone

**Discussion:**

Explained that the CAMHS PSychiatrist has said that Axel will need to try the medication and she will then see him on 11/08/21 for planned appointment to review/assess.

Mr Rudakubana shared that Axel has started taking the medication again. i asked if he is managing his own medication as it sounded that way but then Mr R told me that he gives Axel the tablets but he knows where they are. There does not appear to be any concern regarding Axel having access to the medication but I did speak with dad about safety and keeping medication out of the way of Axel and supervising his taking of the meds due to his age. I am unsure whether Axel would allow his mum or dad to do this but dad stated that this was the case in terms of him giving Axel the medication. each day.

I talked about the importance of trying to put in place some behavioral activation type support again - this was working ok but Axel seems to have stopped and this links with him thinking that mediation is enough. I wanted to explained to dad the importance of still trying to support Axel out of the home. Dad used an analogy of that being like asking someone with one leg to run.

Dad talked about something being wrong 'mentally' with Axel, stating that if I saw him face to face I would understand, Dad thinks there is more to things than just Autism and says that CAMHS need to use all of their expertise to help Axel. He asked if I can see Axel at home to understand him better.

I spoke with dad about what I perceive to be concern or issues for Axel - we talked about his diet and the frustration this causes him - dad shared that Axel refuses to eat the food he cooks.

Mum came onto to the call at this point and was very upsetting saying that professionals make things worse - they do not trust her parenting - she shared that she knows Axel and she loves him. She was very upset at times shouting and telling me that Professionals just come and go and judge them as parents. She talked about Axel becoming aggressive in the home if something happens that he doesn't like, she added that if they talk to professionals about concerns, he has become upset and broken things in the home.

Axel has shared with me concern that his dad particularly is trying to make out that he has problems and I am aware this angers him. I touched on the difficulty in the father son relationship. I talked about the difficulty that dad has taking Axel for a walk around the block - Axel will say that dad does not take him - dad will say Axel won't go. Re food Axel will say dad is lazy - dad will say Axel doesn't eat what he cooks. Letitia was defensive of Dad.

Both parents are defensive of Axel's behaviours but dad appears to want diagnosis of mental illness, ADHD or anything to explain it without considering the context in which he is living. At one point dad was able to acknowledged that Axel has been impacted by Dion's [DPA] situation.

I asked Letitia if her emotion today is linked to concerns that Alphonse has asked for help for Dion from social care as she has never spoken to me in this way. Letitia said that she is looking after her children so she has no concerns. She talked about trust needing to be a two way thing and she feels that professionals do not trust her and dad. I asked if she was concerned what professionals might say about the difficult family situation and she said that there are no difficulties - dad said that they are coping. I referred to some of the things that they told me that are happening that suggest things are not ok. I acknowledged the difficulties that they are experiencing as a family and talked about support that CAMHS could offer key worker support regarding exposure work, family therapy. I also explained that I am trying to access Mentor support. They have already been advised to contact ADDvance Solutions and the Isabella Trust. The difficulty may come from Axel not wanting support linked to Autism but since my involvement he has come round to this. Parents openly shared that they struggle with Axel telling professionals that they haven't done things right etc. Mum shared she does not like people coming in and out of the home. Feels judged.

This conversation went on for some time.

Summary

Parents stated that I have no idea about what is going on for Axel. Axel cannot work remotely - he has done no school work online whilst isolated - school expect him to just do this.

Professionals have made things worse.

Dad stating that Axel has an illness. Dad is worried about Axel's lack of iron and vit D deficiency - GP has now prescribed medication -

Talked about difference between Dion and Axel -

[DPA]

[DPA]

Dad willing to consider Post diagnostic Autism Support Service.

Dad wanting CAMHS to use all of their expertise.

Dad feels Axel is struggling mentally

Agreed he needs a School place that understands his needs.

Parents state that they are coping and there are no problems but the situation appears overwhelming.

Dad asked me to remain involved and to keep trying for Axel. I had not intimated that I would not continue to try and help Axel but reiterated that I need his co operation and theirs for that matter.

## PLAN

**Parents are aware that Psychiatrist is recommending that Axel tries the medication.**

**Psychiatry review 08/11/21**

**Childrens Services visiting next weds 14th July.**

**Next CAMHS Appointment with Sam steed 30th July.**

**Email sent to Jill Locke Sefton CAMHS: [DPA]**

\*\* Electronically signed by Steed,Samantha on 09/07/21 21:17 \*\*

Initialized on 09/07/21 20:44 - END OF NOTE

**30/07/21 11:59 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00003514237 DOB: 07/08/2006 Patient Age: 14

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 30/07/21  
**Session Start Time:** 11:00  
**Session End Time:** 11:45  
**Session Duration (mins)::** hours and 45 minutes

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**Event/Session Contact Medium:** Telemedicine Web Camera  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Oth Locations not Classifications (WFH)  
**Additional Location Info:** Other (WFH)  
**Service:** Sefton Specialist  
**Attending Professionals:** Social Work Professional

**- Clinicians Present**

**Clinician Present::** Samantha Steed

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**Young Person and Family Attendance (Tick all the apply)::** Parent or Relative  
**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*  
**Names:** Mr Rudakubana - Dad  
**Advocate in attendance:** N/A  
**Has consent to share data been withdrawn?:** No  
**Key crisis or issue to consider?:** No

--  
**Patient Attendance:** On time  
**Appointment Type::** Core Partnership

**CAMHS - Session Intervent**

**- Interventions**

**Type of Intervention::** Parent

**- Actual Intervention**

**Actual Intervention::** Assessment Engagement

--  
**Clinical Notes::**

Mr Rudakubana (Dad) shared that 'things are ok - nothing has changed - Axel is Axel - He is taking all of his medication re Vit D iron and prescribed meds for anxiety'. Dad commented that there is not much to talk about.

I asked if he has noticed any change albeit early days in terms of taking the meds - Dad said he doesn't know if the meds are having any affect. There is no change in Axel's willingness to leave the home - Dad said he has offered to take him to the cinema - and also asked him to go to Asda to get a photo for passport renewal - it is always no from Axel.

Axel is following the Olympics and is camped out in the front room - sleeping on the sofa. He slept in late - Dad woke him just as session was about to start - Axel is calmly refusing to speak with me. I stated that he would have needed to be woken earlier in order to feel ready to talk with me. Dad said that Axel will likely speak with me after the Olympics have finished altogether and asked if I could offer a PM appointment so that Axel will be more likely to engage. I suggested we talk until he washes his face brushes his teeth as dad said that he would need to do these things before speaking to me - even though he would not be on camera. Dad said he would take a long time - longer than the hour allocated for the session.

### **SOCIAL CARE**

The intial vists was postponed and rearranged for 2nd August. I asked dad if he is going to talk about whole family need. Previously he had sated that he just wants help for Dion so that **DPA** **DPA**. Today he said he will ask for help for the whole family. I stated that when I have previously discussed this with Letitia she was reluctant and cited poor experiences with professionals and feeling judged so she did not want any referral for family support. Mr Rudakubana said that he will speak with her and try and encourage her that the support is needed. This might lead to practical support for Axel in realtion to helping him address his difficulties leaving the home.

### **School**

I told Mr Rudakubana that I am aware that there was an issues re Axel asking to read the Prevent referral. Mr Rudakubana said that Axel wanted to talk this through with his teacher but they said they did not have a copy. Axel knew a little re the referral as he over heard a zoom call with school. Axel asked him and he could not lie or refuse him so showed him it. Mr Rudakubana was aware that school felt that the content would be harmful emotionally to Axel and so were not in agreement with him seeing it. Axel took a copy of it and was going to take it to school but forgot it when he returned after 2 bouts of isolation. Axel didn't return for the last day of school. Dad said he is unsure why but was able to surmise that it could have related to a change in hours and timetable and also may have been related to the recording of an incident. Dad shared that he believes that there was NFA from Prevent involvement. There have not been attendance issues prior to this - Axel sating he will return in September.

I suggested that Axel write down his concerns re the content of the record. Dad said that he did nt think it was still an issue for Axel but will speak with mum to see whether this would be a good idea for Axel or whether it would help him to move on. I also suggested that School might be open to reading his views on the matter and maybe they could request that Axel's view point is kept on record. Context is Axel was watching or reading some news online about Israel and Palestine and then started speaking to his Teacher in depth about the difficulties in those countries - this led her to record the conversation from her perspective and resulted in a referral to Prevent. Dad was advised and had told Axel at the time. Axel and Dad state that Axel is aware of world news and may seem obsessive or interested in a way that others aren't due to ASC and they believe that this has been misconstrued.

### **CAMHS**

Mr Rudakubana asked what time the Psychiatry appointment will be held at on 11/08/21 - I was able to tell him 2.00pm. I spoke again about the concern that Axel is not wanting to engage in therapeutic support and stated that he will just take the medication - I explained again that meds alone will not likley be helpful. Dad said this is why we need you to come to the home to work with Axel. Dad said Axel doesn't like telephone calls. I explained that my role is not to visit the home to take Axel out, but to work with him and his parents as I was before he disengaged, saying that all he needed was medication and that he did not want to engage with talking therapy anymore. I referenced the previous difficult telephone session with Mr Rudakubana and Letitia (mum) and explained that I felt that practical family

support could be helpful for them - I explained that I understand that mum is not so keen on this and has felt judged in the past. I think that if parents are not able to get Axel to leave the home even for a walk around the block - this may signal a need for social care support alongside CAMHS intervention to try and understand what is underlying Axel's difficulties.

Dad said that Axel will not even go out in the garden - he thinks people are watching and he is afraid of spiders and mosquitoes. Axel talks himself out of going out in the garden before he even tries. I explained that this is where talking therapy (CBT, Graded exposure) comes in but the key is engagement from Axel and he has recently shared that he does not want talking therapy anymore and wants to see how the meds work despite me explaining that both need to be in place to help him to feel able to do things differently. In response to this Mr Rudakubana requested I make an appointment for after the Olympics have finished and before Axel is due to return to school.

### **ACTION/PLAN**

Respond to school's email re Axel reading Prevent record/referral.

I will email Dr Ram re her appointment on 11/8 at 2pm to ask whether it will be face to face or not.

**Next appointment 17th August at 12.00pm**

**Current Risk Identified:** No

**Change to current Care Plan:** No

--

**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

### **CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

### **- Today's Clinic**

**Today's Consultation Type is?:** Video consultation

### **- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Activity Post Treatment
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

### **- Next Appointment Information**

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Core Partnership (Follow up)

### **- Appointment Details**

**Next Appointment:** Same Clinic

**Resource Name or Appointment type:** SSTEED

**Future Appointment Consultation Type:** Video consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 3

**Next Appointment Date (specific date):** 17/08/21

**Appointment Time::** 12:00

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above  
\*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other

**Specify Community/Other Location:** WFH

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension **DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 30/07/21 14:07 \*\*

Initialized on 30/07/21 11:59 - END OF NOTE

**11/08/21 14:35 - CAMHS - Session Note by Lakshmi Ramasubramanian**

Acct Num: V00003509135 DOB: 07/08/2006 Patient Age: 15

Note verified by Ramasubramanian,Lakshmi 11/08/21 15:01:

Original Note:

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types  
\*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 11/08/21

**Session Start Time:** 14:00

**Session End Time:** 14:30

**Session Duration (mins)::** hours and 30 minutes

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**Event/Session Contact Medium:** Telephone

**Contact Type::** Direct Contact

**Contact Occurred:** Open

**Location:** Out-Patient Clinic

**Additional Location Info:** CAMHS Community Clinic

**Service:** Sefton Specialist

**Attending Professionals:** Medical Professional

**- Clinicians Present**

**Clinician Present::** Lakshmi Ramasubramanian

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**Young Person and Family Attendance (Tick all the apply)::** Child or young person, Parent or Relative

**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*

**Names:** Mr Rudakubana, Axel

**Advocate in attendance:** N/A

**Has consent to share data been withdrawn?:** No

**Key crisis or issue to consider?:** No

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**Patient Attendance:** On time

**Appointment Type::** Specific Work

### CAMHS - Session Intervent

#### - Interventions

**Type of Intervention::** Individual

#### - Actual Intervention

**Actual Intervention::** Advice, Assessment Engagement, Anxiety Management, Medication, Review & Planning

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#### **Clinical Notes::**

I offered a remote consultation for Axel via telephone today.

I initially spoke with his father Mr Rudakubana to gather information on how he is doing.

Mr Rudakubana expressed concerns re Axel's functioning and told me that he is displaying fear of going out, of seeing people and is refusing to even step into the garden. Axel has a pet hamster in the garden and only steps out make sure that he is okay. He sometimes steps out to put the rubbish in the wheelie bin.

Axel is noted to quickly run back into the house after this.

Mr Rudakubana spoke about his worries that Axel may have physical health issues- he said that Axel complains of physical health symptoms to him.

I explained to him that I would be happy to assess Axel, but the physical health issues may need a GP review or a paediatrician as indicated. He agreed.

Mr Rudakubana told me that they are waiting for medication that will take away his fear of people and places.

As Mr Rudakubana was speaking to me, I could hear Axel in the background correcting his father and interrupting him.

I spoke with Axel.

Axel said that Propranolol is not helping and that it is not the physical symptoms of anxiety that he needs help with, but the feelings and fear of going out.

I asked him what he would like me to prescribe- he immediately said antidepressant medication.

I agreed to see him F2F and to discuss antidepressant treatment with him. He thanked me.

Axel said that he is still taking propranolol and will continue this until the next review.

**Current Risk Identified:** No

**Change to current Care Plan:** No

#### - Medication

**Type of update::** Initial entry

**Medication Prescribed:** Propranolol tablets 10 mg bd

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**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

### CAMHS - Session Outcome

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

### - Today's Clinic

**Today's Consultation Type is?:** Telephone consultation

### - 18 Week Outcome

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Activity Post Treatment
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

### - Next Appointment Information

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Psychiatry

### - Appointment Details

**Future Appointment Consultation Type:** Face to Face

**Follow Up Time Frame:** Specific Date

**Next Appointment Date (specific date):** 15/09/21

**Appointment Time::** 14:00

**Tolerance (+/-) Consider Clinical Risk:** 2 Weeks

**Overbook the Clinic if necessary:** No

**Appointment Location:** Southport Hub

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension

**DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Ramasubramanian,Lakshmi on 11/08/21 15:01 \*\*  
Initialized on 11/08/21 14:35 - END OF NOTE

### 12/08/21 10:44 - CAMHS - Professional Disc by Samantha Steed

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

### CAMHS - Professional Discuss

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Discussion::** Other

**If 'Other' Please Specify::** Mtg with Professionals involved or previously involved

**Other Attendees::**

Attendees at Professional discussion

Sam Coppard, Dr Lakshmi Ramasubramanian. Trainee Dr, Sam Steed and Jill Locke

DPA

DPA

Lakshmi expressed concerns regarding her interactions to date with the family i.e initial call to the family - Mum passed the phone to Axel without conversation with Lakshmi re his presentation.

Conflict mum passed phone to Axel

**Lakshmi** Ramasubramanian described a young boy asking for medication, but not wanting to engage in therapy. Axel denied feelings of anxiety but felt that he could not do the things that he wants to. This could relate to significant anxiety but it has been difficult to unpick what is going on for Axel.

Lakshmi explained she started him on propranolol. Axel queried the meds saying that he needs a different medication to help him to do what he wants to do and not just stop the symptoms he experiences. He requested that an appointment be bought forward to talk about changing the medication. Lakshmi stuck with the appointment on offer and advised Axel via Sam Steed to trial the medication. Lakshmi is due to follow up today by telephone with a plan to meeting Axel face to face with Sam Steed at Clinic in September.

**Lakshmi** noted a 'disrespectful tone' in emails and text messages sent from Mr Rudakubana (Dad) to Sam Steed re appointments with Psychiatry. I had also shared the difficult conversation that I had with Mum and Dad and there are concerning comments made by Dad noted throughout contacts reference seeking medical explanations for Axel's presentation. We discussed this. Sam Coppard and Jill Locke both said that Mr Rudakubana had been respectful towards them. Sam Steed mentioned that English is not dad's first language and so he may write in a way that suggests he is being abrupt or short when he is just trying to communicate his hopes or queries etc;. There have been occasions when I have observed him to talk in this way to other professionals. Whilst he is trying to get help for Axel at times his communication can be misconstrued or he may well be frustrated (he has noted frustration with wait times re mental health education re school placements etc previously, and to an extent this is understandable. Lakshmi noted a level of respect is still required and this should be monitored in terms of interactions with the family.

**Sam Coppard** previous Case Manager felt that Axel did not want to engage in therapeutic sessions with him to address feelings of anxiety when he was

involved.

**Sam Steed** noted that Axel was engaging well set goals around wanting to leave the home wanting to address sleep and also improve his diet. We worked with his dad re these goals using CBT type approach - Graded Exposure and behavioral activation. This worked for a whilst, but there were problems re dad not following up which frustrated Axel. Dad would report on occasions that Axel did not want to go for walks/do things with him. Problems in their relationship have become apparent. Axel said to be closer to mum. Mum became upset saying that professionals judge her and dad and think they are not good parents. Axel has worked with me regarding his diagnosis of Autism - he is now more accepting as this has been reframed in terms of embracing and understanding Axel and his characteristics. Axel currently not wanting to continue with therapeutic intervention and wanting to focus on medication.

Sam Steed shared with Jill that Dad has requested Social Care support so that Dion [redacted] **DPA**

**DPA**

Parents have engaged with parents sessions with Sam Steed but they have declined suggestions of family support via Early Help. However dad made a referral to social care for support re Dion and [redacted] **DPA**

NVR Space, SFP and Early Help support were considered during the MDT meeting, but it was felt that Key Work would be more beneficial.

**Jill Locke** stated she has not had this response from parents and is not aware of any difficulties in the home as per her dealings with Dion. Jill talked of Dad experiencing much trauma re his time in Rwanda. [redacted] **DPA**

**DPA**

# DPA

# DPA

**ACTION** (ref Axel)

Lakshmi to offer telephone contact today with Axel to ascertain how trial of meds is going and think about what else could help. .

Sam Steed to chase up Key Worker request for Axel as previously made via MDT 3 mtg.

Joint face to Face appointment to be offered.

Although previous discussions at MDT re whether SFP/Family therapy could help but decision was made for Key Worker referral - Sam and Lakshmi to offer SFP/Family therapy during face to face session with Axel and parents.

Sam to continue to offer sessions to Axel.

Any concerns re interaction/communication with the family Lakshmi/Sam will return to MDT for discussion or review via prof disc with Jill and Sam if need be.

**Date::** 11/08/21

**Time:** 12:30

**Duration (mins)::** 30

\*\* Electronically signed by Steed,Samantha on 12/08/21 13:00 \*\*  
Initialized on 12/08/21 10:44 - END OF NOTE

**12/08/21 13:02 - CAMHS - Phone Contact by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 12/08/21 13:44:

Original Note:

**CAMHS - Phone Contact**

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Call Information**

**Date of call::** 10/08/21

**Time::** 13:55

**Call Duration (mins)::** 5

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**Call Type::** Call Made  
**Contact With::** Parent or Carer  
**Contact with (Name,Title,Org):** Mr Rudakubana  
**Staff Member::** Samantha Steed  
**Service:** Sefton Specialist

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**Call Reason::** Discussion or Information Sharing  
**Contact Medium:** SMS or Text  
**Discussion:**

Text message to Mr Rudakubana asking for contact details for the SW involved with the family - he responded Stacey Haydock  and consented for me to contact her

\*\* Electronically signed by Steed,Samantha on 12/08/21 13:44 \*\*  
Initialized on 12/08/21 13:02 - END OF NOTE

**12/08/21 15:18 - CAMHS - Documents Corresp by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 12/08/21 15:23:

Original Note:

**CAMHS - Documents Corresponden**

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**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Document::** E-mail  
**Contact Type:** Other  
**Referral to Safeguarding:** No  
**Location::** Other  
**Date Generated::** 16/06/21  
**Subject::** Email to /from school  
**Additional details::**

From: Steed Samantha  
Sent: 16 June 2021 12:19  
To: Maggie Allred <m.allred@westlancspcss.lancs.sch.uk>  
Cc: Mrs Hodson <j.hodson@westlancspcss.lancs.sch.uk>  
Subject: AR - UPDATE

Dear both - I just wanted to check in with you re AR. He did not get up for our session this week which is unlike him.

He had expressed some frustration with talking all of the time about what he finds difficult, and mum shared that he seems to have taken steps backwards re leaving the home.

I am just wondering how he is presenting at Acorns.

Mum and dad shared that he seems to be enjoying ICT.

Also, I spoke with parents about finding out about support services for cyp with Autism as Axel said that he would engage with a Mentor. Are you aware of any services in the area? I'm not familiar with the area but contacted one service I thought might be able to help but have not received a call back.

Bw,

Sam Steed  
Senior Mental Health Practitioner  
Sefton Specialist CAMHS

Steed Samantha  
Thu 17/06/2021 14:39

Oh right, Thanks for letting me know. When I spoke with mum last friday, I felt that something had changed for him - He wasn't awake/up at 11.00 and when she tried to get him to take the call he wouldn't which is unlike him.

Please let me know the outcome of Mrs Allred's call.

Bw,

Sam Steed  
Senior Mental Health Practitioner  
Sefton Specialist CAMHS  
Alder Hey Children's NHS Trust

From: Mrs Hodson <j.hodson@westlancspcss.lancs.sch.uk>  
Sent: 17 June 2021 11:54  
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>; Maggie Allred <m.allred@westlancspcss.lancs.sch.uk>  
Cc: Mrs Lewis <j.lewis@westlancspcss.lancs.sch.uk>  
Subject: Re: AR - UPDATE

Hi Sam

Axel hasn't been in all week, and as we have been advised today that he won't be in again. We are told that this is because he is suffering from hayfever. We are going to follow this up and Mrs Allred will contact you later today.

Thank you

Joanne Hodson

Deputy Headteacher and SENCO

The Acorns School

43 Ruff Lane

Ormskirk

Lancashire

L39 4QX

From: Maggie Allred <m.allred@westlancspcss.lancs.sch.uk>  
Sent: 17 June 2021 20:06  
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>  
Cc: Mrs Hodson <j.hodson@westlancspcss.lancs.sch.uk>  
Subject: Re: AR - UPDATE

Apologies for the delay I thought I had sent this earlier today:

I have just spoken to mum: here is our safeguarding record:

Mrs Allred rang home to get a more detailed picture of why Axel is not in school. Mum has phoned school each day to say he has hayfever and can't come in. School received an email from CAMHS (Sam Steed) that he has not attended his sessions this week. Mrs Allred asked that mum let CAMHS know and mum corrected Mrs Allred and said she had spoken to them (see email from Sam Steed). Mum said that Axel has said he can't go to school because it could be Covid and Mum has done a LFT test with him. Mrs Allred asked if the hayfever is the same as last year? and mum said yes. Mrs Allred said it probably is just hayfever, but if he wants to be sure go and get the full test done. Mrs Allred said that if he is off for more than 3 or 5 days he must get a note from the GP to confirm he is not well. Mrs Allred advised mum to phone the G.P to get advice and let Axel know if he is off for longer he needs that G.P letter. Mrs Allred asked mum to keep us informed how he is doing and hope to see him back soon and if they think it is school refusing rather than illness to let us know and we will work closely together to encourage him back into school. Mum was happy with this.

It could be anxiety over Covid or it could be hayfever or it could be the stress of 2 hours a day in school -he is finding it challenging but is also managing to engage. It could be all of the above!

Please keep us informed: we will do the same and hopefully he will re-engage soon and continue to move him forwards.

Kindest Regards,

Maggie Allred

High Support Teacher

Acorns School

Ruff Lane

Ormskirk

L39 4QX

DPA

DPA

Contact Medium: Email  
Contact Occured: Open

\*\* Electronically signed by Steed,Samantha on 12/08/21 15:23 \*\*  
Initialized on 12/08/21 15:18 - END OF NOTE

**12/08/21 15:31 - CAMHS Risk Management Too by Samantha Steed**  
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

**Clinical Risk Tool**

- .  
**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Risk Assessment & Management Tool**

**Date::** 12/08/21  
**Start time::** 15:30  
**Case Manager:** Samantha Steed  
**Legal status:** No order in place  
**\*\*\* Alert \*\*\*:** Attended previous school with modified hockey stick and a knife- Revenge

**Please mention if any sibling of this person is at risk:**

Axel's brother Dion has DPA

No reports of Axel being a risk to his sibling during my allocation to the family -  
I am however aware that Axel can be verbally abusive towards his dad and has become upset/angry throwing a phone when the camera was turned towards him by mum. Note by Sam Steed

Note by M Skott  
Yes- Brother Dion but only if he hurts and animal.  
the family have no pets.

**Information::** What is the nature and degree of risk? Who is at risk? Can you state how likely it is likely to occur? Is risk escalating or decreasing? Under what circumstances might it occur? Relationship between risk and mental disorder, social circumstances or other contextual factors. Factors increasing risk and protective factors which reduce risk. What benefits to the user may arise from taking considered risks? What would be in the best interests of the service user? Are there any gaps in information or areas which require further assessment?

**Intentional Risk to Self(Self-harm and Suicide,past attempt):**

No reports of intentional harm to self - No thoughts of harm to self. No reports of suicidal ideation. Potential for Emotional dysregulation when upset frustrated i.e. threw phone during a video call with

CAMHS when mum turned the camera towards him. Note by Sam Steed

Note by Morgan Skott

lack of emotional regulation- has ASC

**Unintentional Risk to self (Truancy, use of drugs and alcohol):**

Unintentional risk to self via non attendance at Education setting impacting learning. Axel is also isolating himself due to anxiety related to leaving the home outside of attendance at Education setting. Axel struggles to leave the home thinking that people are looking at him this is impacting his emotional wellbeing.

No reports re use of alcohol or other substance misuse. Note by Sam Steed

Note by M Skott

none

**Intentional Risk to others and Property(Harm, Forensic Hist):**

Axel previously hurt a peer who he mistakenly thought was the peer who had subjected him to bullying. This occurred on the school site. Axel attend the school site with the intention of hurting the peer who was bullying him. His intention was to exact revenge and Axel is open about this.

Axel has thrown a phone in anger during a CAMHS video call with myself when the phone camera was turned on him against his wish and has shouted at his parents out of frustration.

Axel has been subject to a couple of referrals to PREVENT - the latest in connection to Axel speaking with a member of staff about troubles in Palestine and Israel. Axel follows World News and appears to be well informed on these matters. School took this as concern and reported him to PREVENT - Outcome unknown to date. Previous referral to PREVENT highlighted no concerns re Axel being a terrorist risk or being radicalized in any way.

Axel took the latest referral very personally and wanted to know what school staff had recorded about him - Axel's father eventually showed him the detail of the referral. Axel wanted to discuss this with his Teacher/support worker at school but did not attend that last few days of school. Axel is upset but the thoughts that school had about him in relation to thinking he is a terrorist threat due to his world knowledge re matters such as Israel and Palestine. School are concerned at Axel knowing the details of the referral and felt that it could be emotionally harmful for him to see the details. As CAMHS CASE Manager I am not aware of the content of the referral. I am aware that Axel was upset by the referral being made and perceived this in a break in a trusting relationship which he had recently repaired or regained with his support worker. Axel can have a real need to know the in's and out's of things - this relates to his Autistic tendencies as well as his intelligence. Note by Sam Steed

Note by M Skott

Yes-

Axel attended school to hurt another pupil but got a different one instead. he states this was a planned revenge attack from being bullied.

Reports from school about terrorism

Axel denies all this

PREVENT have also stated that they do have not found anything malicious/ radicalised with Axel.

**Unintentional risk to others (walking in front of traffic):**

Unintentional risk could be caused via impulse - dysregulated emotions, but would be likely to occur as a result of Axel feeling got at or frustrated by anothers behaviours which might elicit a disproportionate response. Note by Sam Steed

**Risk of self neglect/physical health/weight loss:**

Axel does not leave the home willingly outside of going to school and occasional trips in the care with his parents to get fast food. Axel has low Vitamin D due to poor diet and lack of natural sunlight. He also is low in Iron - Dad sought GP advice after I advised him t and medication was prescribed. Axel is concerned about his diet and has requested fresh food - Axel complains that his Dad is unable to cook well. Axel would like a better diet but feels stuck due to not enjoying the food his parents cook therefore fast foods appear to be hi only option and parents provide this for him so he eats. Axel will eat set foods that he knows he enjoys however he does talk of wanting to broaden his diet but is clear that his parents do not facilitate this leading him to be frustrated and upset.

Axel's weight is not reported to be a concerns but he is described as talk and slim. Note by Sam Steed.

**Risk of Exploitation from others/Vulnerability/Abuse [Text8]:**

Axel has been reported to PREVENT due to school staff believing he may be at risk of radicalization - this has not bee found to be the case. Axel is concerned with World news and may have in depth knowledge of matter s such as Palestine and Israel amongst other issues. Note by Sam Steed.

**Risk management plan:**

Father recently referred to LANCS Social Care but this was more in relation to wanting help for Dion [DPA]

**DPA**

Axel is not reporting suicidal ideation or intentional self harm acts or thoughts. However parents have been advised to keep his medication in a safe place and to supervise his taking of meds. Axel has engaged in therapy session to address his anxiety and this has included behavioral activation type work along with CBT and graded exposure which I relied on dad to support. Sleep was an issues and Axel worked to move his bedtime to before 12am successfully however this has recently slipped and Axel says this is through choice. I have completed work with Axel to help him understand himself better - and to accept his characteristics and understand that he can learn some flexibility. Axel has agreed to having a Key Worker from CAMHS and this has been requested.

Parents are aware they can contact me m-f 9-5 if they are concerned about Axel's mental health or if they feel unable to keep him safe or he feels unable to keep himself safe they can contact the Crisis Care team.

Axel has been advised of helplines and support via Kooth, Childline and websites and Apps - however he has chosen not to access these to date.

Axels parents are aware of support services available re his ASC diagnosis.

Note by M Skott

Currently under Child in Need until Police have checked in with his computer etc. once this is recieved we will be able to establish a better plan going forward.

Axel is to remain at home, without school.  
to see myself for some emotional regulation work

**Can you identify previously helpful interventions?:**

Axel has a need to be heard and appreciates being able to express his thoughts and views. Axel appreciates honesty. Trust is very important to him.

**Are there any lessons to learn about?:**

Parents are keen to access support for Axel - they are not so keen to focus on the family system and needs and this can be said to relate to difficult past experiences where they have felt judged.

There is some thought that Axel's presentation may result from difficulties in expressing his emotions. The root cause of this requires further exploration.

**- Sources of Information used**

**Clinical Notes:** Yes

**Patient report:** Yes

**Carer report:** Yes

**Action:** \*\*\*\*\* Please update the Care Plan \*\*\*\*\*

\*\* Electronically signed by Steed,Samantha on 12/08/21 17:09 \*\*  
Initialized on 12/08/21 15:31 - END OF NOTE

**18/08/21 11:55 - CAMHS - Outcome (EPPF) by Samantha Steed**

Acct Num: V00003570781 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 18/08/21 12:07:

Original Note:

**CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

**- Today's Appointment**

**Session Date:** 17/08/21

**Session Start Time:** 12:00

**Session End Time:** 13:00

**Session Duration (mins)::** 1 hours and 0 minutes

**Today's Consultation Type is?:** Telephone consultation

**- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Activity Post Treatment
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

### - Next Appointment Information

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Core Partnership (Follow up)

### - Appointment Details

**Next Appointment:** Same Clinic

**Resource Name or Appointment type:** SSTEED

**Future Appointment Consultation Type:** Telephone consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 3

**Next Appointment Date (specific date):** 10/09/21

**Appointment Time:(specific time):** 14:00

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above  
\*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other (WFH)

**Specify Community/Other Location:** WFH

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension **DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 18/08/21 12:07 \*\*

Initialized on 18/08/21 11:55 - END OF NOTE

### **18/08/21 12:10 - CAMHS - Phone Contact by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 18/08/21 12:24:

Original Note:

### **CAMHS - Phone Contact**

- .

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

### - Call Information

**Date of call::** 17/08/21

**Time::** 15:10

**Call Duration (mins)::** 0

--

**Call Type::** Left Message

**Contact With::** Professional

**Contact Professional::** Social Worker  
**Contact with (Name,Title,Org):** Stacey Haydock SW  
**Staff Member::** Samantha Steed  
**Service:** Sefton Specialist

--

**Call Reason::** Discussion or Information Sharing  
**Contact Medium:** Telephone  
**Discussion:**

15.13, 16.07 - TCT Social Worker Stacey Haydock several calls - messages left asking for return call - missed return call due to being in session.

T/C to report disclosures of emotional threats that 'Axel will be removed from parents care' - this causes frustration and anger in Axel - Axel throws cold water over Dad / Dad is said to have waved a knife at Axel and to have said to Axel that 'I could kill him now' physical abuse - Axel disclosed that Dad hit Dion over the last week or so.

I will call the Social Care office DPA to report concerns following discussion at MDT as advised by ACL.

\*\* Electronically signed by Steed,Samantha on 18/08/21 12:24 \*\*  
Initialized on 18/08/21 12:10 - END OF NOTE

**18/08/21 15:50 - CAMHS - Phone Contact by Samantha Steed**  
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 18/08/21 16:53:

Original Note:

### **CAMHS - Phone Contact**

- .

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Call Information**  
**Date of call::** 18/08/21  
**Time::** 13:20  
**Call Duration (mins)::** 10

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**Call Type::** Call Made  
**Contact With::** Professional  
**Contact Professional::** Social Worker  
**Contact with (Name,Title,Org):** Social Worker - Stacey Haydock  
**Staff Member::** Samantha Steed  
**Service:** Sefton Specialist

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**Call Reason::** Discussion or Information Sharing

**Contact Medium:** Telephone

**Discussion:**

TCT Social Worker Stacey Haydock - I explained my role and shared information disclosed by Axel re Dad threatening or saying that he will be taken away/removed from his parents care/ this angering Axel/ Axel throwing cold water on his father - Axel states that he is provoked into doing this. Axel sharing that dad held a knife up at him and said i could kill you now and dad attempting to throw plates at him. Also Axel adding that Dad hit Dion and only hits Dion because he knows he can't hit him back and Axel states that sas wouldn't hit him because he knows he would hit him back

I talked about this in the context of difficulties within the family and individual and family need. I made Stacey aware that Dad does not want to engage in conversation about the things that Axel has said and does not want support from CAMHS to try and help resolve these issues which appear to play a part in Axel's mental health presentation to some extent. I shared that dad simply wants medication for Axel and feels that the issues

Stacey agreed to follow up with the family - speak with Axel re the information he disclosed with a view to having a meeting with Schools present to discuss what could help improve things.

Stacey will be in touch with feedback regarding following the disclosure.

\*\* Electronically signed by Steed,Samantha on 18/08/21 16:53 \*\*  
Initialized on 18/08/21 15:50 - END OF NOTE

**19/08/21 13:17 - CAMHS - Documents Corresp by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 19/08/21 13:22:

Original Note:

**CAMHS - Documents Corresponden**

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Document::** E-mail

**Contact Type:** Other

**Referral to Safeguarding:** No

**Date Generated::** 19/08/21

**Date Received::** 18/08/21

**Subject::** Email from/to Social Care re Disclosure follow up

**Additional details::**

Haydock, Stacey <Stacey.Haydock@lancashire.gov.uk>

Sent: 18 August 2021 21:45

To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>

Cc: Rhodes, Janine <Janine.Rhodes@lancashire.gov.uk>

Subject: Axel Rudakubana

Hi Sam,

Thank you for sharing your concerns earlier. I just wanted to let you know that the family were visited today to explore further. My colleague Janine Rhodes visited and spoke to Axel and Dion alone and also to parents. There were no concerns raised by Dion and he denied any physical hitting by father. Both Axel and Dion reported to have got a smacked bottom at times when they were younger, Axel spoke about being smacked when he was aged 8.

I have copied Janine into the email as you may wish to liaise with her in order to know how to best support Axel, as Janine witnessed lots of behaviours from Axel during the visit. It appears the relationship between father and Axel is extremely fractured and we are looking at putting in some outreach support for some emotional support for Axel and to work on re-building relationships. This of course will be dependant upon Axel and father consenting.

Kind Regards,

Stacey

Stacey Haydock

Social Worker - Duty & Assessment

Children's Social Care

Lancashire County Council

T: [DPA]

M: [DPA]

W: [www.lancashire.gov.uk](http://www.lancashire.gov.uk)

Steed Samantha

Haydock, Stacey <[Stacey.Haydock@lancashire.gov.uk](mailto:Stacey.Haydock@lancashire.gov.uk)>

Thu 19/08/2021 13:16

Cc: Rhodes, Janine <[Janine.Rhodes@lancashire.gov.uk](mailto:Janine.Rhodes@lancashire.gov.uk)>

Hi Stacey, Thank you for your email Stacey - I appreciate your colleague following up in Axel's comments.

Janine, if you have time please can we speak about what you have observed re Axel.

My number is [DPA]

I understand that Dad and Axel would need to consent to any offer of support that might be available. I am due to meet with Axel and his parents with the Psychiatrist who is involved - she is currently on leave and I am due to go on leave, but we will offer a joint appointment on our return. I will be on leave from 30th Sept to 9th Sept.

I have spoke with Mr Rudakubana and explained the reason why I shared the information with you in the

hope that additional support could be offered alongside support from CAMHS. I hope we can get together soon to think about how we can support the family in the best way.

Hope to hear from you soon.

Bw,  
Sam Steed  
Senior Mental Health Practitioner/Case Manager

"Lancashire; where children, young people, and families are safe, healthy, and achieve their full potential."

From: Haydock, Stacey <Stacey.Haydock@lancashire.gov.uk>  
Sent: 19 August 2021 13:17  
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>  
Subject: Automatic reply: Axel Rudakubana

I am currently out of the office and will be returning to work on Tuesday 24/08/2021.

If your query cannot wait or is urgent, please call the Children's Social Care number on

**DPA**

Thank you

Stacey

**Contact Medium:** Email

**Contact Occured:** Open

\*\* Electronically signed by Steed,Samantha on 19/08/21 13:22 \*\*  
Initialized on 19/08/21 13:17 - END OF NOTE

**19/08/21 13:22 - CAMHS - Phone Contact by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 19/08/21 15:25:

Original Note:

**CAMHS - Phone Contact**

- .

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Call Information**

**Date of call::** 19/08/21

**Time::** 13:10

**Call Duration (mins)::** 32

- -

**Call Type::** Call Made

**Contact With::** Parent or Carer

**Contact with (Name,Title,Org):** Alphonse Rudakubana - Dad. and Axel towards the end

**Staff Member::** Samantha Steed  
**Service:** Sefton Specialist

--  
**Call Reason::** Discussion or Information Sharing  
**Contact Medium:** Telephone  
**Discussion:**

Conversation with Alphonse to check in with him and the family re Social Care visiting yesterday in response to disclosures made by Axel.

Alphonse said they are all ok. He took the time to tell me that CAMHS need to see Axel and that Axel is a boy crying on the inside. Alphonse expressed his concern for Axel and shared that his presentation is not 'normal'.

Alphonse described Axel throwing water on him and the way in which he interacts with Alphonse, as being 'symptoms of his difficulties'. This may be in line with Alphonse thinking that Axel has ADHD.

Axel doesn't like school so will do anything to avoid it. Axel is now too nervous to return to school. dad said if I saw Axel I would understand why. He added that Axel used to smile and be a happy boy. CAMHS and Alderhey are the Services that need to be involved. Alphonse said again that Axel needs every help he can get and asked me not to waste time thinking what is beneath Axel's behaviours i.e. the reason/cause. He said I am barking up the wrong tree in terms of trying to find out what is beneath Axel's difficulties. I tried to explain how CAMHS works and how we think about the whole family and the child.

Dad appropriately expressed worry and added that he does not want it to be too late for Axel. He added Axel will say 'stuff' but it can be things from a long time ago. Dad said he is the one who Axel takes his frustration out on as he stands up for Axel. Dad said that Axel might also be that way with his mum or Dion if it wasn't him and that he is ok with it being him.

Alphonse said that Axel does speak to him about the news etc and they are able to have good conversations. Alphonse said that he is proud of his parenting and that he has done a good job re his family and he is a good father.

Axel came into the room where Alphonse was talking to me and he said he is here now. I asked if Alphonse wanted to end the call as he went quiet. He was not able to say clearly I am on the phone with Sam and she has called to check we are ok and share other info re email to school.

Axel asked Alphonse why he was behaving so defensively and it was clear that Axel was thinking that his dad was talking about him, which he was so his thoughts were not unfounded. I asked Alphonse to put me on loud speaker which he did and I explained I called to check in to reassure that I will see him with Dr Ram for face to face appointment and to explain that I had emailed school requesting the opportunity for Axel to be able to go through the info in the latest referral to Prevent which was NFA. Axel remained calm and said ok. Alphonse said that he cannot allow further conversations because Axel gets angry afterwards.

both are aware that I am on leave from 30th -9th Sept and so will see Alphonse on my return. Next appointment is booked in for 10th Sept.

\*\* Electronically signed by Steed,Samantha on 19/08/21 15:25 \*\*  
Initialized on 19/08/21 13:22 - END OF NOTE

**19/08/21 16:19 - CAMHS - Phone Contact by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

**CAMHS - Phone Contact**

- .  
**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Call Information**

**Date of call::** 19/08/21

**Time::** 13:45

**Call Duration (mins)::** 48

- -

**Call Type::** Call Made

**Contact With::** Professional

**Contact Professional::** Social Worker

**Contact with (Name,Title,Org):** Janine Rhodes Duty and Assessment SW

**Staff Member::** Samantha Steed

**Service:** Sefton Specialist

- -

**Call Reason::** Discussion or Information Sharing

**Contact Medium:** Telephone

**Discussion:**

Janine called following on from my email to share her observations from er home visit yesterday following up disclosures made by Axel as per information that I shared from my last session with him and Dad.

Janine phoned the home and spoke with Alphonse asking if she could visit re the above - he asked if she could come out when mum was home. When she got there at 6pm - Dad was upstairs with Dion.

Axel was crouched on the floor by a chair in the fornt room, and mum sat opposite on a chair.

Janine explained why he was there

Janine said that she could see Axel was highly anxious - I asked how she knew and she said that he told her that he was seeing CAMHS because of this. I asked if Janine observed any of the physical signs that Axel has described when he is highly anxious i.e. increased saliva and she said no. She explained that she has to explore what was said to me as CAMHS worker by Axel.

and added that he doesn't have to discuss anything else during this visit she just wants to ascertain what is happening in relation to the info shared with me (as CAMHS Worker).

Janine noticed taht Axel calls his Dad Alphonse Axel talked about being hit when he wa when he was 8 and said his dad/Alphonse used to hit him,

Janine must have tried to ascertain the context and Axel said 'hit, slap what difference - does it make it not have happened (if it was a slap)? Janine asked had dad hit him more recently and Axel replied 'not me, but he does hit Dion'.

Janine noticed antagonism between the dad and Axel saying it was very evident.

When Alphonse tried to speak Alphonse got shut down. Axel 'monopolised' the visit Just because there is no particular dates to when Hitler did the things he did in the Holocaust it doesn't mean things didn't happen. Axel throws water at dad he clarified that he used to throw plates. Janine commented that at least he couldn;t get hurt by the water. I explained that Axel said that he throws the water because his dad provokes him by saying things like Axel will be taken away and threatening this (as described by Axel).

Dad tried to discuss what Axel's issues are and Janine explained that she is not here for that she is here about the information shared by Axel with me. Janine commented that she could see that it would not have been helpful to have a conversation in front of Axel.

We talked about Axel's goal of health eating as JAnine said that this was mentioned. Axel had just had a Mcdonalds.

Janine described a 'last act of defiance' for Axel was in response to JAnine saying that what he has shared with her is confidential and no concerns re current physical harm have been raised. Axel responded 'So (you think) he's lying - you are all lying'. He went to the kitchen and got cartons of milk and said he was going to go upstairs and pour it on his parents bed.

Axel spends a lot of time looking up news articles.

I explained that Axel has sated that he feels provoked by his Dad and Janine and I are aware that he has made these comments/allegations previously. Parents say he is not telling the truth - we considered that Axel may feel frustrated re not being believed.

Janine added that both parents were whispering saying they didn't want Axel to hear what they were saying as if he did he would come down and cause problems. We taked through how Axel feeling frustrated about his parents talking about him may relate to him not agreeing with what is being said about him.

Janine said that Axel stated that 'Dion doesn't need a wheelchair a wheelchair He has made him (as in Alphonse)'.

Janine shared this info with SW Stacey

DPA

DPA

I stated that I have already spoke with Stacey saying

it would be good for Stacey to speak with DPA .  
and

Janine noted that she could feel the tension in the whole household. However, Dion's room was calm as he is far removed from the interaction of/ with the other family members.

Agreed that I would further liaise with Stacey on her return from leave next week Tuesday 24th Aug.

\*\* Electronically signed by Steed,Samantha on 19/08/21 17:04 \*\*  
Initialized on 19/08/21 16:19 - END OF NOTE

**19/08/21 17:04 - CAMHS - Professional Disc by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 19/08/21 17:19:

Original Note:

**CAMHS - Professional Discuss**

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Discussion::** Other

**If 'Other' Please Specify::** Disussion with Case Manager and LD Specialist DPA Jill Locke

**Other Attendees::**

Jill Locke

**Date::** 19/08/21

**Time:** 14:30

**Duration (mins)::** 30

**Summary:**

Discussed the disclosures made by Axel and the follow up visit form Social care and contact with Alphonse as per previous note.

Discussed family context - discussed fact that Dion does not mention Axel - DPA  
DPA Dion went to the cinema with Dad recently - I commented that am aware that Axel would like to go to the cinema but cannot go due to anxiety - it made me wonder how he might feel knowing that they went and he can;t go. It also made me think more about the family dynamics and again, Jill commented that Dion is more favoured by dad.

**DPA**

DPA

DPA

Dion is

DPA

DPA

which is in stark contrast to Axel.

Agreed to continue liaising with Jill as and when required - Jill will contact SW. Social care will likely call professionals together to discuss family need.

\*\* Electronically signed by Steed,Samantha on 19/08/21 17:19 \*\*  
Initialized on 19/08/21 17:04 - END OF NOTE

**19/08/21 17:20 - CAMHS - Documents Corresp by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 19/08/21 17:21:

Original Note:

**CAMHS - Documents Corresponden**

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Contact Type:** Other

**Referral to Safeguarding:** No

**Location::** Other

**Date Generated::** 19/08/21

**Additional details::**

From: Steed Samantha

Sent: 19 August 2021 09:21

To: Locke Jill

Subject: Rudakubana family - Info shared with Social Care in the hope of additional support

Hi Jill,

Just emailing to let you know that I had to contact Stacey Haydock the SW for the family as Axel made several disclosures that intimated difficulties in his relationship with his father - he stated dad provokes him by telling him he will be taken away (possibly due to his behaviour) - Axel told me that he throws cold water over his dad when these arguments happen - Axel said that dad had threatened him with a knife and said 'I could kill you now'. He also said that his Dad hit Dion during an argument a few weeks ago and that Dad does this because Dion can't fight back - Axel added he would not hit him, because he knows he would hit him back. Dad refused to comment other than saying that he did not want to get involved in trivial conversation about personal matters and he did not want any other help from CAMHS other than to get medication for Axel's needs and for Axel to engage with CAMHS. I explained to Dad that I appreciate that these comments are made in the context of Axel's complex presentation, but that I needed to pass the info on by way of potential safeguarding concern. Dad was not happy with this but understood that I would share the info with Social Care. I also spoke with Dad about considering what else might be feeding into Axel's presentation when myself and Psychiatry meet with them next month.

I have heard back from the SW and out of this, it looks like the family will be offered some form of family support and support re Axel's needs and presentation in the home. I am not sure if the family will accept the offer due to past experiences that they describe as being negative, but it feels the right way around to try and put support in place as things are quite concerning re family dynamics.

Dion was spoken with by Social Care and did not disclose any physical abuse from Dad or other concerns - DPA

Stacey may call a Professionals mtg or Team around the Family mtg but ideally this will take place when Schools are back.

Bw,

Sam Steed  
Senior Mental Health Practitioner/Case Manager  
Sefton Specialist CAMHS

From: Locke Jill <Jill.Locke@alderhey.nhs.uk>  
Sent: 19 August 2021 10:08  
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>  
Subject: RE: Rudakubana family - Info shared with Social Care in the hope of additional support

Hi

Thanks for the update Sam, I have seen an email this morning from the social worker so will give her a call today.

I agree that the family may not wish to accept support from social care except I know that dad had contacted them in the context of DPA and therefore may be a little reluctant to rock the boat with social care.

Best wishes

Jill

\*\* Electronically signed by Steed,Samantha on 19/08/21 17:21 \*\*  
Initialized on 19/08/21 17:20 - END OF NOTE

**23/08/21 14:55 - CAMHS - Professional Disc by Marie Disley**  
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Disley,Marie 23/08/21 14:56:

Original Note:

**[CAMHS - Professional Discuss](#)**

- .

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Discussion::** MDT

**- Attendees**

\*\* Clinician 1

**Clinician Present::** Samantha Steed

**Date::** 18/08/21

**Time:** 11:00

**Duration (mins)::** 10

**Summary:**

<p>15 years old, Black British with African heritage. Diagnosis of ASD and a query of ADHD made by Dad he has already been referred to the ADHD pathway. His 16 years old brother Dion is in the service, wheelchair bound and there are queries re possible <span style="border: 1px dashed black; padding: 2px;">DPA</span> <span style="border: 1px dashed black; padding: 2px;">DPA</span>.</p> <p>Axel is currently prescribed Propranolol by Lakshmi, but Dad believes he is mentally ill and is pushing for different medication. Both Axel and his Dad are focussed on medication 'fixing' his mental health problems and allowing him to go out of the house.</p> <p>Axel made disclosures in session this week; he says he throws cold water over Dad in response to him threatening to give him away. He feels provoked by Dad and this makes him angry. He also said that Dad has threatened him with a knife and hit Dion during an argument they had. Axel says he hits Dion because he can't fight back. Dad didn't deny the allegations but refused to discuss himself or family life and has made it clear that he wants Axel to be seen by CAMHS</p>	<p>To look at a Professionals meeting once Emma WR (Safeguarding) has spoken to Axel's Social Worker.</p>	<p>Emma WR (Safeguarding) to contact West Lancs Social Care and discuss outcome with Sam.</p> <p>Sam to try contacting Social Worker / MASH again to share disclosures as this needs urgent follow up re potential safeguarding concerns.</p>
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and will not talk about himself or family issues. He feels this is detrimental to the family if Sam shares the information disclosed by Axel. Dad sees the exploration of Axel's feelings as unhelpful and considers Sam's work with the family to be fact-finding and intrusive and one-sided to Axel. Dad has refused to consider family therapy and Mum has been defensive on one occasion with Sam about how she feels professionals view her and Dad, thinking they are not good parents.

Social Care are involved to provide support for Dion [DPA] [DPA] Sam has tried a few times to speak to the Social Worker about recent disclosures and safeguarding concerns for both Axel and Dion, but this has not been successful so far in terms of not being able to speak to the Social Worker. Sam will keep trying and has contacted Lancs MASH Team to ask to speak to Duty Social Worker to pass on concerns if Social Worker is unavailable.

Initialized on 23/08/21 14:55 - END OF NOTE

**27/08/21 11:12 - CAMHS - Professional Disc by Marie Disley**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Disley,Marie 27/08/21 11:12:

Original Note:

**CAMHS - Professional Discuss**

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**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Discussion::** MDT

**- Attendees**

\*\* Clinician 1

**Clinician Present::** Samantha Steed

**Date::** 25/08/21

**Time:** 11:00

**Duration (mins)::** 10

**Summary:**

<p>15 years old, Black British with African heritage. Diagnosis of ASD and a query of ADHD made by Dad he has already been referred to the ADHD pathway. His 16 years old brother Dion is in the service, wheelchair bound and there are queries re possible <b>DPA</b>. Sam raised safeguarding concerns at last week's meeting.</p> <p>Social Care have now seen family and a family support worker has been offered. Sam feels that some keyworker support would also be of benefit.</p>		<p>Keywork to be carried out with the family.</p> <p>Safe team guardian app to be considered and a risk assessment carried out re lone working.</p> <p>Possible violence reduction worker to support the family.</p>	<p>Axel to be put on Keyworker list from 25 June 21.</p> <p>Vicky Killen to look at geographical jurisdiction of violence reduction workers.</p> <p>Vicky Killen to forward info on the lone working policy to Sam and all staff.</p>
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Initialized on 27/08/21 11:12 - END OF NOTE

**10/09/21 13:53 - CAMHS - Documents Corresp by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 10/09/21 15:42:

Original Note:

**CAMHS - Documents Corresponden**

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**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please

ensure you are documenting on the right account number

**Type of Document::** E-mail

**Referral to Safeguarding:** No

**Date Generated::** 10/09/21

**Date Received::** 03/09/21

**Subject::** Email from/to Acrons School

**Additional details::**

From: Maggie Allred <m.allred@westlancspcss.lancs.sch.uk>

Sent: 03 September 2021 14:46

To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>

Cc: Mrs Hodson <j.hodson@westlancspcss.lancs.sch.uk>; Mrs Lewis <j.lewis@westlancspcss.lancs.sch.uk>

Subject: Update on Axel

I have tried the last couple of days to contact you by phone to follow up from the work you have done with Axel over the summer.

Thank you for taking the time to talk through with Axel what he would like to do regarding the Prevent referral and our legal team has also advised us so it looks as though discussing it with him may be the best route to take.

I have a concern that Axel and dad's lack of trust may then extend further, and Axel will insist to see all written material regarding himself, and that dad may support him in this as he has done with the prevent referral. This request came to light as Axel asked what else has been written about him and what about the referral. He also asked me can the government read his records. Both Axel and dad at times lack understanding regarding the safeguarding duty of care we as professionals have to others and Axel and it is necessary to record and act on these things. Also, discussing information with Axel whilst he is so young and still in a vulnerable place regarding his social needs and opportunities that is recorded in professional terms could feel devaluing which could affect his mental health.

I am not sure how to proceed on this which is why it would be useful to talk to you to see how you have worked with him and to draw the whole matter to a positive resolution.

Just so you are aware I informed you and dad at the end of last term about his new timetable (9-11 each school day) with a view that you could discuss it with him in the summer to prepare for this. I was unable to discuss it with Axel as he refused to attend the last few days of term. He had a meeting today in school at 10am to discuss it but he has refused to attend school. Dad says he has a "grievance" which Axel has requested dad does not discuss with school. It is unlikely he will attend next week but his taxi will still be put on for him.

I spoke with Stacey Haydock yesterday who is the social worker completing an assessment of needs of the family. She told me that Axel barricaded himself in his bedroom and refused to see her.

In light of this, that Axel seems more withdrawn and harder to reach I am concerned about his mental health and wellbeing. Could you keep us informed how he is? and I will do the same. The conversation with dad today was very constructive and he will keep in touch with us if Axel does not attend school.

Next week I will be with pupils from 9-2pm but I am available most evenings after 2.30 if you are able to speak then.

I look forward to hearing from you,

Maggie Allred  
High Support Teacher  
Acorns School  
Ruff Lane  
Ormskirk  
L39 4QX

DPA

DPA

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>  
Sent: 10 September 2021 15:10  
To: Maggie Allred <m.allred@westlancspcss.lancs.sch.uk>  
Cc: Mrs Hodson <j.hodson@westlancspcss.lancs.sch.uk>; Mrs Lewis  
<j.lewis@westlancspcss.lancs.sch.uk>  
Subject: Re: Update on Axel

Sorry Maggie I have just returned from annual leave. Can you let me know when you can talk. Many thanks, Sam

Sam Steed

Senior Mental Health Practitioner/Case Manager

Sefton Specialist CAMHS

Alder Hey Children's NHS Trust

Second Floor

Burlington House

Crosby Road North

Liverpool

L22 0PJ

Office # DPA

**Contact Medium:** Email

**Contact Occured:** Open

\*\* Electronically signed by Steed,Samantha on 10/09/21 15:42 \*\*  
Initialized on 10/09/21 13:53 - END OF NOTE

**10/09/21 14:41 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00003604298 DOB: 07/08/2006 Patient Age: 15

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 10/09/21  
**Session Start Time:** 14:00  
**Session End Time:** 15:00  
**Session Duration (mins)::** 1 hours and 0 minutes

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**Event/Session Contact Medium:** Telephone  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Oth Locations not Classifications  
**Additional Location Info:** Other (WFH)  
**Service:** Sefton Specialist (WFH TEAMS)  
**Attending Professionals:** Social Work Professional

- **Clinicians Present**  
**Clinician Present::** Samantha Steed

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**Young Person and Family Attendance (Tick all the apply)::** Parent or Relative  
**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*  
**Names:** Alphonse Rudakubana - Dad  
**Advocate in attendance:** N/A  
**Has consent to share data been withdrawn?:** No  
**Key crisis or issue to consider?:** No

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**Patient Attendance:** On time  
**Appointment Type::** Core Partnership

**CAMHS - Session Intervent**

- **Interventions**  
**Type of Intervention::** Parent

- **Actual Intervention**  
**Actual Intervention::** Assessment Engagement, Other - Need to Specify (Parent Work)

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**Clinical Notes::**

Session with Dad via telephone

Dad requesting new worker

Stating I am exploiting Axel - Axel does not know what he is saying.

Dad thinking that Family Therapy will cause trouble - not wanting me to refer him to this support within CAMHS and also not wanting to consider attending parent support groups.

Dad asking me to steer Axel away from talking about certain things stating Axel has changed since hitting puberty and he needs urgent help.

Dad stating that I can write what I choose and I have the power to write what I want. I explained that I write what we discuss and what Axel shared and also the things I suggest could help.

Dad says Axel is spoilt and imagine this - he says things then laughs. Things that are unbelievable. Axel remembers being smacked - dad says Axel was a tough boy when younger.

Dad acknowledged that he is Axel's main dad in the home as he makes demands on him

Dad says that he does not want to blow things out of proportion. Feels that suggestions for referral for family therapy will add to stress. I explained suggested support is to help improve relationships and things in the home.

Axel remains difficult to get out of the house.

Dad happy for Key Worker to work with Axel but does not want family work.

Dad stating that it would not be right for him to tell me how to do my job whilst telling me how to do my job. He does not agree with me sharing information with Social Care re Axel throwing water on him etc.

Dad is conflicted wants me involved but does not like the way I work feeling that I listen to Axel too much and take on board all he says.

**ACTION**

Speak to Dr Ram, ACL and MDT regarding request for new worker and dad's thoughts about my practice/steering Axel away from talking about family issues.

Liaise with School.

Next session to be held jointly with Psychiatrist on 15th Sept at 2.00pm

**Current Risk Identified:** No

**Change to current Care Plan:** No

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**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

### **CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

### **- Today's Clinic**

**Today's Consultation Type is?:** Telephone consultation

### **- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Subsequent Activity
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

### - Next Appointment Information

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Core Partnership (Follow up)

### - Appointment Details

**Next Appointment:** Same Clinic

**Resource Name or Appointment type:** SSTEED

**Future Appointment Consultation Type:** Face to Face (With Psychiatry)

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 1

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above \*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Southport Hub

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension [DPA](#) or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 30/09/21 20:02 \*\*

Initialized on 10/09/21 14:41 - END OF NOTE

### **15/09/21 16:19 - CAMHS - Professional Disc by Marie Disley**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Addendum entered by Disley,Marie 15/09/21 16:22:

Date was 15/09/21

Original Note:

Note verified by Disley,Marie 15/09/21 16:19:

Original Note:

### **CAMHS - Professional Discuss**

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**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Discussion::** MDT

### - Attendees

\*\* Clinician 1

**Clinician Present::** Samantha Steed

**Date::** 15/08/21

**Time:** 11:00

**Duration (mins)::** 10

**Summary:**

15 years old and previously discussed in MDT meetings on 18/08/21 and 25/08/21.  Sam has had a discussion with Lakshmi and Jill Locke about case and, in particular, Dad's responses. He has refused SFP and just wants Axel fixed with medication. Axel is also a school-refuser at present.	Aesha and Sam to speak to family this afternoon.  Going forward Sam Coppard is to co-work with Sam to work systemically with the family.	Sam Coppard to link into future sessions with Axel and Dad.  Sam Steed to look into Axel's position on keyword list.
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Initialized on 15/09/21 16:19 - END OF NOTE

**16/09/21 14:31 - CAMHS - Outcome (EPPF) by Aesha Aseri**

Acct Num: V00003652295 DOB: 07/08/2006 Patient Age: 15

Note verified by Aseri,Aesha 16/09/21 14:33:

Original Note:

**CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

**- Today's Appointment**

**Session Date:** 15/09/21

**Session Start Time:** 14:00

**Session End Time:** 15:00

**Session Duration (mins)::** 1 hours and 0 minutes

**Today's Consultation Type is?:** Face to Face

**- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Subsequent Activity
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

**- Next Appointment Information**

**Which Service:** Sefton Specialist

**- Appointment Details**

**Future Appointment Consultation Type:** Telephone consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 4

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above \*\*

**Overbook the Clinic if necessary:** No

**Is the patient aware?:** Yes

**Does the patient need a letter?:** Yes

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension **DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Aseri,Aesha on 16/09/21 14:33 \*\*  
Initialized on 16/09/21 14:31 - END OF NOTE

**16/09/21 14:33 - CAMHS - Session Note by Aesha Aseri**

Acct Num: V00003652295 DOB: 07/08/2006 Patient Age: 15

Addendum entered and electronically signed by Steed,Samantha 30/09/21 20:04:

Ethnicity British with African decent Rwanda.

Advised Admin re updating Demographics and also advised Psychiatrist attending today's session as per error documented in Clinic notes/letter.

Original Note:

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 15/09/21

**Session Start Time:** 14:00

**Session End Time:** 15:00

**Session Duration (mins)::** 1 hours and 0 minutes

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**Event/Session Contact Medium:** Face to face communication

**Contact Type::** Professional Consultation  
**Contact Occurred:** Open  
**Location:** Out-Patient Clinic  
**Additional Location Info:** CAMHS Community Clinic  
**Service:** Sefton Specialist  
**Attending Professionals:** Medical Professional

**- Clinicians Present**

**Clinician Present::** Aesha Aseri

**- Additional Clinicians**

\*\* Clinician 1

**Additional Clinicians Present::** Samantha Steed

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**Young Person and Family Attendance (Tick all the apply)::** Child or young person, Parent or Relative

**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*

**Names:** Axel and mum

**Advocate in attendance:** N/A

**Has consent to share data been withdrawn?:** No

**Key crisis or issue to consider?:** No

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**Patient Attendance:** On time

**Appointment Type::** Professional Consultation

**CAMHS - Session Intervent**

**- Interventions**

**Type of Intervention::** Individual

**- Actual Intervention**

**Actual Intervention::** Medication, Mental State Examination

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**Clinical Notes::**

Axel attended clinic along with his mum on 15/09/21.

Case manager Samantha Steed was also present during the consultation.

Background information-

Axel has a diagnosis of ASD. He has been experiencing anxiety symptoms since past 12-18 months.

Presenting complaints

1. Anxiety about leaving house since past 12-18 months.

2. Difficulties in social interactions since past months.

Axel tells me that he started experiencing worries about leaving his house since September 2019.

This was related to Axel being bullied at his old school 'Range high school' which is a mainstream school.

Due to this he was noted to attend school carrying a knife in his bag which led to his permanent exclusion from the school. There was no history of Axel being physically aggressive towards anyone at school on this occasion.

He then joined special needs school Acorn since November 2019. Axel reports missing his friends at his old school. He reports enjoying playing football with his school friends in the past which he has not been able to do since change of his school.

He attended school online during the lockdown. He has not felt going out to the park or speaking to his friend since past 12 months.

In the past he has also enjoyed bike riding and watching television, which he has not been able to do

recently.

He also reports feeling anxious going out in public and interacting with new people. Finds it embarrassing to eat outside.

He reports feeling 'nervous' about social interaction. When nervous he feels he is salivating more and his hands and legs shake.

He reported feeling angry when he was hungry.

On trying to explore the triggers for anger outbursts, Axel reported difficult interpersonal relationship with his family, especially his dad. He mentioned his dad did not cook food of his choice because of which he is put off from eating meals.

He also does not interact much with his older brother. Reports better relationship with mum.

He tells me frequent arguments with dad can make him feel sad in his mood.

He reports his mood as 'nervous and angry'.

His appetite is poor. He has disturbed sleep due to reversed sleep pattern.

He reports feeling hopeless due to his anxiety symptoms and wants help with it.

He does not express thoughts of hurting himself or others.

Past psychiatric H-

Axel has a diagnosis of ASD.

He was prescribed propranolol for anxiety symptoms which he reports taking regularly.

Past medical H-

Not significant. Previously prescribed iron and vit D.

Drug H-

Denies drinking alcohol or using illicit substances.

Personal H-

Lives at home with mum, dad and older brother 17 years old.

Attends Acorn school and is currently in year 11.

Observation in the clinic

Axel is a 15 years old boy of Afro Caribbean, thin built, casually dressed with reasonable personal hygiene. Initially reluctant to engage, which improved later on. Axel did not give an eye contact.

There was no evidence of agitation or psychomotor retardation.

There was

His speech was normal in rate and volume, his tone was low. He spoke coherently with good articulation.

He reported his mood as 'nervous and angry'.

There was no evidence of formal thought disorder or perceptual abnormalities.

Did not express thoughts of hurting himself or others.

His cognitions were grossly intact and he was insightful of his difficulties.

Impression

Axel is a 15 years old boy with a diagnosis of autism. He has been experiencing anxiety symptoms leading to inability to leave his home or attend school. His difficult interpersonal relationship with family member especially dad is negatively impacting his mood.

These symptoms are also affecting his daily functioning and also his sleep and appetite.

Diagnosis - ASD with moderate degree of social anxiety

Management plan

I have discussed with Axel and mum regarding the role of medications and also psychological support in treating anxiety symptoms.

Also explained the role of psycho social triggers in maintaining these symptoms.

Prescribed Sertraline 25mg OD for 3 weeks, increased to 50mg for 1 week.  
Explained the side effects and benefits of medications. Also explained the need for follow up to monitor the side effect and response to medications.  
I have also given information leaflet on Sertraline.

Axel to continue engaging with case manager Samantha Steed.

Follow up review to be arranged in four weeks

**Current Risk Identified:** No  
**Change to current Care Plan:** No

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**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

\*\* Electronically signed by Aseri,Aesha on 24/09/21 12:18 \*\*  
Initialized on 16/09/21 14:33 - END OF NOTE

**22/09/21 16:09 - CAMHS - Professional Disc by Marie Disley**  
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Disley,Marie 22/09/21 16:09:

Original Note:

### **CAMHS - Professional Discuss**

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**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number  
**Type of Discussion::** MDT

#### **- Attendees**

\*\* Clinician 1

**Clinician Present::** Samantha Steed

**Date::** 22/09/21

**Time:** 11:00

**Duration (mins)::** 10

**Summary:**

<p>Previously discussed at MDT on 25<sup>th</sup> May, 16<sup>th</sup> June, 18<sup>th</sup> and 25<sup>th</sup> August and 15<sup>th</sup> September.</p> <p>Aesha and Sam met with Axel and Mum and the session was positive. He has now been prescribed Sertraline alongside the Propranolol he was already prescribed. Dad has agreed to be referred for Family Therapy and Riding The Rapids.</p>			<p>Referral to Family Therapy.</p> <p>Referral to Riding The Rapids.</p>
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Initialized on 22/09/21 16:09 - END OF NOTE

**23/09/21 09:22 - CAMHS - Professional Disc by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

**CAMHS - Professional Discuss**

- .  
**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Discussion::** Clinical Supervision

**Date::** 23/09/21

**Time:** 09:30

**Duration (mins)::** 20

**Summary:**

Clinical Supervision - Discussed the case and impact of demands of case on Case Managers time - themes relate to Dad's requests from Case Manager not to talk about specific issues with the yp etc and to steer him away from conversations with the family. Talked through where case is at now in terms of Dad agreeing to referrals to Riding the Rapids and SFP/Family Therapy.

\*\* Electronically signed by Steed,Samantha on 23/09/21 10:00 \*\*

Initialized on 23/09/21 09:22 - END OF NOTE

**01/10/21 13:04 - CAMHS - Documents Corresp by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 01/10/21 13:09:

Original Note:

**CAMHS - Documents Corresponden**

- .  
**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Document::** E-mail  
**Contact Type:** Other  
**Referral to Safeguarding:** No  
**Location::** Other  
**Date Generated::** 01/10/21  
**Subject::** Email from/to School  
**Additional details::**

From: Maggie Allred <m.allred@westlancspcss.lancs.sch.uk>  
Sent: 01 October 2021 12:36  
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>  
Cc: Mrs Hodson <j.hodson@westlancspcss.lancs.sch.uk>  
Subject: Update on Axel

I have spoken to dad today to arrange a meeting in school as Axel is still not attending. He says that he is very busy but he has time on a Friday between 3-6pm and he can do 3pm on a Friday.

Would you be available at all at this time to join the meeting on Zoom or to come in at that time?

I am aware this is not the best time for many people so I am happy to go back to dad with alternatives. What are the best times for you for a meeting?

He tells me that Axel spoke to you yesterday and Sharon from wellbeing services will visit on Monday so I am pleased Axel is talking to people. I tried to arrange a home visit but dad said that Axel is refusing to speak to me. Dad tells me that Axel is okay at home and no problems.

Dad has told school that now he has the medication, he is feeling better and once he has settled down with the medication he hopes Axel will come into school.

Look forward to hearing from you,

Maggie Allred

High Support Teacher

Acorns School

Ruff Lane

Ormskirk

L39 4QX

**DPA**

**DPA**

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>  
Sent: 01 October 2021 12:57  
To: Maggie Allred <m.allred@westlancspcss.lancs.sch.uk>  
Cc: Mrs Hodson <j.hodson@westlancspcss.lancs.sch.uk>

Subject: Re: Update on Axel

Hi Maggie, glad you got in touch - Axel is telling his dad he needs to 'sort something' before he returns to school. Neither will share what this is - Dad wont share because Axel has warned him not to. Dad expressed concern that Axel will make another demand and states that it has nothing to do with school - he feels Axel is 'punishing' him re not going to school. I asked Axel if he would allow you to visit and he referred to the above reason as to why he is not attending and then said he will go back to school soon.

The Psychiatrist told him that would take 3-4 weeks for the meds to work so Axel is taking this literally and thinking he will feel something different on the 6th week.

I don't know who Sharon is and have had no response from emails to Stacey Haydock re status of social care involvement. I am calling them now to ask what the plan is for Axel and family and include them in terms of concerns that Axel is not accessing school/allowing you to visit.

Will email you re availability shortly.

Bw,

Sam Steed  
Mental Health Practitioner/Case Manager  
Sefton Specialist CAMHS

Steed Samantha

Fri 01/10/2021 13:08

Social Care have closed the case so are no longer involved. I will ask Dad for Sharons details so we can ensure there is no duplication regarding support.

I have noticed that Dad is stating that he has other things to do now - I am not sure what has changed regarding his availability in the day time.

I would prefer to meet at another time if possible - Which Friday is he thinking of Maggie? Thank you for trying to arrange a meeting.

Bw,

Sam Steed  
Mental Health Practitioner/Case Manager  
Sefton Specialist CAMHS

**Contact Medium:** Email

**Contact Occured:** Open

\*\* Electronically signed by Steed,Samantha on 01/10/21 13:09 \*\*

Initialized on 01/10/21 13:04 - END OF NOTE

**01/10/21 13:09 - CAMHS - Phone Contact by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

**[CAMHS - Phone Contact](#)**

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Call Information**

**Date of call::** 01/10/21

**Time::** 13:09

**Call Duration (mins)::** 5

--

**Call Type::** Call Made

**Contact With::** Professional

**Contact Professional::** Social Worker

**Contact with (Name,Title,Org):** Social Care Admin

**Staff Member::** Samantha Steed

**Service:** Sefton Specialist

--

**Call Reason::** Discussion or Information Sharing

**Contact Medium:** Telephone

**Discussion:**

Advised Case is Closed to Social Care.

\*\* Electronically signed by Steed,Samantha on 01/10/21 13:12 \*\*  
Initialized on 01/10/21 13:09 - END OF NOTE

**01/10/21 13:12 - CAMHS - Phone Contact by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 01/10/21 13:13:

Original Note:

**CAMHS - Phone Contact**

- .

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Call Information**

**Date of call::** 13/10/21

**Time::** 13:10

**Call Duration (mins)::** 0

--

**Call Type::** Failed call

**Contact With::** Parent or Carer

**Contact with (Name,Title,Org):** Mr Rudakubana

**Staff Member::** Samantha Steed

**Service:** Sefton Specialist

--

**Call Reason::** Discussion or Information Sharing

**Contact Medium:** Telephone

**Discussion:**

No response or option to leave a message.

\*\* Electronically signed by Steed,Samantha on 01/10/21 13:13 \*\*  
Initialized on 01/10/21 13:12 - END OF NOTE

**04/10/21 12:37 - CAMHS - Documents Corresp by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 04/10/21 12:43:

Original Note:

**CAMHS - Documents Corresponden**

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Document::** E-mail

**Contact Type:** Direct Contact

**Referral to Safeguarding:** No

**Location::** Other

**Date Generated::** 04/10/21

**Date Received::** 01/10/21

**Subject::** Email to/from School/CAMHS

**Additional details::**

From: Maggie Allred <m.allred@westlancspcss.lancs.sch.uk>

Sent: 01 October 2021 12:36

To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>

Cc: Mrs Hodson <j.hodson@westlancspcss.lancs.sch.uk>

Subject: Update on Axel

I have spoken to dad today to arrange a meeting in school as Axel is still not attending. He says that he is very busy but he has time on a Friday between 3-6pm and he can do 3pm on a Friday.

Would you be available at all at this time to join the meeting on Zoom or to come in at that time?

I am aware this is not the best time for many people so I am happy to go back to dad with alternatives. What are the best times for you for a meeting?

He tells me that Axel spoke to you yesterday and Sharon from wellbeing services will visit on Monday so I am pleased Axel is talking to people. I tried to arrange a home visit but dad said that Axel is refusing to speak to me. Dad tells me that Axel is okay at home and no problems.

Dad has told school that now he has the medication, he is feeling better and once he has settled down with the medication he hopes Axel will come into school.

Look forward to hearing from you,

Maggie Allred  
High Support Teacher

Acorns School  
Ruff Lane  
Ormskirk  
L39 4QX

DPA

DPA

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>  
Sent: 01 October 2021 12:57  
To: Maggie Allred <m.allred@westlancspcss.lancs.sch.uk>  
Cc: Mrs Hodson <j.hodson@westlancspcss.lancs.sch.uk>  
Subject: Re: Update on Axel

Hi Maggie, glad you got in touch - Axel is telling his dad he needs to 'sort something' before he returns to school. Neither will share what this is - Dad wont share because Axel has warned him not to. Dad expressed concern that Axel will make another demand and states that it has nothing to do with school - he feels Axel is 'punishing' him re not going to school. I asked Axel if he would allow you to visit and he referred to the above reason as to why he is not attending and then said he will go back to school soon.

The Psychiatrist told him that would take 3-4 weeks for the meds to work so Axel is taking this literally and thinking he will feel something different on the 6th week.

I don't know who Sharon is and have had no response from emails to Stacey Haydock re status of social care involvement. I am calling them now to ask what the plan is for Axel and family and include them in terms of concerns that Axel is not accessing school/allowing you to visit.

Will email you re availability shortly.

Bw,  
Sam Steed  
Mental Health Practitioner/Case Manager  
Sefton Specialist CAMHS

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>  
Sent: 01 October 2021 13:08  
To: Maggie Allred <m.allred@westlancspcss.lancs.sch.uk>  
Cc: Mrs Hodson <j.hodson@westlancspcss.lancs.sch.uk>  
Subject: Re: Update on Axel

Social Care have closed the case so are no longer involved. I will ask Dad for Sharons details so we can ensure there is no duplication regarding support.  
I have noticed that Dad is stating that he has other things to do now - I am not sure what has changed regarding his availability in the day time.  
I would prefer to meet at another time if possible - Which Friday is he thinking of Maggie? Thank you for trying to arrange a meeting.

Bw,

Sam Steed

Mental Health Practitioner/Case Manager  
Sefton Specialist CAMHS

From: Maggie Allred <m.allred@westlancspcss.lancs.sch.uk>  
Sent: 04 October 2021 12:14  
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>  
Cc: Mrs Hodson <j.hodson@westlancspcss.lancs.sch.uk>  
Subject: Re: Update on Axel

Thanks for the update Sam yes I felt he wasn't making it easy to meet up. Friday is far from ideal and I have a meeting this week anyway. He was offering this time any Friday.

As a compromise I can compile a review meeting by having a separate phonecall with dad and yourself and combining the information on meeting minutes for all to share. If you can get the contact from early help that would be really helpful.

When is a good time to speak on the phone?

Maggie Allred

High Support Teacher

Acorns School

Ruff Lane

Ormskirk

L39 4QX

DPA

DPA

Steed Samantha

From: To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>  
Maggie Allred <m.allred@westlancspcss.lancs.sch.uk>  
Sent: 04 October 2021 12:14  
Cc: Mrs Hodson <j.hodson@westlancspcss.lancs.sch.uk>

Mon 04/10/2021 12:34

Dear both, I have just spoken to Mr Rudakubana to ask if he can suggest another time to meet when he is available. I asked him if he is working and if so said we can look to make other arrangements. He said he can be available 10-2 for a review can anybody meet at this time from your end.

Bw,

Sam Steed  
Senior Mental Health Practitioner/Case Manager  
Sefton Specialist CAMHS

**Contact Medium:** Email  
**Contact Occured:** Open

\*\* Electronically signed by Steed,Samantha on 04/10/21 12:43 \*\*  
Initialized on 04/10/21 12:37 - END OF NOTE

**04/10/21 12:44 - CAMHS - Phone Contact by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 04/10/21 12:52:

Original Note:

**CAMHS - Phone Contact**

- .

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Call Information**

**Date of call::** 04/10/21

**Time::** 12:30

**Call Duration (mins)::** 5

- -

**Call Type::** Call Made

**Contact With::** Parent or Carer

**Contact with (Name,Title,Org):** Mr Rudakubana

**Staff Member::** Samantha Steed

**Service:** Sefton Specialist

- -

**Call Reason::** Discussion or Information Sharing

**Contact Medium:** Telephone

**Discussion:**

TCT Mr Rudakubana - re School suggesting the review mtg is held separately with me on the phone and then a call to Mr Rudakubana - or vice versa and then pull notes together for minutes.

I asked Mr Rudakubana if he is working in relation to school saying that he is only available 3-6pm. He said that he is working and asked me if he is not meant to. I explained that I was asking so I can understand why he has told them that he can only meet 3-6 on a friday.

Mr Rudakubana asked if i want to attend the mtg and I explained that i have been invited - he then said that he can meet 10-2 m-f.

I said i will email school to let them know and try to arrange a time to meet to review school situation

\*\* Electronically signed by Steed,Samantha on 04/10/21 12:52 \*\*  
Initialized on 04/10/21 12:44 - END OF NOTE

**13/10/21 12:53 - CAMHS - File Note by Jesvin John**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by John,Jesvin 13/10/21 12:56:

Original Note:

**CAMHS - File Note**

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Date::** 13/10/21

**Clinician::** Jesvin John

**Discussion Duration::** 10

**Subject::** FP10 repeat prescription - Sertraline

**Note::**

Repeat prescription request submitted by Axel's father.

FP10 number: 64279725804

FP10 provided for the following:

- Sertraline 75mg MANE PO

I confirmed the dosage with Dr L. Ramasubramanian, as the dose was increase after telephone consultation this morning.

Will be sent out in due course as first class post by admin team.

\*\* Electronically signed by John,Jesvin on 13/10/21 12:56 \*\*

Initialized on 13/10/21 12:53 - END OF NOTE

**14/10/21 11:34 - CAMHS - Session Note by Lakshmi Ramasubramanian**

Acct Num: V00003652303 DOB: 07/08/2006 Patient Age: 15

Note verified by Ramasubramanian,Lakshmi 14/10/21 11:38:

Original Note:

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 13/10/21

**Session Start Time:** 09:30

**Session End Time:** 10:30

**Session Duration (mins)::** 1 hours and 0 minutes

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**Event/Session Contact Medium:** Telephone  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Out-Patient Clinic  
**Additional Location Info:** CAMHS Community Clinic  
**Service:** Sefton Specialist  
**Attending Professionals:** Medical Professional

**- Clinicians Present**

**Clinician Present::** Lakshmi Ramasubramanian

--

**Young Person and Family Attendance (Tick all the apply)::** Child or young person, Parent or Relative

**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*

**Names:** Alphonse, Father. Axel

**Advocate in attendance:** N/A

**Has consent to share data been withdrawn?:** No

**Key crisis or issue to consider?:** No

--

**Patient Attendance:** On time

**Appointment Type::** Specific Work

**CAMHS - Session Intervent**

**- Interventions**

**Type of Intervention::** Individual

**- Actual Intervention**

**Actual Intervention::** Advice, Anxiety Management, Medication, Review & Planning

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**Clinical Notes::**

Please see letterFurther to the very detailed assessment letter from Dr Aseri, I am writing to inform you that I offered a follow up appointment for Axel on the 13<sup>th</sup> of October 2021. This was a virtual appointment.

I was able to speak with Alphonse, Axel's father and also Axel.

Alphonse expressed that he still does not fully understand why Axel would not return to education and told me that Axel was at home at the time of the appointment.

Axel felt that Sertraline has not made much difference to how he is feeling. Axel was initially on 25 mg mane and has been on 50 mg for just 1 week. We acknowledged that it is very early days with Sertraline therapy and that he is not on a therapeutic dose.

Axel said that he has not been out of the house and that he has not been to school.

Axel did not report any thoughts of self harm and wished to continue Sertraline. I have suggested;

1. Sertraline to be increased to 75 mg mane

2. I have spoken with Mr Rudakubana to update him.

3. Axel is no longer on Propranolol tablets.

I will offer a follow up appointment in a few weeks time.

**Current Risk Identified:** No

**Change to current Care Plan:** No

#### - Medication

**Type of update::** Update after change Meds

**Medication type:** Selective Serotonin re-up

**Medication Prescribed:** Increase Sertraline from 50 mg to 75 mg mane. Propranolol stopped

--

**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

#### CAMHS - Session Outcome

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*.  
Please ensure you are documenting on the right account number

#### - Today's Clinic

**Today's Consultation Type is?:** Telephone consultation

#### - 18 Week Outcome

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Subsequent Activity
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

#### - Next Appointment Information

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Psychiatry

#### - Appointment Details

**Future Appointment Consultation Type:** Telephone consultation

**Follow Up Time Frame:** Specific Date

**Next Appointment Date (specific date):** 15/11/21

**Appointment Time::** 12:00

**Tolerance (+/-) Consider Clinical Risk:** 2 Weeks

**Overbook the Clinic if necessary:** No

**Appointment Location:** Community

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension

**DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Ramasubramanian,Lakshmi on 14/10/21 11:38 \*\*  
Initialized on 14/10/21 11:34 - END OF NOTE

**15/10/21 11:09 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00002689509 DOB: 07/08/2006 Patient Age: 15

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types  
\*\*\*. Please ensure you are documenting on the right account number

--

**Session Date:** 15/10/21  
**Session Start Time:** 11:00  
**Session End Time:** 12:30  
**Session Duration (mins)::** 1 hours and 30 minutes

--

**Event/Session Contact Medium:** Telemedicine Web Camera  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Oth Locations not Classifications  
**Additional Location Info:** Other  
**Service:** Sefton Specialist  
**Attending Professionals:** Social Work Professional

**- Clinicians Present**

**Clinician Present::** Samantha Steed

--

**Young Person and Family Attendance (Tick all the apply)::** Others  
**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*  
**Names:** Maggie Allred Higher Learning TEaching Assistant and Louise Lewis Early Help  
**Advocate in attendance:** N/A  
**Has consent to share data been withdrawn?:** No  
**Key crisis or issue to consider?:** No

--

**Patient Attendance:** On time  
**Appointment Type::** Core Partnership

**CAMHS - Session Intervent**

**- Interventions**

**Type of Intervention::** Other (School Staff Child and Family Wellbeig Worker, Dad)

**- Actual Intervention**

**Actual Intervention::** Other - Need to Specify (School/TAF mtg)

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### **Clinical Notes::**

Official notes to follow Education/TAF mtg.

#### **Attendees**

Alphonse Rudakubana

Mrs Lewis - Acorns DSL

Louise Lewis - Early Help/Child and family Wellbeing Service/Centre West Lanc - 12 week intervention

Maggie Allred - Higher Teaching Assistant

Sam Steed - CAMHS

Louise opening a TAF mtg and will take info from today's school mtg. Alphonse has consented to work with Louise.

Concern that Axel is not attending School at all.

Targeted Youth Support Team referral has been made - Carl will be allocated.

From the visit Axel's interest came out re politics so he will have a targeted Youth Worker - Weekly intervention. Will also join the Youth Council Group. Youth Worker will look to build up a relationship with Axel. Alphonse wanting this Louise/Youth Worker to help Axel to visit possible Schools.

Dad saying as long as he has weekly contact with Axel as he tends to listen to other people more than parents.

Louise saying that advice and support re parenting needs to be taken on by parents .

### **SCHOOL**

**Axel not attending School** - serious concern. Alphonse says that Axel is not saying much. They don't talk about School at home - this is concerning. School saying they will not send work home 2 subjects English and Maths - timetable reduced significantly Made good progress last year with Maths was grade 3 and ended up at grade 4 end of the year. English more challenging - needs to be meaningful for him he is at a grade 2 - want to push for Grade 3. Difficulties with learning relate to Social and Emotional needs. Post 16 provision needs to be considered needs hope for the future No School as yet Careers worker needs to become involved comes in on Tuesdays. Axel has spoken with Carmel last year. Need to look at signposting. SEN and interventions -

Behaviour had improved. Classroom set up is changed he would be with one other pupil following a personal learning plan.

Science Grade 3.

MA mtg's help once monthly - Louise will combine the meetings together.

School in touch once weekly.

Axel had said that he is not attending because someone had stood on his foot at School.

**Friendship groups** - None. Student Council via Targeted support could help with this and a return to School.

Alphonse said last time he attended other pupils said unkind things to him. This has put Axel off.

Axel does not want any virtual interventions.

Covid hasn't helped. Doesn't like a big change. When he went to school he was worried and things were said to him that upset him. Axel struggling with the environment at Acorns.

Mrs Allred reminded that Axel can have challenging behaviours also. Axel is mature and can explain what he is unhappy with. Racist words/comment - Axel didn't hear but School raised it as an issue Alphonse's highlighting that he has experienced hurt.

Alphonse being clear that Axel does not want to attend Acorns because of past experiences. Going from 1:1 is an issue Axel won't be comfortable going to 2:1. This is a big change.

What is happening regarding Specialist School Provision School? No information regarding this. Acorns have had no updates either.

DSL suggested that Alphonse email Carole Power - SEN everyday - DSL said she will support Alphonse as a parent all she can.

Louise said that an email was sent to her Manager last week from SEND to say that they have received the paperwork - They will be requesting a Special School.

Louise clear that parent need to have boundaries at home to try and help Axel not to have as much control. Alphonse is fearful of repercussions.

### **CAMHS UPDATE Shared**

Psychiatry involved - medication being trialled Sertraline. Re Propanalol Axel has now stopped taking it as agreed by Psychiatry and Axel.

Family Therapy referral made - on waiting list.

Key Worker was requested but I think this is better managed from CAMHS

Riding the Rapids - Group for Parents with Children with Autism who have challenging behaviours starts January 2022

Axel not so keen regarding engaging in Talking Therapy especially now he is taking medication.

Axel stating he will work with a Key Worker from CAMHS or suport worker from another agency to help him set out of the home.

Axel refusing to attend School. Alphonse sates Axel tells him that something needs to be sorted and he needs to speak to a Solicitor as it involves the Law. Alphonse inferred that Axel wants Solicitors involved - I surmised that this relates to Axel wanting some justice for how he states Alphonse has treated him - being hit when he was younger etc. Axel wanting justice not feeling heard by Professionals. Dad did not disagree with this only said that he has already said too much.

Alphonse stated that things often result to violence against him form Axel now. He says he does not retaliate.

Alphonse says he thinks Axel has identity issues. He only respects people born in Britain with English accents. No respect for parents heritage.

Says 'he is trained in' dealing with Axel's behaviours and there is no problem with his parenting.

Says professionals need to get Axel out and exploring the world. Axel is 'in a nightmare dream of his own of fantasy and stupidity'. There is nothing to change (at home re their parenting).

'Axel doesn't know what to say or what not to say - he is like a 2 year old'. Alphonse basically saying Axel should not be listened to.

**EHCP Plan.** Trying to encourage him to attend Acorns - weekly contact with Dad.

Adult children with Disabilities Team referral for support to be made in advance of Axel turning 18 yrs old.

Alphonse wanting to raise an issues regarding Axel having an Eating Disorder. There was no time to discuss this - I advised Axel to speak with myself.

**Next Meeting - 19th at 2.30pm**

**Current Risk Identified:** No

**Change to current Care Plan:** No

--

**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

## **CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*.  
Please ensure you are documenting on the right account number

### **- Today's Clinic**

**Today's Consultation Type is?:** Video consultation

### **- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Subsequent Activity
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

### **- Next Appointment Information**

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Core Partnership (Follow up)

### **- Appointment Details**

**Next Appointment:** Same Clinic

**Resource Name or Appointment type:** SSTEED

**Future Appointment Consultation Type:** Video consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 5

**Next Appointment Date (specific date):** 19/11/21

**Appointment Time::** 14:30

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above  
\*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other (WFH)

**Specify Community/Other Location:** WFH

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension

**DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 15/10/21 17:15 \*\*

Initialized on 15/10/21 11:09 - END OF NOTE

## **15/11/21 12:14 - CAMHS - Session Note by Lakshmi Ramasubramanian**

Acct Num: V00003719051 DOB: 07/08/2006 Patient Age: 15

Note verified by Ramasubramanian,Lakshmi 15/11/21 12:25:

Original Note:

### CAMHS - Session Note

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

--

**Session Date:** 15/11/21  
**Session Start Time:** 12:00  
**Session End Time:** 12:25  
**Session Duration (mins)::** hours and 25 minutes

--

**Event/Session Contact Medium:** Telephone  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Out-Patient Clinic  
**Additional Location Info:** CAMHS Community Clinic  
**Service:** Sefton Specialist  
**Attending Professionals:** Medical Professional

#### **- Clinicians Present**

**Clinician Present::** Lakshmi Ramasubramanian

--

**Young Person and Family Attendance (Tick all the apply)::** Child or young person, Parent or Relative  
**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*  
**Names:** Alphonse, Father. Axel  
**Advocate in attendance:** N/A  
**Has consent to share data been withdrawn?:** No  
**Key crisis or issue to consider?:** No

--

**Patient Attendance:** On time  
**Appointment Type::** Specific Work

### CAMHS - Session Intervent

#### **- Interventions**

**Type of Intervention::** Individual

#### **- Actual Intervention**

**Actual Intervention::** Advice, Assessment Engagement, Anxiety Management, Medication, Mental State Examination, Review & Planning

--

**Clinical Notes::**

I spoke with Alphonse and Axel today.

Alphonse informed me that there has been positive changes in Axel since he has been taking 75 mg of Sertraline. He has noticed that Axel is not as snappy or irritable and his responses towards him has been generally calmer than what he used to be.

Alphonse also told me that Axel has attended school last week from Monday-Thursday, but then refused to go back on Friday or today.

I spoke with Axel

Axel reported that he has been feeling fine- reported an improvement in anxiety levels. He has managed to attend a dentist and also went to an indoor shopping centre. He said that he did not feel anxious when he was outside.

Axel said that he felt that he is making improvements.

He said that he was able to manage school when there were no students- he managed to do an English test and a maths test.

Overall, good improvement seen with re to anxiety levels and some improvement in functioning.

Axel said that he felt very tired when the dose was increased- I reassured him that this will wear off. He told me that he should be on a higher dose- I advised him that once the tiredness wears off, I will consider increasing to 100 mg, but not now. He agreed.

Axel said he will work with Carl, Targeted Youth Support Worker

Plan

Continue sertraline tablets 75 mg mane

**Current Risk Identified:** No

**Change to current Care Plan:** No

#### - Medication

**Type of update::** Update after change Meds

**Medication type:** Selective Serotonin re-up

**Medication Prescribed:** Sertraline tablets 75 mg mane

--

**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

#### CAMHS - Session Outcome

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

#### - Today's Clinic

**Today's Consultation Type is?:** Telephone consultation

#### - 18 Week Outcome

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Subsequent Activity
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

**- Next Appointment Information**

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Psychiatry

**- Appointment Details**

**Future Appointment Consultation Type:** Telephone consultation

**Follow Up Time Frame:** Specific Date

**Next Appointment Date (specific date):** 24/01/22

**Appointment Time::** 12:00

**Tolerance (+/-) Consider Clinical Risk:** 2 Weeks

**Overbook the Clinic if necessary:** No

**Appointment Location:** Community

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension **DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Ramasubramanian,Lakshmi on 15/11/21 12:25 \*\*  
Initialized on 15/11/21 12:14 - END OF NOTE

**15/11/21 21:06 - CAMHS - Phone Contact by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 15/11/21 21:22:

Original Note:

**CAMHS - Phone Contact**

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Call Information**

**Date of call::** 15/11/21

**Time::** 11:15

**Call Duration (mins)::** 15

**Call Type::** Call Made

**Contact With::** Parent or Carer

**Contact with (Name,Title,Org):** Axel and Alphonse

**Staff Member::** Samantha Steed

**Service:** Sefton Specialist

--

**Call Reason::** Discussion or Information Sharing

**Contact Medium:** Telephone

**Discussion:**

Alphonse texted me this morning to ask me to speak with Axel as Axel had not attended school on Friday and today stating ht he feels to anxious.

I telephone Axel as requested by his dad who said he initiated the call int he hope that Axel will speak to me.

Axel came on to the phone.

He stated that he feels uncomfortable at school - finds himself swallowing alot - not necessarily in relation to increased saliva. Axel said that he can feel anxious when oher students are around but the anxiety comes and goes at different times.

I talked to Axel about riding waves of anxiety and uncomfortable feelings and tried to help him think about what the worst that could happen. I also spoke with him about communicating this discomfort

I explained to Axel that this is where the talking therapy comes in alongside medication to help him to be able to tolerate the discomfort he may feel and to teach him strategies for tolerating the discomfort caused by anxiety. I explained that we could talk about potential underlying difficulties i.e. has he taken on enough fluids etc has he eaten, is he hungry what other factors could be leading to feelings of physical discomfort.

Axel agreed for me to speak with maggie Allred his support teacher and to think with her about how she could support him with his thoughts and feelings when they arise at school and make adjustments rather than Axel avoiding the situation all together. He agreed to go into school tomorrow with the new agreement that Maggie is there to support him. Axel also agreed for me to speak with his support worker Carl who he said he has had one contact with.

I talked to Axel about him needing anew school. He agreed and seemed to look forward to this as he does not really want to attend Acorns.

I am writing these notes after reading the entry form Dr Ram Psychiatry and neither Axel or his father told her that he had trashed the home last week leading mum to call the Police. Axel and his father reported no concerns despite Axel talking tone about the discomfort he feels just a few minutes earlier

\*\* Electronically signed by Steed,Samantha on 15/11/21 21:22 \*\*  
Initialized on 15/11/21 21:06 - END OF NOTE

**15/11/21 21:35 - CAMHS - Documents Corresp by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 15/11/21 21:36:

Original Note:

**[CAMHS - Documents Corresponden](#)**

- .  
**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Document::** E-mail

**Contact Type:** Other

**Referral to Safeguarding:** No

**Location::** Other

**Date Generated::** 15/11/21

**Subject::** Email to Acorns

**Additional details::**

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>

Sent: 15 November 2021 21:34

To: Maggie Allred <m.allred@westlancspcss.lancs.sch.uk>

Subject: A Rudakubana

Hi Maggie, hope you are well. Alphonse called me today to ask me to speak to Axel, which I did. Axel told me he feels uncomfortable at school - when we unpicked this it related to him feeling that he needed to swallow a lot. I asked if he felt that anyone else was noticing this and talked to him about working through this discomfort which he attribute to anxiety. We looked at what is the worst that could happen to him with regards to this physical feeling.

I asked him to share this with the Dr as I was unsure whether it could relate to the medication. I also wondered about whether he might be hungry or thirsty. When I read the Dr's notes, there was no mention of this and all was reported to be fine by Dad and Axel - no mention of Axel trashing the home last week. Mum calling me for help and the Police being called by mum and then being asked not to come to the home by dad. I find this concerning, but I can see that parents are not wanting Axel to 'look cad' to others.

The incident where he trashed the home happened because Axel said his dad allowed a stranger who came to the home to see him - dad didn't shut the porch door so Axel was worried he was seen. Although Axel's response was disproportionate his parents need to listen to his concern and try and ensure that they make efforts to close the porch door if someone calls at the home in order for Axel not to have a 'melt down'.

I have told Axel that staff at Acorns are there to support him so if he is feeling anxious, he should let you know so that you can work it through with him/make necessary adjustment. He wasn't really saying what triggered the discomfort, but it might be worth checking in with him to see if he is feeling ok. He said that the feeling is not necessarily triggered by other pupils being around him - it can happen at any time.

Axel knows I will be contacting you and he said he would be happy for you to talk to him about what is happening and what adjustments can be made. I hope he comes into school tomorrow.

I will see you at the mtg this week. Please call before though if it would be helpful to discuss further.

Bw

Sam Steed

Senior Mental Health Practitioner/Case Manager

Sefton Specialist CAMHS

**Contact Medium:** Email

**Contact Occured:** Open

\*\* Electronically signed by Steed,Samantha on 15/11/21 21:36 \*\*  
Initialized on 15/11/21 21:35 - END OF NOTE

**15/11/21 21:38 - CAMHS - Phone Contact by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 15/11/21 21:50:

Original Note:

**CAMHS - Phone Contact**

- .  
**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Call Information**

**Date of call::** 05/11/21

**Time::** 15:20

**Call Duration (mins)::** 34

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**Call Type::** Call Made

**Contact With::** Parent or Carer

**Contact with (Name,Title,Org):** Letitia

**Staff Member::** Samantha Steed

**Service:** Sefton Specialist

--

**Call Reason::** Discussion or Information Sharing

**Contact Medium:** Telephone

**Discussion:**

Letitia very scared Axel had trashed the home she was callign form her room and did not want Axel to know - Axel was looking for his dads laptop to break it. Letitia called the Police due to fear - she said the house was in a terrible state. She would need to clear it up - Axel was mad with his dad because her had opened the front door and allowed Axel to be seen by a stranger instead of closing the inside door. Axel's response sounds to be out of frustration and anger. Alphonse called the Police back and told them not to come. Alphonse called Sharon Barrett at the same time Letitia had called me - I said that it is a good idea to speak to Sharon. Letitia started to say that Alphonse is a good dad. He does all he can for Axel. Letitia stated that she felt that it is Autism that ,akes Axel this way. We unpicked wheterh Axel could have dome anything different. Letitia said the truth will come out re Axel and we will see that Alphonse had dome nothing wrong. Letitia also mentioned Axel's mental health and said that he would not stop. Axel can inti the room when she was on the phone asking when the police will arrive and saying he wasn't to see the poilce he wants them to come. Letitia did not want to tell Axel that the police will come so at first she said they would not. I advised her not to lie to Axel and she then said

they may come which led hi to say that he wanted them to come.

I texted Letita the Crisis care team number should she require advice and support if Axel became emotionally dysregulated again.

Sharon Barrett Early Help Lancs arranged to see Axel at school on monday next week and Axel will also meet Carl his support worker.

I agreed to speak with Sharon to express concerns and talk about what could help the family.

\*\* Electronically signed by Steed,Samantha on 15/11/21 21:50 \*\*  
Initialized on 15/11/21 21:38 - END OF NOTE

**15/11/21 21:51 - CAMHS - Documents Corresp by Samantha Steed**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 15/11/21 21:53:

Original Note:

**CAMHS - Documents Corresponden**

- .  
**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Document::** E-mail

**Contact Type:** Other

**Referral to Safeguarding:** No

**Location::** Other

**Date Generated::** 05/11/21

**Subject::** Email to early Help Lancs

**Additional details::**

Barrett, Sharon <Sharon.Barrett2@lancashire.gov.uk>

Mon 08/11/2021 15:19

Hi Sam.

Thanks for your e mail, Lou Lewis is on with trying to get a marker on the property, I have seen axel today he went to school and did the session with Carl so we are starting to have some movement forward.

In regards to the assessment the social worker did have you been given a copy of this and if so does it have information for Dion on it as we have discovered that there is one on the social care system that does have this information on but the one we have been sent does not.

Let me know and I will talk to the duty social worker.

Sharon Barrett  
Snr Family Support Worker

Family Intensive Support Team

Children and Family Wellbeing Service

DPA

sharon.barrett2@lancashire.gov.uk  
From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>  
Sent: 05 November 2021 16:54  
To: Barrett, Sharon <Sharon.Barrett2@lancashire.gov.uk>  
Cc: louise.lewis@lancashire.gov.uk <louise.lewis@lancashire.gov.uk>  
Subject: Re: Axel Rudakubana

Sharon sorry I meant to say can we ask for a Marker to be put on the household address or Axel's details, so the Police are aware that Axel has ASC.

I called mum at 16.50 she said things are calmer - Axel is on the computer doing his German and has asked for food. She said she feels guilty for calling the Police, but I advised that she did the right thing to try and get help in the middle of the crisis.

Lokk forward to speaking with you again - Bw,

Sam Steed

Senior Mental Health Practitioner/Case Manager

Sefton Specialist CAMHS

Alder Hey Children's NHS Trust

Second Floor

Burlington House

Crosby Road North

Liverpool

L22 0PJ

Office # DPA

From: Barrett, Sharon <Sharon.Barrett2@lancashire.gov.uk>  
Sent: 05 November 2021 15:18  
To: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>  
Subject: RE: Axel Rudakubana

Hi sam

You can call me on DPA

Sharon Barrett

Snr Family Support Worker

Family Intensive Support Team

Children and Family Wellbeing Service

DPA

sharon.barrett2@lancashire.gov.uk

From: Steed Samantha <Samantha.Steed@alderhey.nhs.uk>  
Sent: 05 November 2021 15:15  
To: Lewis, Louise <Louise.Lewis@lancashire.gov.uk>  
Cc: Barrett, Sharon <Sharon.Barrett2@lancashire.gov.uk>  
Subject: Axel Rudakubana

Dear both, please could you get in touch re Axel R - the family are in crisis and I wanted to discuss this with you. I know you have spoken with Axel and Dad Shaaron so I wanted to check in re what you have advised. Bw,

Sam Steed

Senior Mental Health Practitioner/Case Manager

**Contact Medium:** Email

**Contact Occured:** Open

\*\* Electronically signed by Steed,Samantha on 15/11/21 21:53 \*\*

Initialized on 15/11/21 21:51 - END OF NOTE

**18/11/21 11:05 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00003773933 DOB: 07/08/2006 Patient Age: 15

**CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 18/11/21

**Session Start Time:** 11:00

**Session End Time:** 12:20

**Session Duration (mins)::** 1 hours and 20 minutes

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**Event/Session Contact Medium:** Telemedicine Web Camera

**Contact Type::** Other (EHP Mtg)

**Contact Occurred:** Open

**Location:** Oth Locations not Classifications (TEAMS)

**Additional Location Info:** Other (TEAMS)

**Service:** Sefton Specialist

**Attending Professionals:** Social Work Professional

**- Clinicians Present**

**Clinician Present::** Samantha Steed

--

**Young Person and Family Attendance (Tick all the apply)::** Others

**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*

**Names:** SEN, Acorns, SEN, Advocate and Parent, Mr Rudakubana

**Advocate in attendance:** N/A

**Has consent to share data been withdrawn?:** No

**Key crisis or issue to consider?:** No

--

**Patient Attendance:** Appointment without patient

**Appointment Type::** Professional Consultation (SEN EHCP mtg)

**CAMHS - Session Intervent**

**- Interventions**

**Type of Intervention::** Other (EHCP mtg)

## - Actual Intervention

**Actual Intervention::** Other - Need to Specify (EHCP mtg)

--

## **Clinical Notes::**

Education Psychologist present at this meeting - she is hoping to offer advice re Axel's needs. Francesca W

Lancs LA SEN Carole Power

Head of Acorns

SEN support/advocate.

Mr Rudakubana

## **Background history shared by Head at Acorns**

Perm ex Range High School

Diagnosis of ASC now given. Started 2:1 and 1:1 at Acorns

Struggled during lockdown hard for him to complete work

Came back into School started trying to integrate him into a class hour in Science. Back into 1:1 s Small SEN group - 2/3 learners with Similar needs to Axel. Hour a day struggled to come back in after September 2021 was refusing to come in. Coping really well with the new pupils - they are helping each other and are respectful of his needs. Gets on well with those other children. Could cope with mainstream children re noise and interaction lost of sensory issues. Very bright boy academically able work really well when he is engaged/ when he comes into school. No issues when he is at school. Interested in World politics. Head teacher said his desires change alot.

Plan is to enter him for his GCSE Maths, English and Science. dad concerned that Axel will not be able to manage this he want

Last years predicted grades 2-3 English - Maths 3-4.

Future aspirations - none sure very good at ICT. Careers Advisor has spoken to him

Needs a small 16 plus environment if he is to make progress.

Dad says he is not sure what he wants. Dad asking if someone can speak at school wan

Axel is entrepreneurial Being in a classroom has been a challenge following the curriculum had been hard.

Dad says he has the potential to go out there and do 'his own thing.

Found IT boring i.e. re coding.

Struggles to focus and complete things if things are too angry or easy. Dad not thinking that he is interested in ICT now but not sure.

Self directed in his learning

Dad said Axel told him that there is a teacher at Acorns who speaks German. Alphonse was wondering if he could help Axel as he has been speaking German with him - this highlights Axel's ability to engage with those who are not so well known to him. Head said he is a supply teacher.

Previously visited Presfield with Dad. Axel had said that he wasn't sure it was right for him - he felt others had more SEN needs than him. However, Sam Seed has worked with him and he is more open to this and actually looking forward to a school that can meet his needs.

Dad doesn't have a list of special schools he can visit. He feels that he has not had the support needed regarding finding a school for Axel. He asked for help re this as he does not know what schools he can approach and currently EHCP reads mainstream school.

Attended Acorns m, t, w and today this week - completed exams/assessments this week - Dad asked if results are available yet and was advised it's too early - Axel also attended today.

In May Axel talked about doing Business.

Was interested in learning German - School say that they tried everything to offer him a tutor in school. Dad said Axel told him that there is a member of staff currently at the school who speaks German to/ with him - Axel is wondering if he could provide sessions re German. Head said no he is supply and does not want to come and work for the school.

## SEN

Axel is in Yr 11 - Looking for him to have one transition post 16.

When Axel had his assessment there wasn't an indication that special school was needed.

Specialist provision was refused by Panel following recommendation at previous EHCP review.

Sam Steed asked when the Education Assessment was completed Carole Power advised May 2020 adding that Education Psychologist did not recommend specialist provision in May 2020 following assessment.

**EHCP Plan that we reviewed today** reads extremely inappropriately - reference to Axel being cold and calculating, and also stated he would rather look at the floor holding his arms rigidly by his side than have eye contact - I pointed out that this was no way to write about a pupil and school stated that 'they did not know Axel as they do now'. This seems to connect with Axel coming to Acorns after the incident at The Range and Acorns keeping a close eye on his as described by Dad which unsettled Axel.

We went through this together in order to make changes needed, but ran out of time and so agreed to look at the report individually once update by 26/11/21 To be returned by 1st December 2021.

Acorns Head stated to day that they cannot meet Axel's needs. SEN want Axel to remain at Acorns stating they are saving him from several moves which will unsettle him...

Mr Rudakubana advised that Axel has been referred to Dietician - re being underweight for height and weight due what he described as 'eating problems'.

**No follow up meeting re EHCP was booked so EPPF is pending.**

**Current Risk Identified:** No

**Change to current Care Plan:** No

--

**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

## CAMHS - Session Outcome

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*. Please ensure you are documenting on the right account number

## - Today's Clinic

**Today's Consultation Type is?:** Video consultation

## - 18 Week Outcome

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19

<b>Status</b>	Subsequent Activity
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

**- Appointment Details**

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension **DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 24/11/21 15:17 \*\*  
Initialized on 18/11/21 11:05 - END OF NOTE

**21/11/21 15:28 - CAMHS - Phone Contact by Daisy Jones**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Jones,Daisy 21/11/21 16:20:

Original Note:

**CAMHS - Phone Contact**

- .

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**- Call Information**

**Date of call::** 21/11/21

**Time::** 14:50

**Call Duration (mins)::** 30

- -

**Call Type::** Call Recieved

**Contact With::** Parent or Carer

**Contact with (Name,Title,Org):** Dad.

**Staff Member::** Daisy Jones

**Service:** Crisis Care

- -

**Call Reason::** Duty Call

**Contact Medium:** Telephone

**Discussion:**

*Duty Call Received Dad:*

Dad contacted via the CAMHS Crisis Care Line for advice.

Presenting problem- Axel's escalating aggression towards parents and conduct behaviours.

CAMHS history, background information and current service involvement noted.

Explored recent events- two episodes of aggression towards parents in 24 hours, no physical violence

but verbal threats, use of intimidation, milked poured over dad, precipitated by parents refusal to travel to Blackpool to exchange headphones, parents resultantly feeling disempowered, unable to implement boundaries/ consequences and is now impacting upon family functioning. Parents felt able to safely de-escalate the situation and did not require police intervention. Dad indicated that incidents are increasing in frequency, duration and nature. Dad understandably upset regarding current circumstances and highlighted he hasn't been honest concerning the extent of matters. Consequent support and reassurance provided. Dad appeared appropriate and insightful of Axel. No concerns identified relating to parenting capacity or capabilities. Offered to speak with Axel but he declined. Reviewed professional support and intervention. Reiterated roles and responsibilities of services. Collective agreement this is primarily a social issue. However, recommended that I would email Case Manager of events and suggest that a multi-agency meeting would be beneficial to ensure a coordinated approach to the needs of the family. Parents aware of the 24/7 CCT provision for any further advice, support and guidance.

Plan:  
Email Case Manager.

**- For Crisis Care only (KPIs)**

**Reason for call:** Advice

Initialized on 21/11/21 15:28 - END OF NOTE

**21/11/21 16:46 - CAMHS - Documents Corresp by Daisy Jones**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Jones,Daisy 21/11/21 16:47:

Original Note:

**CAMHS - Documents Corresponden**

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Type of Document::** E-mail

**Contact Type:** Other

**Referral to Safeguarding:** No

**Date Generated::** 21/11/21

**Subject::** Email to Case Manager...

**Additional details::**

Hi Sam,

Re *Axel Rudakubana* DPA

Just to inform you that dad contacted CCT today. Dad reported that there have been a further two incidents this weekend. On exploration, Axel has not caused any physical harm but he has exhibited intimidating behaviour, verbal threats and on two occasions poured milk over dad. Parents felt able to de-escalate and manage the situation but admit it is now impacting upon family functioning. I've provided parents with advice and support, and it was agreed that this is primarily a social issue. Would you be able to contact family? I think it may be helpful for a multi-professional meeting considering that issues seem to be escalating in the family context.

BW,

**Daisy Jones**

**Senior Mental Health Practitioner/ Trainee Advanced Clinical Practitioner**  
CAMHS Crisis Care Team

**Contact Medium:** Email

**Contact Occured:** Duty

Initialized on 21/11/21 16:46 - END OF NOTE

**01/12/21 13:06 - CAMHS - Phone Contact by Michelle A Warner**

Acct Num: V00002926014 DOB: 07/08/2006 Patient Age: 15

Note verified by Warner,Michelle A 01/12/21 13:58:

Original Note:

### **CAMHS - Phone Contact**

- .

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

#### **- Call Information**

**Date of call::** 01/12/21

**Time::** 12:20

**Call Duration (mins)::** 5

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**Call Type::** Call Made

**Contact With::** Parent or Carer

**Contact with (Name,Title,Org):** Dad

**Staff Member::** Michelle A Warner

**Service:** Sefton Specialist

--

**Call Reason::** Arranging Appointment

**Contact Medium:** Telephone

**Discussion:**

Spoke to Alphonse (Dad) to arrange an intro session with Axel to discuss Keywork. Going to visit at home on Tuesday 14th Dec at 4.30pm.

\*\* Electronically signed by Warner,Michelle A on 01/12/21 13:58 \*\*  
Initialized on 01/12/21 13:06 - END OF NOTE

**07/12/21 12:35 - CAMHS - Outcome (EPPF) by Samantha Steed**

Acct Num: V00003822660 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 07/12/21 12:53:

Original Note:

**CAMHS - Session Outcome**

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*.  
Please ensure you are documenting on the right account number

**- Today's Appointment**

**Session Date:** 07/12/21

**Session Start Time:** 10:30

**Session End Time:** 11:30

**Session Duration (mins)::** 1 hours and 0 minutes

**Today's Consultation Type is?:** Video consultation (CAMHS COMM TEAMS)

**- 18 Week Outcome**

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Subsequent Activity
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

**- Next Appointment Information**

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Professional Consultation (TAF Mtg)

**External Attendees:** Other

**Specify Attendees:** Education Maggie, Early Help Louise Lewis and her Team Manager

**- Appointment Details**

**Next Appointment:** Same Clinic

**Resource Name or Appointment type:** SSTEED

**Future Appointment Consultation Type:** Video consultation (TAF)

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 5

**Next Appointment Date (specific date):** 10/01/22

**Appointment Time:(specific time):** 13:00

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above  
\*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other

**Specify Community/Other Location:** TEAMS CAMHS COMM

**Is the patient aware?:** Yes

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension

**DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 07/12/21 12:53 \*\*  
Initialized on 07/12/21 12:35 - END OF NOTE

**14/12/21 11:36 - CAMHS - PCO Communication by Janet Harris**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Harris,Janet 14/12/21 11:38:

Original Note:

**CAMHS PCO Communication**

**- Date & Time of contact**

-: Now

**Date:** 14/12/21

**Time of activity:** 10:45

**- Parent/Carer contact**

**Contact type:** Call received

**- Failed contact**

**Additional information:** Parent called to say they had just been told by the patient that he had already run out of Sertraline. Could they have another prescription ASAP for Sertraline 75mg. Requested.

\*\* Electronically signed by Harris,Janet on 14/12/21 11:38 \*\*  
Initialized on 14/12/21 11:36 - END OF NOTE

**14/12/21 13:33 - CAMHS - File Note by Aesha Aseri**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Aseri,Aesha 14/12/21 13:34:

Original Note:

### CAMHS - File Note

**Information::** \*\*\* This document should only be used against 'RCR' registration type \*\*\*. Please ensure you are documenting on the right account number

**Date::** 14/12/21

**Clinician::** Aesha Aseri

**Discussion Duration::** 5

**Subject::** Prescription

**Note::**

Repeat prescription written for T Sertraline 75mg OD for 60days.

\*\* Electronically signed by Aseri,Aesha on 14/12/21 13:34 \*\*  
Initialized on 14/12/21 13:33 - END OF NOTE

### 17/12/21 13:31 - CAMHS - PCO Communication by Sharon Kirby

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Kirby,Sharon 17/12/21 13:33:

Original Note:

### CAMHS PCO Communication

#### **- Date & Time of contact**

**Date:** 17/12/21

**Time of activity:** 13:25

#### **- Parent/Carer contact**

**Contact type:** Call received

#### **- Failed contact**

**Additional information:** Mum rang to advise prescription not received although posted out 1st class 14/12/21. Meds ran out 14/12/21. Mum wants to collect from BH today. Advised mum will request this and try our best to accommodate for collection today a short term interim prescription.

Initialized on 17/12/21 13:31 - END OF NOTE

### 21/12/21 19:22 - CAMHS - Session Note by Samantha Steed

Acct Num: V00003822660 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 21/12/21 19:40:

Original Note:

### CAMHS - Session Note

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 07/12/21  
**Session Start Time:** 10:30  
**Session End Time:** 11:30  
**Session Duration (mins)::** 1 hours and 0 minutes

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**Event/Session Contact Medium:** Telephone  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Oth Locations not Classifications  
**Additional Location Info:** Other (TEAMS)  
**Service:** Sefton Specialist  
**Attending Professionals:** Social Work Professional

#### - Clinicians Present

**Clinician Present::** Samantha Steed

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**Young Person and Family Attendance (Tick all the apply)::** Others  
**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*  
**Names:** Early Help West Lancs, Acorns, Alphonse and Axel  
**Advocate in attendance:** N/A  
**Has consent to share data been withdrawn?:** No  
**Key crisis or issue to consider?:** No

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**Patient Attendance:** On time  
**Appointment Type::** Specific Work (EH Mtg)

#### CAMHS - Session Intervent

#### - Interventions

**Type of Intervention::** Individual

#### - Actual Intervention

**Actual Intervention::** Other - Need to Specify (Early Help mtg)

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**Clinical Notes::**

Official Notes t follow from EH Worker.

Axel attend the EH mtg today at his request and was able to voice his opinion.

Triple P - Dad saying he has learnt a lot and wishes he knew those things earlier Continue using the strategies he has learnt.

Dietician appointment - Axel looks as if he has lost weight - dad says he

is looking thinner and is under weight for height and weight. Wanted referral to Eating disorders Team but the Dietician has advised ready meals and shakes as supplements.

Axel stated in reaction to his behaviours towards his Dad i.e. trashing the home and throwing water at him 'I am a product of my environment -Alphonse/ dad taught him hitting is the way how to manage things and he has not taught me to walk away'.

'Things are fine at home the problem is he always wants to call the Police if I throw milk on him'. Axel feels dad calls the police because he feels like he doesn't have control over him where in when he was younger he could hit him and control him. This was not really followed up by the EH worker.

Axel still expected to attend Acorns. He is very clear he wants a permanent school.

EHCP being re looked at because if maned mainstream school for Axel not special school.

Axel states he still feels anxious when at Acorns. Axel states the medication is not so helpful. Due to see Dr Ram in new year. Axel not seeing that he needs to push himself to do things differently and to tolerate the discomfort he feels.

Axel is willing to work with the Key worker from CAMHS Michelle Warner who will offer practical support and graded exposure. Sam Steed stated that she wants to encourage Axel to use his body again to help him to become comfortable in his own skin - Axel has agreed to play tennis/badminton type games with Michelle.

Riding the Rapids course due to start in new year - Sam Steed will inform Alphonse of when and where once details are known to her.

See eppf outcome for date of next mtg.

**Current Risk Identified:** No

**Change to current Care Plan:** No

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**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

\*\* Electronically signed by Steed,Samantha on 21/12/21 19:40 \*\*

Initialized on 21/12/21 19:22 - END OF NOTE

### **23/12/21 16:58 - CAMHS - Session Note by Samantha Steed**

Acct Num: V00003858301 DOB: 07/08/2006 Patient Age: 15

Note verified by Steed,Samantha 23/12/21 17:06:

Original Note:

### **CAMHS - Session Note**

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**Information::** \*\*\* Session Notes should only be used against 'Clinic' or 'Inpatient' registration types \*\*\*. Please ensure you are documenting on the right account number

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**Session Date:** 23/12/21

**Session Start Time:** 14:00  
**Session End Time:** 16:00  
**Session Duration (mins)::** 2 hours and 0 minutes

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**Event/Session Contact Medium:** Telemedicine Web Camera (TEAMS)  
**Contact Type::** Direct Contact  
**Contact Occurred:** Open  
**Location:** Oth Locations not Classifications (WFH)  
**Additional Location Info:** Other (WFH)  
**Service:** Sefton Specialist  
**Attending Professionals:** Social Work Professional

#### - Clinicians Present

**Clinician Present::** Samantha Steed

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**Young Person and Family Attendance (Tick all the apply)::** Parent or Relative, Others  
**Action:** \*\*\*\*\* Please enter names in the field below \*\*\*\*\*  
**Names:** Alphonse Rudakubana and Gayke Lavelle. Information, Advice and Support (IAS) Officer. SEND Service, IAS Team  
**Advocate in attendance:** N/A  
**Has consent to share data been withdrawn?:** No  
**Key crisis or issue to consider?:** No

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**Patient Attendance:** On time  
**Appointment Type::** Specific Work (EHCP PLAN)

#### CAMHS - Session Intervent

##### - Interventions

**Type of Intervention::** Other (EHCP PLAN Review)

##### - Actual Intervention

**Actual Intervention::** Other - Need to Specify (EHCP PLAN REVIEW )

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#### Clinical Notes::

EHCP PLAN reviewed with Alphonse and Gayle as it needed amending due to not being fit for purpose.

**Current Risk Identified:** No

**Change to current Care Plan:** No

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**Action:** \*\*\*\*\* Go to the Add Section to complete the Outcome Document \*\*\*\*\*

#### CAMHS - Session Outcome

**Information::** \*\*\* The Outcome document should only be used against 'Clinic' registration types \*\*\*.  
Please ensure you are documenting on the right account number

##### - Today's Clinic

**Today's Consultation Type is?:** Video consultation (TEAMS)

##### - 18 Week Outcome

**Previous 18 Week Outcome:**

<b>Pathway</b>	Child & Adol Services
<b>Start Date</b>	13/12/19
<b>End Date</b>	17/12/19
<b>Status</b>	Subsequent Activity
<b>RTT Target</b>	17/04/20

**18wk Outcome:** Treatment Already Given

**- Next Appointment Information**

**Which Service:** Sefton Specialist

**CAMHS - Type of Appointment:** Specific Work (Follow up) (With young person)

**- Appointment Details**

**Next Appointment:** Same Clinic

**Resource Name or Appointment type:** TEAMSSSTEED

**Future Appointment Consultation Type:** Video consultation

**Follow Up Time Frame:** Weeks

**Follow Up Time Frame:** 2

**Next Appointment Date (specific date):** 06/01/22

**Appointment Time::** 16:00

**Tolerance (+/-) Consider Clinical Risk:** 0 Tolerance

**Tolerance Instruction:** \*\* 0 Tolerance means the patient must attend in the time scale recorded above \*\*

**Overbook the Clinic if necessary:** Yes

**Appointment Location:** Other (TEAMS WFH)

**Specify Community/Other Location:** TEAMS WFH

**Is the patient aware?:** Yes (Parent is aware)

**Does the patient need a letter?:** No

**Room Required:** No

**Interpreter required?:** No

**Interpreter Language:** No

**Transition to Adult services:** If your patient has a long term condition and is aged 14 years, please go to the transition tab and commence planning for transition to GP or adult services. If your patient is aged 14 and has complex neuro-disabilities please contact the transition team for advice on extension **DPA** or by emailing a member of the transition team.

\*\* Electronically signed by Steed,Samantha on 23/12/21 17:06 \*\*

Initialized on 23/12/21 16:58 - END OF NOTE

**30/12/21 10:35 - CAMHS - PCO Communication by Sharon Kirby**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Kirby,Sharon 30/12/21 10:36:

Original Note:

**CAMHS PCO Communication**

**- Date & Time of contact**

**Date:** 30/12/21

**Time of activity:** 10:35

**- Parent/Carer contact**

**Contact type:** Call received

**- Failed contact**

**Additional information:** Hi Lakshmi. I have had mum of Axel Rudakubana on the phone DPA  
They have had a letter advising of a telephone appt with you on 24/1/22. They are asking if they could please have a f2f appt instead of a phone appt please? Please advise if this is possible and I will call them back on DPA Thanks. Sharon. SENT WITH HIGH IMPORTANCE

Initialized on 30/12/21 10:35 - END OF NOTE

**30/12/21 11:06 - CAMHS - PCO Communication by Sharon Kirby**

Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 15

Note verified by Kirby,Sharon 30/12/21 11:07:

Original Note:

**CAMHS PCO Communication**

**- Date & Time of contact**

**Date:** 30/12/21

**Time of activity:** 11:00

**- Parent/Carer contact**

**Contact type:** In response to email

**- Failed contact**

**Additional information:** Sorry Sharon, it is the 24th of January at 12 noon. Thanks. Lakshmi. From: Kirby Sharon. Sent: 30 December 2021 10:50. To: Ramasubramanian Lakshmi. Cc: Donovan Katie; Steed Samantha. Subject: RE: REQUEST FOR CHANGE TO APPT. Ok thanks Lakshmi. Can I just double check the date, meditech says 24/1/22 but you mentioned the 21st below?? Is date to stay as 24/1/22? Thanks. Sharon. From: Ramasubramanian Lakshmi <Lakshmi.Ramasubramanian@alderhey.nhs.uk>. Sent: 30 December 2021 10:47. To: Kirby Sharon <Sharon.Kirby@alderhey.nhs.uk>. Cc: Donovan Katie <Katie.Donovan@alderhey.nhs.uk>; Steed Samantha <Samantha.Steed@alderhey.nhs.uk>. Subject: RE: REQUEST FOR CHANGE TO APPT. Hi Sharon. I am afraid, I have to prioritise face to face appointments for urgent and risky patients. I have called Axel's father now and discussed this. I have suggested that Axel will need to work therapeutically with CAMHS and that for medication monitoring I feel that a video or telephone appointment is entirely appropriate. We agreed that the appointment on the 21st will be changed to a video appointment at Axel's request. The email is.

DPA Please could the appointment now be changed to a video appointment vis MS Teams? My Attend Anywhere does not work, so it will have to be on MS teams. Thanks. Lakshmi

Initialized on 30/12/21 11:06 - END OF NOTE