RUDAKUBANA,AXEL MUGANWA Male DOB: 07/08/2006 MedRec# I&S

12/04/19 10:09 - CAMHS - Professional Disc by Joanne Morgan
Acct Num: V00002176258 DOB: 07/08/2006 Patient Age: 12

Note verified by Morgan,Joanne 12/04/19 10:09:

Original Note:

CAMHS -Professional Discussion

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: MDT
Other Attendees::

KERRY DAWBER
DAN WINTERBURN
ZOE BENTLEY
Date:: 12/04/19
Time: 10:09
Duration (mins):: 5
Summary:

SIGNPOST TO PARENTING 2000
FOR SUPPORT AROUND FEELING NERVOUS

Initialized on 12/04/19 10:09 - END OF NOTE

12/04/19 10:09 - CAMHS - * Closure *** by Joanne Morgan**
Acct Num: V00002176258 DOB: 07/08/2006 Patient Age: 12

Note verified by Morgan,Joanne 12/04/19 10:09:

Original Note:

CAMHS - Closure

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Date referral received: 11/04/19
Date of closure:: 12/04/19

Service: Crisis Care
Reason for Closure: Referred to other specialty/Service
Reason for rejection: Inappropriate referral
Onward referral date: 12/04/19
Receiving organisation: Parenting 2000
Onward referral reason: Transfer of Clinical Responsibility

Initialized on 12/04/19 10:09 - END OF NOTE

12/10/19 12:12 - CAMHS - Professional Disc by Joanne Morgan
Acct Num: V00002477378 DOB: 07/08/2006 Patient Age: 13

Note verified by Morgan,Joanne 12/10/19 12:12:

Original Note:

CAMHS -Professional Discussion

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: MDT
Other Attendees::

SUE MIDDLETON
Date:: 11/10/19
Time: 12:12
Duration (mins):: 5
Summary:

TARGETED YOUTH AND SCHOOL SUPPORT

AT RISK OF CRIME
NO MENTAL HEALTH INDICATED IN REFERRAL

** Electronically signed by Morgan,Joanne on 12/10/19 12:12 **
Initialized on 12/10/19 12:12 - END OF NOTE

12/10/19 12:12 - CAMHS - * Closure *** by Joanne Morgan**
Acct Num: V00002477378 DOB: 07/08/2006 Patient Age: 13

Note verified by Morgan,Joanne 12/10/19 12:13:

Original Note:

CAMHS - Closure

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please

ensure you are documenting on the right account number
Date referral received: 10/10/19
Date of closure:: 12/10/19
Service: Crisis Care
Reason for Closure: Referred to other specialty/Service
Reason for rejection: Inappropriate referral
Onward referral date: 12/10/19
Receiving organisation: Other service
Onward referral reason: Transfer of Clinical Responsibility

** Electronically signed by Morgan,Joanne on 12/10/19 12:13 **
Initialized on 12/10/19 12:12 - END OF NOTE

17/10/19 12:07 - CAMHS - Phone Contact by Kerry Dawber
Acct Num: V00002477378 DOB: 07/08/2006 Patient Age: 13

Note verified by Dawber,Kerry 17/10/19 12:12:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 17/10/19
Time:: 12:07
Call Duration (mins):: 15

- -
Call Type:: Duty Call
Contact With:: Professional
Specify (Name,Title,Org):: Claudia Aldersley Parenting 2000
Staff Member:: Kerry Dawber
Service: Crisis Care

- -
Call Reason:: Consultation/Advice, Information
Contact Medium: Telephone
Call Occured: Duty
Comments::

Tel call from Claudia, she explained she has been working with Axel for some time around anxiety, however recently been excluded after taking a knife into school, with the intention of using it if provoked. Axel being bullied and was talking about using it on the bullies, still evry angry, doesn't appear to understand the potential consequences of his actions, advised we had suggested targeted youth, explained the reasoning behind our decision and support targeted youth can offer, Claudia will continue to work with Axel in relation to his anxiety.

** Electronically signed by Dawber,Kerry on 17/10/19 12:12 **
Initialized on 17/10/19 12:07 - END OF NOTE

12/12/19 18:50 - CAMHS - Phone Contact by Richard Zdrenka
Acct Num: V00002591592 DOB: 07/08/2006 Patient Age: 13

Note verified by Zdrenka,Richard 12/12/19 19:00:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 12/12/19
Time:: 14:15
Call Duration (mins):: 15

- -
Call Type:: Crisis Call
Contact With:: Professional
Specify (Name,Title,Org):: Stephanie Halloron, CJLT
Staff Member:: Richard Zdrenka
Service: Crisis Care

- -
Call Reason:: Discussion
Contact Medium: Telephone
Call Occured: Duty
Comments::

Call from Stephanie Halloron CJLT
Stephanie has assessed Axel today in custody. He was arrested as he had brought a knife and wooden club into school today with the intention of "killing someone". He is to be charged by Police but for a less serious offence.
Stephanie wants to refer to CAMHS and I have given her our CAMHS referral email address.
I have advised that we will triage and decide on whether we will see Axel and if so how quickly we respond. Stephanie has also referred to Forensic CAMHS and is hoping to organise a strategy meeting in regard to Axel's behaviour as he is also open to Prevent due to concerns re terrorism.
We are awaiting Stephanie's referral

** Electronically signed by Zdrenka,Richard on 12/12/19 19:00 **
Initialized on 12/12/19 18:50 - END OF NOTE

16/12/19 10:30 - CAMHS - Phone Contact by Richard Zdrenka
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Zdrenka,Richard 16/12/19 10:37:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 16/12/19
Time:: 10:15
Call Duration (mins):: 10

- -
Call Type:: Crisis Call
Contact With:: Professional
Specify (Name,Title,Org):: Steohanie Hallaron, CJLT.
Staff Member:: Richard Zdrenka
Service: Crisis Care

- -
Call Reason:: Liaison
Contact Medium: Telephone
Call Occured: Duty
Comments::

Call from Steph Hallaron, CJLT
Steph enquiring as to the outcome of a referral she made on 13/12/19. Advised Steph we have triaged referral and agreed to place Axel on the Urgent Partnership wait list for Sefton CAMHS. Steph in agreement with same. Steph has asked me to document F-CAMHS strategy meeting on 21/01/20 @ 1400 (venue TBC), and asked whether the appointed Case Manager from Sefton CAMHS call her to discuss their attendance. Steph can be contacted on DPA. There is a planning meeting tomorrow and Steph will forward any information from the meeting via SPA.

** Electronically signed by Zdrenka,Richard on 16/12/19 10:37 **
Initialized on 16/12/19 10:30 - END OF NOTE

16/12/19 10:45 - CAMHS - Professional Disc by Megan Richards
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Richards,Megan 16/12/19 10:50:

Original Note:

CAMHS -Professional Discussion

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: MDT

Other Attendees::
15TH DECEMBER-
JILL OMAHONY
CHRIS KENNEDY

DISCUSSED AAIN 16TH DECEMBER

RICKY ZDRENKA
DAISY JONES
SUE MIDDLETON
Date:: 16/12/19
Time: 10:46
Duration (mins):: 5
Summary:

URGENT PARTNERSHIP

DEEMED MEDIUM TO RISK TO OTHERS

2 CLINICIANS AT 1ST ASSESSMENT MAYBE DEEMED APPROPRIATE

ASSESSED BY CRIMINAL JUSTICE TEAM
OPEN TO PREVENT FOR RADICALIZATION
REFERRAL MADE FOR ASD ASSESSMENT
REFERRAL MADE TO FORENSIC CAMHS

ASSAULTED PEER WITH HOCKEY STICK, 2X OCCASIONS CARRIED A KNIFE

DISCUSSED 16TH- PUT THROUGH GOT URGENT PARTNERSHIP GIVEN COMPLEX NATURE OF DIFFICULTIES

Initialized on 16/12/19 10:45 - END OF NOTE

17/12/19 14:34 - CAMHS - File Note by Skott Morgan
Acct Num: V00002594987 DOB: 07/08/2006 Patient Age: 13

Note verified by Morgan,Skott 17/12/19 14:37:

Original Note:

CAMHS - File Note
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Date:: 17/12/19
Clinician:: Skott Morgan
Discussion Duration:: 1
Subject:: Email Recieved and Replied to
Note::

Tue 17/12/2019 14:27
Hallaron Stephanie <Stephanie.Hallaron@merseycare.nhs.uk>

Rigby Jake <Jake.Rigby@alderhey.nhs.uk>; John.Hicklin@gmmh.nhs.uk; Anna.Jameson@lancashire.gov.uk

Hi All,

Stephanie, thank you for collating this email.
I will be meeting with Axel and dad on Friday at our Southport hub at 14:30.
I will liaise with yourselves probably Monday unless any other safeguarding concerns arise.

I look forward to working with you all.
Kind regards

Skott

DPA

From: Hallaron Stephanie [mailto:Stephanie.Hallaron@merseycare.nhs.uk]
Sent: 17 December 2019 14:21
To: Morgan Skott
Cc: Rigby Jake
Subject: Axel Rudakubana

** This email has been sent from an external source be mindful with any links or requests from the sender **

Hi Skott,

Lovely to meet you today. I've included details of John from FCAMHS who will be offering us a consultation in January for axel and his Social Workers email for easier communication.

Jake I've included you just for reference. From today's meeting there is defo some further information that needs exploring from a mental health point of view. I.e. no evidence to suggest that he is being bullied which was his rational for committing the offence and school have investigated this, has made statements in school about teachers poisoning his food and other bits and bobs that may indicated possible Psychosis. Skott will aim to see him in the next week. Skott, if you need any info from a criminal justice point of view, then please contact either Jake or myself and we will support as best we can.

John Hicklin - John.Hicklin@gmmh.nhs.uk FCAMHS

Anna.Jameson@lancashire.gov.uk Social Worker

I'll let you both know the date, time and location of the FCAMHS consult after the next Strat and identify who should be invited based on the outcomes of their assessments etc

Kind Regards

Stephanie Hallaron
Criminal Justice Liaison and Diversion Practitioner
Criminal Justice Liaison and Diversion Team
South Sefton Magistrates Court
Merton Road
Bootle
Merseyside
L20 3XX
DPA
DPA
Stephanie.Hallaron@merseycare.nhs.uk
Secure: stephanie.hallaron@nhs.net

** Electronically signed by Morgan,Skott on 17/12/19 14:37 **
Initialized on 17/12/19 14:34 - END OF NOTE

17/12/19 14:38 - CAMHS - Professional Disc by Skott Morgan
Acct Num: V00002594987 DOB: 07/08/2006 Patient Age: 13

Note verified by Morgan,Skott 17/12/19 14:52:

Original Note:

CAMHS -Professional Discussion

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: Other
If 'Other' Please Specify:: Stratagy Meeting

- Attendees
** Clinician 1
Clinician Present:: Skott Morgan
Other Attendees::

Full MDT attendance.
Police
Schools
Social Care
PREVENT agency
Health
CAMHS
Police mental health services
Date:: 17/12/19
Time: 10:00
Duration (mins):: 120
Summary:

POLICE:
Axel arrested for carrying dangerous weapon, a knife, baseball bat which he had modified to have a better grip. Assaulting DPA. Went to attack DPA who he been bullied by previously.

He stated he had no intention to use knife.
Axel has been Viewing inappropriate content online in relation to terrorism. Aggressively denied he did this to the police. Laughing throughout the interview.
Mum did not challenge behaviour.
Dad there the first day
Mum there 2nd day. Very quiet. had been Hiding knives so Axel can't use them.

Seized computers, phones.
Custody sergeants struggled to get hold of dad reluctant to engage.
Axel spoke to ChildLine and told them he took a knife into school on 10 separate occasions. ChildLine spoke to police.
21st Jan FCAMHS appointment has been provisionally made.

School:
Axel no SEN concerns after round robin
Stated to school he wanted to Stab DPA
No ideology of being arrested or consequences of this.
Dion DPA. DPA/ wheelchair- no concerns
Axel range have put him on ASC waitlist.
Axel thinks he has ADD after performing his own research.

ACORNS:
Very emotionless- Mum and Dad Emotionless.
Searching school shootings in America.
Focused on one boy bullying him- but no evidence of this. Dad adamant that boy was picking on him.
School checking him for any sharps. Is being checked by a metal detector.
No eye contact with anyone.
Was saying boys picking on him but they were trying to befriend him.
Took him to Chester Zoo- 27th Nov- only day where he was happy, 'normal' interactions.
Orchestrating people to do things.
Can very easily manipulate situations and then lie about what happened.
Parenting 2000 -Dad paying for this.

Social Care:
Displays obvious ASD traits.
Does his own research. No emotional range. Only sad or angry. No positivity. No facial expression.
Concerned about parents- Axel has a lot of control. mum and Dad Tried to

challenge- but met with negativity and aggression from Axel..
Dad is very quiet. Seems both parents are struggling.
Speaks with Venom about Dion. Laughs inappropriately. Family value education. Presented well.
No concerns around neglect. Played down everything Axel did.
Mum and Dad work full time.

PREVENT:
Possibility of CHANEL programme.
Beheading/ war in Rwanda and inequality of the world.

Axel had researched the Manchester bombing- 'good battle' from suicide bombers POV. Did not come from a victim perspective.

Axel at risk of further criminality due to impulsively.
Trigger needs exploring.

Parenting 2000 will not share info social care

** Electronically signed by Morgan,Skott on 17/12/19 14:52 **
Initialized on 17/12/19 14:38 - END OF NOTE

31/12/19 11:55 - CAMHS - Session Note by Skott Morgan
Acct Num: V00002602545 DOB: 07/08/2006 Patient Age: 13

Note verified by Morgan,Skott 31/12/19 12:57:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 20/12/19
Session Start Time: 14:30
Session End Time: 16:00
Session Duration (mins):: 1 hours and 30 minutes

- -
Event/Session Contact Medium: Face to face communication
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Primary MH Professional, Social Work Professional

- Clinicians Present
Clinician Present:: Skott Morgan

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person, Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Axel on his own. Mum and Dad on their own.
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: Arrived Late
Appointment Type:: First Core Part. (Urgent)

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Assessment, Advice, Risk Management, Review & Planning

- -
Clinical Notes::

Axel came with his mother to the session but came to speak to me on his own.
Today's session was to gain information regarding Axel's recent assult on a peer.

Axel stated that in regards to the following risk areas he had not experienced any form of harm:
Sexual Assault
Domestic Violence
Deliberate Self Harm
Suicidal Ideation.

Axel stated he feels he has ADD as his attention is bad but doesn't think he has autism this is due to him checking his symptoms online DPA. Axel explained that he doesn't like Dion because he's his brother but he would never hurt him. Axel stated that he is different from his peers but could not elaborate why.

I asked Axel about his demographic history. He stated that his mum and Dad are from Rwanda and they moved to Cardiff where he and Dion were born. Axel stated that when he was 7 they moved from Cardiff to Southport.

In regards to the incident were Alex took a knife and a hocky stick into school Axel reported the following:
Axel stated that he had thought of this on Saturday night and ordered a taxi the following day. When the taxi arrived monday morning he noticed his actual school taxi and the one he had rang. He had gotten into the latter. When Axel arrived at the range high school he did not pay the taxi driver. Axel stated he through his bag over the fence but struggled to climb over it. Axel stated that he walk though reception and walked around the school grounds for a bit after collecting his bag. Axel states he bumped into Dion and his support worker who them proceeded to follow Axel. Axel states that he attempted to go into assembly to look for DPA he didnt get into the room so began to walk away. Axel stated that he felt sad that he couldnt find DPA and that he wanted to hit him. Axel stated that he would have only

used the knife if the hocky stick didnt hurt him the way Axel had been hurt.

In regards to Axel's mental health the following Mental State exam was recorded:
APPEARANCE: Axel was well groomed, clean and tidy. there was no indication of self neglect.
SPEECH: Axel made some eye contact but this was not inline with his age. He was very structured in his speech and repetitive with his answers.
ATTITUDE: Axel reported wanting revenge foe being bullied by DPA He did not report any other inappropriate attitudes or beliefs. hE HAS KEEP ASPIRATIONS TO BE A vet when he is older.
MOOD: Axel reported getting frustrated sometime but this didn't really impact his mood.
Insight and Judgment: Axel did have some insight into his actions however he was very linear in his thinking. He felt that DPA should suffer the way he did and could not understand how this would retaliate in wider social groups.
Thoughts: Axel stated that he doesn't get worried but has become a bit paranoid since the police were in his house. He thinks they may have placed cameras around. There were no hallucinations or delusions in line with any serious mental health condition. Axel did not report any voices in or outside his head other than his own.

In terms of autism, my professional opinion would be that Axel douse display A-typical behaviours. He did noth display any empathy or warms but he did laugh at my jokes and engaged well in the session. Although his thinking was ridged he was capable of telling me the details of the assult and why he went to do this. there was no mention of other peoples thoughts or feelings.

Axel did not mention any thoughts of terrorism and actually stated that he does not like thinking of Rwanda or back home. He could not explain why he felt like these. He did express thoughts of low self esteem and confidence.

When the police seized computers from the home. Axel had recently been given an impressive gaming computer which he designed the specifications to the cost of £3000. In regards to other neurotypcal children Axel's ages this would be a devastating consequence. Axel had no emotion regarding this being removed.

I spoke to mum and dad afterwards. They are worried regarding the consequences for Axel but stated he was a 'good boy'. Mum and Dad are also feeling paranoid regarding cameras being placed in the home. Mum and dad have no plans to return to Rwanda.

In my professional opinion i feel Axel is lonely and has had to mature quickly for his age and ability. Axel feels that dion can be a burdon and that he talkes up a lot of mum and Dad's time. As Axel is the younger sibling he feels a lot of resentment towards Dion and feels he is push out a lot at home and in school. I do not feel this young man would search for terrorism/ etc online other than for teenage curiosity with intense autistic backing.
Current Risk Identified: Yes
Specify: Risk to one other person
Action: ***** Please Update Care Plan *****
Change to current Care Plan: No
Plan::

Currently still being monitored by police, PREVENT and social care.

- Medication
Type of update:: Initial entry

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

** Electronically signed by Morgan,Skott on 31/12/19 12:57 **
Initialized on 31/12/19 11:55 - END OF NOTE

08/01/20 14:38 - CAMHS - Session Note by Skott Morgan
Acct Num: V00002605518 DOB: 07/08/2006 Patient Age: 13

Note verified by Morgan,Skott 08/01/20 14:43:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 06/01/20
Session Start Time: 10:00
Session End Time: 11:15
Session Duration (mins):: 1 hours and 15 minutes

- -
Event/Session Contact Medium: Face to face communication
Contact Type:: Professional Consultation
Contact Occurred: Open
Location: Voluntary/Charitable Premises
Additional Location Info: Social Services Setting
Service: Sefton Specialist
Attending Professionals: Medical Professional, Primary MH Professional, Social Work Professional, Other Educational Prof, Other Qualified Staff

- Clinicians Present
Clinician Present:: Skott Morgan

- -
Young Person and Family Attendance (Tick all the apply):: Others
Action: ***** Please enter names in the field below *****
Names: Stratagy meeting
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: Appointment without patient
Appointment Type:: Professional Consultation

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Other

- Actual Intervention

Actual Intervention:: Consultation

- -
Clinical Notes::

attended Strat meeting.
Axel and dion to remail Children in need until police evisence in back.
Not escalated to s47
Current Risk Identified: No
Specify: Following previous strat
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

** Electronically signed by Morgan,Skott on 08/01/20 14:43 **
Initialized on 08/01/20 14:38 - END OF NOTE

08/01/20 16:38 - CAMHS Risk Management Too by Skott Morgan
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Morgan,Skott 08/01/20 16:45:

Original Note:

Clinical Risk Tool

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Risk Assessment & Management Tool
Date:: 08/01/20
Start time:: 16:38
Case Manager: Skott Morgan
Legal status: On remand, Child in need
*** **Alert** ***: Attended previous school with modified hockey stick and a knife- Revenge
Please mention if any sibling of this person is at risk:

Yes- Brother Dion but only if he hurts and animal.
the family have no pets.

Information:: What is the nature and degree of risk? Who is at risk? Can you state how likely it is likely to occur? Is risk escalating or decreasing? Under what circumstances might it occur? Relationship between risk and mental disorder, social circumstances or other contextual factors. Factors increasing risk and protective factors which reduce risk. What benefits to the user may arise from taking considered risks? What would be in the best interests of the service user? Are there any gaps in information or areas which require further assessment?
Intentional Risk to Self(Self-harm and Suicide,past attempt):

lack of emotional regulation- has ASC

Unintentional Risk to self (Truancy, use of drugs and alcoho:

none
Intentional Risk to others and Property(Harm, Forensic Hist):

Yes-
Axel attended school to hurt another pupil but got a different one instead.
he states this a was a planned revenge attack from being bullied.

Reports from school about terrorism
Axel denies all this
PREVENT have also stated that they do have not found anything malicious/ radicalised with Axel.
Unintentional risk to others (walking in front of traffic):

none
Risk management plan:

Currently under Child in Need until Police have checked in with his computer etc.
once this is recieved we will be able to establish a better plan going forward.

Axel is to remain at home, without school.
to see myself for some emotional regulation work

- Sources of Information used
Clinical Notes: Yes
Patient report: No
Carer report: No
Action: ***** Please update the Care Plan *****

** Electronically signed by Morgan,Skott on 08/01/20 16:45 **
Initialized on 08/01/20 16:38 - END OF NOTE

08/01/20 16:47 - CAMHS - Key CAMHS Data by Skott Morgan
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Morgan,Skott 08/01/20 16:59:

Original Note:

CAMHS - Key CAMHS Data
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Date of entry:: 08/01/20
Case Manager: Skott Morgan
Service: Sefton Specialist
Consent obtained for secondary uses (Info)?: Yes
Interpreter required?: No

- -
Legal status: On remand, Child in need

- -

Ethnic category: African
UK status: Resident since birth
Language: English

- -
Ability to speak English: Yes
Disability: Behaviour & Emotional
Does the patient think that their disbility limits day to day activities: No
Does their disability mean they require constant supervision?: Yes
Household composition: Both biological parents
Accommodation status: Owner occupier
Sexuality: Not stated
Gender: Male
Education Type: Alternative Education

- -
Joint working: Education, LAC services, Social care, School Health, Youth Offending Service, Alternative Education, Key Workers, Health Visitor
Copy letters: No (Not all)

- -
Local Authority Involvement: Yes
Plans in Place: CHIN
Child protection category: None

- -
Looked after child: No
Care: No

- -
Youth Justice Order: No (Waiting For Charges)
Referral: No

** Electronically signed by Morgan,Skott on 08/01/20 16:59 **
Initialized on 08/01/20 16:47 - END OF NOTE

13/01/20 09:56 - CAMHS - Professional Disc by Skott Morgan
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Morgan,Skott 13/01/20 09:57:

Original Note:

CAMHS -Professional Discussion

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: Clinical Supervision

- Attendees
** Clinician 1

Clinician Present:: Skott Morgan

** Clinician 2
Clinician Present:: Julia Dunn
Date:: 06/01/20
Time: 14:30
Duration (mins):: 5
Summary:

case discussion

** Electronically signed by Morgan,Skott on 13/01/20 09:57 **
Initialized on 13/01/20 09:56 - END OF NOTE

07/02/20 14:48 - CAMHS - Session Note by Skott Morgan
Acct Num: V00002595417 DOB: 07/08/2006 Patient Age: 13

Note verified by Morgan,Skott 07/02/20 14:50:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 17/12/19
Session Start Time: 10:00
Session End Time: 12:00
Session Duration (mins):: 2 hours and 0 minutes

- -
Event/Session Contact Medium: Face to face communication
Contact Type:: Professional Consultation
Contact Occurred: Open
Location: Resource Centre Premises
Additional Location Info: Social Services Setting
Service: Sefton Specialist
Attending Professionals: Social Work Professional

- Clinicians Present
Clinician Present:: Skott Morgan

- -
Young Person and Family Attendance (Tick all the apply):: Care Worker/Professional
Action: ***** Please enter names in the field below *****
Names: Strat meeting
Advocate in attendance: N/A
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: Appointment without patient
Appointment Type:: Professional Consultation

CAMHS - Session Intervent

- Interventions
Type of Intervention:: System

- Actual Intervention
Actual Intervention:: Professional Consultation, Review & Planning, TAC Meeting (Strat)

- -
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

** Electronically signed by Morgan,Skott on 07/02/20 14:50 **
Initialized on 07/02/20 14:48 - END OF NOTE

07/02/20 15:22 - CAMHS - Professional Disc by Skott Morgan
Acct Num: V00002594987 DOB: 07/08/2006 Patient Age: 13

Note verified by Morgan,Skott 07/02/20 15:22:

Original Note:

CAMHS -Professional Discussion

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: Clinical Supervision
Date:: 03/02/20
Time: 14:30
Duration (mins):: 10

** Electronically signed by Morgan,Skott on 07/02/20 15:22 **
Initialized on 07/02/20 15:22 - END OF NOTE

03/03/20 15:36 - CAMHS - Professional Disc by Julia Dunn
Acct Num: V00002594987 DOB: 07/08/2006 Patient Age: 13

Note verified by Dunn,Julia 03/03/20 15:40:

Original Note:

CAMHS -Professional Discussion

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Discussion:: Other
If 'Other' Please Specify:: strategy discussion minutes

- Attendees
** Clinician 1
Clinician Present:: Skott Morgan
Other Attendees::

see minutes
Date:: 17/12/19
Time: 09:30
Duration (mins):: 60
Summary:

LANCASHIRE COUNTY COUNCIL

PO Box 1337
PRESTON
PR2 0TG

Record of Strategy Discussion

Details of Child: Axel Rudakubana (Ref: DPA)

Family Name Rudakubana Given Names Axel
Case Number DPA

Details of Child: Dion Rudakubana (Ref: DPA)

Family Name Rudakubana Given Names Dion
Case Number DPA

Record of Strategy Discussion

Record of Strategy Discussion Dates

Date Referral Received Axel Rudakubana, Dion Rudakubana
12-Dec-2019
Strategy Discussion Planned Date Axel Rudakubana, Dion Rudakubana
17-Dec-2019
Strategy Discussion Actual Date Axel Rudakubana, Dion Rudakubana
17-Dec-2019
Meeting Type Axel Rudakubana, Dion Rudakubana
Strategy Meeting
Minutes/Notes Axel Rudakubana, Dion Rudakubana

Meeting Details

Meeting Type Strategy Discussion
Planned Meeting Date 17-Dec-2019
Actual Meeting Date 17-Dec-2019
Meeting Duration (in minutes) 60 mins
Meeting Location The Zone, Skelmersdale

Axel Rudakubana
Is Disabled? No
Is on a Disability Register? No
No Disabilities Recorded
Dion Rudakubana
Is Disabled? DPA
Is on a Disability Register? DPA
DPA

Meeting Attendees

Attendee Role Consulted Invited Attended Chair
Anna Jameson Allocated Case Worker No Yes Yes No
DC Paula Murray Detective Constable No No Yes No
Skott Morgan Other Professional No No Yes No
Carmen Thompson Police Early Action Team No No Yes No
Ms Laura Davidson Team Leader No No Yes No
Mr David Cregeen DSL No No Yes No
Andrew Bramhall Community Safety Sgt No No Yes No
Ms Jan Lewis Other Professional No No Yes No
Ms KAREN WIGAN Team Leader No No Yes No
Ms Stephanie
Hallaron
Mental Health Practitioner No No Yes No
Matt Rowe Practice Manager No No Yes
Yes
Ms Joanne Hodson Senior Teacher and
SENCO
No No Yes No
Paul Harrison Community Safety Officer No No Yes No
Julie Hamill Community Support
Worker
No No Yes No

Family Composition

Axel Rudakubana

Other Household Members

Relationship Name Date of
Birth
Gender Ethnicity Language CSSR Referral School Start/End
Date
Brother Dion
Rudakubana
DPA 2004
Male Started
12-
Dec-2019
08-
Oct-2019

Father Alphonse
Rudakubana
DPA
1975
Male 15-
Nov-2017
Mother Laetitia
Muzayire
DPA
1972
Female 15-
Nov-2017

Non-Household Significant Family Members & Other Related Persons

There are no Relationships defined for this child.

Dion Rudakubana

Other Household Members

Relationship Name Date of
Birth
Gender Ethnicity Language CSSR Referral School Start/End
Date
Brother Axel
Rudakubana
07-
Aug-2006
Male D2 -
African
Started
12-
Dec-2019
08-
Oct-2019
Father Alphonse
Rudakubana
DPA
1975
Male 15-
Nov-2017
Mother Laetitia
Muzayire
DPA
1972
Female 15-
Nov-2017

Non-Household Significant Family Members & Other Related Persons

There are no Relationships defined for this child.

Record of Strategy Discussion

Reason for Strategy Discussion Axel Rudakubana, Dion Rudakubana

Meeting held on the 16-12-19
LEVEL OF NEED 4 - Axel has attended school with weapons with the intent to attack another pupil.
Arrested for Sec 47 assault and possession of a bladed article and bailed with conditions to attend St Anne Street Custody on 12/12/2019.
Bail Conditions:
NOT TO APPROACH OR COMMUNICATE
DPA DPA OR DPA
DPA DPA
BY ANY MEANS WHATSOEVER, INCLUDING VIA SELF-SERVANT OR AGENT OR BY ANY SOCIAL MEDIA
PLATFORM. NOT TO BE WITHIN 400 METERS OF RANGE HIGH SCHOOL, FORMBY, L37 2NY
Alleged Abuse Category Axel Rudakubana, I&S
Physical Abuse
Emotional Abuse
Details of Strategy Discussion Axel Rudakubana, Dion Rudakubana
Meeting held on the 16-12-19
Matt opened the meeting and explained the referral then invited professional updates regarding their information.
Paula Murphy, investigating officer advised that Axel has been arrested and bailed with conditions not to contact the victims by any means not to go within 400m of range high school and not to go into Acorns until agreed by multi agency meeting. Axel provided a prepared statement which stated he had no intention to use the knife. He mentioned being bullied within this statement. He was then interviewed and gave a no comment interview apart from responding to the suggestion he had researched violent acts on the internet which he denied. There were some concerns within the interview where he would laugh at inappropriate times and there was not really any challenge from his mother who was present as appropriate adult. The house has been searched and all electronic devices seized and sent for analysis this could take up to 3 months. In the interim the bail conditions remain and the case is with CPS.
Police have also visited supposed target DPA DPA who has advised that he knows of Axel but has never had any issues with him. There was comment from DPA sister that Axel had

contacted her the day before and called her a retard via Instagram.
Update from Steph Halloran who interviewed Axel whilst in custody to assess his wellbeing and mental health. She advised that Axel disclosed to her that he'd been assaulted by DPA DPA he said as a result he'd intended to kill him and would have done so if he'd found him. She advised he showed no remorse.
In terms of police dealings with mum and dad mother has generally been very quiet. dad was dismissive when police contacted him to say that Axel needed a parent with him and stated he couldn't get there as he was busy.
Matt queried if a referral had been made for DPA who was the actual victim of this attack with the hockey stick. Paula believes so but will check up. Matt also advised to make referral for DPA so this was logged. Both children reside in Merseyside.
Update from Range High School
Axel started there in yr. 7 and was initially a very quiet child with no issues being raised. Towards the end of year 8 and this year there has been an escalation in his behaviours he's been challenging and inappropriate in some things he's said to teachers and children alike and when challenged doesn't accept any responsibility. Will basically argue even in the face of evidence to the contrary.
They have had minimal contact with the parents however no major concerns raised dad had raised the issue about DPA however there was no evidence of this having taken place.
Regarding Dion, David advised that he DPA DPA uses a wheelchair in school

DPA

The main previous issue in range was from 5/10/19 when Axel had disclosed to Childline that he'd been taking a knife to school and that this had happened on 10 occasions. This was dealt with by lancs police and referred onto social care and ultimately early help initiated support for the family.

DPA

DPA Dad has

expressed concerns to school about whether Axel has SEN.
school aren't aware of any issues between Axel and Dion or there having been any incidents between them.
Steph commented she believes that Axel probably does have ASD. He is due to be assessed next year however the waiting lists for this are significant. During the assessment with her he also mentioned the war in Rwanda and reference to a family member having bene injured/ killed during this. He presented as having no rational responses. Axel advised he has researched ASD and ADD on line and believes he has ADD. He has also been referred to Sefton Camhs and is due to be seen in the next week by Scott there. He will also be referred to forensic CAMHs who specialise in assessing risk.
Information from acorns where Axel has been attending since 17th October. He had his admission meeting then and began in class after the half term on 4th November.
Again initially he was very quiet this has then escalated and he's begun to display strange behaviours creating issues with other children and occasionally fixating on staff members. there have also been issues within acorns where he's used the school computers to "research" school shootings etc.
he has disclosed that in his option he's been bullied however this has not been evidenced when school have looked into this.
Since starting he's been checked prior to entering school and particular lessons to metal detect him to ensure there's no risk to other pupils.
The one main positive experience for Axel during his time at acorns has been when they did a trip to Chester zoo this was for around 4 hours and during this time he was happy and engaging well with other young people.
Update from early help regarding their involvement,.
referred to them following the incident in October and they had difficulties contacting the family and eventually when they did the majority of fathers concern was to support him in getting Axel back into education.

He did advise that they have a significant amount of support from "parenting 2000" in Southport who've advised they are supporting Axel with counselling on a 2 weekly basis. dad is also due to engage with a parenting course and work on building resilience in families and its reported the family have funded some of this counselling themselves.
Anna and Julie provided an update from their visit yesterday. the family engaged with the visit however it appeared that Axel was quite a force in the household, appearing to dominate discussion and at times shout down his parents who did not appear keen to challenge his opinions. This will require further exploration and visits to speak to parents separate from Axel and also speak to Dion by himself.
contrary to his interview and discussion with Steph Axel told Anna and Julie that he had taken the knife to school for protection. Again in their opinion he presented with traits of ASD to a high level.
Parents did say that they do struggle at times with boundaries. Overall it appears that Axel's parents potentially don't understand his additional needs and how to best parent him.
There were no concerns regarding neglect or any sense that parents posed a risk to Axel and there have been no reports of risk from Axel to Dion.
Carmen Thompson from Prevent identified that she will be completing an assessment regarding Axel and considering if a referral to channel programme would be appropriate for him.
Concerns summarised and discussion held regarding risk of significant harm. It was agreed that there is a risk of re-offending from Axel however at this point based on the interactions so far there is no evidence that the children are presently at risk of significant harm. There are positives to consider regarding the parents engagement so far and willingness to work with the LA in these early stages as well as their reported attempts to gain support for Axel through parenting 2000.
It was acknowledged that there is a possibility that through the highlighted actions and assessments risks may escalate but at this time tot he plan is to proceed with assessment work

and reconvene when we have more professional knowledge of the family.
Axel Rudakubana, Dion Rudakubana

Suggested Outcomes Start Section 47 Enquiries (starts
Core/C&F Assessment if not active)
Start C & F Assessment
Disciplinary Procedure
Police Investigation
Arrange follow-up
strategy discussion
Referral to Other Agency
No Further Action

Reasons for these Suggested Outcomes Further follow up strategy meeting required
following further assessments carried out by agencies.
Follow up strategy meeting is arranged for 06/01/19 at 10am.

Agreed actions:

CSC to continue their assessment including
I&S parents by themselves.
Prevent team to commence initial assessment
Skott Morgan to complete to initial CAMHS appointment

DPA

Axel not to return to school at this time, work requested to be sent home from Acorns.
Update to be sought from Parenting 2000
Follow up strategy meeting to be held 6th jan following the updates being gained from the above enquires.
Reason(s) for decision(s) / management oversight of agreed outcome.
Axel Rudakubana, Dion Rudakubana
There is no evidence at this time that either child is at risk of significant harm. there is an acknowledged need for multi agency support and assessment on various areas of need and a level of risk based on Axel's offending and a need to get accounts from Dion alone and from Axel's parents. as such a follow up strategy meeting will take place to consider the risks to the children and further plan the assessment.
This case will progress to Child Protection Conference
Axel Rudakubana, Dion Rudakubana

Further Actions

Medical examination required: Axel Rudakubana, Dion Rudakubana
If yes, when will this take place: Axel Rudakubana, Dion Rudakubana
Name of medical examiner: Axel Rudakubana, Dion Rudakubana
Achieving Best Evidence Interview required: Axel Rudakubana, Dion Rudakubana
If yes, when will this take place: Axel Rudakubana, Dion Rudakubana
Name(s) and agency of interviewer: Axel Rudakubana, Dion Rudakubana
Has a Child Interview Plan record been
completed?
Axel Rudakubana, Dion Rudakubana
If no, when will this be completed Axel Rudakubana, Dion Rudakubana
Name and agency of person responsible for Plan Axel Rudakubana, Dion Rudakubana
Initiate emergency legal action? Axel Rudakubana, Dion Rudakubana
If yes, when will this be initiated: Axel Rudakubana, Dion Rudakubana
Is a further strategy discussion planned? Axel Rudakubana, Dion Rudakubana
If yes, when will this be initiated: Axel Rudakubana, Dion Rudakubana
Further Actions Axel Rudakubana, Dion Rudakubana
Further
actions -
actions to be
taken
Date for
Completion
Person/agency
responsible

Signatures

Axel Rudakubana
Name of Social Worker completing
assessment
Anna Jameson
Signature:
Dion Rudakubana
Name of Social Worker completing
assessment
Anna Jameson
Signature:
Axel Rudakubana
Name of Manager Matt Rowe
Signature:
Dion Rudakubana
Name of Manager Matt Rowe
Signature:

** Electronically signed by Dunn,Julia on 03/03/20 15:40 **
Initialized on 03/03/20 15:36 - END OF NOTE

17/04/20 12:53 - CAMHS - Phone Contact by Carl Dutton
Acct Num: V00002594987 DOB: 07/08/2006 Patient Age: 13

Note verified by Dutton,Carl 17/04/20 12:57:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 17/04/20
Time:: 12:15
Call Duration (mins):: 20

- -
Call Type:: Call Recieved
Contact With:: Professional
Specify (Name,Title,Org):: Anne Simpson- CAMHS YOT LANCASHIRE
Staff Member:: Carl Dutton
Service: Crisis Care

- -
Call Reason:: Discussion
Contact Medium: Telephone
Call Occured: Open
Comments::

ANNE SIMSPOON CALLED ABOUT AXEL AND IF HE WAS STILL UNDER CAMHS AND ALSO HAD REFFEAL BEEN MADE TO ASD ASSESMENT.
ADVISED HAD BEEN SEEN AT SEFTON CAMHS AND LOOKED LIKE CASE WAS STILL OPEN.
ANNE WANTING TO ASK ABOUT SOCIAL ANXIETY WORK AND ALSO IF NEEDS MENTAL HEALTH REVIEWING AND HIS STATUS.
ADVIOSED I WOULD EMAIL TEAM LEADER AT SEFTON CAMHS.

** Electronically signed by Dutton,Carl on 17/04/20 12:57 **
Initialized on 17/04/20 12:53 - END OF NOTE

17/04/20 12:57 - CAMHS - Documents Corresp by Carl Dutton
Acct Num: V00002594987 DOB: 07/08/2006 Patient Age: 13

Note verified by Dutton,Carl 17/04/20 12:59:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Other
Referral to Safeguarding: No
Location:: Other
Date Generated:: 17/04/20
Subject:: REQUEST FROM LANCASHIRE YOT
Additional details::

Hi Vicky,

Axel RUDAKUBANA D.O.B. 07/08/2006
10 Old School Close Hospital No. DPA
Banks, Southport PR9 8SB NHS No. DPA

This young man remains open on the system and was seen by Skott Morgan.

It is unclear if he is open/closed or re-allocated.

Lancashire YOT have contacted for some advise/might need therapy- Anne Simpson(DPA **or email anne.simpson2@lancashire.gov.uk). They are aware he has been refered for ASD assessment but are looking for work around social anxiety and also mental health stastus.**

I advised anne that Sefton CAMHS would be in contact to clarify situation

Contact Medium: Email

** Electronically signed by Dutton,Carl on 17/04/20 12:59 **
Initialized on 17/04/20 12:57 - END OF NOTE

01/05/20 11:34 - CAMHS - Phone Contact by Vicky Killen
Acct Num: V00002594987 DOB: 07/08/2006 Patient Age: 13

Note verified by Killen,Vicky 01/05/20 12:11:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information

Date of call:: 01/05/20
Time:: 11:35
Call Duration (mins):: 20

- -
Call Type:: Call Made
Specify (Name,Title,Org):: Anne Simpson - YOT
Staff Member:: Vicky Killen
Service: Sefton Specialist

- -
Call Reason:: Discussion
Contact Medium: Telephone
Call Occured: Open

CAMHS - Discussed with

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- -
Details:
Phone call to Anne Simpson from YOT - she is CAMHS worker, been referred to Axel for social anxiety work. is that neccessary if CAMHS involved.

ORDER - referral order from 19th Feb for 10 months.

ASSET - carrying knives into school - no risk to practitioners - not present - pathways - decided not to MAPPA

Outcome

reoffending risk - medium
significant harm risk - medium
risk to children - no - this seem unusual as if he reoffends with significant harm it is likely to be against children.

Goals - positive activities out of the house, suitable education.

Anxious -

Prevent - no evidence of radicalisation from Anne's view but concerns re pattern for school shooting (trigger offence similarities)

Acorns - obsessing about staff members any other evidence of disordered thinking? none that she can see.

Bullied - if not paranoia - not clear that this is the case.

social worker Anna Croll - anna.croll@lancashire.gov.uk

Anna Jameson - social worker from Lancashire.

Plan - VK to do EHCP
CAMHS worker to pick up work on emotional regulation and anxiety
VK check comm paed referral in.

** Electronically signed by Killen,Vicky on 01/05/20 12:11 **
Initialized on 01/05/20 11:34 - END OF NOTE

01/05/20 12:12 - CAMHS - Documents Corresp by Vicky Killen
Acct Num: V00002594987 DOB: 07/08/2006 Patient Age: 13

Note verified by Killen,Vicky 01/05/20 12:13:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Administration
Referral to Safeguarding: No
Date Generated:: 24/04/20
Additional details::

From Anne Simpson YOT worker

** This email has been sent from an external source be mindful with any links or requests from the sender **

thanks

From: Killen Vicky <Vicky.Killen@alderhey.nhs.uk>
Sent: 24 April 2020 10:54
To: Simpson, Anne (CYP - YOT) <Anne.Simpson2@lancashire.gov.uk>; Locke Jill <Jill.Locke@alderhey.nhs.uk>
Subject: RE: Axel

Hi Anne

I will give you a call later Jill is following up with the family.

Thanks

Vicky

Dr Vicky Killen
Clinical Lead / Clinical Psychologist

(Please Note : I finish at 3 on a Thursdays and Fridays)

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

I am happy to speak on the phone sometime today?? DPA

From: Killen Vicky <Vicky.Killen@alderhey.nhs.uk>
Sent: 24 April 2020 09:23
To: Simpson, Anne (CYP - YOT) <Anne.Simpson2@lancashire.gov.uk>
Cc: Locke Jill <Jill.Locke@alderhey.nhs.uk>
Subject: Axel

Hi Anne

Sorry for delay

Anne was seen by a practitioner who left a bit abruptly. Jill Locke is DPA so can link with the family in the interim.

We have received the EHCP advice which I will try to work on from the records.

For info Axel is allocated to a practitioner starting next week (1st May) so they will be in touch the following week. In the meantime we need to pick up any outstanding issues on duty.

We can give you a call today if you think that will be helpful? I apologise as I was hoping to have done this sooner.

Thanks

Vicky

Dr Vicky Killen
Clinical Lead / Clinical Psychologist

(Please Note : I finish at 3 on a Thursdays and Fridays)

Sefton Specialist CAMHS
Alder Hey Children's NHS Trust
Second Floor
Burlington House
Crosby Road North
Liverpool
L22 0PJ

Telephone : DPA

****
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Contact Medium: Email
Contact Occured: Open

** Electronically signed by Killen,Vicky on 01/05/20 12:13 **
Initialized on 01/05/20 12:12 - END OF NOTE

01/05/20 13:33 - CAMHS - Phone Contact by Jill Locke
Acct Num: V00002594987 DOB: 07/08/2006 Patient Age: 13

Note verified by Locke,Jill 01/05/20 13:45:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 01/05/20

Time:: 11:55
Call Duration (mins):: 5

- -
Call Type:: Call Recieved
Contact With:: Parent or Carer
Specify (Name,Title,Org):: Alphonse Rudakubana, father
Staff Member:: Jill Locke
Service: Sefton Specialist

- -
Call Reason:: Information
Contact Medium: Telephone
Call Occured: Open
Comments::

Alphonse rang to return my call dated 24/04/20, he apologised for the delay and explained that he had been having problems with his phone. Informed Alphonse that a new case manager, Sam Cropper, has been allocated to Axel and that he will be in touch within the next week or two. Alphonse said that he was happy with this and his only query was in relation to the ASC assessment and contact from Developmental Paediatrician. Explained that this is a different department to CAMHS and Alphonse said he will try to follow it up with Alder Hey.

Alphonse stated that Axel and all the family are well and that he had no (urgent) concerns. Alphonse has the number for CAMHS and is aware that he can ring if he would like to speak with a clinician while waiting for Sam to make contact.

** Electronically signed by Locke,Jill on 01/05/20 13:45 **
Initialized on 01/05/20 13:33 - END OF NOTE

07/05/20 14:26 - CAMHS - Phone Contact by Samuel Coppard
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 07/05/20 14:35:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 07/05/20
Time:: 14:27
Call Duration (mins):: 5

- -
Call Type:: Left Message
Contact With:: Parent or Carer
Specify (Name,Title,Org):: Alphonse (father)/Letitia (mother)

Staff Member:: Samuel Coppard
Service: Sefton Specialist

- -
Call Reason:: Arranging Appointment, Consultation/Advice
Contact Medium: Telephone
Call Occured: Open

CAMHS - Discussed with

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- -
Discussion With: Parents (Mother& Father)
Duration (mins): 5
Details:

Telephone call to parents on numbers recorded on Meditech following discussion with Jill Locke (Duty Clinician) regarding receipt of information from GP requesting follow up from CAMHS.

There was no response from either mobile telephone number. Message for Alphonse (father) apprising him that I had attempted to speak with him to introduce myself as the allocated worker for the family and that I was hoping to make arrangements to discuss current progress and how CAMHS can be useful to them at this time.

Plan:
Contact details for CAMHS have been provided to the family by Jill Locke and they are aware of how to access the service.
I will try to contact again today to speak with either of Axel's parents.
If there is no response then I will leave a message detailing when I will try to contact the family again and to provide risk management advice for contacting the service out of hours if required.

** Electronically signed by Coppard,Samuel on 07/05/20 14:35 **
Initialized on 07/05/20 14:26 - END OF NOTE

07/05/20 15:02 - CAMHS - Phone Contact by Samuel Coppard
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 07/05/20 15:04:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 07/05/20

Time:: 15:02
Call Duration (mins):: 5

- -
Call Type:: Left Message
Contact With:: Parent or Carer
Specify (Name,Title,Org):: Alphonse (father)
Staff Member:: Samuel Coppard
Service: Sefton Specialist

- -
Call Reason:: Arranging Appointment, Consultation/Advice
Contact Medium: Telephone
Call Occured: Open

CAMHS - Discussed with

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- -
Discussion With: Parent - telephoen message left
Duration (mins): 5
Details:

Further telephone contact attempted. No response. Message left for Alphonse to contact me at Sefton CAMHS.

** Electronically signed by Coppard,Samuel on 07/05/20 15:04 **
Initialized on 07/05/20 15:02 - END OF NOTE

13/05/20 17:13 - CAMHS - Phone Contact by Samuel Coppard
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 13/05/20 17:17:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 13/05/20
Time:: 17:13
Call Duration (mins):: 5

- -
Call Type:: Left Message

Contact With:: Parent or Carer
Specify (Name,Title,Org):: Alphonse (father)
Staff Member:: Samuel Coppard
Service: Sefton Specialist

- -
Call Reason:: Arranging Appointment

CAMHS - Discussed with

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- -
Discussion With: message left for parent
Duration (mins): 5
Details:

Telephone call to parent to introduce myself, discuss current progress and role of CAMHS. There was no answer. Message left apprising Alphonse of my attempts to contact the family to arrange appointments. I have stated in my message that I will call again on Friday 10.30am.

** Electronically signed by Coppard,Samuel on 13/05/20 17:17 **
Initialized on 13/05/20 17:13 - END OF NOTE

14/05/20 16:02 - CAMHS - Phone Contact by Samuel Coppard
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 14/05/20 17:18:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 14/05/20
Time:: 12:00
Call Duration (mins):: 30

- -
Call Type:: Call Made
Contact With:: Parent or Carer
Specify (Name,Title,Org):: Alphonse (father) DPA
Staff Member:: Samuel Coppard
Service: Sefton Specialist

- -

Call Reason:: Arranging Appointment
Contact Medium: Telephone
Call Occured: Open

CAMHS - Discussed with

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- -
Discussion With: telephone dicussion with parent
Duration (mins): 30
Details:

Telephone conversation with Alphonse (father).

We discussed Axel's current presentation. His father informed me that Axel was okay in general but that he had been experiencing a lot of 'nervousness' going out. This means he struggles to go to the shop unless accompanied by a parent. This has been an ongoing issue. It is not new and even when he was at school, he struggled to cope unless his friends were with him. Alphonse described Axel's nervous behaviour as rubbing his hands uncontrollably, shaking and getting easily upset or angry. This is also exacerbated by Axel's poor sleep as he is often awake for long periods struggling to get to sleep due to feeling mentally alert and bored.

Alphonse described Axel as requiring a lot of mental stimulation but not very energetic. In relation to mood Alphonse described Axel as someone who may get frustrated if something is said to him that he perceives as offensive or judging. Axel was described as getting into an argument easily if he disagreed with something and that he will stick to his view. We discussed how axel could become quite rigid in his views. Alphonse agreed and we discussed how this might be a characteristic of ASC.

Alphonse said that a referral has been made to the ASC Pathway but as yet they have not had an assessment. Alphonse said he would contcat the ASC Pathway to find out some more information.

Axel attends Acorn school but Axel has told his father that he would prefer to return to mainstream. Alphonse acknowledged this would be difficult due to the incident where another pupil was injured by Axel. Alphonse said Axel is not doing any schoolwork at home and Axel has said that he will do school work at school but not at home. Alphonse is in regular contact with the school and there is a Skype meeting on Tuesday.

Axel has stated that he would like to consider medication for the nervousness. However Alphonse said that he has concerns about side effects. I stated that I would discuss the medication with the MDT tomorrow but that talking therapy is the primary intervention indicated for anxiety. I stated that Axel would need to consider participating in some sessions that focused on education around anxiety and finding ways of learning how to manage and cope with different situations whether he was prescribed medication or not. Alphonse said he was in agreement that talking therapy should be considered first.

I agreed to contact Axel tomorrow at 12pm to introduce myself and to establish some goals he would like to work towards in relation to the nervousness he is reporting. Alphonse also provided his email DPA for future correspondence. I explained that the email contact was for arranging appointments and sharing information sheets only and should not be used for crisis or discussing clinical matters as these should be undertaken by telephone. I reiterated how the family could contact CAMHS either by the main service telephone number or via the crisis line. Alphonse informed me at the moment there were no problems regarding Axel's mental state or mood but he had the numbers if required.

** Electronically signed by Coppard,Samuel on 14/05/20 17:18 **
Initialized on 14/05/20 16:02 - END OF NOTE

18/05/20 10:08 - CAMHS - Phone Contact by Samuel Coppard
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 18/05/20 10:23:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 15/05/20
Time:: 12:30
Call Duration (mins):: 45

- -
Call Type:: Call Made
Contact With:: Young person
Specify (Name,Title,Org):: Axel
Staff Member:: Samuel Coppard
Service: Sefton Specialist

- -
Call Reason:: Discussion
Contact Medium: Telephone

CAMHS - Discussed with

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- -
Discussion With: Axel & his father
Duration (mins): 45
Details:

Telephone call to Axel as planned. I spoke with Alphonse (father) to get an update regarding my recent contact. Alphonse said he hadn't really spoken with Axel about my calls but he had been thinking about different options for Axel's schooling. Alphonse stated that he had been doing some research and identified two schools he thought would be suitable for Axel. I stated that these were conversations that would be useful to take place between him, Axel and school as educations would be making recommendations about learning needs and suitability of the environment for Axel. Alphonse said that once Axel makes his mind up that he 'just doesn't like it' then he wouldn't do it.

I asked to speak with Axel and he agreed to speak with me. I asked Axel how I could be useful to him as a CAMHS practitioner and what needs he felt needed to be addressed. Axel replied by saying "nothing". I checked with Axel that he was saying he didn't have any difficulties that he wanted to discuss or consider in relation to therapy. Axel confirmed that he didn't have anything he wanted to discuss.

I asked Axel about his visit to the GP and the letter we had received outlining his nervousness and worry about going out. I asked Axel if he thought the worry about going out was something he felt would be worthwhile us discussing. Axel said "maybe".

I agreed to send Axel some information in relation to anxiety for him to read and consider before we next spoke. Axel agreed to this plan and I said that the information may give him some ideas for what goals or what issues mare most important to him.

Plan:
Contact Axel by telephone on Monday 18/5/20 at 12pm to discuss anxiety and consider goals for working together.
Email Alphonse information regarding anxiety for him and Axel to read and consider before my call at 12pm on Monday.

** Electronically signed by Coppard,Samuel on 18/05/20 10:23 **
Initialized on 18/05/20 10:08 - END OF NOTE

18/05/20 10:53 - CAMHS - Documents Corresp by Samuel Coppard
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 18/05/20 10:57:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: Session material (Anxiety Information Sheets)
Contact Type: Direct Contact
Referral to Safeguarding: No
Location:: Other (Email)
If other specify:: Outlook Email to DPA
Date Generated:: 18/05/20
Subject:: Anxiety Information Sheets
Contact Medium: Email
Contact Occured: Open

** Electronically signed by Coppard,Samuel on 18/05/20 10:57 **
Initialized on 18/05/20 10:53 - END OF NOTE

18/05/20 12:51 - CAMHS - Phone Contact by Samuel Coppard
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 18/05/20 13:03:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 18/05/20
Time:: 12:20
Call Duration (mins):: 30

- -
Call Type:: Call Made
Contact With:: Young person
Specify (Name,Title,Org):: Axel & Alphonse (father)
Staff Member:: Samuel Coppard
Service: Sefton Specialist

- -
Call Reason:: Consultation/Advice, Discussion
Contact Medium: Telephone
Call Occured: Open

CAMHS - Discussed with

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- -
Discussion With: Axel & Alphonse (father)
Duration (mins): 30
Details:

Telephone call to Axel. I spoke with his father Alphonse (tel: DPA for the first half of the call and then with Axel on the second half of the call (tel: DPA

Alphonse confirmed he had received my email containing 4 attachments on anxiety. Alphonse said he would read them and share them with Axel. I suggested that he discuss the content with Axel to generate some ideas and understanding about what is anxiety and how it effects Axel and others around him. Alphonse said it was useful receiving information in this way. He asked that I recommend to Axel that he discuss it with his father as Alphonse believed that Axel was more likely to carry out the task if it was advised by me.

I spoke with Axel and encouraged him to read the documents I had sent. Axel agreed to read them and discuss with his father. Axel confirmed that this was a relevant issue that he wanted to explore with me.

Plan/Outcome
I have agreed to contact Axel again on Monday at 12pm to ascertain what he found useful in the papers and what effect it has had since reading them, both in his understanding of anxiety and his relationships

with other. Axel is in agreement with this plan.

** Electronically signed by Coppard,Samuel on 18/05/20 13:03 **
Initialized on 18/05/20 12:51 - END OF NOTE

18/05/20 13:14 - CAMHS - Documents Corresp by Samuel Coppard
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 18/05/20 13:16:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail
Contact Type: Direct Contact
Referral to Safeguarding: No
Location:: Other
If other specify:: Outlook Email
Date Generated:: 18/05/20
Additional details::

Email sent to DPA (father) to provide email address for ASC related resources.

https://mindsandhearts.net/useful-resources/

Contact Medium: Email
Contact Occured: Open

** Electronically signed by Coppard,Samuel on 18/05/20 13:16 **
Initialized on 18/05/20 13:14 - END OF NOTE

27/05/20 13:42 - CAMHS - Documents Corresp by Samuel Coppard
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 27/05/20 13:44:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail

Contact Type: Direct Contact (Email to parent to arrange a telephone appointment on Friday 29.5.20 11am. Unable ot speak with family on Monday due to bank holiday)

** Electronically signed by Coppard,Samuel on 27/05/20 13:44 **
Initialized on 27/05/20 13:42 - END OF NOTE

29/05/20 21:34 - CAMHS - Phone Contact by Samuel Coppard
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 29/05/20 21:40:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 29/05/20
Time:: 13:00
Call Duration (mins):: 5

- -
Call Type:: Failed call
Contact With:: Parent or Carer
Specify (Name,Title,Org):: alphonse (father)
Staff Member:: Samuel Coppard
Service: Sefton Specialist

- -
Call Reason:: Discussion
Contact Medium: Telephone

CAMHS - Discussed with

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- -
Discussion With: failed call with parent
Duration (mins): 5
Details:
Telephone call to parent. There was no answer. Email sent to parent apprising them of my attempt to make contact by telephone and offering another telephone contact on Monday 1st June 1pm.

** Electronically signed by Coppard,Samuel on 29/05/20 21:40 **
Initialized on 29/05/20 21:34 - END OF NOTE

02/06/20 13:45 - CAMHS - Phone Contact by Samuel Coppard
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 02/06/20 13:56:

Original Note:

CAMHS - Phone Contact

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- Call Information
Date of call:: 01/06/20
Time:: 13:00
Call Duration (mins):: 40

- -
Call Type:: Call Made
Contact With:: Young person
Specify (Name,Title,Org):: Axel & Alphonse (father)
Staff Member:: Samuel Coppard
Service: Sefton Specialist

- -
Call Reason:: Discussion
Contact Medium: Telephone
Call Occured: Open

CAMHS - Discussed with

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number

- -
Discussion With: Axel and his father
Duration (mins): 40
Details:

I contacted Axel as planned to follow up the anxiety work that we had agreed. I initially spoke with Alphonse who informed me that he had shared the anxiety information sheets with me but Axel had told him that he had not read them. He had not given a reason why. I asked about whether he had spoken to Axel about the information by Alphonse said this had not happened as Axel had not really wanted to talk about it.

I acknowledged the difficulty in the communication between them and asked how I could continue to provide a level of intervention to Axel. Alphonse stated that he felt that it was probably more likely to happen when Axel is able to have a face to face appointment in the future.

I spoke with Axel as he father said he was in a good mood this morning and that he was aware that i would be calling. Axel said that he hadn't been experiencing much anxiety. I asked him how he had been

able to achieve this. Axel said he wasn't sure. I encouraged Axel to consider what had made the difference for him. I asked him about the information sheets and he confirmed he had not read them. I encouraged him to read them so that we could consider them together. I also asked Axel if he would be able to chart or make a note of some of his worry and to rate it in different situations. Axel said that he was unlikely to do this. I asked how we might go about understanding the anxiety and its influence. Axel said he wasn't sure. I suggested that we try to examine the anxiety together in our telephone conversations. Axel agreed to this. Axel said that he often had worry around but he wasn't sure what it was. it was different things.

I agreed to confirm the date and time and time of our next appointment with his father. I subsequently sent an email to Alphonse offering Friday 12th June 1pm. I will also send some additional information relating to anxiety and its management for Alphonse to read and share with Axel.

** Electronically signed by Coppard,Samuel on 02/06/20 13:56 **
Initialized on 02/06/20 13:45 - END OF NOTE

04/06/20 09:48 - CAMHS - Outcome (EPPF) by Samuel Coppard

Acct Num: V00002618362 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 04/06/20 09:49:

Original Note:

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Appointment
Session Date: 01/06/20
Session Start Time: 13:00
Session End Time: 14:00
Session Duration (mins):: 1 hours and 0 minutes
Is this a virtual consultation?: No

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Treatment Ongoing/has started
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

** Electronically signed by Coppard,Samuel on 04/06/20 09:49 **
Initialized on 04/06/20 09:48 - END OF NOTE

04/06/20 09:49 - CAMHS - Session Note by Samuel Coppard

Acct Num: V00002618362 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 04/06/20 09:55:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 01/06/20
Session Start Time: 13:00
Session End Time: 14:00
Session Duration (mins):: 1 hours and 0 minutes

- -
Event/Session Contact Medium: Telephone
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Family Therapy Prof

- Clinicians Present
Clinician Present:: Samuel Coppard

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person, Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Alphonse (father) and Axel
Advocate in attendance: N/A
About Questionnaires: Did a child/young person refuse to complete a questionaire at least 1
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: On time
Appointment Type:: Core Partnership

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Anxiety Management

- -
Clinical Notes::

Telephone call to Axel for planned session to address identified goal of understanding anxiety and its management. Telephone call completed due to COVID-19 precautions which had resulted in the limiting of face to face contact in order to reduce the risk of spread of coronavirus.

I spoke with both Alphonse and Axel (see related information recorded in phone contact on Meditech).

No risk issues identified by parent or Axel during the conversation.

We have agreed to continue with anxiety management.

Next appointment agreed for 12th June 1pm by telephone. I also agreed to forward some additional information relating to anxiety management by email prior to the appointment for Axel and his father to read.
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

** Electronically signed by Coppard,Samuel on 04/06/20 09:55 **
Initialized on 04/06/20 09:49 - END OF NOTE

04/06/20 09:59 - CAMHS - Documents Corresp by Samuel Coppard
Acct Num: V00002592485 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 04/06/20 10:02:

Original Note:

CAMHS - Documents Corresponden

- .
Information:: *** This document should only be used against 'RCR' registration type ***. Please ensure you are documenting on the right account number
Type of Document:: E-mail, Session material (anxiety management information sheets)
Contact Type: Direct Contact
Referral to Safeguarding: No
Location:: Other
If other specify:: outlook
Date Generated:: 04/06/20
Subject:: anxiety management information
Additional details::
PDF Unhelpful Thinking Styles/ PDF Breathing Retraining

From: Coppard Sam
Sent: 04 June 2020 09:59
To: DPA
Subject: anxiety management information

Hi Alphonse & Axel,

Here are two additional information sheets in preparation for our next conversation on 12th June 1pm.

Looking forward to speaking with you both.
Contact Medium: Email
Contact Occured: Open

** Electronically signed by Coppard,Samuel on 04/06/20 10:02 **
Initialized on 04/06/20 09:59 - END OF NOTE

15/06/20 16:22 - CAMHS - Outcome (EPPF) by Samuel Coppard
Acct Num: V00002829930 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 15/06/20 16:24:

Original Note:

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Appointment
Session Date: 12/06/20
Session Start Time: 13:00
Session End Time: 13:30
Session Duration (mins):: hours and 30 minutes
Is this a virtual consultation?: No

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Treatment Ongoing/has started
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Core Partnership (Follow up)
Specify Attendees: Alphonse (father)

- Appointment Details
Resource Name or Appointment type: Core Partnership
Follow Up Time Frame: Weeks
Follow Up Time Frame: 1
Next Appointment Date (specific date): 15/06/20

Appointment Time:(specific time): 16:45
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Tolerance Instruction: ** 0 Tolerance means the patient must attend in the time scale recorded above **
Overbook the Clinic if necessary: No
Appointment Location: Community
Specify Community/Other Location: Telephone
Is the patient aware?: Yes (Discussed with father and agreed.)
Does the patient need a letter?: No
Room Required: No
Interpreter required?: No

** Electronically signed by Coppard,Samuel on 15/06/20 16:24 **
Initialized on 15/06/20 16:22 - END OF NOTE

15/06/20 16:25 - CAMHS - Session Note by Samuel Coppard
Acct Num: V00002829930 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 15/06/20 16:31:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 12/06/20
Session Start Time: 13:00
Session End Time: 13:30
Session Duration (mins):: hours and 30 minutes

- -
Event/Session Contact Medium: Telephone
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Family Therapy Prof

- Clinicians Present
Clinician Present:: Samuel Coppard

- -
Young Person and Family Attendance (Tick all the apply):: Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Alphonse (father)
Advocate in attendance: N/A
About Questionnaires: Did a child/young person refuse to complete a questionaire at least 1

Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: Appointment without patient
Appointment Type:: Core Partnership

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Parent

- Actual Intervention
Actual Intervention:: Assessment

- -
Clinical Notes::

Telephone call to family for ongoing anxiety intervention. I spoke with Alphonse who informed me that Axel was in bed. He agreed to try to wake Axel but Axel declined to speak with me. Axel did not give an explanation.

I spoke with Alphonse about how we can overcome the difficulties in engagement as Axel is not keen on speaking with me. Alphonse stated that he thinks it might better if we consider a face to face appointment. I agreed to offer Axel another appointment on Monday 15 June at 4.45pm as it is in the afternoon and hopefully Axel will be awake and out of bed.

I encouraged Alphonse to speak with Axel about the appointments and to talk about what Axel would like to gain from them. Alphonse said he had read the anxiety management materials I had sent and these had been useful. I suggested that Alphonse try and speak with Axel about the information sheets and to consider how they each might show bias in different situations and how noticing these bias might influence the way they experience each other and the situation.
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

** Electronically signed by Coppard,Samuel on 15/06/20 16:31 **
Initialized on 15/06/20 16:25 - END OF NOTE

23/06/20 15:20 - CAMHS - Outcome (EPPF) by Samuel Coppard
Acct Num: V00002852020 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 23/06/20 15:23:

Original Note:

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Appointment
Session Date: 15/06/20
Session Start Time: 16:45
Session End Time: 17:15
Session Duration (mins):: hours and 30 minutes
Is this a virtual consultation?: No

- 18 Week Outcome
Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Treatment Ongoing/has started
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Core Partnership (Follow up)
Specify Attendees: Axel and Alphone (father)

- Appointment Details
Resource Name or Appointment type: Core Partnership (follow up)
Follow Up Time Frame: Weeks
Follow Up Time Frame: 3
Next Appointment Date (specific date): 02/07/20
Appointment Time:(specific time): 15:00
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Tolerance Instruction: ** 0 Tolerance means the patient must attend in the time scale recorded above **
Overbook the Clinic if necessary: No
Appointment Location: Burlington House
Is the patient aware?: Yes
Does the patient need a letter?: Yes
Room Required: Yes
Interpreter required?: No

** Electronically signed by Coppard,Samuel on 23/06/20 15:23 **
Initialized on 23/06/20 15:20 - END OF NOTE

23/06/20 15:23 - CAMHS - Session Note by Samuel Coppard
Acct Num: V00002852020 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 23/06/20 15:37:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 15/06/20
Session Start Time: 16:45
Session End Time: 17:15
Session Duration (mins):: hours and 30 minutes

- -
Event/Session Contact Medium: Telephone
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Family Therapy Prof

- Clinicians Present
Clinician Present:: Samuel Coppard

- -
Young Person and Family Attendance (Tick all the apply):: Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Alphonse (father)
Advocate in attendance: N/A
About Questionnaires: Did a child/young person refuse to complete a questionaire at least 1
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: Appointment without patient
Appointment Type:: Core Partnership

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Parent

- Actual Intervention
Actual Intervention:: Advice, Assessment Engagement

- -
Clinical Notes::

Telephone call to Axel and parent as planned for partnership appointment to address anxiety. We had agreed that I would call late in the day as it may be a better opportunity to speak with Axel, as he has been in bed sleeping a lot through the day.

I spoke with Alphonse who said he had not seen or spoken to Axel as he had been in bed. I asked Alphonse if they had spoken about my previous calls and the information I had sent. Alphonse informed me that he and Axel had not spoken about my contacts as Axel did not want to talk with him about it.

Alphonse tried to wake Axel and passed him the phone. The phone call ended. I called back and Alphonse informed me that Axel had pressed the button to end the call rather than speak with me.

I spoke at length with Alphonse about how it would not be appropriate to continue to persist in offering appointments to Axel that he did not want. Alphonse requested an appointment in September as it was likely that when Axel was asked to go back to school he would become distressed. I stated that I hadoffered anxiety management to Axel that would also address anticipatory anxiety and what preparations could be made to support Axel during any times of transition but Axel was not showing any willingness or readiness. Alphonse stated that he worried about getting back into CAMHS if Axel was discharged. I stated that Axel would be re-allocated a case manager if re-referred within 3 months.

I stated that I would discuss with the MDT as I had reservations about a young person being open to CAMHS who was declining any treatment or intervention. I stated that I had offered both telephone and online consultation to Axel but he was declining. Alphonse suggested I offer a face to face. I agreed to offer a face to face appointment on 2 July 3pm at Burlington House (conditional on it being approved by the MDT). Alphonse asked if it could be offered in August and when I clarified why he wanted August he said it was to try to get it as close to September as possible.

I reiterated that I would offer 2 July 3pm at Burlington House (subject to approval by the MDT). I stated that all requests for face to face contacts needed to be considered due to the restrictions in relation to COVID-19. I agreed to confirm face to face appointment by email. Alphonse was in agreement and stated that Axel had been receiving therapy from Claudia at Parenting 2000 but this was due to end. Prior to this Alphonse stated he had been paying for therapy privately which is also why he was wanting to remain involved with CAMHS.
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

** Electronically signed by Coppard,Samuel on 23/06/20 15:37 **
Initialized on 23/06/20 15:23 - END OF NOTE

03/07/20 10:29 - CAMHS - Outcome (EPPF) by Samuel Coppard
Acct Num: V00002863415 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 03/07/20 10:33:

Original Note:

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Appointment
Session Date: 02/07/20
Session Start Time: 15:00
Session End Time: 16:00
Session Duration (mins):: 1 hours and 0 minutes
Is this a virtual consultation?: No

- 18 Week Outcome

Previous 18 Week Outcome:

Pathway	Child & Adol Services
Start Date	13/12/19
End Date	17/12/19
Status	Treatment Ongoing/has started
RTT Target	17/04/20

18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Core Partnership (Follow up)
Specify Attendees: Parent & Child

- Appointment Details
Resource Name or Appointment type: Core Partnership (follow up)
Follow Up Time Frame: Weeks
Follow Up Time Frame: 1
Next Appointment Date (specific date): 09/07/20
Appointment Time:(specific time): 15:00
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Tolerance Instruction: ** 0 Tolerance means the patient must attend in the time scale recorded above **
Overbook the Clinic if necessary: No
Appointment Location: Burlington House
Specify Community/Other Location: Burlington House (Face to Face)...Family Therapy Room
Is the patient aware?: Yes
Does the patient need a letter?: No
Room Required: Yes
Interpreter required?: No

** Electronically signed by Coppard,Samuel on 03/07/20 10:33 **
Initialized on 03/07/20 10:29 - END OF NOTE

03/07/20 10:33 - CAMHS - Session Note by Samuel Coppard
Acct Num: V00002863415 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 03/07/20 10:58:

Original Note:

CAMHS - Session Note

- -
Information:: *** Session Notes should only be used against 'Clinic' or 'Inpatient' registration types ***. Please ensure you are documenting on the right account number

- -
Session Date: 02/07/20

Session Start Time: 15:00
Session End Time: 16:00
Session Duration (mins):: 1 hours and 0 minutes

- -
Event/Session Contact Medium: Face to face communication
Contact Type:: Direct Contact
Contact Occurred: Open
Location: Out-Patient Clinic
Additional Location Info: CAMHS Community Clinic
Service: Sefton Specialist
Attending Professionals: Family Therapy Prof

- Clinicians Present
Clinician Present:: Samuel Coppard

- -
Young Person and Family Attendance (Tick all the apply):: Child or young person, Parent or Relative
Action: ***** Please enter names in the field below *****
Names: Axel & Alphonse (father)
Advocate in attendance: N/A
About Questionnaires: Did a child/young person refuse to complete a questionaire at least 1
Has consent to share data been withdrawn?: No
Key crisis or issue to consider?: No

- -
Patient Attendance: Arrived Late
Appointment Type:: Core Partnership

CAMHS - Session Intervent

- Interventions
Type of Intervention:: Individual

- Actual Intervention
Actual Intervention:: Assessment Engagement

- -
Clinical Notes::

Axel attended with his father Alphonse.They were late arriving as Alphonse had taken Axel to Southport Hub instead of Burlington House. Alphonse had informed me that he could be at Burlington at 3.30pm but they arrived at 4pm. I agreed to see them and we completed an hour session. Alphonse remained with Axel throughout the meeting although we agreed that it may be useful for Axel to be seen alone for part of the meeting.

Axel stated that nerves was his main problem and that he had experienced anxiety since yr5. It has been worse in Yr7 particularly in relation to social situations and eating in social situations. These difficulties occur mostly in school although also at home sometimes. We discussed how he was able to find ways of managing at home that meant he did not encounter situations that made him anxious. We discussed how this may be part of a pattern of avoidance that temporarily removes the anxiety but disables him from tolerating it in the future. Axel described experiencing thoughts that he was being judged by others when in school. Alphonse stated that he believed Axel had encountered a lot of bullying and difficulties in relationships in school which had possibly made the nerves worse for Axel. Axel denied this and stated that his father was wrong. Axel frequently rejected his fathers ideas about what was contributing to the

nervousness and said that what he was saying was stupid. His father also commented on the possibility of Axel having ASC. Axel stated that he did not think he had autism and said that he could normally tell if someone had ASC. I shared that it was often difficult for professionals to determine so I was curious about he was able to know who had ASC. He said he didn't know. I also asked Axel if he had done any reading or research on ASC to help him understand what it was and he said he had not.

I talked about 'mind reading' and bias as possible factors in generating worry. Axel stated that he had received 20 sessions from a psychologist. His father clarified that it was a counsellor and I confirmed that it was through Parenting 2000. Alphonse stated that Axel was now wanting medication. I stated that medication was not the first line treatment and that talking therapy was indicated. Axel stated that he felt that people didn't think the anxiety was serious. I responded by saying that the purpose in our conversation was to talk about the anxiety and that it was one of the most prevalent problems children and adults experienced. I spoke with Axel about the need to be motivated and active in tackling the anxiety through talking and behavioural experiments. I used the imagery of a football player, encouraging Axel to think about how much training they undertake in order to perform on the pitch under stress. I suggested that it would be difficult for someone to play in a football team if they had never played before and hadn't spent any time preparing or learning. I linked this to anxiety management and the requirement for persistence and perseverance in overcoming the obstacles.

I recommended Axel revisit the educational material about anxiety I had sent him as he had not read any of it. I shared some diagrams about the effects of anxiety on the brain and arousal. I asked Axel was had been useful to him in the meeting and he said he wasn't sure. His father said it might be helpful if Axel had some time alone in future meetings as this may help Axel to talk more with him being present.

Outcome:
I agreed to meet with Axel face to face again on 9th July 3pm at Burlington House. His father agreed to bring him to the meeting and accompany him for part of the session. I have agreed to continue to explore anxiety and its management with Axel.
I also informed Axel that I have a meeting arranged with his YOT worker John Fitzpatrick and the West Lancs CAMHS Practitioner assigned to YOT on 9th July.
Current Risk Identified: No
Change to current Care Plan: No

- -
Action: ***** Go to the Add Section to complete the Outcome Document *****

** Electronically signed by Coppard,Samuel on 03/07/20 10:58 **
Initialized on 03/07/20 10:33 - END OF NOTE

09/07/20 15:44 - CAMHS - DNA Outcome by Samuel Coppard
Acct Num: V00002878082 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 09/07/20 15:48:

Original Note:

CAMHS - DNA Outcome
Information:: *** The DNA document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- -
CAMHS -DNA Outcome: Send Again

- Appointment Details
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Core Partnership (Follow up)
Specify Attendees: Parent & Child
Resource Name or Appointment type: Core Partnership (follow-up) face to face
Next Appointment Date: 16/07/20
Appointment Time:: 15:40
Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Appointment Location: Burlington House
Specify Community/Other Location: Room 4, Face to Face, Burlington House
Is the patient aware?: Yes (Informed by email and confirmed they will attend)
Does the patient need a letter?: No
Room Required: Yes
Interpreter required?: No

** Electronically signed by Coppard,Samuel on 09/07/20 15:48 **
Initialized on 09/07/20 15:44 - END OF NOTE

16/07/20 16:41 - CAMHS - Outcome (EPPF) by Samuel Coppard
Acct Num: V00002887028 DOB: 07/08/2006 Patient Age: 13

Note verified by Coppard,Samuel 16/07/20 16:47:

Original Note:

CAMHS - Session Outcome
Information:: *** The Outcome document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- Today's Appointment
Session Date: 16/07/20
Session Start Time: 15:00
Session End Time: 16:00
Session Duration (mins):: 1 hours and 0 minutes
Today's Consultation Type is?: Face to Face

- 18 Week Outcome
18wk Outcome: Treatment Already Given

- Next Appointment Information
Which Service: Sefton Specialist
CAMHS - Type of Appointment: Core Partnership (Follow up)
Specify Attendees: Parent & Child

- Appointment Details
Resource Name or Appointment type: Core Partnership (face to face)
Future Appointment Consultation Type: Face to Face
Follow Up Time Frame: Weeks
Follow Up Time Frame: 2
Next Appointment Date (specific date): 23/07/20
Appointment Time:(specific time): 15:00

Tolerance (+/-) Consider Clinical Risk: 0 Tolerance
Tolerance Instruction: ** 0 Tolerance means the patient must attend in the time scale recorded above **
Overbook the Clinic if necessary: No
Appointment Location: Burlington House
Specify Community/Other Location: Burlington House, Room 4
Is the patient aware?: Yes
Does the patient need a letter?: No
Room Required: No
Interpreter required?: No

** Electronically signed by Coppard,Samuel on 16/07/20 16:47 **
Initialized on 16/07/20 16:41 - END OF NOTE

11/08/20 11:56 - CAMHS - DNA Outcome by Samuel Coppard
Acct Num: V00002897268 DOB: 07/08/2006 Patient Age: 14

Note verified by Coppard,Samuel 11/08/20 11:56:

Original Note:

CAMHS - DNA Outcome
Information:: *** The DNA document should only be used against 'Clinic' registration types ***. Please ensure you are documenting on the right account number

- -
CAMHS -DNA Outcome: DNA -No further appointments with me for this patient
-: If the patient is Discharged, Complete Closure Document or Inform the Case Manager

- Appointment Details
CAMHS - Type of Appointment: NO FURTHER Appointment
Interpreter required?: No

** Electronically signed by Coppard,Samuel on 11/08/20 11:56 **
Initialized on 11/08/20 11:56 - END OF NOTE